



Sawasdee valued guests,

Our Pearl Spa pampering menu details various treatment and therapies, all of which are designed to provide guests with a relaxing and rejuvenating holistic experience. Our four therapy rooms feature antique cabinets, coral shaped chandeliers, silky white linens, designer flooring and inspired window screens; a reinterpretation of the Sino-Portuguese mystical touch.

While embracing Phuket's reputation as the Pearl of the Andaman Sea, we use pearls as the primary ingredient of our signature treatment. Pearls play a significant role in traditional Chinese medicine, dating back more than 1,700 years. They contain amino acids and over 30 trace minerals and have the ability to stimulate the skin's fibroblasts, regenerate collagen and accelerate the healing of skin conditions, both medicinally and cosmetically.

We look forward to welcoming you to the Pearl Spa for a unique and enriching experience.

Should you have any questions, our Spa professionals would be delighted to help and ensure your enquiries are carefully addressed

Rediscover your senses at our Pearl Spa.

Sensory regards,

Pearl Spa's dream makers

Avista Grande Phuket Karon, MGallery by Sofitel



Pearl for thought:

*The Empress We Ze Tian (625AD-705AD)
used pearl powder for her ever beautiful,
flawless complexion and youthful appearance.*



Facial Treatments

- 001 **After Sun Facial Treatment** **60 Minutes/3,000**
The skin is refined using a natural cleanser and gentle exfoliation followed by a face massage with the finest honey and a mask of fresh cucumber, leaving your skin feeling soft and smooth.
- 002 **Refreshing Thai Facial Treatment** **60 Minutes/3,000**
Suitable for dry skin to increase hydration, clear unflattering breakouts, and stimulate the skin to avoid irritation

Foot & Head

Massage Treatments

003 Foot Massage

30 Minutes/1,300

This relaxing foot massage is highly recommended for those with tired legs and feet. The massage aids in alleviating stress and boosting body circulation.

004 Tension Relief Massage

30 Minutes/1,300

Recommended for knotted and painful muscles, especially over the upper back, neck and shoulders. Our therapist will work to release tension and restriction in these areas.

005 Indian Head Massage

30 Minutes/1,300

Clear your mind and relax with this massage — designed to remove fatigue caused by mental stress.

All prices quote for Thai Baht and subject to applicable government taxes and service charge.





Body

Massage Treatments

006 **The Pearl Signature Massage** **90 Minutes/3,900**

This therapeutic massage involves medium to strong pressure strokes, focusing on the neck, upper and lower back to relieve body tension and improve movement using our specifically designed unique oil massage mixed with pearl powder. A special welcome drink and exclusive souvenir from our Pearl Spa will complete your best spa experience ever.

007 **Herbal Healer Oil Massage** **90 Minutes/3,300**

Body ailments just melt away with our special healing treatment. The hot compresses are ideal for alleviating pain, stiffness, soreness and backache. The blend of traditional Thai herbs has a relaxing and invigorating effect on the body and mind while the full body massage helps to soothe muscle tension and stiffness.

008 **Baba Massage (For Male)**

60 Minutes/2,200

90 Minutes/2,900

This massage is a perfect combination of a traditional Thai technique to release muscle pain, and long aromatherapy strokes to help stress and boost body circulation. Change into a local Thai sarong called Pa-Kow-Ma, to complete your new Thai experience.

009 **Yaya Massage (For Female)**

60 Minutes/2,200

90 Minutes/2,900

Enjoy a slow rhythmic relaxing massage with aromatic oils to improve blood circulation, combined with a Swedish technique to help release muscle tension. Change into your Pa-Thung, the local Thai sarong for females, and just leave your cares behind

010 **Thai Massage**

60 Minutes/1,800

90 Minutes/2,400

The ancient traditional Thai massage is a fusion of acupressure, energy and stretching techniques. It reduces muscular tension, improves circulation, boosts the immune system and keeps both body and mind balanced

011 **Junior Massage**

60 Minutes/900

Children suffer from little problems which often go unnoticed. They experience pain and stress in very much the way adults do. Let your child discover the world of wellbeing. This massage provides comfort, relaxation, reduces stress hormones and improves sleep quality.

012 **Pregnant Massage**

60 Minutes/2,200

Specially designed for the needs of pregnant women and their changing bodies. This massage uses biennials for circulation, lowering anxiety, relieving pain, while improving sleep and mood swings.

Body Wrap

Treatments

013 **White Mud Wrap**

45 Minutes/2,000

Allow the clay's natural properties to eliminate body toxins. The white mud is rich in minerals and nutrients, helping the skin to detoxify while stimulating the body to nourish the skin.

014 **Aloe Cucumber Wrap**

45 Minutes/2,000

Excellent for sunburn or sensitive skin, a combination of aloe vera and cucumber reduces redness and irritation to calm the skin.

015 **Oatmeal Honey Wrap**

45 Minutes/2,000

This combination of oatmeal and honey is perfect for all skin types and leaves the skin feeling soft and nourished.

All prices quote for Thai Baht and subject to applicable government taxes and service charge.





Body Scrub

Treatments

- 016 **Coconut Ginger Scrub** **45 Minutes/1,800**
Coconut is a natural moisturiser while ginger is a gentle body exfoliation herb rich in vitamins, minerals and enzymes, leaving you with smooth and healthy skin.
- 017 **Coffee Scrub** **45 Minutes/1,800**
Rich in antioxidants, the aromatic scent of coffee helps to relax your body and mind while the honey moisturises your skin, making it soft and radiant.
- 018 **Oatmeal Honey Scrub** **45 Minutes/1,800**
Highly recommended for dry and mature skin as the vitamin-rich oatmeal and honey help to moisturise your skin.

Spa Package

019 "Pearl of Baba Yaya" Honeymoon 180 Minutes/5,900 per person

Enjoy our wholesome spa experience. Start by removing your dead skin cells with our fresh scrub ingredients, followed by a whole-body signature massage with pearl powder. For the final hour, enjoy a fabulous facial treatment and complete your experience with our signature honeymoon bed setting, inspired by BABA YAYA costumes, in romantic Sino-Portuguese style

- Honey Orange Body Scrub 30 minutes
- BABA - YAYA Massage 90 minutes
- Refreshing Thai Facial 60 minutes

020 Royal Siam 120 Minutes/4,500 per person

Recover with this exquisite treatment of Thai ancient remedies. Pamper your skin with a fresh coconut scrub and white mud wrap before completing your experience with a Thai massage.

- Coconut Ginger Scrub 30 minutes
- White Mud Wrap 30 minutes
- Thai Massage 60 minutes

021 Rejuvenation 90 Minutes/3,300 per person

This treatment can be tailored to suit your individual requirements, beginning with a body scrub and ending with a body massage — luxurious and indulgent — leaving your skin soft, smooth and relaxed.

- Choices of Body Scrub 30 minutes
- Choices of Body Massage 60 minutes

All prices quote for Thai Baht and subject to applicable government taxes and service charge.



Spa Etiquette

Etiquette

The Spa is a retreat for your body, mind and spirit. For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed in the Spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly. Your time at our Spa retreat should be dedicated to complete relaxation.

Switching off cellular phones and other electronic devices disconnects you from the mobile world, if only for a few hours, and helps to relax your mind.

Attire

Your comfort during your chosen treatment is of utmost importance to us. Please arrive at the Spa wearing comfortable, light clothing or a bathrobe. Our professional therapists provide draping to ensure your privacy. Disposable undergarments are available upon request.

Reservations

We recommend that you book well in advance of your arrival to secure your preferred date and treatment time. Please make the Spa receptionist aware of any special considerations when making your reservation.

Check-in

Please arrive a minimum of 15 minutes prior to your scheduled treatment to avoid a reduced treatment time. A late arrival results in a shortened treatment to accommodate other guests fairly.

Spa Treatment Hours

The Spa is open from 10 a.m. to 9 p.m. daily. Last treatment finishes at 9 p.m.

Special Consideration

If you are pregnant, you may wish to avoid booking treatments that involve the use of essential oils. Massages or stimulating treatments are not recommended during the first three months of pregnancy.

If you have high blood pressure, a heart condition, allergies, or other medical complications, we advise that you consult your doctor before signing up for any Spa services. Please make your therapist aware of any medical conditions.

Smoking and Alcohol

Smoking and the consumption of alcohol within the Spa are prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any spa treatment.

Cancellation Policy

24 hours' notice is required for any cancellation to help us reschedule your appointment, subject to availability. Less than 4 hours' notice of cancellation will incur a 50% fee. The full treatment fee will be imposed for a "no-show".

Valuables

We recommend that no jewellery be worn at the Spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the Spa premises.

Payment

We accept cash, all major credit cards and room charging. All prices are quoted in Thai Baht and subject to change without prior notice.