# PULLMAN SPA & solon



"AT PULLMAN SPA & SALON,

WE UNDERSTAND THAT EVERYBODY
IS DIFFERENT EVERY DAY AND OUR
BODIES CHANGE THROUGHOUT THE

MOMENTS OF EACH DAY. OUR WELLNESS
EXPERIENCES ARE DESIGNED
TO MATCH THESE MOMENTS,
ENSURING ENERGY IS RESTORED,
RELAXATION ACHIEVED
AND BLISSFULNESS BESTOWED."

PULLMAN HOTELS & RESORTS HAVE
SO MUCH TO OFFER FOR STAYING
ON TOP OF THE GAME, MORNING,
NOON AND NIGHT.
BECAUSE THERE'S MORE TO LIFE
THAN WORK

## **BODY THERAPIES**

Deep Tissue - 60 mins	₹7,000
Aroma Therapy - 60 mins	₹6,500
Abhyangam - 60 mins	₹6,500
Balinese - 60 mins	₹6,700
Traditional Thai - 60 mins	₹7,000
Lymphatic Drainage - 60 mins	₹7,000
Shiatsu - 60 / 90 mins	₹7,000 / ₹10,500
Podikizhi (Bundle) - 60 mins	₹7,200
Hot Stone - 75 mins	₹10,000
Pullman Spa Signature - 75 / 90 mins	₹8,200 / ₹10,500

## EXPRESS SPA

Destress / Foot Reflexoloy - 30 mins	₹3,700
Indian Head Massage - 30 mins	₹3,700
Shirodhara - 30 mins	₹4,200
Shirodhara with Head Massage - 45 mins	₹5,700

# FACE CARE

Clear Skin Express - 30 mins	₹4,500
Face Yoga Facial - 60 mins	₹6,500
Hydra Orginal Facial - 60 mins	₹7,000
Collagen Boost Facial - 75 mins	₹8,000
Timeless Age - 60 mins	₹8,000
Oligoforce Advanced Illumination Treatment - 90 mins	₹11,000
Eye Contour - 25 mins	₹4,000

# Pullman spa rituals & body care

Body Exfoliation - 30 mins	₹3,700
Spa Bath - 25 mins	₹4,500
Body Rejuvenating - 60 mins	₹7,000
Pullman Spa Experience - 150 mins	₹18,000
Pullman Spa Couple Essence - 120 mins	₹25,000

# SALON

# HAIR & SCALP TREATMENT

Pullman Salon Ritual (Starting)	₹7,000
Ultra Hydrating Treatment	₹5,000
Enrich Repair Treatment	₹5,500
Color Protection Ritual	₹5,500
Replumping & Volumizing	₹6,000
Hairbone Strengthening	₹3,000/₹5,500
Anti Dandruff / Anti Hairfall	₹5,500
Global Keratin (Starting)	₹6,000
Hair Botox (Starting)	₹8,000

# COLORS

Root Touch Up Male / Female	₹2,500/₹3,500
Global Male / Female (Starting From)	₹3,000/₹5,500
Money Piece Highlight (Starting)	₹4,500
Highlights (Starting From)	₹6,000

# **BLOW OUT & UPSTYLES**

Shampoo & Conditioning	₹1,000
Blow Dry (Starting)	₹1,000
Hair Do (Starting)	₹1,500
Tong Styling (Starting)	₹1,500
Hair Ironing (Starting)	₹1,500
Beach Wave Styling (Starting)	₹1,500
Shampoo & Blow Dry	₹2,000/₹2,500

### MAKE UP

Saree Drapping	₹800
Smoky Eye	₹3,000
Natural Enhancing / Evening Wear	₹5,000/₹8,000
Bridal Make Up & Hair (Starting From)	₹11,000

# hands & feet

Cut & File / Nail Paint	₹800
Gel Polish Remove	₹1,000
Gel Polish	₹1,500
Spa Manicure	₹3,200
Spa Pedicure	₹3,500

# WAXING & THREADING

Forehead	₹300
Upper Lip / Chin	₹400
Eye Brow	₹500
Under Arm	₹750
Half Leg / Arm	₹1,200/₹1,000
Face Threading	₹1,200
Face	₹1,500
Full Arms	₹1,500
Full Legs / Back	₹2,000
Brazilian	₹2,500
Full Body	₹7,500

## CUT STYLES & TRIM

Men's Styling	₹700
Hair Trimming (For Her)	₹1,500
Beard / Moustache Trim	₹1,500
Beard / Head Shave	₹1,500
Male / Female Hair Cut & Style	₹1,500/₹2,400
Body Trimming	₹4,000

# POWER FITNESS MEMBERSHIP

Swimming Coaching (12 Sessions)	₹15,000
Monthly Swimming Pool Membership	₹15,000
Annual Swimming Pool Membership	₹1,00,000
Annual Novotel Health Club Membership	₹1,15,000
Annual Pullman Couple Membership	₹2,50,000
Annual Novotel Couple Membership	₹2,10,000
Annual Pullman Power Fitness Membership	₹1,50,000
Pullman Power Fitness Monthly Membership	₹20,000
Yoga Session (Starting From)	₹1,500
Daily Visit Pass	₹2,500

- Student discount of 15% applicable to students aged 16-21. Valid ID required.
- Home care products for skin, hair and swimming accessories are available at the Pullman Spa reception.
- Guests under the influence of alcohol or any other substances will not be permitted to undergo any therapies or treatments at the Spa or Salon.
- Personal fitness training is available on request.

For more details on spa services and spa retail therapy, scan QR code.



SPA SERVICES DETAILS



Pullman Hotels & Resorts are helping to create a healthier generation of travellers.

### PULLMAN NEW DELHI AEROCITY

For more details, call: +91 11 4608 0811 / 92054 77222 Direct Spa Extension: 8205 (8am to 11pm)