



So | SPA MENU
SOFITEL

with L'OCCITANE

REJUVENATING
WORLD TRADITIONS,
FRENCH COSMETOLOGY.

Worldwide ancient traditions meet the refinement and skill of the latest in French cosmetology provided by L'OCCITANE to create So SPA with L'OCCITANE: an exhilarating and rejuvenating experience.

Awaken your senses and feel re-energized with a selection of health and beauty treatments. Explore a new kind of spa experience with a wide range of poetic and indulgent treatments.

Discover all the ingredients to bring out your natural glow and help the stress and strains of daily life fade away with our menu inspired by gastronomy.

So SPA with L'OCCITANE at the Sofitel Angkor Phokeethra Golf & Spa Resort invites you to experience exclusive treatments in eleven treatment rooms, including two So SPA Villas combining the warmth of Khmer style architecture in the middle of a natural environment for an unforgettable moment of wellbeing and hedonism.

**So SPA with L'OCCITANE welcomes you daily
from 10am to 10pm**

A LA CARTE

SIGNATURE TREATMENTS

So Exhilarating Body Massage (M)

An exhilarating treatment to awaken the senses, surprise you and give you a "let go" sensation, combining Deep Tissue massage and Lomi-Lomi techniques to invigorate the mind and body.

So Rejuvenating Facial Treatment (F)

A replumping and refreshing facial care. Honey and cucumber combine harmoniously with the best of French techniques to revitalize and bring back youth to your skin.

STARTERS

Steamy Me (B)

Hot steam or dry sauna to be completed by an auto application of detoxifying body scrub ideal before a body wrap or a massage.

Delicious Body Scrubs (B)

Exquisite textures eliminate dead cells, leaving skin perfectly prepared for a treatment or massage. Choose between Shea Nourishing Scrub or Almond Firming Paste Scrub.

Rejuvenating Body Scrub (B)

Rejuvenate your skin with this rejuvenating body scrub. The use of red jasmine will soften and invigorate your skin and mind. A perfect treatment to stimulate your skin cells.

Aromachologie Bath (B)

Bath rituals provide a relaxing and softening prelude that leaves the skin - and the mind - truly receptive to the benefits of treatments that follow. Make your choice between Revitalizing Verbena or Relaxing Lavender.

Back Tension Reliever (M)

Back, neck and shoulder massage provided with a relaxing aromachologie massage oil to relieve all stress and tension.

Almond Firming Paste Scrub (B)

This body scrub offers a gently, yet effective body exfoliation as it luxuriously melts into the skin. Using the Almond Delicious Paste that contains almond butter, almond oil infused with crushed almonds shells and sugar crystals, body is left perfectly smooth and soft.

Revisited Classics

Shea Nourishing Comfort (F)

Produced by the women of Burkina Faso using traditional methods, Shea butter repairs, moisturizes and restores balance to dry or overworked skin. Massage further heightens these properties and stimulates micro-circulation.

Immortelle Secret of Youth (F)

Lifting and firming face massage combined with stimulation of acupressure points to combat fine lines and restore youthful skin.

Immortelle Divine Secret (F)

Ultimate rejuvenate facial against skin-slackening for the face, neck & décolleté, leaving the skin younger and the face contour firmer.

Shea Ultra Softening Body Wrap (B)

Repairing care for dry, sun-damaged or overworked skin. While the entire body (in the wrap) soaks up active ingredients that nourish (shea butter and grape seed oil), moisturize (honey extracts) and soften (kaolin), a foot and scalp massage ensures a moment of pure relaxation.

Detox Body Wrap (B)

This body treatment uses local herbs from turmeric to target the weakest points of your body and purify your mind. This wrap encourages the release of toxins, eliminates the occurrence of cellulite and improves the circulation. It also provides essential vitamins and minerals to your body's largest and most visible organ: your skin.

Almond Reshaping Body Wrap (B)

An expert wrap to tone the skin, stimulate fat release and promote toxins' elimination. Almond tree bud extract rich in flavonoids is fused to firm and redefine body contours.

WORLD'S BEST

Champi (M)

Indian head massage

A healing, rejuvenating and thoroughly stimulating experience acting on vital energy points on the face, head, upper back, shoulders and neck.

Asian Blend Massage (M)

An unusual and delightful treatment which uses the best Asian massage techniques. Using oil, our therapists will be combining smooth flowing strokes and kneading to help you relax and bring relief to your tired muscles.

Relaxing Aromachologie Massage (M)

Slow effleurage strokes and Balinese massage techniques come together to stimulate circulation and ease tensions. Aromachologie essential oils - Lavender, Bergamot, Mandarin, Sweet Orange and Geranium - ensure complete relaxation.

Ethnic Fusion Massage (M)

A fusion massage inspired by the best world techniques. A surprising sensorial experience.

Deep Tissue Intense Relief (M)

This protocol combines Hawaiian Lomi Lomi massage, acupressure and gentle stretching. A Deep-tissue massage using soothing essential oils will ease muscular tension, with a focus on the back, shoulders and nape of the neck. Perfect for recuperating after a long journey.

Re-energizing Sun Stones (M)

To dispel stress and tension and restore the body's balance, Swedish effleurage strokes are used in combination with the penetrating warmth of basalt stones and L'OCCITANE revitalizing essential oils. The perfect ritual for sports enthusiasts or those with a hyperactive streak.

Almond Silhouette Reshape (M)

An ideal treatment after pregnancy, to treat cellulite and restore firmness to the body. A draining massage focused on the thighs, stomach and buttocks combined with contouring, anti-water-retention and anti-fat-storage properties of almond proteins, essential oils and caffeine.

Shea Fabulous Face & Body Massage (M)

A truly holistic massage that treats the whole body and face, for a complete well-being experience. It combines slow, soothing gestures with the fabulous properties of Shea butter.

OUR LOCAL FAVOURITES

Traditional Khmer Massage (M)

Marvellously combining the rhythms of firm acupressure and muscular stretching for rebalancing your energy.

Royal Coconut Delight (M) (B)

A rich red jasmine rice scrub softens and invigorates your skin in preparation for a unique cocooning experience. Then sesame and warm coconut poultice is gently glided onto your body to nourish, soothe and condition your skin.

Kamatan Herbal Discovery (M)

Experience the ancient healing art of Hmong Shamans thanks to steamed indigo herbal compresses, said to improve muscular tone and drain away toxins combined to a Deep Tissue massage to loosen muscles.

Devas Soothing Journey (M)

Treatment using heated aromatic poultices of relaxing herbs and spices for soothing tired muscles and releasing tensions.

Khmer Herbal Delight (B)

Reveal your travel-weary body of stiffness, aches and pains. This treatment combines our Khamin & Honey Body Wrap with a skin freshening mask, scalp massage and a light lotion massage.

GOLFERS' TREATS

Tee Off (M) (B)

A treatment targeting the weakest points of golfers starting with a foot scrub to relieve tensions, followed by a full body massage with relaxing oil to relieve all extra tensions - all to prepare you for the next Tee Off.

Golfers Leg Soother (M)

Perfectly adapted after an 18-hole golf game, the 30-minutes refreshing treatment combines a foot bath followed by a harmonising foot polish and an energizing or detoxifying leg and foot massage. Meanwhile the 60-minutes treatment provides an energizing leg and foot massage followed by white clay and mint cooling essential oils for an ultimate invigorating feeling.

Cedrat Skincare for Men (F)

A targeted treatment for men's skin formulated with organic Corsican cedrat extract. A draining massage helps eliminate toxins and excess sebum, to leave skin purified, invigorated and glowing with health.

Energizing Feet Massage (M)

Let yourself be pampered with this 1-hour treatment. Start by purifying your feet with a foot scrub and completely relax while our therapists use an energizing oil to perform a foot reflexology massage. Finally, enjoy a head, neck and shoulder massage with acupressure (this technique will not require the use of oil). You and your feet will be ready to conquer the temples of Angkor after that!

DESSERTS

So SPA Manicure and/or Pedicure

Experience a truly different treatment using exclusive L'OCCITANE techniques followed by a nail and cuticle care for a complete French spa experience, as well as hand or feet pampering.

Smooth as Silk (B)

Regain clear and beautifully soft skin thanks to this treatment combining skin preparation, waxing on the zones of your choice and a soothing massage.

Shiny Hair Scalp Massage (M)

A perfect treatment to soothe your mind thanks to an exhilarating scalp massage provided with nourishing oil, completed by a moisturising hair mask.

MAGNIFIQUE KIDS

Especially designed treatments dedicated to children aged of 5 to 12 years old accompanied by their parents

Mini Facial (F)

A refreshing and moisturizing massage, leaving your kid's skin smoother and glowing. An ideal treatment for little ones who want to feel pampered, relaxed and refreshed.

Angel Bliss (M)

Gentle pressure is applied to the scalp, legs and feet and a relaxing oil massage is performed on the full body. This treatment improves children's quality of sleep, smoothes the nervous system and strengthens the immune system.

Mommy & Me (M) (B)

The mom and the child jump into a fun bath, followed by a red rice body scrub for the mother while the child gets a choco wrap. Finally both will completely relax thanks to a warm coconut soother massage for her and a soothing massage for the child.



SPECIALS

Scrunch (M) (B)

The ultimate combination of an Aromachologie Bath followed by one of L'OCCITANE Body Scrubs and a Deep Tissue massage. Finish off with a healthy lunch.

The perfect mix for your body and mind.

Angkor Journey (M) (B) (F)

Enjoy the benefits of detoxifying steam or sauna before being wrapped in organic rice paper and a pineapple rejuvenating body wrap, to be followed by deep relaxation in your external garden Jacuzzi. Then enjoy our spa finger food in your So SPA villa before receiving a Devas Soothing Journey Massage and a botanical pampering facial.

Traveller's Delight (B) (F)

This delightful treatment will embark you on a journey of relaxation. Restore and eliminate the essentials, starting by a body scrub in order to remove dead cells and stimulate the skin cells, followed by a pampering facial treatment, to moisturize and smoothen your skin.

MENU SUGGESTIONS

So Well (M) (F)

This ritual combines two of our most successful treatments to provide you with an ultimate experience. Begin with a steam or sauna followed by a So Exhilarating Body Massage to soothe your body and mind and a So Rejuvenating Facial for a smooth and radiant complexion.

Top to Toe Pampering (M) (F)

Begin with a leg and foot soother massage to be followed by an Immortelle Secret to Brightness facial.

Duo Combo (M) (F)

Enjoy the therapeutic benefits of an aromatic steam followed by your "his and her" spa journey.

For Her

Relaxing Aromachologie massage Immortelle Secret to Brightness facial

For Him

Deep Tissue Intense Relief massage
Verdon Vivifying Facial for Men



with L'OCCITANE

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