



The
William
Inglis

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GALLERY
BY
SOFITEL



TALISA
SPA WELLNESS

MENU

WELLNESS FACIAL RITUALS

TALISA SIGNATURE RITUAL | 45 min | \$89

For all skin types

Thoughtfully designed to enhance the face and eyes to deliver the ultimate sensory journey experience. Brighten, nourish and hydrate complexion, skin is infused with cold pressed plant oils and natural botanicals. A revitalising layered ritual dedicated to the delicate eyes helping with signs of ageing and dark circles.

APPLE COLLAGEN RITUAL | 60 min | \$135

Anti-ageing, hydrating, brightening

A skin plumping face treatment drawing on pure organic apples to redefine skin surface for glowing radiance. An exotic blend of fruit enzymes, silk peptides and marine collagen deliver firmer and more luminous complexion.

MARULA HONEY RITUAL: 60 min | \$135

Soothing. Nourishing. Strengthens sensitivity

Exotic Marula Oil drizzled in honey delivers a rejuvenating skin treat good enough to eat. Raw Cacao is whipped into an immune boosting blend of beta glucan, marshmallow and colloidal oatmeal to regenerate and strengthen skin. Ritual is soothing for dry, sensitive and irritated skin. Antioxidant protection against oxidative stress and free radical damage.

TRIPLE BERRY RITUAL | 60 min | \$145

Brightening, hydrating, detoxifying

An antioxidant berry blend of raspberry, strawberry and blueberry whipped into a rejuvenating concentrate of Vitamin B3, B5 and B9. AHA exfoliation peel for intense results. Multi-B vitamin infusion which visibly targets problematic skin to correct and regenerate skin complexion.

PHYTO NUTRIENT RITUAL | 75 min | \$150

Brightening. Decongesting. Healing. Purifying

Helps to heal, rebalance and strengthen most problematic and oily skin types. An ideal facial for men, oily and/or combination skin types. A deeply clarifying facial to detoxify the skin to encourage a new level of skin fitness. Includes mild extractions if needed. Blemishes and acne are decongested with powerful antibacterial botanicals to combat excess oil, blackheads and comedones. A purifying ritual to equalise oil while reconditioning, hydrating and revitalising skin complexion.

YOUTH ELIXIR FACE AND EYE RITUAL | 90 min | \$169

Anti-ageing, hydrating, nourishing

Deeply rejuvenating treatment rich in potent omega oils, crushed nut butters, vitamins, antioxidants and precious essential oils for intense plumping and firming results. Sensory facial journey to help combat signs of ageing with a revitalising layered treatment dedicated to the delicate eyes helping with signs of ageing and dark circles. Jade rollers are massaged onto skin to tone, firm and increase circulation. Cell regenerating botanicals recondition tone and texture delivering beautifully luminous soft skin.

ANTI- AGING EYE RITUAL | 30 min | \$59 (add on to facial rituals \$29)

Brightening. Toning. Firming

A revitalising layered ritual dedicated to the delicate eyes combating the tell-tale signs of ageing by fighting puffiness, fine lines and wrinkles.



FACIAL RITUAL POWER SERIES PROGRAMS

A series of facials to target and repair specific skin conditions and concerns. 3 x 30 min rituals once per week of one of the following:

CLEAR AND CONFIDENT RITUAL: \$79/\$295 (Package of 4)

Targets acne, excess oil, scarring, large pores

A clarifying power ritual targeting acne, excess oil and congestion with an active dose of 5% BHA and 5% AHA concentrates fortified with skin perfecting omega serums and antioxidant vitamins to strengthen barrier function, minimise sensitivity while evening out texture, tone and clarity.

REPAIR AND REJUVENATE RITUAL: \$79/ \$295 (Package of 4)

Targets photo damage, signs of ageing, dehydration, oxidative stress

A deeply replenishing ritual to rejuvenate the skin with a refining and brightening 20% AHA's, finished with an omega rich infusion of antioxidants and vitamins to reverse signs of ageing. Boosted with wrinkle reversing coenzyme Q10 and berry seed for a dewy rejuvenated hydrated complexion.

PETITE PHYTO NUTRIENT RITUAL: \$79/\$295 (Package of 4)

Brightening, decongesting, healing, purifying

Helps to heal, rebalance and strengthen most problematic or oily skin types. Includes extractions, blemishes and acne are decongested with powerful antibacterial botanicals to combat excess oil, blackheads and comedones. Thalasso Smooth exfoliant with 2% Salycilic acid. A purifying ritual to equalise oil, decongest pores for a clear, smooth complexion.



WELLNESS BODY MASSAGE RITUALS

FOCUS MESSAGE I 30 Min I \$75

A dedicated massage to focus on areas of concern and most needed attention

RELAXATION MESSAGE I 60-90 Min I \$129-\$165

Let us take you away on our sensory journey.

Essential oils and warm Jade stones will help melt away stress and tension.

Get ready to be induced into full body relaxation.

MUM TO BE MESSAGE I 30-60 Min I \$80-\$129

In the safe and supportive hands of a skilled therapist, this restorative massage provides comfort and relief to areas that are under stress during pregnancy.

A journey of peaceful connection for mum and bub.

DEEP TISSUE MESSAGE I 60-90 Min I \$139- \$175

Restore balance with this massage ritual designed to work into the muscles and ease away tension. Back exfoliating scrub and essential Oils designed for your massage ritual will leave you feeling uplifted and balanced.

HOT STONE THERAPY MESSAGE I 90 Min I \$189

Using heated stones and oils, this massage creates a sense of balance and calm, as well as giving relief to muscle tension. A soothing and healing treatment that rests the nervous system and promotes sleep. Restores energy and will leave you feeling grounded and centred

CUSTOMISED MESSAGE RITUALS: (Start from \$35)

Rituals below can be customised to any massage/or body ritual combined or on its own .Your Therapist will tailor this massage to meet your needs and prices are quoted upon booking.

REIKI: 15-60 Min:

The force behind the Yin and the Yang. Reiki works on spiritual, emotional, mental and physical body via the chakra system, helps to clear pathways, and blockages. Promotes healing and energy.

LYMPHATIC DRAINAGE/DETOX: 30-60 Min

Can target 1 single area or whole body. This customised ritual is great for targeted treatments for cellulite or full body detoxification. Helps to eliminate toxins, firming and toning

BODY TREATMENT RITUALS

ORANGE CREME SCALP THERAPY | 30 Min | \$69

A pure botanical hair treatment to restore brilliance to tired dry locks. This warm aromatic masque provides intense conditioning with a blend of jojoba, apricot and hazelnut fortified with BS, collagen and French clay. Infused with a soothing head massage, this aromatic treatment is layered with extracts of blackberry, orange and cinnamon to increase condition and shine.

PAST TENSE | 45 Min | \$99

Back scrub, back massage, scalp massage.

A deep exfoliating back scrub, followed by a relaxing back and scalp massage for complete peace of mind.

BODY EXFOLIATION RITUALS | 60 Min | \$135

Rituals below can be customised to any massage ritual combined or on its own. Your Therapist will tailor this massage to meet your needs.

Choose from the following:

Vanilla Bean

Infusion of omega rich oils, vitamin E, molten cocoa butter and pure vanilla bean. Hydrates and nourishes.

Crushed Lime

Invigorating blend of crushed citrus rind of mandarin, sweet orange, West Indian lime. Blended in organic cane sugar and laced with vanilla and Vitamin E to brighten, hydrate and replenish neglected body.

Coconut Sugar Glow

Sugar cane combined with exotic tropical nut oils nourish your skin with Vitamins A,B,C & E. Warm coconut milk combined with macadamia and coconut oil is drizzled over your body to create the ultimate healthy glow. This will strengthen skins elasticity and replenish moisture loss.

BODY WRAP RITUALS | 90 Min | \$189

Combines body exfoliation.

Body wrap and warm moisturiser is massaged into the body to lock in moisture for silky smooth hydration. Healing, rejuvenating and relaxation. Rich in essential oils, herbal infusions, vitamins, minerals rich in French clay to contour, firm and tone the skin.

Choose from the following:

Cocoa and honey

Deeply hydrating with rich cocoa and honey steeped in vanilla creme mousse. Body is soft and silky smooth.

Lemongrass

Purifying and relaxing. Using a blend of lemongrass and citrus rind oils steeped in a green tea creme mousse. Tones and decongests while body is hydrated and silky smooth.



WELLNESS HAND & FOOT RITUALS

MOROCCAN ROSE HAND INDULGENCE: 30 Min/\$69

Repair and pamper hands and nails with precious essential oils, pink French clay and an exotic fruit blend with warm stones and anti-ageing vitamins for smooth and beautifully elegant hands.

BAREFOOT INDULGENCE: 30 Min/\$69

Using the ancient techniques of massage, aromatherapy and pure botanicals this aromatic foot treatment relieves stress and tension while enhancing relaxation and general wellbeing. Feet and legs are smoothed with a bamboo and pineapple clay exfoliation then massaged with warm stones, ending ritual with mango butter crème layered with spearmint and ginkgo biloba.

MANICURE WELLNESS INDULGENCE: 45 Min/\$85

Repair and pamper hands and nails with a rose scented aromatherapy oil steeped in hand soak. Nails and cuticles are given attention needed followed by a raspberry crème and walnut smoothing exfoliation. Rejuvenating hand massage infused with a cocoa butter and French clay masque. This luxurious hand treatment is finished with an exotic moisture boost rich in guava, moroccan rose and vitamins, while nails are polished to perfection.

PEDICURE WELLNESS INDULGENCE: 60 Min/\$95

This aromatic foot ritual relieves stress and tension while leaving feet soft silky smooth. Using pure botanicals feet and legs will be treated and soaked in rose scented aromatherapy oil followed by a bamboo and pineapple exfoliation. Heels, toe nails and cuticles are then tidied up with due diligence and accompanied by a stimulating French clay masque. This decadent foot treatment finishes with a rich spearmint and ginkgo foot massage and elegant nail polish.

WAXING AND TINTING RITUALS

WOMEN

Eyebrow wax/shape	\$28
Lip wax	\$15
Chin wax	\$20
Sides of face wax	\$25
Full face wax	\$75

Eyeshadow tint	\$29
Eyebrow tint	\$20
Eyeshadow & Eyebrow tint	\$45
Eyebrow wax, Eyeshadow/Eyebrow tint	\$75

MEN

Middle eyebrow wax	\$10
Nose wax	\$20
Ear wax	\$25
Cheek wax	\$25
Full face wax	\$85



SIGNATURE BLISS RITUALS

Beautifully appointed signature rituals created to induce deep relaxation where you will be taken on a sensory journey and will leave you feeling as though you are floating on cloud 9.

EXOTIC COCONUT RITUAL: 90 Min/\$189

Sugar cane combined with exotic tropical nut oils nourish your skin with Vitamins A,B,C & E. Warm coconut milk combined with macadamia and coconut oil is drizzled over your body to create the ultimate healthy glow. Warmed exotic coconut oil is drizzled and massaged into scalp, neck and shoulders restoring balance and leaving hair shiny and healthy.

RESTFUL BLISS RITUAL: 2 Hrs/\$295

Begin your sensory journey with our relaxation massage followed by our anti-ageing, peptide plumping and hydrating youth elixir face and eye ritual.

REJUVENATION BODY RITUAL: 3 Hrs/\$390

Indulge and deeply nourish your body while our therapists take you on our sensory journey. Begins with an aromatic foot soak to relieve any stress or tension before your ritual. Body wrap ritual, orange crème scalp therapy. Our beautiful Moroccan rose hand indulgence, ritual is then completed with barefoot indulgence, leaving you in deep relaxation.

REFLEXION RITUAL: 4.5 Hrs/\$499

Includes light lunch and a drink

De-stress, unwind and allow your therapist to take you on our sensory journey. Journey begins with an aromatic foot soak to relieve any stress or tension before your ritual. Hot Stone Therapy massage to induce relaxation of mind and body. Eyelash and eyebrow tint to enhance eyes and beautiful lashes. Marula honey facial with anti-ageing eye ritual and for results that are instant. Warmed exotic coconut oil is drizzled and massaged into scalp, neck and shoulders restoring balance and leaving hair shiny and healthy. Ritual is then completed with foot massage using ancient techniques leaving you in deep relaxation.

TALISA SPA WELLNESS • ETIQUETTE

Talisa means beautiful water. Water represents relaxation and gives you a sense of calm and clarity. It opens up your mind which is a beautiful reflection of how we would like our clients to feel.

We have thoughtfully curated each element of your spa wellness journey to ensure complete relaxation. Our spa wellness centre features our relaxation room and luxuriously appointed bridal suite.

Brides and bridal parties will be pampered for their special precious moments. Please speak to Spa Wellness manager to discuss tailored packages. We cater to a wide audience including bridal parties, couples, groups, mums to be, men and those with special health needs.

Our highly trained and qualified Spa Therapists will perform rituals and create a performance driven sensory journey that will leave a memory of pure relaxation and you will leave feeling like you are on cloud nine. We look forward to taking you on our journey.

Arrival

Please arrive 15 minutes earlier. From the moment you arrive you will be taken into our relaxation room to unwind before your spa therapist takes you away on your sensory journey.

Gift Certificates

Give the ultimate gift of spa wellness with a Gift Certificate. Each certificate is beautifully presented and can be organised by phone and arranged to be posted out.

Bookings and Cancellations

Bookings over 60 minutes will require a credit card. We understand that sometimes life can be unpredictable. Should you need to cancel or reschedule your time with us we request 24 hours' notice. Cancellations and no shows within 24 hours will require a 50% charge deducted from your credit card. Please note that we will send SMS and/or email confirmation within the 24-hour period.

Privacy and Modesty

Our caring and professional therapists have the utmost respect for your privacy and modesty and all personal information shared will remain confidential.

Minimum Age

Age of 16 and under must be accompanied by a parent or guardian when having a treatment.

Retail Therapy

We have a wonderful selection of skincare and body products to choose from. Our therapists will prescribe products suited your skin care needs.

Payment

We accept cash, eftpos and all major credit cards. In-house guests are able to charge treatments and products to their room account. Surcharges may apply to some cards.

Returns

Talisa Spa Wellness can only accept a product return with proof of purchase and where the product is deemed faulty. We adhere to the Australian Consumer Law and health and safety regulations when handling any requests for a return or refund.

Pool Deck

Enjoy relaxing at the roof top pool before or after your treatment. Please speak to spa wellness manager to arrange relaxation by the pool.

Talisa Spa Wellness hours and information

Monday - Wednesday	9.00am - 5.00pm
Thursday - Saturday	10.00am - 6.00pm
Sunday	10.00am - 3.00pm

10% Surcharge applies Sundays and Public holidays.

Advanced bookings are available for clients and guests wanting to make an appointment earlier or later than our trading hours. 10% Surcharge will apply.



TALISA

SPA WELLNESS

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Talisa Spa Wellness



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