

## SPA MENU

### • BODY MASSAGE

**Tension Relief Back, Neck, and Shoulder Massage** THB 650++ (45 min)  
Relieve and soothe your back's muscles with this especially formulated tension-relief massage oil including head, neck, and shoulders areas.

**Cranial Massage for Stress Release** THB 650++ (45 min)  
A focused treatment including face, head, and shoulders massage, done with essential oils to release tension and relieve headaches.

**Swedish Massage** THB 1,200++ (60 min)  
Traditional Swedish techniques customized for Kanda Spa's guest. This therapy is ideal to relax any aching muscles after sports or strenuous activity. It also helps stimulate circulation and assists in removing toxins from your body. Pinpoint problem areas to our therapist who will design a massage to alleviate your symptoms and take you to a new level of mind and body relaxation. Pressure can be light or firm, according to your preference.

**Aromatherapy Massage** THB 1,200++ (60 min)  
THB 1,700++ (90 min)  
Our most aromatic and relaxing massage. Discover the ancient art of aromatherapy, refined over centuries, combining the sense of smell with the healing qualities of touch. Choose from our blends of natural essential oils and coconut oil to calm the nerves, detoxify the body, and rejuvenate the spirit. A great way to overcome jetlag or travel-related stress.

**Aloe Vera after Sun Massage** THB 1,200++ (60 min)  
Aloe Vera gel helps sunburnt skin get cooler with this soothing and soft aromatherapy massage. Relax and forget about the pain.

**Detoxifying Massage** THB 1,200++ (60 min)  
A lymphatic drainage massage utilizing lavender oil and special techniques to detoxify the body.

### **Traditional Thai Massage**

THB 900++ (60 min)  
THB 1,200++ (90 min)

A traditional Thai-style massage as used in “Old Siam” time. By using deep tissue pressure points and stretching techniques, our Traditional Thai Massage reduces stress and relieves muscle pain. Recommended for those who prefer a firm massage.

### **Royal Thai Massage with Thai Herbal Healer**

THB 1,300++ (90 min)  
THB 1,600++ (120 min)

A traditional Thai herbal therapy to soothe muscle tension and stiffness by blending the benefits of heat, aroma, herbs, and acupressure therapy. The heated ball is filled up with traditional Thai herbs including prai, tamarind leaves, turmeric, bergamot, camphor, lemongrass, and black herbal seeds. Placed on the body with gentle taps allows the medicinal heat to penetrate and soothe aching muscles, as well as induce relaxation.

### **Kandaburi Deluxe Massage**

THB 1,800++ (120 min)

Two hours of pure relaxation as warm towels saturated with herb and nutrients are applied to your back and body, then followed by a full body massage. The Kandaburi Deluxe Massage was developed based on traditional Thai massage, Swedish massage, and other techniques, and it is applied with rhythmic grace using thumbs, palms, and elbows. This massage eases and loosens muscles to reduce tension in your entire body, for a totally relaxed and refreshed outcome.

### **Foot Reflexology**

THB 650++ (60 min)

A very old therapy linking reflex zones on the feet to specific parts of the body. Foot reflexology stimulates the circulatory system and helps alleviate fluid retention.

## **• BODY TREATMENTS**

### **Kandaburi Body Scrub**

THB 1,000++ (45 min)

This treatment is ideal for delicate skin. The gentle deep cleansing treatment exfoliates dull skin and leaves the entire body soft, vibrant, and tingling. Done with your choice of scrub, the treatment begins with circular and longitudinal movements.

## • FACIAL TREATMENTS

**Moisturizing Source Mask** THB 1,200++ (60 min)

*Specific Treatment for Dry and Sensitive Skin*

The Moisturizing Source Mask with L'eau d'algue Bleu will immerse your face in a refreshing and comforting sensation, leaving the skin radiant, relaxed, and moisturized.

**Anti-Ageing Cream Mask** THB 1,600++ (60 min)

*Specific Treatment for Anti-Ageing Skin*

A complete energy cocktail for the epidermis, our anti-ageing cream mask is a flash beauty treatment for the complexion. Its bio-stimulating marine active ingredients and proteins activate cell renewal, stimulate and enhance vital functions, and will give wonderful radiance to your skin.

**Purifying Mask** THB 1,200++ (60 min)

*Suitable for Tired and Devitalized Skins*

*Specific Treatment for Oily and Combination Skin*

This mask rich in green clay and sea silts absorbs excess sebum and balances the skin. It deep cleanses and closes blocked pores, leaving the skin refined, healthy, and purified, and restoring radiance to the complexion.

**Refreshing After Sun: Aloe Vera Gel Cucumber Mask** THB 1,000++ (60 min)

*Suitable for Tired and Sunburnt Skin*

Cool down and moisturize your skin, particularly after sunbathing or practicing outdoor activities. This cool, energizing gel is applied to your entire face, followed by a calming cream that gently restores moisture, and leaves your skin feeling silky and soft.

## • SPA COMBINATIONS

<b>Sun Lover Package</b> Aloe Vera after sun massage (60 minutes) Refreshing after sun facial (60 minutes)	THB 3,000++ (2 people/2 hours)
<b>Healthy Package</b> Royal Thai Massage with Thai Herbal Healer (90 minutes) Refreshing after sun facial (60 minutes)	THB 2,800++ (2.5 hours)
<b>Kandaburi Experience</b> Sauna (15 minutes) Kandaburi Body Scrub (choice of body scrub - 45 minutes) Body Massage (choice of body massage - 60 minutes) Specific Treatment for Anti-Ageing Skin (60 minutes)	THB 3,500++ (3 hours)
<b>Relaxing Package</b> Kandaburi Body Scrub (choice of body scrub - 45 minutes) Body Wrap Treatment (choice of body wrap - 45 minutes) Body Massage (choice of body massage - 90 minutes) Specific Treatment for Anti-Ageing Skin (60 minutes)	THB 4,300++ (4 hours)
<b>Secret of Kandaburi</b> Floral Milky Bath (30 minutes) Body Wrap Treatment (choice of body wrap - 50 minutes) Specific Treatment for Anti-Ageing Skin (60 minutes) Kandaburi Deluxe Massage (120 minutes)	THB 4,500++ (4.5 hours)