

WELLNESS NEWSLETTER

Issue #3 | 2025 - 2026

MICHELLE JOHN SPA & SALON MANAGER



Meet Michelle, our talented Spa & Salon Manager. With a Diploma in Beauty and Hair and over a decade of experience, she has worked with hundreds of brides across Fiji.

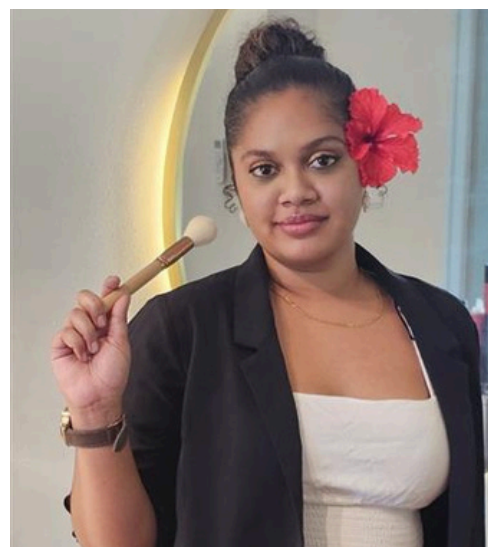
Since joining Sofitel in 2020, her visionary leadership has elevated the Spa & Salon to new heights, earning prestigious FETA awards, including Silver for Spa Operator of the Year and Gold for Wedding Operator of the Year in 2025.

Passionate about staying ahead of global trends, Michelle regularly attends the Australian Hair & Beauty Expo, ensuring our guests receive only the best, most up-to-date services.

THERAPIST SPOTLIGHT JUNIFER SUREND

Meet Junifer, our talented cosmetologist with over four years of experience in beauty and wellness. As a senior therapist and hairdresser, she specializes in spa services, salon treatments, and makeup artistry.

Having styled over a hundred brides, Junifer is known for creating looks that make each bride feel confident and beautiful. Her passion and joyful personality bring a fun, stress-free atmosphere, and we are proud to have her on our team, making a lasting impact on our guests.



ALLA SEASTAR SOUND HEALING PRACTITIONER

Join us for a blissful morning of Sound Healing every once a month from 7:30AM to 8:30AM at our beautiful Spa Beach Lawn or by the beach.

Relax and recharge with Sound Healing Practitioner Alla Seastar as she leads you through a soothing sound journey designed to calm your mind, ease your body, and lift your spirit.

FJ\$20 per person. Complimentary to Waitui Guests.

For more info: fiji.spa@sofitel.com



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BIO LIFT NON-SURGICAL LIFT TUESDAY TO SATURDAY (9AM-5PM)

Give your skin some love with our BioLift Facial for just FJD 195! This non-surgical lift uses gentle, infinitely adjustable microcurrents paired with a 24-karat gold mask to firm, brighten, and refresh your skin.

Infused with Renovage, a powerful anti-aging ingredient, it helps slow down signs of aging, restore your natural glow, and leave your skin feeling smooth, radiant, and revitalized.

Treat yourself to a little luxury, feel amazing, and book your BioLift Facial today!

SPRAY TAN SOFITEL SPA

Dreaming of a golden, sun-kissed glow without the sun? Enjoy a Spray Tan at Sofitel Fiji Spa with The Naked Tan for just FJ\$130 and walk away with a streak-free, radiant, natural-looking tan.

Perfect for special occasions or treating yourself, leaving your skin glowing and ready to turn heads.

Book your session today and treat your skin to the glow it deserves.



GEL X NAIL POLISH NAIL SALON

Treat your hands to a flawless finish with Gel X Nail Polish at our very own nail salon, open daily from Tuesday to Saturday from 9am to 5pm.

Let our experts pamper you while you soak in paradise because looking and feeling your best is part of the Sofitel Spa experience.

For bookings: fiji.spa@sofitel.com | Ext. 2870

