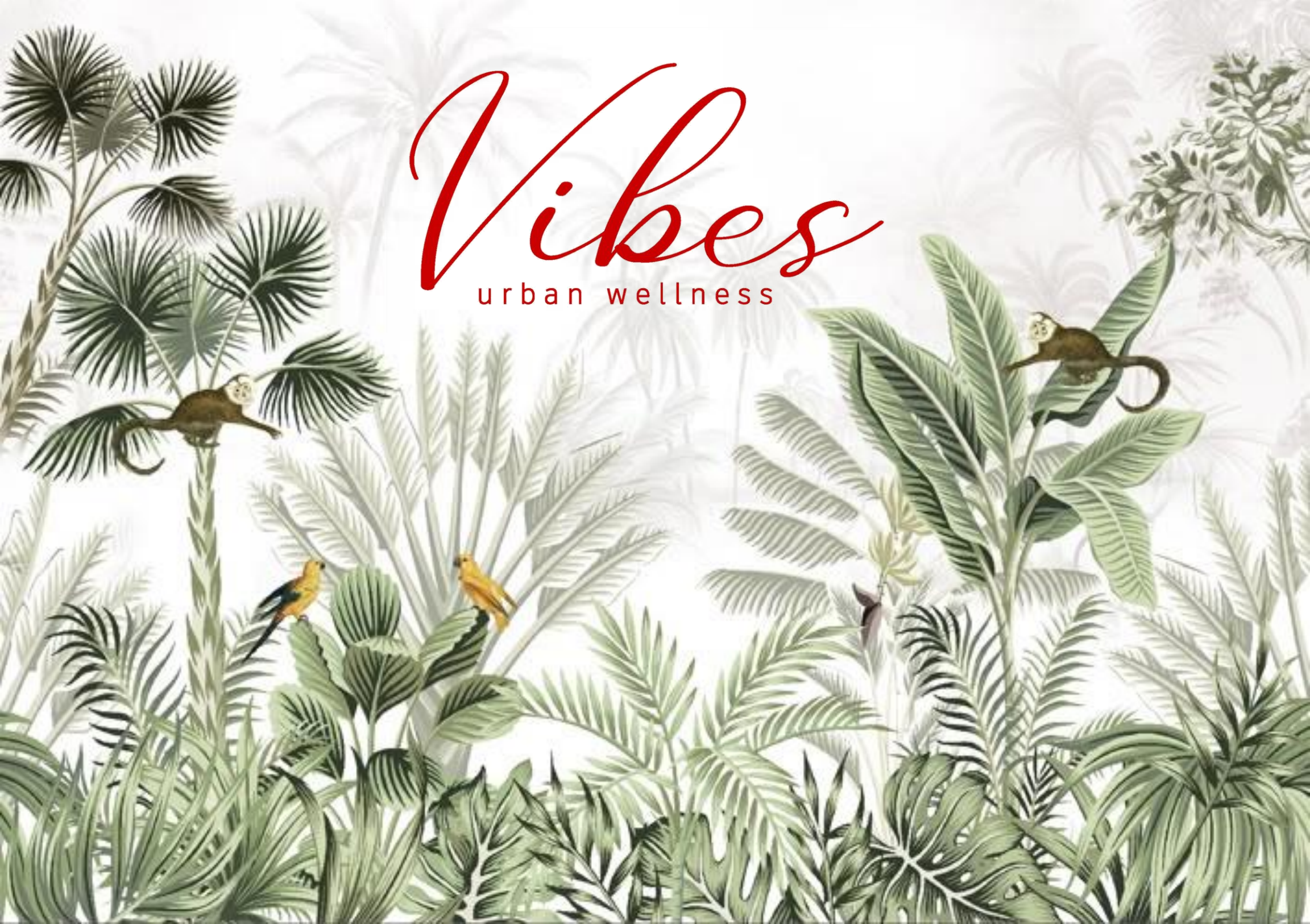


# Vibes

urban wellness



## *An Urban Wellness Hub amidst Tropical Vibes*

Our brand story begins with a vivid imagination from our team of wellness visionaries of having a wellness 'HUB' where guests can find multitudes of therapeutic and aesthetic offerings to improve their well-being, reconnect with nature and rediscover their inner peace. Vibes captures the vibrancy of nature found in tropical rainforest that exudes the warmth and soothing ambience, juxtapose to the bustling urban surrounding. Inspired by the lush, beautiful tropical forests, rich in life-sustaining bio-diversities, natural springs rich in trace minerals and centuries-old traditional wellness rituals, we created Vibes as a nurturing space where urbanites can take a respite and be recharged!

We engage local spa artisans to develop our products which ethically sourced from local farmers in-line with our aim to maintain sustainability and giving back to the community. To keep-up with current wellness trends, we curate several cutting-edge facilities such as dry floatation (aquatherapy), Himalayan Salt Alcove and Onsen-like Galaxy Pool with chromatherapy and mineral infusion.

All of our treatments and packages are customized for each guest. Spend time with our spa associates as they perform a thorough consultation to understand your needs and concerns, before creating a bespoke treatment or package, drawing from various types of massage, body treatments and facial selections to suit your requirements.

Here at Vibes, we open the gateway to commune with nature and experience a memorable wellness journey experience to enhance the body-mind-soul inter-dependence.

*get your vibes...*

## VIBES SIGNATURES

### AQUATHERAPY DRY FLOATATION

The 1<sup>st</sup> in Malaysia which offers a wide spectrum of benefits om alleviating jet lag symptoms, lymphatic drainage, anti-cellulite, detoxifying, nourishing and rejuvenation. As you are being enveloped into a warm, soothing cocoon, your body will float to create weightless, anti-gravity effects, allowing the nutrients to penetrate into the deeper layers of your skin. A 30 minutes session is said to give the same effect of 8 hours restful sleep, making it as one of the best sleep enhancement programs.

### ONSEN

At Vibes we try to recreate the traditional Japanese bath, Onsen which now has created a buzz around the world due to its health benefits. Our private Onsen is available as individual treatment or as a part of our Vibes Synergy Package for a memorable wellness journey experience.

### HIMALAYAN SALT ALCOVE

Ever wondered what it would feel like to relax in a pink-hued salt alcove, breathing in the pure, mineral-rich air? Discover how this pink-hued wonder can elevate your thermal therapy session to a new level of blissful indulgence. Benefits include improving blood circulation and respiratory system, detoxifying the body, reducing stress and strengthening the immune system.

## AQUATHERAPY DRY FLOATATION

The Aquatherapy is an innovative treatment to regenerate body and mind, giving a new meaning to the concept of wellbeing. Developed from extensive scientific research about the benefits of floatation, Aquatherapy let your body float on 400 liters of water without getting wet. Benefits include sleep enhancement, destressing, detoxifying, alleviate back pains, reduce muscle stiffness, lymphatic drainage to accelerate toxins removal, body contouring, slimming, reduce cellulite appearance, skin rejuvenation, and many more.

### JET-LAG REMEDY

90 MINUTES

MYR550+

*(usual price MYR630+)*

The prescription to combat jet lag symptoms for jetsetters and seasoned travellers combining the powerful deep muscle ease massage, stretching and energizing blend of rosemary, ginger and eucalyptus essentials oils to encourage blood circulation and relax the stiff muscles due to long flight followed by anti-gravity session as you float weightless inside the Aquatherapy *(60 minutes deep muscle ease massage + 30 minutes Aquatherapy)*

### DETOX + NOURISH THERAPY

90 MINUTES

MYR650+

*(usual price MYR780+)*

Specifically formulated to combat cellulite appearance and breakdown fat cells, this unique body therapy contains lemongrass, grapefruit and fennel extracts and evening primrose oil to smoothen the skin, detoxify and reduce water retention. A layer of mineralizing thalasso wrap is applied before you immerse into the Aquatherapy dry floatation to replenish the skin followed by nourishment body balm. *(45 minutes body scrub + 30 minutes Aquatherapy with Thalasso wrap + 15 minutes complimentary nourishing body balm)*

+) all prices are subject to additional 8% service tax

## RESTFUL SLEEP

60 MINUTES

MYR450+

*(usual price MYR530+)*

A therapeutic sleep enhancement experience recommended to end your hectic day with a sweet note featuring a gentle shoulder, head and acupressure facial massage to trigger sleep-inducing points using the soothing blend of chamomile and lavender essential oils. Rest under the warm Aquatherapy blanket as you lull into a deep state of relaxation. *(30 minutes neck, shoulder and facial massage + 30 minutes Aquatherapy)*

## ENERGIZED + RECHARGED!

60 MINUTES

MYR450+

*(usual price MYR780+)*

Excellent energy booster which starts with soothing rub using our own Energizing elixir that blends rosemary, lemongrass and ginger essential oils followed by Aquatherapy dry flotation as you emerge truly recharged to face the day ahead! *(30 minutes back massage + 30 minutes Aquatherapy)*

## VANILLA-HIBISCUS RADIANCE BODY ENVELOPPMENT

90 MINUTES

MYR550+

*(usual price MYR630+)*

A deep hydrating and moisturizing body wrap to even out the skin tone with brightening effect that recapture the youthful appearance. As your body being 'enveloped' inside the warm aquatherapy, the active ingredients from hibiscus extracts, rich in AHA, vitamins and anti-oxidants will go deeper to promote skin renewal and lighten the skin tone followed by nourishment body balms. *(45 minutes body scrub + 30 Aquatherapy with Vanilla-Hibiscus Wrap + 15 minutes complimentary nourishment body balm)*

+) all prices are subject to additional 8% service tax

AQUATHERAPY EXPERIENCE	30 MINUTES	MYR280+
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HIMALAYAN SALT ALCOVE UPGRADE	30 MINUTES	MYR100+
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Add-on 30 minutes of Himalayan Salt Alcove if you choose any of Aquatherapy treatment

+) all prices are subject to additional 8% service tax

## ONSEN OFFERINGS

### ONSEN BATH

30 MINUTES

MYR250+

Japan has understood the healing power of mineral bathing since ancient time through Onsen bath to help the recovery process from fatigue and injury as well as relieving pain. Harness the restorative benefits and improve overall wellbeing through 3 different types of mineral bath, specifically curated for you.

- Joka Suru Yuzu ~ purifying and uplifting
- Hikari Sakura ~ brightening and nourishing
- Shizuka Mori ~ calming, relaxing and soothing

### ONSEN RENEWAL

60 MINUTES

MYR380+

*(usual price MYR500+)*

Delightful combination of gentle body exfoliation with your preferred body scrub and Onsen bath *(30 minutes body scrub + 30 minutes Onsen Bath)*

### ONSEN REJUVENATE

90 MINUTES

MYR550+

*(usual price MYR600+)*

A perfect blend of Onsen bath and a choice of massage *(30 minutes Onsen bath + 60 minutes massage)*

+) all prices are subject to additional 8% service tax



ONSEN HARMONY FOR TWO

120 MINUTES

MYR980+/couple

*(usual price MYR1,100+)*

A shared Onsen bath experience and your choice of massage *(30 minutes Onsen bath + 60 minutes massage)*

*Upgrade: add on body scrub for MYR150+ per person*

HIMALAYAN SALT ALCOVE UPGRADE

30 MINUTES

MYR100+

Add-on 30 minutes of Himalayan Salt Alcove if you choose any of Onsen Offering

+) all prices are subject to additional 8% service tax



## HIMALAYAN SALT ALCOVE

Himalayan Salt Alcove provides various health benefits such as detoxifying, destressing, improve respiratory system, increase body metabolic rate for weight loss, improve skin condition and promotes healthy hair growth. Unlike conventional sauna, Himalayan Salt Alcove temperature is set at maximum 42°C to allow you to stay longer and get the maximum benefits. The gentle heat helps to evaporate the salt crystal into micro particles as you inhale deeply.

### BREATHE EASY

60 MINUTES

MYR350+

*(usual price MYR400+)*

Alleviate respiratory problems and reduce asthma symptoms, this therapy includes guided breathing exercise, neck and shoulder massage *(30 minutes Himalayan Salt Alcove + 30 minutes breathing exercise, neck and shoulder massage)*

### DESTRESS DEFENCES

90 MINUTES

MYR450+

*(usual price MYR500+)*

Whisk you stress away with this combination of Himalayan Salt Alcove and a choice of 60 minutes massage *(30 minutes Himalayan Salt Alcove + 60 minutes massage)*

### PRIVATE ALCOVE USE

30 MINUTES

MYR150+/person

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+) all prices are subject to additional 8% service tax

## VIBES SYNERGY PACKAGES

### VIBES SIGNATURE JOURNEY

180 MINUTES

MYR880+

*(usual price MYR1,550+)*

An enchanting journey that elevates the notion of wellness to the next level featuring a series of curated signatures therapies that begins with gentle body exfoliation followed by Onsen bath immersion. Step into the comfort of your private Himalayan Salt Alcove to allow your body to detox and decompress. Breathe deeply to allow the micronized salt crystal and Eucalyptus essential oil infusion to cleanse your respiratory system followed by nourishing Vanilla-Hibiscus Body Enveloppement as you float inside the warm Aquatherapy cocoon, allowing the active ingredients to penetrate deeper into your skin. Your journey continues with invigorating The Rainforest Symphony massage. to end this memorable wellness journey on beautiful note...*(30 minutes body scrub + 30 minutes Onsen bath + 30 minutes Himalayan Salt Alcove + 30 minutes Vanilla-Hibiscus Body Enveloppement with Aquatherapy + 60 minutes The Rainforest Symphony massage)*

### BALI GETAWAY

90 MINUTES

MYR550+

*(usual price MYR600+)*

Bali – some call it heaven on earth with its panoramic beaches and rich culture, steeped in tradition. Join us on a journey to the island of gods with our most-sought after package, combining gentle Tropical Escape Body Glow and Heavenly Bali massage to work on muscles and nerve pathways to encourage blood circulation and reduce stress. *(30 minutes Raspberry-Apricot Anti-Oxidant Body Exfoliation + 60 minutes Blissful Bali Massage)*

+) all prices are subject to additional 8% service tax

## DETOX + PURIFY

120 MINUTES

MYR650+

*(usual price MYR750+)*

Combining the gentle Green Tea Detox Scrub and invigorating massage accentuated by Green Tea and Seaweed essential oil for an unforgettable wellness journey. This experience includes 30 minutes Himalayan Salt Sauna experience prior to the treatment to improve respiratory system, aid in toxin removal and purify the skin. *(30 minutes Himalayan Salt Sauna, 30 minutes Green Tea Detox Scrub + 60 minutes Detox Massage)*

## URBAN HEALING

120 MINUTES

MYR650+

*(usual price MYR800+)*

Be pampered in this indulgent ritual which combines a relaxing aromatic repose massage to alleviate stress and reduce muscle aches followed by a choice of Botanical Hydrating Facial or Gentlemen's Tonic Facial to deeply nourish your skin and improve skin cells renewal for healthier looking skin. *(60 minutes Aromascent Massage + 60 minutes Hydrating Botanical Facial or Gentlemen's Tonic Facial)*

## VIBES CURATED INDULGENCE

180 MINUTES

MYR880+

Create your own wellness retreat by combining the treatments of your choice. Our experienced wellness therapists will be pleased to assist you based upon a thorough consultation and your expectation how you want to feel after the treatment. *(choose any treatment from our menu for a total of 3- hour wellness journey)*

+) all prices are subject to additional 8% service tax

VIBES COUPLE RETREAT

210 MINUTES

MYR1,850+/couple

*(usual price MYR2,800+)*

Embark on a blissful wellness journey for two, where you can escape to the tranquil oasis, find a respite and share an unforgettable moment which seems like eternity. Start your journey with Raspberry-Apricot Anti-Oxidant Body Exfoliation to remove skin impurities then immerse into a sensual Aromatic Floral Bath – complimentary from the house, followed by The Rainforest Symphony to de-stress and decompress. Inhale deeply as your therapists healing hands work to unravel tensions and knots. Choose from Cleanse + Purify or Hydrating Botanical or Gentleman's Tonic Facials to complete your journey, feeling like you're walking on cloud 9! *(30 minutes Raspberry-Apricot Anti-Oxidant Body Exfoliation + Complimentary Floral Bath + 90 minutes The Rainforest Symphony Massage + a choice of 60 minutes Facial)*

+) all prices are subject to additional 8% service tax

## FACIALS

### COLLAGEN AGE-CORRECTION FACIAL

60 MINUTES

MYR450+

An anti-aging and lifting treatment to sculpt contours and firm the shape of the face, featuring precious marine collagen and elastin, anti-oxidants ingredients and innovative lifting massage techniques accelerate cell renewal, restructure, firm, hydrate and protect against exterior aggressions using manual exfoliation. A face lift that stimulates epidermal reconstruction to make you feel youthful.

### GENTLEMAN'S TONIC FACIAL

60 MINUTES

MYR450+

An active lifestyle, daily skin aggression from shaving and the absence of a skin care program, quickly takes the toll on your skin. Strengthen your skin with this simple and nourishing facial to prevent razor burn, condition and improve skin texture

### HYDRATING BOTANICAL FACIAL

60 MINUTES

MYR450+

Visibly enhance the skin texture and maximize hydration, this nourishing facial combines the hydrating benefit of botanical extracts with Propolis natural hydrating substance collected from bees to boost the skin suppleness and moisture retention.

### CLEANSE + PURIFY FACIAL

60 MINUTES

MYR450+

Purify, hydrate, nourish and smooth your complexion with this simple yet effective facial that is suitable for all skin types. Infused with active ingredients that gentle on skin yet renders a radiance glow, leaving your skin supple and deeply nourished.

+) all prices are subject to additional 8% service tax

# MASSAGES

## THE RAINFOREST SYMPHONY

60/90 MINUTES

MYR350+/MYR450+

Inspired by the gentle tree movements that ceaselessly captivate the imagination, our signature massage was created. Your therapist will perform gracefully choreographed movement that lulls you into a deep state of relaxation through the rhythmic technique and precision to engage all senses and mesmerize you holistically.

## TRADITIONAL URUTAN MALAYSIA

90 MINUTES

MYR450+

Urut' or massage in Malay has been passed through generations, usually from mothers to daughters to care for family well-being. Combining a long rhythmic strokes and deep pressure on body meridian and stress points to alleviate muscle aches and banish all the tensions away using a secret blends of indigenous herbs extracts. This treatment will begin with foot ritual to signify a welcoming gesture and open-up the energy path through the reflex points.

## BLISSFUL BALI MASSAGE

60/90 MINUTES

MYR350+/MYR450+

Inhale and let go with timeless invigorating journey through the island of paradise. Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems. This treatment will begin with foot ritual to signify a welcoming gesture and open-up the energy path through the reflex points.

+) all prices are subject to additional 8% service tax

#### AROMASCENT MASSAGE

60/90 MINUTES

MYR350+/MYR450+

A gentle and calming massage, enhanced with aromatic essential oils which release their healing properties into skin to balance your body and mind, restoring a sense of well-being.

#### DEEP MUSCLE EASE MASSAGE

60/90 MINUTES

MYR350+/MYR450+

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension. This treatment will begin with foot ritual to signify a welcoming gesture and open-up the energy path through the reflex points.

+) all prices are subject to additional 8% service tax



## BODY THERAPY

RASPBERRY-APRICOT ANTI-OXIDANT BODY EXFOLIATION

60 MINUTES

MYR250+

An anti-aging and lifting treatment to sculpt contours and firm the shape of the face, featuring precious marine collagen and elastin, anti-oxidants ingredients and innovative lifting massage techniques accelerate cell renewal, restructure, firm, hydrate and protect against exterior aggressions using manual exfoliation. A face lift that stimulates epidermal reconstruction to make you feel youthful.

DAMASCENA ROSE SCRUB

60 MINUTES

MYR250+

A delightful blend of ionized salt crystal for its healing properties and Damascena Rose extract to gently exfoliate the skin and restore body-mind equilibrium. A layer of hydrating body balm is applied with soothing, light massage to seal the nourishment. This treatment will begin with foot ritual to signify a welcoming gesture and open-up the energy path through the reflex points.

LEMONGRASS-KEFFIR LIME ANTI-CELLULITE SCRUB

60 MINUTES

MYR250+

An epicurean body therapy with Lemongrass, Keffir Lime and Fennel extracts traditionally used to reduce water retention and cellulite appearance to revive the skin tone and tone your body.

SOAK + SLEEP

30 MINUTES

MYR250+

Pre-bedtime ritual with sleep enhancer bubble bath with bergamot, chamomile and lavender essential oils

+) all prices are subject to additional 8% service tax

FLORAL BATH

30 MINUTES

MYR250+

Featuring a potpourri of tropical flowers and essential oils to nourish the skin, enhance your mood and wipe the stress away...

+) all prices are subject to additional 8% service tax

## VIBES ETIQUETTE

### Operation Hours

10:00am to 10:00pm daily

### Advanced Bookings

We encourage you to schedule your appointment in advance to ensure that your preferred time and service is available.

### Cancellation

We value your visit and appreciate your cooperation with our cancellation policy. Please respect our scheduling by providing a minimum 6-hour notice. Any cancellation which occur within 6-hour prior the appointment time will incur a full payment of the treatment(s) selected.

### Arrival

We suggest that you arrive 30 minutes prior to your first appointment. This allows us to have a brief discussion with you about your treatment expectations and give you ample time to check the environment including our comprehensive Vibes Signatures facilities and make the most of your experience. Please understand that late arrivals will not receive an extension of scheduled treatments

### Age Requirement

Strictly no children and junior (below 16 years) are allowed using therapy space and other facility

### Spa Attire

Wear whatever comfortable. Proper attire or robe must be worn in the spa and we will provide disposal underwear during treatment

### Spa Etiquette

Our spa is a tranquil environment. For the courtesy of our guests, cellular phone use is prohibited within the spa premises. Respect yourself and others by turning off communication devices prior to entering the spa. Kindly refrain from smoking. Anyone under the influence of alcohol or drugs will be asked to leave immediately and will be charged 100% appointment time.

### For Gentlemen

We offer a variety of services that are specially designed for men. Shaving isn't necessary, but it is recommended. If you do choose to shave prior to your facial, be sure to do so at least 2 hours prior to your service.

#### Service Charge

All prices are subject to additional 8% service tax.

#### Gratuities

Gratuities are a matter of personal discretion. They should reflect your level of satisfaction with our services.

#### Loss or Damage

We do not advise you to bring your valuables during your treatment and we do not assume any liability for loss of personal items.

#### Health Conditions

Please advise us when booking your appointment if you have high blood pressure, are pregnant, suffer from allergies and injuries. We do not recommend the consumption of alcohol before, during and after the treatment.

