



ALL DAY BREAKFAST

FREE RANGE EGGS BENEDICT

With sautéed spinach 326 calories

THB 270   

With bacon 474 calories

THB 270   

With smoked salmon 354 calories

THB 270   



HEALTHY NATURAL YOGURT

with homemade granola and nuts
535 calories

THB 150   



ROAST CAPSICUM AND BACON HASH

with free range egg
396 calories

THB 190 

THE (FLOUR)WORX BREAKFAST

bacon, sausage, tomato, sautéed potato, mushrooms, baked beans with free range eggs and whole wheat toast
869 calories

 THB 290



GRILLED SALMON WITH STEAMED RICE



egg roll, grated radish, pickled vegetables and Miso soup
412 calories

THB 260   



SOUP OF THE DAY

386 calories

THB 220  



QUINOA AND ASPARAGUS SALAD

topped with poached free range egg
247 calories

THB 190   



CAESAR SALAD

with crisp romaine, parmesan and bacon
283 calories

THB 240  



ROAST BEETROOT, ORANGE AND ROCKET SALAD


with cashew nuts and pumpkin seeds
266 calories

THB 250   



BLACKENED SPICY CHICKEN BURGER

with Asian coleslaw in charcoal bun
536 calories

THB 240 

CLUB SANDWICH

grilled chicken, bacon, lettuce and tomato in wholemeal toast
584 calories

  THB 290



THE (FLOUR)WORX BURGER



beef patty with guacamole, Swiss cheese, bacon
1,221 calories

THB 370   



TOASTED SHAVED HAM AND SWISS CHEESE SANDWICH

576 calories

THB 250  



TOM YUM GOONG



spicy prawn soup with lemongrass
443 calories

THB 290   



GAENG KIEW WARN GAI, MOO

green curry with chicken or pork
787 calories

THB 180   



BUTTER CHICKEN



with naan 438 calories

THB 220 



PHAD THAI

fried rice noodles with prawns and tamarind sauce
514 calories

THB 260  



PHAD KRA PAO MOO GUB KAI DAO



spicy stir fried minced pork and sweet basil
447 calories

THB 190  



JAPANESE PORK CURRY,

traditional pork curry with omelet and rice
220 calories

THB 350  






STIR FRIED MIX VEGETABLES

Stir - fried snow peas and eryngii mushrooms with soy sauce
348 calories

THB 280 

Dear Valued guest,
Please be aware that some of our food may contain allergens including nuts. Please advise if you have any food allergies.

 Gluten free  Contains nuts  Contains egg  Contains shellfish  Contains crustacean  Contains dairy  Vegetarian  Contains pork  Contains beef  Contains fish  Halal

All prices are subject to 10% service charge and applicable government taxes

CARBONARA

creamy bacon and parmesan sauce
1,319 calories

THB 280



PESTO

basil, olive oil and pine nut sauce
566 calories

THB 250

BOLOGNAISE

rich beef & tomato sauce
443 calories

THB 280



AGLIO OLIO

chili and garlic
334 calories

THB 240

PROSCIUTTO AND MUSHROOM PIZZA

874 calories

THB 320



PEPPERONI PIZZA

818 calories

THB 290



SEAFOOD PIZZA

653 calories

THB 390



MARGHERITA PIZZA

519 calories

THB 260

CHICKEN PHAD KRA PAO PIZZA

573 calories

THB 280



GRILLED SALMON FILLET

with minted pea, olive and rocket salad
and sautéed potatoes
540 calories

THB 350



GRILLED PORK CHOP

with fennel, orange and pomelo salad,
toasted peanuts and sautéed potatoes
749 calories

THB 350



GRILLED CAPSICUM AND MUSHROOM SKEWER

with quinoa, rocket, sundried tomatos
and artichoke salad with sautéed potatoes
257 calories

THB 290



COFFEE CLASSICS

Espresso	140
Macchiato	140
Double espresso	150
Americano	150
Decaffeinated coffee	150
Cappuccino	160
Café latte	160
Café mocha	160
Hot chocolate	150



COFFEE SPECIALS

Chocolate frappe	180
Caramel macchiato	180
Chocolate frappe macchiato	180
Chai frappe macchiato	180
Matcha green tea	180
Matcha green tea latte	160



TEAS

Earl grey	150
English breakfast	150
Chamomile	150
Jasmine	150
Moroccan mint	150
Sencha green	150
Ceylon whole leaf green	150
Iced tea	160
Thai iced tea	160
Lemon iced tea	160

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