

# MASSAGE AND BODYWORKS

## Swedish or Combination

Involves long, kneading strokes combines with rhythmic tapping strokes and movement of the joints.

## In Balance Signature Massage

A fusion of techniques with Thai stretching Hawaiian Lomi Lomi Strokes.

## Aromatheraphy Massage by Amu'in

**Sigla:** Uplifting and energy-boosting blend of essential oils.

**Hulay:** Calming and relaxing blend of essential oils.

## Hot and Cold Stone Massage

Excellent to bring relief to stiff and sore muscle.

## Hilot (Filipino Massage)

Use of heated banana leaves and virgin coconut oil mixed with organic lemon grass essential oil.

## Shiatsu

Traditional Japanese form of physical therapy. No oil application is used.

	Spa (Php)	In-room (Php)
60 min	2,150	2,365
90 min	2,500	2,750
120 min	2,750	3,025
90 min	2,750	3,025
60 min	2,400	2,640
90 min	2,750	3,025
120 min	2,950	3,245
90 min	2,600	—
75 min	2,400	—
60 min	2,150	2,365



IN BALANCE  
SPA

*\*Prices are inclusive of service charge and applicable government taxes.*



# FOOT BLISS

## Pampering Peppermint Foot Massage

This luxurious treatment combines the soothing power of massage with the refreshing and invigorating properties of peppermint.

## Healthy Foot Reflexology

Application of gentle pressure to various reflex points on your feet, corresponding to different organs and systems in your body, for natural healing and relaxation.

## Oriental Almond Foot Spa

This luxurious treatment is designed to pamper your feet and provide a blissful escape from the stresses of everyday life.

# SIGNATURE BODY SCRUBS

## Salt & Aloe Vera Body Glow

Cleanses the pores and removes the dead outer layer of the skin.

## Organic Red Rice Body Scrub

From the highlands of Mindoro combined with healing properties of ginger.

		Spa (Php)	In-room (Php)
60 min	2,150	2,365	
60 min	2,150	2,365	
90 min	2,500	—	
45 min	2,150	—	
45 min	2,150	—	



IN BALANCE  
SPA

*\*Prices are inclusive of service charge and applicable government taxes.*



# FACIAL BY ALGOTHERM

Specialist in cosmetics for more than 40 years, Algotharm is a marine based line from France that utilizes seaweed extracts and other marine ingredients. Algotharm does not conduct any animal testing and formulations are Paraben-free. Results are visible from the first treatment.

		Spa (Php)	In-room (Php)
<b>Anti-Aging Facial</b> Mature skin smoother, revitalized and firmer after treatment.	60 min	2,750	—
<b>Soothing Facial</b> Relaxing and nourishing treatment that helps lower skin sensitivity.	60 min	2,750	—
<b>Balancing Facial</b> For combination and oily skin.	60 min	2,750	—

*\*Prices are inclusive of service charge and applicable government taxes.*



IN BALANCE  
SPA



# SYNERGIES AND INDULGENCES

		Spa (Php)	In-room (Php)
<b>Urban Escape</b> <ul style="list-style-type: none"><li>• Peppermint Foot Scrub and Massage</li><li>• Full-Body Massage</li></ul>	90 min	2,750	—
<b>Body Wellness</b> <ul style="list-style-type: none"><li>• Signature Body Scrub</li><li>• Full-Body Massage</li></ul>	90 min	3,050	—
<b>For Him</b> <ul style="list-style-type: none"><li>• Red Rice Body Scrub</li><li>• Sports Body Massage</li><li>• Algotherm Soothing Facial</li></ul>	2 hrs	4,650	—
<b>For Her</b> <ul style="list-style-type: none"><li>• Salt and Aloe Vera Body Scrub</li><li>• Aromatherapy Body Massage</li><li>• Algotherm Anti-Aging Facial</li></ul>	2 hrs	4,650	—
<b>Romantic Interlude (For Two)</b> <ul style="list-style-type: none"><li>• Steam Bath</li><li>• Oriental Foot Spa</li><li>• Signature Body Scrub</li><li>• Milk Bath Aromatherapy Body Massage</li></ul>	3 hrs	8,250	—

Enjoy the luxury of having your treatment in a suite steam room and whirlpool bathtub additional **Php 1,500 / hour** (for one or two persons).

\*Prices are inclusive of service charge and applicable government taxes.

