

LE SPA | SPAMENU
with L'OCCITANE

REJUVENATING
TRADITIONS FROM AROUND
THE WORLD WITH
FRENCH COSMETOLOGY.

Le SPA with L'Occitane Sofitel Bangkok Sukhumvit

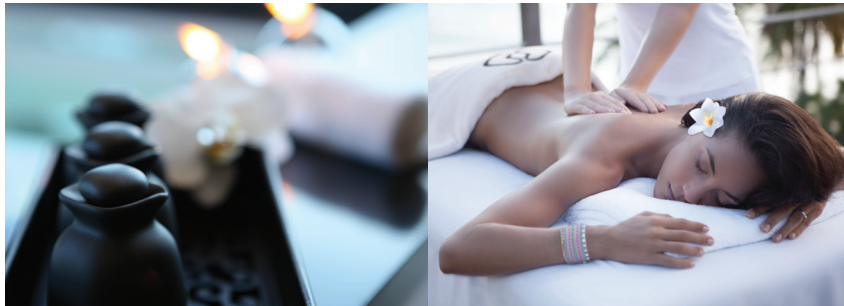
Le SPA with L'Occitane at Sofitel Bangkok Sukhumvit is a tranquil urban spa designed to enhance your wellbeing.

Worldwide ancient traditions meet the refinement and skill of the latest in French cosmetology to create Le SPA with L'Occitane: an exhilarating and rejuvenating experience. Awaken your senses and feel re-energised with a selection of health and beauty treatments.

Explore a new kind of spa experience with a wide range of poetic and surprising treatments. Discover all the ingredients to improve your natural glow and make the stresses and strains of daily life fade away with our menu inspired by gastronomy.

Le SPA with L'Occitane at Sofitel Bangkok Sukhumvit invites you to experience exclusive treatments in our Spa Suites combining contemporary Thai style with touches of French Provence for an unforgettable moment of wellbeing and beauty.

Le SPA with L'Occitane expresses French refinement and beauty expertise while combining the best of Thai beauty traditions and ultimate refinement.



Le SPA with L'Occitane is located on the 9th floor and open daily from 10 a.m. to 8p.m.

- (F)** Facial
- (B)** Body

À LA CARTE

SIGNATURE TREATMENTS

Golden Siamese Massage **(B)**

90 minutes - **THB 4,500**

Using soothing massage oils and authentic Thai techniques, the Golden Siamese Massage helps ease muscle tension and improve flexibility. The treatment also includes a hand and foot wrap.

Four Teas Ceremony

120 minutes - **THB 5,000**

Immerse yourself in a relaxing bath and discover the natural and healing benefits of our Four Teas Elixir®. The bath is followed by a body scrub and an oriental massage to leave you feeling refreshed and looking radiant.

STARTERS

Delicious Softening Scrubs **(B)**

45 minutes - **THB 2,500**

Choose the Shea Softening Scrub or Almond Firming Paste Scrub for an invigorating spa experience that eliminates dead skin cells and leaves you feeling fresh and looking youthful.

Nepalese Style Tea Exfoliation **(B)**

45 minutes - **THB 2,500**

A chance to revitalise the skin's radiance through gentle massage and exfoliation. An aromatic paste of apricot oil, Shea butter, bamboo powder and Complexe des 4 Thés® (Four Teas Elixir®) rids your skin of impurities, leaving it feeling fresh and radiant.

Soothing "Provençal" Steam Bath

30 minutes - **THB 800**

Hot steam bath where flowers and essential oils from the "Haute Provence" region will infuse your body helping to prepare the skin before a wrap or massage.

Lavender Relaxing Bath

30 minutes - **THB 800**

This bath ritual provides a delicious and softening prelude that leaves the skin - and the mind - truly receptive to the benefits of treatments followed.

All prices are quoted in Thai Baht and subject to 10% service charge and 7% government tax.

MAINS

Massage

Relaxing Aromachology Massage (B)

60 minutes - **THB 2,800**

90 minutes - **THB 4,000**

Swedish massage strokes, Chinese acupressure and Balinese techniques are all used to improve circulation and ease tensions.

Essential oils of lavender, bergamot and mandarin ensure complete relaxation.

Revitalizing Aromachology Massage (B)

60 minutes - **THB 2,800**

90 minutes - **THB 4,000**

The light touch of Swedish massage techniques and the pressure of Hawaiian Lomi Lomi and Balinese movements are combined with a revitalizing blend of essential oils to awaken the body and mind.

Shea Nurturing Massage (B)

90 minutes - **THB 4,500**

A collection of our signature techniques to ease stress, release muscular tensions and boost energy. Ideal for those who want to get a first taste of the L'OCCITANE Spa experience.

Deep Tissue Intense Relief (B)

60 minutes - **THB 3,000**

90 minutes - **THB 4,200**

Massage therapy focused on the deeper layer of the muscle tissue featuring medium to firm pressure and forearm massage sequence, to release tensions in the body.

Oriental Massage

60 minutes - **THB 2,800**

The graceful strokes and gentle movements of our professional masseuse help ease tension and relax the body for an enhanced sense of wellbeing.

Chada Head Massage (B)

30 minutes - **THB 1,500**

60 minutes - **THB 2,500**

The ancient Ayurvedic therapy of Indian head massage combines gentle and stimulating techniques on the scalp and shoulder, as well as energy points on the face to reduce stress and relieve fatigue.

Thai Heritage (B)

60 minutes - **THB 2,000**

90 minutes - **THB 2,800**

120 minutes - **THB 3,500**

This traditional healing therapy has been taught for centuries in Thailand. The massage combines acupressure and stretching techniques using the therapist's fingers, thumbs, elbows, arms and feet, allowing the body's energy to flow freely.

Cocoon massage (Mother to be) (B)

60 minutes - **THB 2,800**

The blissful touch of Balinese and Swedish techniques is associated with a nourishing formula to gently accompany the changes linked to maternity. You will be left simply peaceful - muscles deeply relaxed, legs feeling lighter, skin softened - already looking forward to your next cocoon journey.

Angel Bliss (B)

60 minutes - **THB 1,500**

Using relaxing massage oils on the back and the arms and gentle pressure on the scalp, legs and feet, this treatment helps improve the quality of a child's sleep and strengthens their immune system.

Shop-'Til-You-Drop Reviver (B)

90 minutes - **THB 4,500**

Enjoy the healing properties of a traditional Thai steamed herbal compress. The heat improves muscular tone and eases aching muscles after a rewarding day's shopping.

DESSERTS

Shea Ultra Moisturising Body Wrap [ⓑ]

45 minutes - THB 2,500

Repair dry, sun-damaged skin with a special formula developed exclusively for L'OCCITANE. While the entire body soaks up nourishing Shea butter and apricot oils, moisturising honey and linseed extracts, a foot and scalp massage ensures more moments of pure relaxation.

Three Teas Detoxifying Wrap [ⓑ]

45 minutes - THB 2,500

The Three Teas Purifying Body Wrap helps remove toxins and restore a sense of calm vitality. Clay, talcum and rice powders absorb excess oils and smooth the texture of the skin leaving it instantly soft. The detoxifying, antioxidant and anti-ageing properties of green tea, black tea and red tea, also known as Rooibos, combine to protect the skin against ageing. Mint leaves invigorate and tone upon contact with the skin. As your skin revitalises, let your body relax and absorb the unique fragrances and sensations with our scalp and foot massage.

Leg Refresher [ⓑ]

45 minutes - THB 1,800

A treatment for summer or traveling, for rough feet and heavy or restless legs. For the legs: a massage that stimulates drainage. For the feet: a massage with Shea butter to nourish the skin.

SPECIALS

Le SPA Afternoon Tea [ⓑ]

120 minutes with Afternoon Tea - THB 5,500

Experience the delights of the Four Teas Ceremony followed by a delicious French Afternoon Tea served in the spa or by the pool.

Scrunch [ⓑ]

90 minutes - THB 4,500

The ultimate combination of a stimulating L'Occitane body scrub and relaxing Aromachology Massage, the perfect combination for mind and body.

Coconut Ultimate Indulgence [ⓑ]

150 minutes - THB 6,000

Begin your spa journey with a warm oil Indian scalp massage followed by a hydrating hair therapy wrap. A steam bath follows to prepare you for a red rice body scrub and a nourishing coconut poultice and virgin coconut oil massage.

Le SPA with L'Occitane Membership Cards

A thoughtful gift that suits every occasion.

Ask for further details

Cancellation Policy

For outside guests, cancellation is free of charge if made 24 hours before the treatment. Hotel guests can make a cancellation free of charge up to 4 hours before the treatment. Appointments cancelled outside the time limits will be charged the full price.

Reservation

Bookings made by hotel clients directly with Le SPA with L'Occitane must sign a reservation card or credit card printout. Bookings made by external clients directly with Le SPA with L'Occitane must be secured by a credit card printout or cash payment. Changes in relation to treatments and times are possible without charge depending on availability.

Arrival at Le SPA with L'Occitane

Guests are encouraged to arrive at Le SPA with L'Occitane 15 minutes before a scheduled treatment. Dressing gowns, towels and slippers are provided in a private changing area.

Preferences

Do not hesitate to let your therapist know if there is any way your treatment or comfort can be improved, for example heavier or lighter pressure during your massage, an extra towel, music or no music. We also welcome your feedback, so please fill in a comment card following your treatment.

Health issues / Medical Condition

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, a heart problem, allergy, pregnancy or any other medical complication, so that proper care can be taken.

Valuables

We recommended that no jewelry or valuables be worn at the spa. The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa.

Etiquette

We respectfully request that mobile phones be turned to silent mode and that noise is kept to minimum. Smoking and consumption of alcohol in the spa is prohibited.

We remind our guests that service provided in our Le SPA with L'Occitane are strictly professional. Any unusual behaviour towards our staff will automatically result in ending the treatment.

Full payment will be due immediately.

All prices are quoted in Thai Baht and subject to 10% service charge and 7% government tax.

LE SALON
DE BEAUTÉ
BY SERGE COMTESSE

BEAUTYMENU

STARTERS

Shampoo & Treatments

Every hair type has specific needs, the NEW Boncure Hair therapy is a personal hair care program that is put together just for you. With the New Amino Cell Rebuild Technology, it renews strength and restores elasticity for beauty that lasts.

For Her

Brushing Blow Dry

Short - **THB 800**
Medium - **THB 900**
Long - **THB 1,000**

For Him

Customised Shampoo, Cut, Blow Dry
THB 1,500

Customised Shampoo, Blow Dry
THB 600

For Her & For Him

Scalp Massage

15 minutes - **THB 700 - 1,000**
30 minutes - **THB 1,200**



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MAINS

For Her

Creation Cut
THB 1,750

Stylist Cut
THB 2,400 - 3000

Fringe (bang) Cut
THB 600

Highlight

HIGHLIGHTING TECHNIQUE FROM NATURAL TO SOPHISTICATED
Igora Various Blond is a high performance de-colourising system, it can lighten up to 7 shades, and contains a wheat starch treatment to enhance cosmeticity and the natural body of your hair.

HighLighting Technique

Technical Comb Highlights - **THB 3,000**

Colour Flash - **THB 3,500**

Fashion Lights - **THB 3,500**

Palette - **THB 4,000** / Longhair - **THB 4,500**

Foil Highlights - **THB 5,000** / Longhair - **THB 5,500**

Tie and Dye - **THB 5,500**

MAINS

For Her

Colour

IGORA ROYAL

Igora Royal Colour is expression defined by emotion. Whatever colour you desire, this complete spectrum provides the perfect shade for creativity and excellence. Use our light new emotional product to explore the colours of your imagination.

ESSENSITES NATURAL COLOUR

Essensity brings together high performance and the love of nature. It is infused with Aloe Vera to restore moisture and is enriched with grape seed oil with essential fatty acids to make the hair supple and naturally strong.

Creative Colour
THB 4,000

Traditional Colour
THB 5,500

Touch Up
THB 2,000

For Him

Permanent Wave
THB 4,000

Rejuvenated Colour
THB 1,500

Natural Highlights
THB 4,000

Styling product, Finishing, Texturizing are included in the price.

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DESSERTS

Pedicure Manicure

For Her

Manicure - **THB 1,200**

Pédicure - **THB 1,800**

For Him

Manicure - **THB 900**

Pédicure - **THB 1,200**

Chignon

For Her

Chignon Up Do

THB 2,100

Soirée Formal Up Do

THB 2,100

All prices are quoted in Thai Baht and subject to 10% service charge and 7% government tax.