

## UNLOCK YOUR BEST SELF

Membership Plan	Individual	Buddy
Monthly	Php 4,500	Php 7,040
Quarterly	Php 11,550	Php 18,480
Semi-Annual	Php 19,800	Php 31,680
Annual	Php 33,000	Php 52,800

## Inclusions:

- 24/7 Unlimited access to In Balance Fitness
- Unlimited access to In Balance Pool from 6am to 10pm
- Use of Steam room from 6am to 11pm
- Use of shower room and lockers
- One complimentary health and fitness assessment per month
- One complimentary 30 minutes power stretch per month
- Annual Members 5 Personal Training Sessions per member
- Semi-Annual Members 3 Personal Training Sessions per member
- 20% off on Personal Training Sessions
- 20% off on ala carte services at In Balance Spa
- 20% off on food and 15% off on beverage at The 6th Manila, Food Exchange Manila and Gourmet Bar by Novotel
- 3 hours complimentary parking for every In Balance Fitness visit
- Welcome Kit for Annual Members (Novotel Sports bag and Tumbler)
- 20% off on best available room rates with breakfast for (2) two persons at Food Exchange Manila.

