

## MASSAGE THERAPY

DEEP TISSUE - 60 mins	₹6,500
AROMA THERAPY - 60 mins	₹6,000
BALINESE - 60 mins	₹6,000
TRADITIONAL THAI - 60 mins	₹6,500
HOT STONE - 60 mins	₹6,500
PULLMAN SPA SIGNATURE - 75 mins	₹7,500
JET LEG RECOVERY - 60 mins	₹6,000
INDIAN HEAD MASSAGE - 30 mins	₹3,250
DE-STRESS BACK MASSAGE - 30 mins	₹3,250
HAND/FOOT MASSAGE - 30 mins	₹3,250

## INSPIRED AYURVEDA

SHIRODHARA - 30 mins	₹4,000
ABHYANGAM - 60 mins	₹6,000
ROSE & SANDALWOOD - AYURVEDIC FACIAL - 60 mins	₹6,500
PODIKIZHI (bundle) - 60 mins	₹6,500

## FACE CARE

EXPRESS - 30 mins	₹4,500
EYE CONTOUR - 25 mins	₹4,000
HYDRATING FACIAL - 60 mins	₹6,500
TIMELESS AGE - 75 mins	₹8,000
ILLUMINATING OXYGEN FACIAL (for brightening) - 90 mins	₹9,000

## BODY TREATMENTS

BODY POLISH - 30 mins	₹3,250
BODY REJUVINATING - 60 mins	₹6,000

## PULLMAN SPA RITUAL (Available at Spa & Inroom)

SPA BATH - 30 mins	₹2,500
PULLMAN SPA EXPERIENCE - 120 mins	₹12,500
PULLMAN SPA COUPLE ESSENCE - 120 mins	₹22,000

*Includes seasonal flowers, bubble, bath salt and relaxing and uplifting essential oils*

Taxes extra as applicable. Terms & conditions apply.

## SALON

### CUT & STYLE

HAIR CUT WITH STYLING (MALE / FEMALE)	₹1,500/₹2,400
HAIR TRIMMING ( FOR HER)	₹1,500

### BLOWOUTS

SHAMPOO & CONDITIONING (FEMALE)	₹1,000
BLOW DRY	₹1,000
SHAMPOO & BLOW DRY	₹2,000

### UPSTYLES

MEN'S HAIR STYLING	₹700
HAIR IRONING <small>(starting from)</small>	₹1,500
HAIR DO <small>(starting from)</small>	₹1,500
TONG STYLING <small>(starting from)</small>	₹1,500

### SHAVE & TRIM

BEARD & MOUSTACHE TRIM	₹1,000
CLASSIC SHAVE	₹1,500
ROYAL SHAVE	₹2,000
EXPRESS FACIAL	₹3,500

### COLORS

ROOT TOUCH UP MALE /FEMALE	₹2,500/₹3,500
GLOBAL HAIR COLOR MALE / FEMALE <small>(starting from)</small>	₹3,000/₹5,000
HIGHLIGHTS <small>(starting from)</small>	₹6,000

### HAIR SPA

ENRICH REPAIR	₹4,000
HYDRATING TREATMENT	₹4,500
ANTI-DANDRUFF	₹4,500
BALANCE FOR SCALP	₹4,750
ANTI-HAIR FALL	₹5,000

Taxes extra as applicable. Terms & conditions apply.

WAXING

THREADING	₹500
UNDER ARM	₹700
HALF LEG	₹1,200
HALF ARM	₹1,000
FULL BACK	₹2,000
FULL ARMS	₹1,400
FULL LEGS	₹1,800
BRAZILIAN	₹2,000
FULL BODY	₹7,500
BLEACH - FACE / BACK / BODY	₹1,000 / ₹1,500 / ₹5,000

HAND & FEET CARE

NAIL CUT & FILE	₹750
SPA MANICURE	₹3,000
SPA PEDICURE	₹3,250

PULLMAN FIT MEMBERSHIP

ANNUAL PULLMAN COUPLE MEMBERSHIP	₹2,50,000
ANNUAL PULLMAN HEALTH CLUB MEMBERSHIP	₹1,50,000
ANNUAL NOVOTEL GYM MEMBERSHIP	₹1,00,000
PULLMAN FIT MONTHLY MEMBERSHIP	₹20,000
DAILY VISIT PASS	₹2,000

1/6 months trial membership, personal training and Yoga available on request

Student Discount of 15% applicable 16 to 21 yrs, students with valid ID

FOR DETAILED ON SPA SERVICES AND SPA RETAIL THERAPY, SCAN QR CODE.

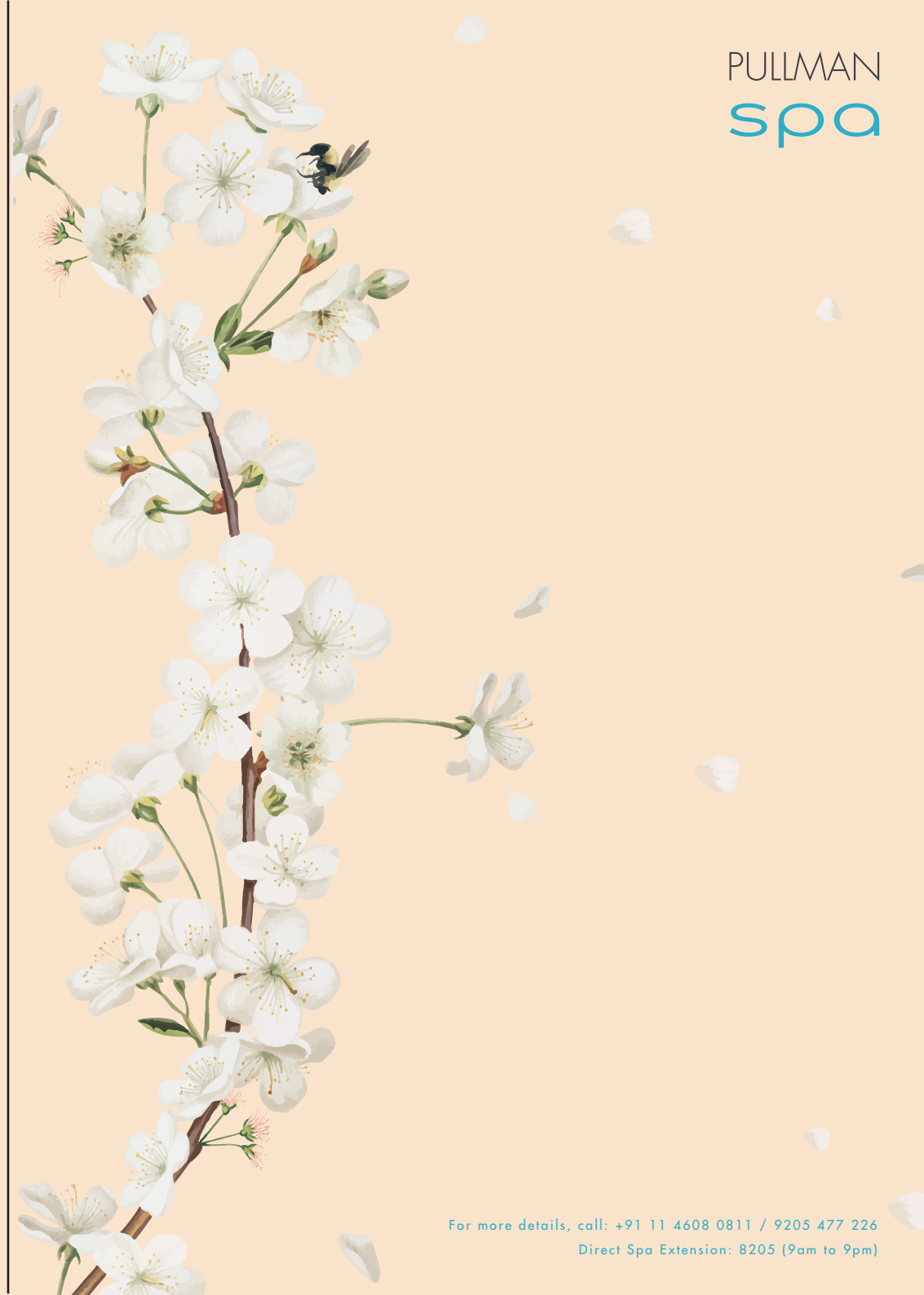


SPA RETAIL THERAPY



SPA SERVICES DETAILS

Taxes extra as applicable. Terms & conditions apply.



For more details, call: +91 11 4608 0811 / 9205 477 226

Direct Spa Extension: 8205 (9am to 9pm)