

## Massage

### **Relaxing Aromachology Massage** (B)

60 minutes - **THB 2,800**

90 minutes - **THB 4,000**

Swedish massage strokes, Chinese acupressure and Balinese techniques are all used to improve circulation and ease tensions.

Essential oils of lavender, bergamot and mandarin ensure complete relaxation.

### **Revitalizing Aromachology Massage** (B)

60 minutes - **THB 2,800**

90 minutes - **THB 4,000**

The light touch of Swedish massage techniques and the pressure of Hawaiian Lomi Lomi and Balinese movements are combined with a revitalizing blend of essential oils to awaken the body and mind.

### **Shea Nurturing Massage** (B)

90 minutes - **THB 4,500**

A collection of our signature techniques to ease stress, release muscular tensions and boost energy. Ideal for those who want to get a first taste of the L'OCCITANE Spa experience.

### **Deep Tissue Intense Relief** (B)

60 minutes - **THB 3,000**

90 minutes - **THB 4,200**

Massage therapy focused on the deeper layer of the muscle tissue featuring medium to firm pressure and forearm massage sequence, to release tensions in the body.

### **Oriental Massage**

60 minutes - **THB 2,800**

The graceful strokes and gentle movements of our professional masseuse help ease tension and relax the body for an enhanced sense of wellbeing.

### **Chada Head Massage** (B)

30 minutes - **THB 1,500**

60 minutes - **THB 2,500**

The ancient Ayurvedic therapy of Indian head massage combines gentle and stimulating techniques on the scalp and shoulder, as well as energy points on the face to reduce stress and relieve fatigue.

### **Thai Heritage** (B)

60 minutes - **THB 2,000**

90 minutes - **THB 2,800**

120 minutes - **THB 3,500**

This traditional healing therapy has been taught for centuries in Thailand. The massage combines acupressure and stretching techniques using the therapist's fingers, thumbs, elbows, arms and feet, allowing the body's energy to flow freely.

### **Cocoon massage (Mother to be)** (B)

60 minutes - **THB 2,800**

The blissful touch of Balinese and Swedish techniques is associated with a nourishing formula to gently accompany the changes linked to maternity. You will be left simply peaceful – muscles deeply relaxed, legs feeling lighter, skin softened – already looking forward to your next cocoon journey.

### **Angel Bliss** (B)

60 minutes - **THB 1,500**

Using relaxing massage oils on the back and the arms and gentle pressure on the scalp, legs and feet, this treatment helps improve the quality of a child's sleep and strengthens their immune system.

### **Shop-'Til-You-Drop Reviver** (B)

90 minutes - **THB 4,500**

Enjoy the healing properties of a traditional Thai steamed herbal compress. The heat improves muscular tone and eases aching muscles after a rewarding day's shopping.