

V SPA

reviver your life





Adam & Eve

Silk Massage Oil

60/90 mins THB 2,000/2,200

Our silk sericin treatment oil is premium and 100% nut free. In combination with our specialized V balancing massage technique, it creates a result that will have you reveling in deep satisfaction.



V BODY MASSAGE OIL CANDLE

60/90 mins THB 2,200/2,400

Unlike other candles made from traditional wax, V Body Massage Oil Candle features a perfect blend of natural ingredients like shea and cocoa butter, jojoba oil, sweet almond oil with Vitamin E extract and other natural essential oils which nourish the skin instantly and deeply.

V Spa

Opening Hours

10.00-20.00



Reservations

We highly recommend that all spa treatments are booked in advance to avoid disappointment. Contact our spa via your butler or dial ext # 1 for reception, and ext # 8273 for V Spa.

Preparation your treatment

Please arrive at the Spa at least 15 minutes prior to your scheduled appointment to ensure you receive the maximised treatment time. We regret that if you arrive late, we may have to reduce your treatment time depending on the booking following your appointment. For men, we recommend you shave at least one hour prior to having a facial treatment.

After your treatment

We recommend that you avoid sun exposure after oil treatment.

Special considerations

Guests who have high blood pressure, heart conditions, allergies, injuries, pregnant or have any other medical complications are advised to consult a doctor before using any of the Spa service.

Cancellation policy

We request a minimum, of six hours notice if you are unable to keep your appointment: if not a 50% cancellation fee is applicable. Please call us, we will be happy to reschedule.

Pricing

All prices are quoted in Thai bahts and are subject to 10% service charge and applicable government taxes.

What to wear

You may wish to wear your own swimwear for bathing treatment with robe and slippers provided in the guest room. Alternatively, treatment may be enjoyed without clothing or we can provide you with hygienic disposable underwear. Our therapist will use draping techniques to ensure your privacy.

Valuables

We request that no jewelry be worn during your visit to the spa. Please leave any valuables in the safe provided in your room. The management of V Villas accepts no responsibility for the safety of money and valuables of any kind brought on to the Spa premises.

Speak Up!

Although we do our best to anticipate your needs, everyone is different! Please let your therapist know if there is any way that she can improve your treatment or comfort, for example: heavier or lighter massage pressure, an extra towel, no music, etc.

Please note that the spa is unsuitable for small children and babies, unless receiving treatment. And we do not allow smoking and use of mobile phones in the spa. As we try to ensure that all our guests benefit from the tranquil surroundings.

The minimum age of 16 is required for access and treatments at the V Spa.

Pampering Massages



V Balancing Massage **60/90 mins.** **THB 1800/2200**

V Spa signature massage techniques are combination of soothing aromatic herbal oils, Shiatsu, Thai and reflexology focus on relieving stress, soothing tired muscles, promoting health and leave the body feeling totally relaxed and refreshed.

Aromatic Massage **60/90 mins** **THB 1800/2200**

The art and science of using essential oils to enhance the well-being of body, mind and spirit. Using palms and gentle emotion to release the stress and anxiety. Aroma therapeutic oils are incorporated with a full body massage designed to uplift, calm or balance the mind and body.

Swedish Massage **60/90 mins** **THB 1800/2200**

A firm and invigorating massage using essential oil combined with the five classic strokes-gliding, kneading, friction, vibration and percussion movements, this treatment improves blood circulation, reduces muscle tension to relieve aches and pains and energizes the body.

Sport Massage **60/90 mins** **THB 1800/2200**

A massage with the essential oil and use three of the five classic strokes-gliding, It works deeply in to the muscles, stretching muscle fibres and releasing tension in the fascia that may otherwise cause restricted movement and pain.

Traditional Thai Massage **60/90 mins** **THB 1500/1800**

The massage combines acupressure and stretching techniques using the therapist's fingers, thumbs, elbows, arms and feet, allowing the body's internal energy to flow more freely and alleviating problematic conditions such as lower back pain, arthritis, headaches and stress-related conditions.

Thai Boran Herbal Compress **90 mins** **THB 2500**

Start with Traditional Thai Massage and use the herbal balls with containing of various kinds of Thai herbs including prai, ginger, turmeric and lemongrass are wrapped in a muslin compress, steamed and then applied to the body in gentle circular and rolling movements. As the pores open and allow herbs to take effect, ailments such as stiff, sore or pulled muscles and ligaments, back pain, migraines, stress and anxiety are almost instantly relieved.

Relaxing Foot Massage **60 mins** **THB 1500**

Beginning with soaking in a warm tea tree and kefir lime foot bath follow by peppermint salt scrub help to invigorates, nourishes and softens your feet. The entire 60 minutes of relaxing pressure point foot massage will enhance your general state of well being.

Neck and Shoulders Relieve **30 mins** **THB 900**

A perfect de-stress massage to unwind tense back, neck and shoulders cause by bad posture; sitting cramped over a desk, certain sports, such as golf. Healing the tense and stress with aroma essential oil. You feel the stress melt away after just half an hour.

Body Treatments

Deep seated impurities caused by some of the harmful effects of today's environment often prevent necessary nutrients from reaching the skin for nourishment. Choose from any or our exceptional and purifying body treatments below to replenish the wellness in you.



Body Scrubs

Black Sesame Seed Body Scrub 45 mins THB 1500

Moisturizing & Softening skin

Black sesame seed blended with honey and milk powder. The vitamins E from black sesame seed moisturizing skin and the resulting in softer and smoother enriched skin with the scent of honey. This treatments perfect for dry to normal skin.

Tamarind Body Scrub 45 mins THB 1500

Naturally whitening skin

Fresh brown tamarind blended with honey and ground rice to gently exfoliate and a touch of yogurt, this treatment is perfect for normal to oily Asian skin type.

Coconut Body Scrub 45 mins THB 1500

Skin care soft

Using fresh coconut and mixed Thai herbs this body scrub will stimulate your senses as well as leaving you refreshed with smooth skin and improved blood circulation.

Pineapple Body Scrub 45 mins THB 1500

Detoxifying & Whitening skin

Fresh local pineapple blended with honey and ground rice is contains a powerful enzyme called brome lain. It has been show to be anti-inflammatory as well as a powerful cleanser. This treatment is perfect for normal to oily skin.

Jasmine Body Scrub 45 mins THB 1500

Clean fresh against bacteria

Jasminum sambac, soaked to the skin with Aloe without a mixture of chemicals and acids Eliminate surface cells degenerate and dry dirt clogged in pore quickly help soothe skin and the aroma of jasmine to help relax and feel the confidence.

Body Wrap

Aloe Vera & Gel Body Wrap 45 mins THB 1500

Healing sunburn

Beneficial for sunburn with fresh Aloe Vera extract that relieves pain and starts the healing process. An excellent treatment for skin repair and cellular rejuvenation,which concludes with an application of body lotion.

Detoxifying Clay Mask 45 mins THB 1500

Rejuvenate & Detoxifying

Wrap your body in a mixture of sea plants and marine algae, this therapy helps reduce the appearance of cellulite and relieve the discomfort of fluid re-tension. The body is re-energised and skin is silky soft and smooth.

Facial Rejuvenation



Jurlique Graceful Aging Facial Treatment 60 mins THB 3000

Maintain youthful & Anti ageing

An effective revised treatment delivers optimum results. Your skin will feel smooth, energized and glowing, leading to a younger and healthier appearance.

Jurlique Soothing Facial Treatment 60 mins THB 2500

Special sensitively skin care

A gentle and luxurious facial designed to soothe and nurture sensitive and delicate skin. Now everyone can enjoy the uplifting sensory experience of pure, natural skin care and total pampering.

Jurlique Maintain Balancing Facial Treatment 60 mins THB 2500

Rebalancing and deeply clean

This classic facial provides holistic benefits essential for radiant healthy skin. A cleansing and relaxing facial is performed using aromatherapy preparations personalized for individual skin types and conditions.

Nails Care

Manicure 45 mins THB 600

Pedicure 45 mins THB 700

V SPA PACKAGES

Experience the ultimate pampering and total relaxation of mind, body, and spirit with one of the finest combination, offered by V Spa.



V Romance package

- Fresh Strawberry Milk Body Scrub
- Aromatherapy Massage
- Romantic Rose Bath
- A Glass of Red Wine

2.30 Hrs. THB 9000 / Couple

60 Mins.
60 Mins.
30 Mins.

V Care Package

- Aloe Vera Body Wrap or Detoxifying Clay Mask
- Jurlique Soothing Facial Treatment
- Choice of smoothies drink

1.45 Hrs. THB 3000

45 Mins.
60 Mins.

Rejuvenation Package

- Stream or Souna
- Body Scrub
 - Tamarind Body Scrub
 - Coconut Body Scrub
 - Pineapple Body Scrub
 - Jasmine Body Scrub
 - Black sesame Body Scrub
- Body Massage
 - Aromatic Massage
 - V Balancing Massage
 - Swedish Massage
 - Sport Massage
 - Thai Traditional Massage
 - Relaxing Foot Massage
- Facial Treatment
- Manicure
- Pedicure

4.30 Hrs. THB 6500

15 Mins
45 Mins.
45 Mins.
45 Mins.
45 Mins.
45 Mins.
60 Mins.
60 Mins.
60 Mins.
60 Mins.
60 Mins.
60 Mins.
60 Mins.
60 Mins.
60 Mins.
45 Mins.
45 Mins.

Bathing Ritual

Allow 30 minutes of wonderful precursor to any of treatments and spa packages with your choice of V spa exotic bath ingredients. Our complimentary herbal tea and cookies will be served during this relaxing ritual.

- Relieve Ginger Milk Bath. THB 500
- Mood Lifting Aromatic Milk Bath. THB 500
- Anti Oxidant Green Tea Milk Bath. THB 500
- Rose Milk Bath. THB 500

Please Contact V Spa for more information and bookings