





SPA
Vibes
[URBAN WELLNESS]



Vibes

[URBAN WELLNESS]

Vibes Spa provides a sanctuary where millennials and spa influencers converge to experience an array of therapeutic remedies that are carefully selected to suit a high-paced lifestyle.

Vibes redefines the notion of spa by introducing bespoke remedies through analytics based on how do you want to feel after the treatment. Our remedies are result-driven to add benefits to overall well-being. All therapies are designed to provide instant relief as getaway from 24/7 intensive lifestyle.

Talk to our Vibes Associates and discover your own well-being prescription!

Get your Vibes...



Vibes

[MEN'S TONIC]

CONCERNS: fatigue, muscle stiffness, aches

REMEDY: Sports Massage

BENEFITS: reduce fatigue, alleviate muscle stiffness

CONCERNS: tight muscles on neck and shoulder,
back, lower back

REMEDY: Intense Muscle Release

BENEFITS: reduce muscle spasm on targeted area

CONCERNS: dehydrated skin, tired skin, premature
aging

REMEDY: Age Defense Facial, Skin Tonic Facial

BENEFITS: deep cleansing, hydrating, reduce fine
lines

MEN'S (SPA)CE [PACKAGE]

Intense Muscle Release Massage + Skin Tonic Facial

*BENEFITS: reduce fatigue, alleviate muscle stiffness,
hydrating, nourishing*



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[UPLIFT]

CONCERNS: stress, emotionally drained, body aches

REMEDY: *Vibes Signature Massage, Aromatherapy Massage*

BENEFITS: uplifting, de-tress, alleviate tension

CONCERNS: premature aging, fine lines and wrinkles

REMEDY: *Cryo-Collagen Anti Aging Facial, Bespoke Body Glow – Uplifting*

BENEFITS: anti-aging, reduce fine lines and wrinkles, nourishing

VIBES SIGNATURE [PACKAGE]

Bespoke Body Glow – Uplifting, Vibes Signature Massage, Cryo-Collagen Anti Aging Facial

BENEFITS: uplifting, de-stress, anti-aging, reduce fine lines and wrinkles



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[NOURISH]

CONCERNS: dehydrated skin

REMEDY: *Hydrating Facial, Soothe & Cleanse Facial*

BENEFITS: nourishing, cleansing

CONCERNS: uneven skin tone, dull skin

REMEDY: *Bespoke Body Glow – Brightening, Nourishing Body Wrap*

BENEFITS: remove skin impurities, hydrating, refreshing

TOTAL RADIANCE [PACKAGE]

Nourishing Body Wrap + Radiance Glow Facial

BENEFITS: hydrating, refreshing, nourishing



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[ENERGIZE]

CONCERNS: tiredness, sluggishness

REMEDY: *Bespoke Body Glow – Uplifting , Balinese Massage*

BENEFITS: purifying, energizing, reduce tiredness

CONCERNS: insomnia, jet lag

REMEDY: *Aromatherapy Massage*

BENEFITS: induce sleep, alleviate jet lag symptoms

BALI GETAWAY [PACKAGE]

Bespoke Body Glow – Uplifting + Balinese Massage

BENEFITS: uplifting, energizing, reduce tiredness

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[DETOX]

CONCERNS: sedentary lifestyle, imbalance diet

REMEDY: *Bespoke Body Glow – Nourishing, Aromatherapy Herbal Compress, Foot Reflexology*

BENEFITS: detoxifying, remove skin impurities

CONCERNS: slow metabolism, water retention

REMEDY: *Deep Tissue Massage, Anti-Cellulite Body Wrap*

BENEFITS: improve metabolism, reduce water retention

BODY INDULGENCE [PACKAGE]

Bespoke Body Glow – Brightening, Aromatherapy Herbal Compress

BENEFITS: detoxifying, remove skin impurities, improve metabolism



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[AESTHETIC]

CONCERNS: dark circles, fine lines, wrinkles, aging skin

REMEDY: Cryo-Collagen Anti Aging Facial

BENEFITS: reduce dark circles and fine lines, anti-aging

CONCERNS: uneven complexion, skin impurities, dry skin

REMEDY: Radiance Glow Facial

BENEFITS: brightening, remove skin impurities, nourishing

LADIES' (SPA)CE [PACKAGE]

Aromatherapy Massage + Hydrating Facial

BENEFITS: relaxing, hydrating, nourishing



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[ELIXIR]

VIBES ELIXIRS

Here at Vibes, we begin the wellness journey on eating right. We believe that the outer beauty is inner beauty made visible, hence the importance of nutrition. Our Vibes Elixirs are prepared based on your blood type, O, A, B or AB.

- O Type: mango, blueberry, cherries
- A Type: peach, pineapple, carrot
- B Type: cranberry, watermelon, plum
- AB Type: lemon, grapefruit, prune



Vibes
[WELLNESS PACKAGE]

WELLNESS PACKAGE BY YOUNG LIVING

150 minutes / RM 725

Our wellness package invites you to bask in aromatherapy delight with Young Living essential oil selections in the comfort of your own Aromatherapy Alcove. Each treatment begins with aromatherapy inhalation, aromatic steam bath and Ning Xia Red anti-oxidant elixir as you immerse into aromatic bath.

Your wellness journey sequence will be as follows:

- Wellness Consultation – determines your concerns and create a bespoke essential oil blend
- Aromatherapy Inhalation – guided breathing exercise to calm the mind and soothe the spirit
- Aromatic Steam Bath – helps in detoxifying process and improve blood circulation
- Aromatic Bath – to open the body meridian points
- Ning Xia Red Elixir – super anti-oxidant with wolfberry, blueberry, cherry, pomegranate, orange, yuzu and lemon extracts
- Vibes Signature Massage – to alleviate stress and muscle aches



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[MEN'S RANGE]

INTENSE MUSCLE RELEASE MASSAGE

60 minutes / RM 280

Targeted at pressure points to alleviate muscle spasm and stiffness

SPORTS MASSAGE

60 minutes / RM 280

The perfect remedy after rigorous workout or energy-zapping activity to recondition tight muscles.

BODY SCRUB

45 minutes / RM 180

A combination of invigorating loofah and uplifting body scrub for fresher and cleaner skin.

AGE DEFENSE FACIAL

90 minutes / RM 425

Filled with potent and active ingredients, tailored for men's skin to nourish, hydrate and protect the skin from premature aging

SKIN TONIC FACIAL

60 minutes / RM 325

Specifically formulated for men with active lifestyle as a part of their grooming regime



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[MASSAGE]

VIBES SIGNATURE MASSAGE

90 minutes / RM 380

Uniquely developed by Vibes' team of wellness experts, our signature massage combines rhythmic strokes to alleviate muscle pains

AROMATHERAPY HERBAL COMPRESS

90 minutes / RM 380

This therapy begins with the application of herbal poultice on your body meridian points to ease muscle tension, followed by soothing massage

AROMATHERAPY MASSAGE

60 minutes / RM 280

A gentle, aromatic therapy to de-stress and uplift your spirit!

DEEP TISSUE MASSAGE

60 minutes / RM 280

An intensive and firm application that penetrates deeply into stiff, tight, aching muscles to instantly relieve pain and tension

BALINESE MASSAGE

60 minutes / RM 280

From the island of paradise, the Balinese Massage uses firm stroke and medium pressure points application to ease the body tension



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[BODY THERAPY]

BESPOKE BODY GLOW

45 minutes / RM 180

Result-driven, organic body scrub based on your choice:

- *Nourishing Body Glow*
- *Brightening Body Glow*
- *Uplifting Body Glow*

NOURISHING BODY WRAP

60 minutes / RM 210

Vitamins and anti-oxidants infused body therapy to deeply hydrate, remove skin impurities and nourish the skin

ANTI-CELLULITE BODY WRAP

60 minutes / RM 210

Reduce cellulite appearance and water retention with marine algae and rich in trace minerals



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[FACIAL]

CRYO-COLLAGEN ANTI AGING FACIAL

90 minutes / RM 425

This lifting and firming treatment with marine collagen and elastin to provide instant make-over which leads to visibly younger looking skin.

RADIANCE GLOW FACIAL

90 minutes / RM 425

A photo-corrective facial that renders youthful glow and brighter complexion with pure vitamin C.

HYDRATING FACIAL

60 minutes / RM 325

Contains rich moisturizing elements to replenish your skin, a perfect tonic for dry, dehydrated skin

PURIFYING FACIAL

60 minutes / RM 325

Refreshing facial to remove skin impurities and blemishes, rendering a matte finish complexion

SPA TEEN FACIAL

60 minutes / RM 325

Specially formulated for teenage skin, this gentle facial is the 1st step toward healthier and refreshed skin

**) All facials are exclusively by Pevonia Botanica from USA*

**) All facials include eye contour treatment*



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[QUICK FIX]

SOOTHE & CLEANSER FACIAL

30 minutes / RM 180

Soothing and cleansing facial that suit your hectic schedule

FOOT REFLEXOLOGY

60 minutes / RM 195

Works on reflex points to stimulate internal organs, remove toxins and enhance digestive system.

STRESS ZONE – NECK SHOULDER AND BACK

30 minutes / RM 160

Intense massage on targeted area such as head, neck, shoulder and back

STRESS ZONE – FOOT REFLEXOLOGY

30 minutes / RM 160

Targeting reflex points to alleviate stress

WAXING

Legs, Arms, Under-arms, Bikini Line



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[PACKAGE]

VIBES SIGNATURE

Vibes Signature Massage + Steam

75 minutes / RM 280

Featuring our signature massage to alleviate muscle pains and tension

BODY RENEWAL

A choice of Massage + Body Scrub

105 minutes / RM 380

Make your own treatment by combining you favorite massage and body scrub

SIMPLY VIBES

A choice of Back Massage or Foot Massage + Cleanse & Soothe Facial

75 minutes / RM 280

A simple spa sampler to de-stress you body and hydrate your skin

*) All packages include 15 minutes steam bath and an upgrade 30 minutes aromatic bath for RM55



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[PACKAGE]

MEN'S [SPA]CE

Intense Muscle Release Massage + Skin Tonic Facial

120 minutes / RM 575

Designed for men, the combination of targeted massage and facial alleviates fatigue and refresh the tired skin

Upgrades: add RM55 for 30 minutes body scrub

LADIES' [SPA]CE

Aromatherapy Massage + Hydrating Facial

120 minutes / RM 575

A wonderful mix of relaxing aromatherapy massage and hydrating facial to nourish the skin

Upgrades: add RM55 for 30 minutes body scrub

*) All packages include 15 minutes steam bath and an upgrade 30 minutes aromatic bath for RM55



Vibes

[PACKAGE]

TOTAL RADIANCE

Nourishing Body Wrap + Radiance Glow Facial

150 minutes / RM 595

The ultimate body and face brightening with Vitamin C-filled scrub, relaxing massage and oxygen-infused facial to lighten the skin tone and render a radiant glow

Upgrades: add RM110 for 60 minutes body massage

BALI GETAWAY

Uplifting Body Scrub + Balinese Massage

90 minutes / RM 425

Join us for an island getaway through uplifting scrub and invigorating Balinese Massage

Upgrades: add RM 110 for 30 minutes Soothe & Cleanse Facial

*) All packages include 15 minutes steam bath and an upgrade 30 minutes aromatic bath for RM55



Vibes

[PACKAGE]

BODY INDULGENCE

Brightening Body Scrub + Aromatherapy Herbal Compress

120 minutes / RM 535

A moment to indulge yourself with yummylicious Raspberry scrub and comforting herbal compress

Upgrades: add RM55 for 30 minutes body wrap or foot reflexology

VIBES OPULENCE SIGNATURE

Uplifting Body Scrub + Vibes Signature Massage + Cryo-Collagen Anti Aging Facial

210 minutes / RM 750

An unparalleled journey to rejuvenate the body and uplift the spirit, combining the gentle scrub, reviving signature massage and advanced anti-aging facial to render a youthful complexion

Upgrades: add RM55 for 30 minutes body wrap

*) All packages include 15 minutes steam bath and an upgrade 30 minutes aromatic bath for RM55

Arrival

We suggest that you arrive 30 minutes prior to your first appointment. This allows us to have a brief discussion with you about your treatment expectations and give you ample time to enjoy the environment and make the most of your experience. Please understand that late arrivals will not receive an extension of scheduled treatments

Age Requirement

Strictly no children and junior (13-18 years) are allowed using therapy space, sauna and steam.

Spa Attire

Wear whatever comfortable. Proper attire or robe must be worn in the spa

Spa Etiquette

Our spa is a tranquil environment. For the courtesy of our guests, cellular phone use is prohibited within the spa premises. Respect yourself and others by turning off communication devices prior to entering the spa. Kindly refrain from smoking.

Cancellation

We value your visit and appreciate your cooperation with our cancellation policy. Please respect our scheduling by providing a minimum 3-hours notice. Any cancellation which occur within 3 hours prior the appointment time will incur a full payment of the treatment(s) selected.

For Gentlemen

We offer a variety of services that are specially designed for men. Shaving isn't necessary, but it is recommended. If you do choose to shave prior to your facial, be sure to do so at least 2 hours prior to your service.

Service Charge

All prices are inclusive of local tax and service charge.

Loss or Damage

We do not advise you to bring your valuables during your treatment and we do not assume any liability for loss of personal items.

Health Conditions

Please advice us when booking your appointment if you have high blood pressure, are pregnant suffer from allergies and injuries. We do not recommend the consumption of alcohol before, during and after the treatment.

Vibes Spa at Pullman Kuala Lumpur City Centre Hotel & Residences

Level 10, No. 4 Jalan Conlay, 50450 Kuala Lumpur, Malaysia

(603) 2170 8777 ext. 8777

vibesspa.pullmanklcc@lifestylesint.com