



# LE SPA POLICY & MENU

## HOURS OF OPERATION

- 10 am - 8 pm

## RESERVATIONS

- Advance reservations are highly recommended to ensure preferred time slots. Kindly advise if you are pregnant, nursing, under a physician's care, or have mobility difficulties.

## CANCELLATION AND CHANGE POLICY

- We kindly ask our guests to give a minimum of 3 hours notice of changes or cancellations. Please noted that a 50% charge will be made for treatments cancelled less than 3 hours prior to your appointment, and a 100% charge will apply for no-shows.

## SAFETY & CONVENIENCE

- It is recommended that you leave valuables in your room's guest safe. Le Spa will not be liable for any lost valuables.

## CHECK-IN

- We recommend that you arrive a minimum of 15 minutes prior to your first treatment. Arriving late may result in a shortened service. Upon arrival at Le Spa, you will be asked to complete a health form to assist Spa therapists in providing you with the best experience possible and to assure your safety and comfort. We encourage you to disclose any health conditions that may affect your spa experience.

## SPA ETIQUETTE

- Help us keep Le Spa a sanctuary of tranquility and relaxation. Please respect our spa guests by refraining from using all electronic equipment, including cameras and cell phones, while at Le Spa. We also ask that you speak softly or simply enjoy the silence. Le Spa is a non-smoking facility.

## PAYMENT

- All price are quoted in Thai Baht / Prices are subject to change without prior notice. For more information and inquiries, please contact Le Spa 076-342 777 Ext: 2133

# LE SPA

NOVOTEL PHUKET RESORT



## Massage

**Phumm Panya Relaxing Massage ( Thai Oil Massage )** \_\_\_\_\_ 50 mins **1,390 THB**

This massage is excellent to relieve stress and muscle pain, combines traditional Thai massage techniques with the soothing benefits of essential oils or herbal balm. Allowing energy to flow freely.

**Original Thai Tharavadee** \_\_\_\_\_ 50 mins **1,090 THB**

An ancient healing art of massage , using deep pressure points and stretching techniques to calm and relax the body.

**Aromatherapy massage** \_\_\_\_\_ 50 mins **1,390 THB**

Aromatherapy massage uses light to medium pressure with your choice of essentials oil to release physical and emotional tension, and calm the mind.

**Swedish Massage** \_\_\_\_\_ 50 mins **1,390 THB**

The Swedish massage uses long, gentle strokes , light to medium pressure . It's often used to relaxing you, relieved stress and relieved pain.



# LE SPA

NOVOTEL PHUKET RESORT

## Massage

**Deep Tissue Massage** \_\_\_\_\_ 50 mins **1,390 THB**

Deep Tissue massage applies firm and continuous pressure using slow, deep strokes to break knots in the deep layers of soft tissues to melt away deep-seated tension.

**Indian Head Massage** \_\_\_\_\_ 50 mins **1,100 THB**

An Ayurvedic form of treatment uses the warm coconut oil to massage, focusing and easing tension in the head and neck area.

**Relaxing legs massage** \_\_\_\_\_ 50 mins **1,000 THB**

Start from the bottom to activate your energy. Legs massage will help to enhance the blood flow and release the tension in your feet.

**Back & Shoulder Massage** \_\_\_\_\_ 30 mins **900 THB**

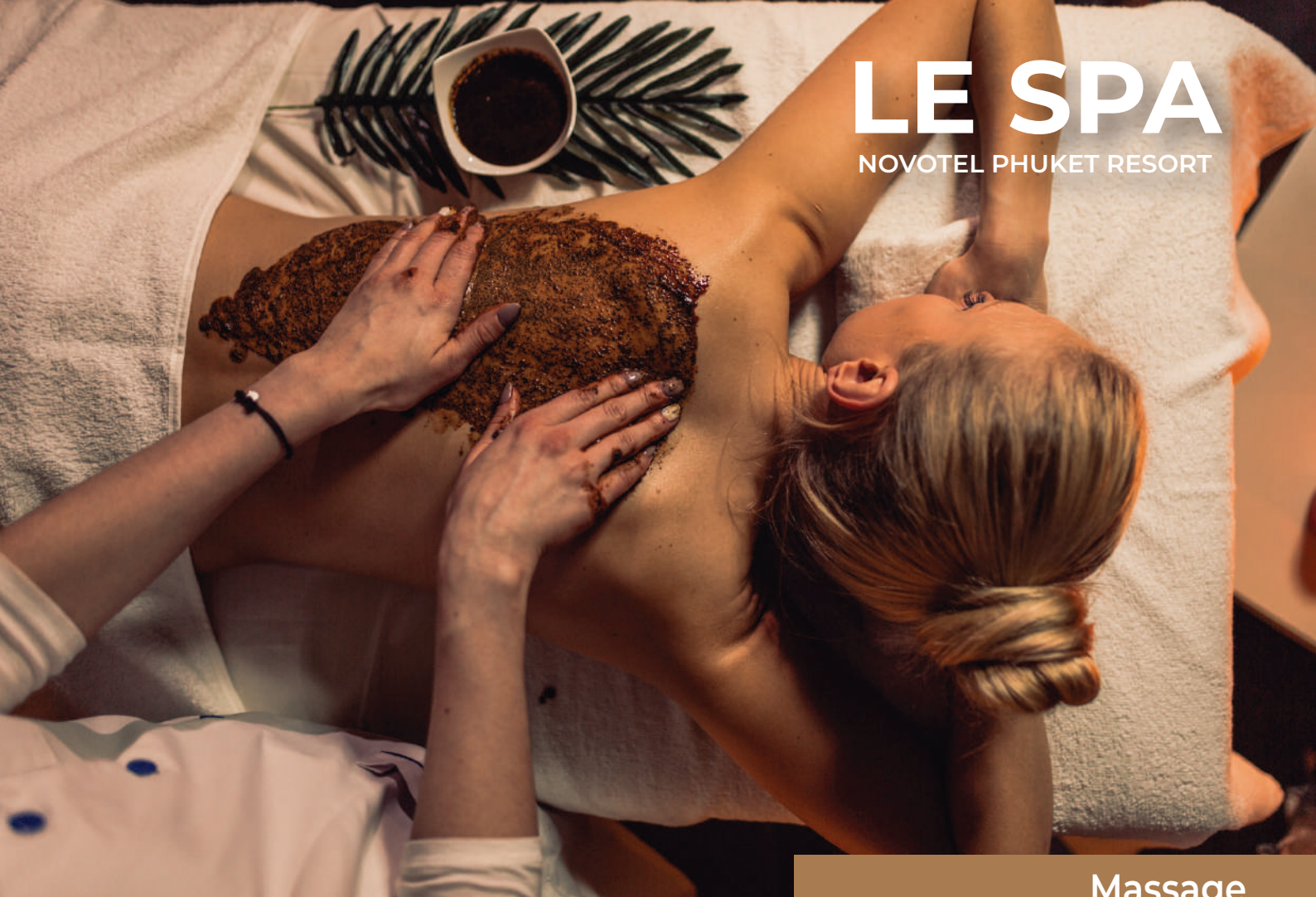
This massage focuses on back & shoulders. Excellent for chronic and acute muscular tension.

**Siam Foot Massage** \_\_\_\_\_ 30 mins **800 THB**

A marvelous treat to tired feet, leaving you a sense of relaxation.

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NOVOTEL PHUKET RESORT



## Massage

**Herbal Compress** \_\_\_\_\_ 80 mins **1,800 THB** | 110 mins **2,400 THB**

The heat and pressure from the herbal compress work to relax tense muscles, reduce pain and stiffness. Increases blood circulation

**Kid Massage ( 6-12 years old )** \_\_\_\_\_ 50 mins **800 THB**

Uses massage therapy to promote health and well-being for children and adolescents.

## Body Scrub

**Allow your skin to absorb moisturizer better. By doing dead skin cell buildup.**

**Coconut Body Scrub**  
50 mins \_\_\_\_\_ **1,800 THB**

**Pomegranate Body Scrub**  
50 mins \_\_\_\_\_ **1,800 THB**

**Mango Body Scrub**  
50 mins \_\_\_\_\_ **1,800 THB**

**Coffee Body Scrub**  
50 mins \_\_\_\_\_ **1,800 THB**

# LE SPA

NOVOTEL PHUKET RESORT



## Facial Treatment

**Moisturizing Facial** \_\_\_\_\_ 60 mins **1,800 THB**

This sensual facial advanced hydrating , enhance stress relief and reduce tension, smooth and radiance skin

**Thai Herbal Facial** \_\_\_\_\_ 60 mins **1,800 THB**

The unique facial treatment purifies the skin to regain firm, luminous and youthful appearance.

**Anti – Aging Facial** \_\_\_\_\_ 60 mins **2,200 THB**

Enhanced skin revitalization , ultra rich skin recover for the skin to become smoother and firmer.



## SPECIAL PACKAGE

### Novotel Dream Package

120 mins

2,600 THB Single | 4,160 THB Couple

- Thai Herbal Compression 90 mins
- Siam Foot Massage 15 mins
- Tension Relief Back 15 mins

### After Sun Essential Package

120 mins

3,200 THB Single | 5,120 THB Couple

- Aloe Vera Body Wrap 60 mins
- Aloe Vera Facial Treatment 60 mins

### Sukhothai Package

150 mins

2,900 THB single | 4,640 THB Couple

- Thai Traditional Massage 60 mins
- Thai Herbal Facial 60 mins
- Siam Foot Massage 30 mins

### Perfect Balancing Package

150 mins

3,100 THB Single | 4,960 THB Couple

- Body Scrub + Body Wrap 60 mins
- Deep Tissue Massage 60 mins
- Siam Foot Massage 30 mins

### Bird Of Paradise Package

150 mins

4,200 THB Single | 6,720 THB Couple

- Body Scrub 30 mins
- Aromatherapy Massage 60 mins
- Anti Aging Facial 60 mins