

CULINARY WELLNESS RETREAT

featuring Audra Morrice

ARIANNA CAROLI



ABOUT ARIANNA CAROLI

Italian by birth (Orvieto, Umbria), holds a doctorate in Ancient Literature and Archaeology from the University of Rome. Arianna has always been fascinated by the Spirit and the Art of the East, attracted by its elegance, exoticism, sensuality and mystical content. Long sojourns in Thailand, Laos, Burma, Cambodia and India, along with periods in Europe and in the United States, have made her truly a citizen of the world. Her paintings combine eastern mysticism with western expressive power. Studying Russian icon writing, Arianna discovered how gold can make a painting at the same time sumptuous and transcendent, two qualities that characterize her work.

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COLOURS OF LIFE



Saturday, 15 September
COLOURS OF LIFE WITH ARIANNA CAROLI
AT ANGSANA, LEVEL 5
10:00 hrs - 12:00 hrs

Acclaimed painter and fashion designer Arianna Caroli presents a private art class in conjunction with the Culinary Wellness Retreat. Beginners and experts alike can look forward to 2 and a half hours of intimate mentoring by Arianna, working together with her on a botanical art piece and honing techniques on canvas. Art pieces created will be for guests to keep and materials will be provided. The session will commence with a brief foreword by Arianna, sharing her philosophy on art and living an inspired life.

Begin the session with an introduction to painting by Arianna. In line with the culinary theme of the event, Arianna will guide you through this class on how to work the canvas and express your ideas of what culinary and wellness means to you in this two-hour session. Get to take home your finished masterpiece and hang them proudly in your space at home, work or perhaps gift it to a loved one.