

## International

### Appetizers

<b>Chef's Salad (P)</b>	<b>300</b>
Roasted Chicken, assorted Lettuce, Avocado, Corn, Cheese, Ham, Cherry Tomatoes and Cucumber with Balsamic Vinaigrette	
<b>Nicoise Salad</b>	<b>350</b>
Classic French Salad with Seared Tuna, Potatoes, Tomatoes, French Beans and Black Olives	
<b>Caesar Salad</b>	<b>300</b>
Cos Lettuce with Cherry Tomatoes, Crispy Bacon, Anchovies, Herbed Croutons and Parmesan Cheese	
<b>Add Grilled Prawns (3 pcs)</b>	<b>+80</b>
<b>Add Smoked Salmon (120g)</b>	<b>+80</b>
<b>Add Chicken (3 pcs)</b>	<b>+50</b>

### Soup

<b>French Onion Soup (V)</b>	<b>180</b>
Simmered Onions with Shredded Cheese	
<b>Chicken and Cheese Soup French Style</b>	<b>280</b>
Chicken Cream Soup with Cheese and seasoned with Salt and Black Pepper	
<b>Seafood Soup</b>	<b>300</b>
Seafood Soup with Herbs and Toasted Bread	

### Burger and Sandwiches

<b>Sofitel Club Sandwich (P)</b>	<b>360</b>
Chicken Breast, Bacon, Lettuce, Tomato, Egg and Pesto Sauce	
<b>Chicken Burger</b>	<b>350</b>
Grilled Chicken Breast, Lettuce, Tomato and Mayonnaise	
<b>Maya Double Beef Burger (P)</b>	<b>380</b>
180 grams of Australian Beef with Bacon, Lettuce, Tomato, Cheese and Onions	
<b>Sandwich (P)</b>	<b>340</b>
Choice of bread: White, Brown or Multigrain Fillings: Cheese, Ham, Chicken, Lettuce, Tomatoes, Onions	

(V) Vegetarian, (P) Contains Pork, (GF) Gluten Free

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## Pasta

### **Spaghetti, Tagliatelle or Penne** 340

with choice of sauce: Carbonara, Bolognese, Arrabiata, Frutti di Mare (Mixed Seafood and Tomato)

### **Vegetable Lasagna (V)** 280

Fresh Vegetables, Béchamel Sauce and Mozzarella Cheese

### **Beef Lasagna** 380

Minced Australian Beef with Herbs, Béchamel Sauce and Mozzarella Cheese Served with French Fries and Coleslaw

## Mains

### **Sous Vide Chicken Breast** 420

Pan Seared Potato, Sautéed Vegetables and Mushroom Cream Sauce

### **Pan-Fried Sea Bass Fillet** 480

Sautéed Baby Potato, Asparagus, Capers and White Wine Sauce

### **Roasted Salmon Florentines** 520

Sautéed Spinach, Pine Seeds, Mashed Potatoes and White Wine Sauce

### **Grilled Australian Lamb Cutlets (3)** 650

Ratatouille, Rosemary, Potatoes and Red Wine Sauce

### **Australian Rib Eye Steak** 720

Grilled to your liking with Mashed Potatoes and Grilled Vegetables

### **Choice of Sauce (served on the side):**

Red Wine, White Wine, Peppercorn, Mushroom, Gravy, Béarnaise or Hollandaise

## Pizza (13-inch)

### **Margherita (V)** - Fresh Mozzarella, Tomatoes and Italian Basil 350

### **Ciliegie (V)** - Cherry Tomatoes, Ricotta Cheese, Garlic and Pesto 390

### **4 Formaggi (V)** - Gorgonzola, Mozzarella, Taleggio and Fontal 390

### **Diavola (P)** - Spicy Salami and Black Olives 390

### **Frutti di Mare** - Calamari, Shrimps and Mussels 390

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## Flavors of Thailand

### Appetizers

<b>Thai Fried Cakes (6)</b>	<b>280</b>
Mixture of Fish Cakes and Prawn Cakes served with Sweet Chili Sauce	
<b>Assorted Satays (6) (P) (GF)</b>	<b>250</b>
Grilled Chicken, Pork and Beef Skewers served with Peanut Sauce and Cucumber Relish	
<b>Yam Talay (GF)</b>	<b>300</b>
Poached Seafood Salad with Chili and Lime Juice	

### Soup

<b>Tom Kha Soup (GF)</b>	
Galangal and Coconut Milk Soup with Thai Herbs and choice of:	
- <b>Gai (Chicken)</b>	<b>260</b>
- <b>Goong (Shrimp)</b>	<b>280</b>
- <b>Talay (Seafood)</b>	<b>300</b>
<b>Tom Yum Soup</b>	
Thai Hot & Spicy Soup (with or without Coconut Milk) and choice of:	
- <b>Gai (Chicken)</b>	<b>260</b>
- <b>Goong (Shrimp)</b>	<b>280</b>
- <b>Talay (Seafood)</b>	<b>300</b>

### Thai Curry

<b>Gaeng Keaw Waan (GF)</b>	<b>300</b>
Green Curry with choice of Chicken, Pork or Beef	
<b>Gaeng Panang (GF)</b>	<b>300</b>
Panang Curry with choice of Chicken, Pork or Beef	
<b>Gaeng Massaman</b>	<b>300</b>
Massaman Curry with choice of Chicken or Beef	

## Thai "Street Food" Favorites

Served with Steamed Jasmine Rice topped with Fried Egg

<b>Phad Ka Prao</b>	<b>250</b>
Sautéed Sweet Basil and Chili and choice of Beef, Chicken, Pork or Prawns	
<b>Phad Si-Ew</b>	<b>250</b>
Stir-Fried Noodles with Soy Sauce and choice of Beef, Chicken, Pork or Prawns	
<b>Khao Phad</b>	<b>250</b>
Thai style Fried Rice and choice of Beef, Chicken, Pork or Prawns	
<b>Phad Thai Goong</b>	<b>280</b>
Sautéed Rice Noodles with Tamarind Sauce and Prawns	



## DELICIOUS LOW-CALORIE GASTRONOMY

Inventive, flavorful, exciting: de-light inspired by Sofitel Quiberon Thalassa Sea & Spa means maximum pleasure and minimum calories.

### Appetizers

<b>Salad Gai Yum Mamuang Khing (130 Calories) (GF)</b>	<b>120</b>
Grilled Chicken Salad Thai style with Mango and Ginger	
<b>Yum Woon Sen Goong (130 Calories) (GF)</b>	<b>180</b>
Glass Noodle Salad with Prawns	

### Main Courses

<b>Tom Kha Gai (130 Calories) (GF)</b>	<b>140</b>
Galangal and Coconut Milk Soup with Chicken and Thai Herbs	
<b>Pad Thai Goong (400 Calories) (GF)</b>	<b>140</b>
Sautéed Rice Noodles with Tamarind Sauce and Prawns	

### Desserts

<b>Mango Sticky Rice (340 Calories)</b>	<b>120</b>
<b>French Apple Tart (133 Calories)</b>	<b>90</b>

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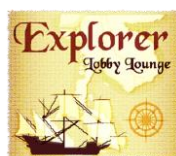
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## Desserts

<b>International Cheese Plate</b>	<b>350</b>
Brie, Gorgonzola, Emmental, Gruyere and Parmesan served with Dried Fruits and Fresh Baked Bread	
<b>Seasonal Sliced Tropical Fresh Fruits</b>	<b>180</b>
<b>Chocolate Truffle Cake with Chocolate Sauce</b>	<b>200</b>
<b>Sofitel Opera Cake with Coffee Sauce</b>	<b>200</b>
<b>Mousse (Chocolate, Strawberry or Mango)</b>	<b>200</b>
<b>Blueberry Cheese Cake</b>	<b>200</b>
<b>Tub Tim Krob (Water Chestnut in Coconut Milk)</b>	<b>200</b>
<b>Mango Sticky Rice served in Coconut with Ice Cream</b>	<b>250</b>

## Coffee and Tea

<b>Espresso</b>	<b>90</b>
<b>Latte, Flat White, Cappuccino, Americano (Black)</b>	<b>110</b>
<b>Hot Chocolate</b>	<b>150</b>
<b>Dilmah Tea</b>	<b>120</b>
English Breakfast, Earl Grey, Chamomile, Peppermint, Green Tea	



*Please join us in Explorer Bar for an after dinner cocktail,  
liquor coffee, port, wine or a fine cigar from our humidor.*

*Open till late every night.*

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