

REJUVENATING WORLD TRADITIONS, FRENCH COSMETOLOGY. Worldwide Ancient Traditions meet the refinement and skill of the latest in French cosmetology to create SoSPA: an exhilarating and rejuvenating experience. Awake your senses and feel re-energized with a selection of health and beauty treatments.

Explore a new kind of spa experience with a wide range of poetic and surprising treatments.

Discover all the ingredients to sublime your natural glow and make the stresses and strains of daily life fade away with our menu inspired by gastronomy.



SoSPA at Sofitel Kuala Lumpur Damansara invites you to experience exclusive treatments in our luxurious five So treatment rooms combining modern yet calming theme surroundings through the light toned palette with French touch for an unforgettable moment of Well-being and Beauty. Discover the benefits of Hammam traditions to complete your journey and achieve complete rejuvenation for your body, mind and soul.



SoSPA welcomes you from 10 am to 10 pm every day

À LA CARTE

SIGNATURE TREATMENTS 60 minutes RM 360

SO EXHILARATING BODY MASSAGE 🚣

A euphoric and soothing body massage, combining a rocking and tasteful experience that will shape and tone up your silhouette.

SO REJUVENATING FACIAL TREATMENT 🆃

A refreshing and tasteful facial care. Honey and cucumber combine harmoniously with the best of French technique to revitalize and bring back youth to your skin.



Tropical Paradise Body Glow 🥯

RM 190

When tropical mango meets passion fruit, the ultimate express polish that will leave skin smooth, hydrated with a gorgeous glow and a delicate exotic scent. Exquisite textures eliminate dead cells, leaving skin perfectly prepared for a treatment or massage.

Crème Fraiche Body Wrap 🖑

RM 190

Rest and relax as you are cocooned in a sumptuous and creamy papaya pineapple fruit yogurt body wrap. The treatment envelops the body in the sheen of softness and moisture. Great on its own, and perfect in combination with a scrub, or as a warming start to a massage.

Lavender Steamy Me 🕹

RM 90

Cleanse the body and balance the mind as you evaporate away from your stress and tension. The heat will detoxify your muscles in preparation for the massage while the French Lavender aroma encourages a state of total relaxation.

Quick Back Massage 🚣

RM 190

A quick recovery for the stiff neck, tension shoulder and toning back massage. Various massage techniques are performed on the back area to ease and relax tired muscles.











Revisited Classics

So Relaxing Massage 📥

60 minutes RM 330 | 90 minutes RM 450 Fine Lavender from Haute Provence is fused with traditional massage techniques of Balinese, and Swedish, to bring tranquility to mind and erase stress.

A truly magical moment, awakening all senses.

Deep Fusion Massage 🚣

60 minutes RM 330 | 90 minutes RM 450 A perfect ritual for sports enthusiasts to dispel stress and tension, combining Hawaiian Lomi Lomi massage, gentle stretching, and acupressure to ease muscular tension.

Traveller's Revival 📥

90 minutes RM 450

Experience the sheer pleasure of deep compressions that will help ease tense muscles, banish fatigue and sluggishness associated with a jet lag. This massage makes your entire body function and feels better.

Aromachologie Phyto Facial 췋

60 minutes RM 330

A relaxing facial that treats the skin with a holistic approach, via unique massage techniques for the face, neck, and décolletage. Combining fruit enzyme exfoliation with pure essential oil blends and rich multi-vitamin mask to restore freshness and radiance.

Homme Intensive Facial 췋

60 minutes RM 330

All men have unique requirements when it comes to caring for their skin. This is the ultimate facial indulgence to reduce visible pores and refine skin texture. The potent facial treatment is quickly and easily absorbed for immediate visible results.

Soothing Luminous Facial 췋

75 minutes RM 380

Suitable for the most delicate skin, visibly enhancing your skin's texture and maximizing hydration. This refreshing, soft lift-off mask combines the hydration benefits of Seaweed, the ocean's finest resource with revitalising Propolis, a natural healing and desensitising substance rich in natural antibiotics and Vitamin A.









Local Favourites

Malay Urut Massage 🚣

60 minutes RM 330 | 90 minutes RM 450 Warmed herbal oil is used in this therapy techniques, which involves a combination of long and firm strokes with kneading and stretching on entire body for balancing, deep pressure is applied on specific areas to relieve tension and drainage to aid the removal of the toxin.

Silky Batik Body Polish 🧠

60 minutes RM 330

This natural sea salt scrub with citrus and green apple extract promotes the renewal of skin cells while providing anti-aging and anti-cellulite benefits. It also works to replenish important minerals and health-inducing negative ions.

World's Best

Oriental Massage 🚣

60 minutes RM 330 | 90 minutes RM 450

Experience our uniquely formulated techniques using medium to strong pressure which integrates ancient Chinese acupressure and Shiatsu elements to create a special Oriental experience. This massage frees the body from all its tensions by working the muscles with agile, graceful strokes, resulting in a feeling of wellbeing, a rested mind, and a relaxed body.

Golden Himalayas Ceremony 🛸

90 minutes RM 450

The Ceremony starts by an exfoliating treatment with the Gommage Thé au Népal, combining in the shea butter, apricot and macadamia oil, bamboo particles, and Complexe des 4 Thés[®] (4 Teas Elixir) which restores the complexion's radiance and immense sweetness. The Ceremony is completed with the application of Huile des 4 Thés[®] Brume d'Or to nourish and illuminate the skin.

Empress Original Beauty 📚

90 minutes RM 450

An intensive anti-aging treatment is designed to combat wrinkles, loss of elasticity and reduce the appearance pigmentation. After a deep cleanse of the skin, including a peel to encourage cell renewal, you will enjoy a fatigue-removal face massage and the application of a collagen mask. The results are radiant skin and a visible reduction in the signs of aging.













SCALP AND SHOULDER MASSAGE 📥

30 minutes RM 190

This head massage brings a unique and traditional stressrelieving practice to the western world. Using the healing properties of Neem oil and the cooling properties of Eucalyptus oil, this scalp massage imparts a cooling sensation and brings an immediate sense of calm and relaxation.

LEG TONIC MASSAGE 🚣

30 minutes RM 190

An incredibly relaxing and therapeutic massage focusing on the reflex points on the feet including the lower legs. Special cooling gel combines extracts from plant to relax, soothe and refresh tired feet.

INSTANT GLOW GREEN TEA FACIAL 🖗

30 minutes RM 190

An express facial that will totally leave your skin refreshed and radiant.

IMMORTELLE YOUTHFUL EYES 💱

30 minutes RM 190

This ultimate eye care treatment uses state of the art express radiance with cryotherapy benefits and a therapeutic lymphatic drainage massage to dramatically lift, firm and target signs of fatigue. Hydrate and firm the delicate eye area to reduce puffiness and dark circles.

SPECIALS

HAMMAM AND GOMMAGE 🕹 🗫

120 minutes RM 590

Embark on a journey with this traditional Turkish Hammam ritual leaving your skin smooth and refreshed. Steam, purify and cleanse the skin with Savon Noir Beldi olive-rich black soap invigorating scrub with a Kassa glove, as well as the wrap includes a body mask.









All prices are in MYR and inclusive of taxes.

MENU SUGGESTIONS

120, 150 minutes

SO HAMMAM RITUALS 🗫 🚣

120 minutes RM 590

Inspired by one of the oldest cleansing traditions in the world, the Hammam ritual is an experience of the Maghreb traditional treatments, which purifies the skin with Savon Noir Beldi olive-rich black soap as well as the wrap that includes a body mask. A full body massage with tea elixir and Argan oil to complete the journey.

SO WELLNESS 📥 🕏

120 minutes RM 590

A beautifying and nourishing combination for the body and face allowing it to energize and revitalize. Explore the uniqueness of So SPA by enjoying our two signature treatments: So Exhilarating body massage and So Rejuvenating facial treatment.

SO ORGANIC 🕹 🗫 🚣

120 minutes RM 590

Commence the journey with bain de vapeur, steam bath to relax stiff joints and muscles. Exfoliate away the dead cells with the most authentic fine lavender from the peak of Provence in France, followed by our So Relaxing massage to relax your mind and revitalize the body.

SO GENTLEMEN 🐜 🚣 🖗

150 minutes RM 690

The ultimate body and face treatment exclusively designed for Gentlemen to energize with a feeling of wellbeing. The treatment will commence with a tropical citrus and green apple body scrub followed by a fusion body massage to ease the muscle tension. The finale is the Homme intense pore refining facial. You will be perfectly groomed from head-to-toe.

JUST THE TWO OF US 🕹 📥 🖗

150 minutes RM 1,350 per couple

Share special moments with a loved one or a friend. Commence with a Lavender relaxing steam bath followed by a So Exhilarating massage and conclude with a So Rejuvenating Facial.









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SPA TIME

Book spa-time and prepare your own spa journey from our selection of treatments from our personalised spa butlers. Reserve your spa-time in advance to allow our specialised staff to create the perfect treatment for you.

> 30 minutes RM 190 60 minutes RM 330 90 minutes RM 450

GIFT CERTIFICATE

A chic and refined gift that suits every occasion. Offer from one hour to an entire day of wellbeing. The SoSPA team is at your disposal for any information or purchase.

Cancellation Policy

Cancellation is free of charge if made 24-hours before the treatment, except for hotel guests who have until 4 hours before the treatment. Otherwise, the full cost of treatment will be charged.

Reservation

Bookings made by hotel clients directly with SoSPA are backed by the signing of a reservation card or a credit card printout. Bookings made by external clients directly with SoSPA are secured by a credit card printout or cash payment. Changes in relation to treatments and times are possible without penalties being charged depending on availability.

Arrival at SoSPA

We encourage you to arrive at SoSPA 10 minutes before your scheduled treatment. You will be able to enjoy the relaxation areas afterward. You will be supplied with dressing gown, towels, and slippers. A secure locker is provided for your personal belongings.







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Sofitel Kuala Lumpur Damansara No. 6 - Jalan Damanlela - Bukit Damansara 50490 kuala lumpur - Malaysia Tel +6(0)3 2720 6688 - E-mail HA123@SOFITEL.COM - www.SOFITEL.COM