

## MASSAGE AND BODYWORKS

### Swedish or Combination

Involves long, kneading strokes combined with rhythmic tapping strokes and movement of the joints.

60 min  
90 min  
120 min

**Spa**  
(Php)

2,150  
2,500  
2,750

**In-room**  
(Php)

2,365  
2,750  
3,025

### In Balance Signature Massage

A fusion of techniques with Thai stretching Hawaiian Lomi Lomi Strokes.

90 min

2,750

3,025

### Aromatherapy Massage by Amu'in

**Sigla:** Uplifting and energy-boosting blend of essential oils

**Hulay:** Calming and relaxing blend of essential oils

60 min  
90 min  
120 min

2,400  
2,750  
2,950

2,640  
3,025  
3,245

### Hot and Cold Stone Massage

Excellent to bring relief to stiff and sore muscle.

90 min

2,600

—

### Hilot (Filipino Massage)

Use of heated banana leaves and virgin coconut oil mixed with organic lemon grass essential oil.

75 min

2,400

—

### Shiatsu

Traditional Japanese form of physical therapy. No oil application is used.

60 min

2,150

2,365



**IN BALANCE**  
SPA



## FOOT BLISS

		Spa (Php)	In-room (Php)
<b>Pampering Peppermint Foot Massage</b>	60 min	2,150	2,365
<b>Healthy Foot Reflexology</b>	60 min	2,150	2,365
<b>Oriental Almond Foot Spa</b>	90 min	2,500	—

## SIGNATURE BODY SCRUBS

<b>Salt &amp; Aloe Vera Body Glow</b> Cleanses the pores and removes the dead outer layer of the skin	45 min	2,150	—
<b>Organic Red Rice Body Scrub</b> From the highlands of Mindoro Combined with healing properties of ginger	45min	2,150	—





## FACIAL BY ALGOTHERM

Specialist in cosmetics for more than 40 years, Algotharm is a marine based line from France that utilizes seaweed extracts and other marine ingredients. Algotharm does not conduct any animal testing and formulations are Paraben-free. Results are visible from the first treatment.

		Spa (Php)	In-room (Php)
<b>Anti-Aging Facial</b> Mature skin smoother, revitalized and firmer after treatment.	60 min	2,750	—
<b>Soothing Facial</b> Relaxing and nourishing treatment that helps lower skin sensitivity.	60 min	2,750	—
<b>Balancing Facial</b> For combination and oily skin.	60 min	2,750	—



IN BALANCE  
SPA



## SYNERGIES AND INDULGENCES

		Spa (Php)	In-room (Php)
<b>Urban Escape</b> Peppermint foot scrub and massage   Full-body massage	90 min	2,750	—
<b>Body Wellness</b> Signature body scrub   Full-body massage	90 min	3,050	—
<b>For Him</b> Red rice body scrub   Sports body massage   Algotherm soothing facial	2 hrs	4,650	—
<b>For Her</b> Salt and Aloe Vera body scrub   Aromatherapy body massage   Algotherm anti-aging facial	2 hrs	4,650	—
<b>Romantic Interlude (For two)</b> Steam bath   Oriental foot spa   Signature body scrub   Milk bath aromatherapy body massage	3 hrs	8,250	—



Enjoy the luxury of having your spa treatment in a suite with steam room and whirlpool bathtub Additional **Php 1500 / hour** (for one or two persons).