

CULINARY WELLNESS RETREAT

featuring Audra Morrice

DAY TWO PACKAGE

14 - 15 SEPTEMBER 2019



SCHEDULE

Saturday - 14 September 2019

19:00hrs - 20:00hrs The Art of Cocktails with Tapas Pairing at 1864

Sunday - 15 September 2019

09:00hrs - 10:00hrs Morning Fitness Class at Lawn
Wet Weather Venue : Angsana Meeting Room, Level 5

10:30hrs - 11:30hrs Super Juices with Audra Morrice at Lawn

12:30hrs - 15:00hrs Culinary Masters' Lifestyle Brunch at Racines

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MENU



THE ART OF COCKTAILS WITH TAPAS PAIRING AT 1864

COCKTAIL	TAPAS
The Artist	Spiced Smoked Eggplant with Grated Coconut, Pita Crisps
Barrel-Aged Cocktail	Salmon Coulibiac
Eco Sling	Steam Bun Sliders, Sticky Black Bean Chilli Pork Ribs, Lettuce, Pickled Cucumber, Sriracha Mayo

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SUPER JUICES WITH AUDRA MORRICE

Detox Green Inside Out

Spinach, Kale, Cucumber, Lemon, Apples, Ginger, Parsley

Pep Up

Beetroot, Pineapple, Carrots, Lime, Fresh Mint

Immune Booster

Orange, Turmeric, Ginger, Lemon

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MENU



CULINARY MASTERS' LIFESTYLE BRUNCH AT RACINES

Featuring Audra's hits from her books *My Kitchen, Your Table* and *Cook & Feast*

Corn Fritters - Smoked Bacon, Avocado Salsa

Shakshuka - Baked Eggs, Tomato Ragu, Chilli, Smoked Paprika, Chorizo, Herbs, Sourdough

Audra's Indian Style Scrambled Eggs - Greens, Sourdough (live station)

Hearty brown rice bowl - Soft Boiled Egg, Cucumber, Pickled Purple Cabbage, Avocado, Kimchi, Herbs, Nori, Toasted Sesame, Grilled Gochujang Pork, Ginger and Soy Vinaigrette

Crispy shredded smoked ham hock - Salad Greens, Spiced Pickled Red Onions, Radish, Avocado, Toasted Pine Nuts, Herb Vinaigrette, Cumin, Sumac, Toasted Sourdough Baguette, Garlic Herb Butter

Indian-Moroccan Veggie Pie - Spiced Lentil Rice, Charred Eggplant and Zucchini Masala, Filo Pastry, Cinnamon Sugar, Greek Yoghurt, Curry Leaves, Spices - *Cook & Feast*

Appam - Fresh Coconut and Green Chilli Sambal, Curry Leaves, Herbs, Yellow Split Pea Dhal

Black Pepper Tofu - Black Rice, Mushrooms, Watercress, Herbs, Kecap Manis (Sweet Soy Sauce), Soy, Mirin