

## RESORT ACTIVITES 2023

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 - 8:15	Yoga class (Yoga studio)	Yoga class (Yoga studio)	Yoga class (Yoga studio)	Yoga class (Yoga studio)	Yoga class (Yoga studio)	Yoga class (Yoga studio)	Yoga class (Yoga studio)
8:20 - 8:40	Healthy juice Mixology class (theMARKET bar)	Wellness smoothie maker (theMARKET)	Meditation (Yoga studio)	Healthy juice Mixology class (theMARKET bar)	Wellness smoothie maker (theMARKET)	Meditation (Yoga studio)	Meditation (Yoga studio)
9:30 - 9:40	Fish feeding (theMARKET)	Fish feeding (theMARKET)	Fish feeding (theMARKET)	Fish feeding (theMARKET)	Fish feeding (theMARKET)	Fish feeding (theMARKET)	Fish feeding (theMARKET)
10:00 - 11:00	Boxing class (\$) (Gym room)	Resort tour (Juice bar)	Cardio class (\$) (Gym room)	Kick boxing (\$) (Gym room)	Resort tour (Juice bar)	Boxing class (\$) (Gym room)	Kick boxing (\$) (Gym room)
10:30 - 11:30	<b>ී</b> Snorkeling (King's Well)	Snorkeling (King's Well)	ලෝ Snorkeling (King's VVell)	ළා Snorkeling (King's VVell)	တံံ Snorkeling (King's VVell)	<b>ී</b> Snorkeling (King's VVell)	<b>ော်</b> Snorkeling (King's Well)
11:00 - 12:00	Eggs hunting (The Village farm)	Eggs hunting (The Village farm)	Eggs hunting (The Village farm)	Eggs hunting (The Village farm)	Eggs hunting (The Village farm)	Eggs hunting (The Village farm)	Eggs hunting (The Village farm)

Schedule activities sessions can be changed or canceled with prior notice to insufficient attendees or weather conditions.

All the activities required 24 hours booked in advance.

<sup>(\$)</sup> Activities are chargeable. Boxing class, mindfulness sunset 150,000VND/pax; Painting class 200,000VND/pax; Cupcake class 300,000VND/pax. Private yoga 600,000VND/class (up to 4 people); Private boxing class 300,000VND/class (up to 2 people).



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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
14:00 - 14:30	Back neck shoulder workshop (Lobby)	Tote bag painting (\$) (Kid's club)	Back neck shoulder workshop (Lobby)	Stone painting (Kid's club)	Bracelet making (Kid's club)	T-shirt painting (Kid's club)	Vienamese hat painting (Nón lá)(\$) (Kid's club)
14:30 - 15:00	Aqua Yoga (Infinity pool)	Singing bowl workshop (Yoga studio)	Aqua Yoga (Infinity pool)	Singing bowl workshop (Yoga studio)	Aqua Yoga (Infinity pool)	Aqua Yoga (Infinity pool)	Aqua Yoga (Infinity pool)
15:00 - 15:30	Duck feeding (The Village farm)	Duck feeding (The Village farm)	Duck feeding (The Village farm)	Duck feeding (The Village farm)	Duck feeding (The Village farm)	Duck feeding (The Village farm)	Duck feeding (The Village farm)
16:00 - 17:00	Wooden painting (Kid's club)	Gỏi cuốn making (Vietnamese sping rolls) (theMARKET)	Coconut hunting (Juice bar)	Gỏi cuốn making (Vietnamese sping rolls) (theMARKET)	Beach soccer (West beach)	Coconut hunting (Juice bar)	Beach volleyball (West beach)
17:00 - 17:45	Goat feeding (The Village farm)	Goat feeding (The Village farm)	Goat feeding (The Village farm)	Goat feeding (The Village farm)	Goat feeding (The Village farm)	Goat feeding (The Village farm)	Goat feeding (The Village farm)
17:30 - 18:00	Mindfulness sunset (\$) (Spa balcony)	Mindfulness sunset (\$) (Spa balcony)	Mindfulness sunset (\$) (Spa balcony)	Mindfulness sunset (\$) (Spa balcony)	Mindfulness sunset (\$) (Spa balcony)	Mindfulness sunset (\$) (Spa balcony)	Mindfulness sunset (\$) (Spa balcony)
19:30 - 20:30					Movie night (Sundown bar)		Movie night (Sundown bar)

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