



PREMIER RESIDENCES

PHU QUOC EMERALD BAY

Managed by  **ACCOR HOTELS**

Emerald Spa

*Xin chào !*

Located in the most beautiful beach in Emerald Bay, Phu Quoc Island, Emerald Spa is created to enhance your health and well-being by embracing the powerful healing qualities of nature. From the moment you arrive, you are embraced by soft breezes, soothing fragrances and positive energy.

Emerald Spa offers a full complement of therapeutic and rejuvenating facial and body care treatments as well as a complete array of beauty services for total glamour.

Our carefully chosen spa product partners, Ericson Laboratoire and Azial Rendez Vous work with us to continually develop amazing and exceptional spa treatments for you to enjoy.

At Spa Emerald Bay, we believe that health, wellness and beauty are intricately linked. From the beginning to end, our dedicated spa team and our signature treatment ensures your journey enhances your well-being and enlivens your spirit.

*Let us guide you towards the spa experience which is perfect for you !*

### ACTIVE BIOTIC

70 minutes | 2,200,000

The comprehensive treatment which giving anti-bacterial, antiseptic effects and tightening the pores for a healthy, smooth and shiny skin.

Suitable for oily and acne-prone with white-head & black-head skin.

Balancing hormones that boost natural antibiotic of skin as well as regulating sebaceous gland for not dehydrating skin and eliminating toxic.

### BIO OXYGEN

70 minutes | 2,200,000

A true Oxygen therapy to fight against the pollution on the skin, to purify the skin and to improve cell breathing.

For all city-dwelling people in search of fresh air, anxious to detoxify their skin thoroughly, enable the skin to breathe better.

Better skin breathing, purity, tone, radiance, energy and glowing complexion.

### SENSITIVE PRO

70 minutes | 2,400,000

The cosmetogenic solution for sensitive, reactive stressed skin.

For sensitive, reactive, fragile skins that cause by skin irritation, redness, itchy and stress skin.

Providing nutrients that would ease the irritation, burning and redness of skin. The skin is re-structured for stronger resistance from damaged skin that gives the new vitality for sensitive skin.

### HYDRA CLINIC

70 minutes | 2,400,000

A professional facial treatment provides water and optimal nutrients for dry skins that lack of oil and water.

For dry, peeling and dehydrated skins by natural disposition or external environment.

Reinforcing the absorption and circulation of water under skin for the optimal moisturizing which gives effects of smooth, shiny and healthy skin.

*\*All prices are net and quoted in VND*

## FACIAL SKIN CARE

### **WHITE PERFECTION**

75 minutes | **2,500,000**

A whitening facial treatment for hyper-pigmentation, dark spots and general uneven skin tone. Bestows immediate freshness, vitality and luminosity due to antioxidant, smoothing and whitening actions of the products.

For skins that have hyper-pigmentation, dark spots and uneven skin tone. Instant luminosity and radiance. Improves the appearance of dark spots and hyperpigmentation. Smoothing, revitalizing action due to the alpha hydroxy acids.

### **SUPREME ANTI-AGING**

75 minutes | **2,800,000**

A specific intensive regeneration facial treatment for mature, aging skin.

For all skin conditions with wrinkles and visible loss of tone and volume.

Boost youth cutaneous mechanism, Intensive regenerating action, reproduce the DHEA and RETINOL anti-aging effect into the skin.

### **FACIAL FOR MEN**

60 minutes | **2,000,000**

An active deep cleansing treatment for men.

Oily, dry and dehydrated skin

Compromised by biological and environmental stress, frequent flying, exposure to the sun and extreme weather conditions. Encourages deeply hydrated, extremely smooth and compact skin. To remove impurities, rebalance excessive oil production and leave the skin with a matte finish.

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## EXPERT FACIAL TREATMENT

### **X50 BODY MATRIX**

50 minutes | **1,900,000**

A complete 5-impact professional body treatment:  
Slimming action for tired, aging and slack skin (reduce cellulite skin)  
Heavy legs syndrome relieving, blood circulation and skin detox action.  
Hormone regulating & anti-aging action for mature age  
Slim waist-bottom-thigh action  
Skin brightening, regenerating and improving.

### **SEAWEED WRAP**

50 minutes | **1,900,000**

This truly amazing body treatment uses real organic seaweed to scrub and wrap your body together with mud to remove toxic and leave you a smoother complexion top-to-toe and a flattering glow.

### **SUNBURN TREATMENT**

50 minutes | **1,900,000**

This gentle treatment is specially for sunburned, sensitive skin. The miraculous recipe of ALO VERA gel, Mango goat's milk and Geranium essential oil which is one of the best natural anagesics, draw heat from the skin and soothes the pain and discomfort of sunburn.

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## **BODY TREATMENTS**

### PREMIER RESIDENCES SIGNATURE

60 minutes | **1,800,000** | 90 minutes | **2,000,000**

A signature therapy tailored to specific needs using a blend of premium essential oils with medium to firm pressure as well as gentle stretching that focuses on trouble areas to loose tight muscles, increase flexibility, restore body energy and stimulate blood circulation.

### VIETNAMESE STYLE

60 minutes | **1,600,000** | 90 minutes | **1,900,000**

An everlasting Vietnamese experience using traditional Vietnamese pressure point technique with invigorating movements, combined long strokes, kneading technique to warm and relax muscle tissue, improve blood circulation.

### AROMA TOUCH

60 minutes | **1,600,000** | 90 minutes | **1,900,000**

A fully relaxing body massage with aromatic oils, focusing on muscle relaxation and the harmony of body and mind. Smooth and soothing movements will gently bring you into a realm of tranquil dreams, leaving you totally rejuvenated. Personalise your spa journey with your own choice of aroma oils.

### TRADITIONAL THAI

60 minutes | **1,600,000** | 90 minutes | **1,900,000**

An unique "No Oil" therapy using gentle rocking, deep stretching and rhythmic compression combined with Yoga technique helps to create a singular healing experience, to promote physical strength and renew energy.

### FOOT REFLEXOLOGY

60 minutes | **1,100,000**

Indulge your legs and feet in this therapy that was favored by the most powerful emperors in Assisi thousands of years ago. The combination of massage techniques and reflex therapy will relax your tired feet, support blood circulation, and help to prevent swelling. When massaging feet, the therapist influences certain pressure reflex points. This ancient technology brings balance and energy to the entire body. At the same time, fine balm application will soften and regenerate the skin of your foot soles.

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## TRADITIONAL THERAPY

### DEEP TISSUE

90 minutes | **2,100,000**

This firm massage primarily aims on the deeper layers of muscles with a stronger pressure. By using a blend of essential oils, it increases blood circulation and provides relief to sore, tired and tense muscles. Deep tissue therapy also designed for those leading a more active lifestyle or for those who prefer a more intense pressure.

### HOT STONE

90 minutes | **2,100,000**

With the addition heat deeply on the tissues by using both hot stones and hand strokes for a deep blissfully relaxing experience. This therapy helps to relieve muscle tension, aids circulation and improves energy levels throughout the entire body and mind. A deep relaxing treatment for anyone in need of a complete feeling of wellbeing.

### FOUR HANDS

50 minutes | **2,500,000**

Two therapists perform seamlessly choreographed, rhythmic movements that induce deep relaxation. Therapists perform a full-body massage, reflexology, and hypnotic scalp massage to create a sense of calm and wellbeing. Organic aromatic oil soothes the senses and nourishes the skin. Emerge renewed and serene.

### MUM TO-BE TREATMENT

90 minutes | **2,800,000**

Prepare your mind and body for this very special time. With its gentle and delicate ingredients, this treatment has a draining effect and relieves joint tension by reducing swelling and heaviness. This treatment is safe for clients who are 10 weeks pregnant or more to maintain the skin tone and elasticity whilst deeply relaxing muscles and the lower back area. Enjoy an overall sense of wellbeing and relaxation during this time of transformation.

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TAILOR-MADE THERAPY

## BEAUTY SALON SERVICES

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### VIETNAMESE SHAMPOO STYLE

45 minutes | **500,000**

### HAIR TREATMENT

60 minutes | **700,000**

### CLASSIC MANICURE

40 minutes | **400,000**

This manicure will include filing, cuticle work, massage and using a wide range of colours a nail.

### CLASSIC PEDICURE

40 minutes | **400,000**

Revive tired looking feet with this uplifting pedicure. This treatment will include a foot soak, cuticle work, gentle massage and choose from our range of colours.

## SPA PACKAGES

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### PREMIER RESIDENCES STRESS RELIEF

120 minutes | **2,200,000**

- \* Foot reflexology – 60 minutes
- \* Body therapy – 60 minutes

### PREMIER RESIDENCES LOVING TOUCH

160 minutes | **3,500,000**

- \* Body scrub – 50 minutes
- \* Body wrap – 50 minutes
- \* Body therapy – 60 minutes

### PREMIER RESIDENCES VITALITY

120 minutes | **3,000,000**

- \* Facial basic skin care – 60 minutes
- \* Body therapy – 60 minutes

### PREMIER RESIDENCES SPECIAL PACKAGE

240 mins | **4,200,000**

- \* Facial basic skin care – 60 minutes
- \* Body therapy – 90 minutes
- \* Foot reflexology – 60 minutes
- \* Nails or shampoo. – 40 minutes.

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### **Tour Philosophy**

To protect the privacy of our guests while using the Spa, we must limit the number of people we tour through our facility.

### **Spa Appointments**

Please consult our Emerald Spa receptionist for assistance in selecting the treatments that fulfill your requirements. To ensure availability, advanced reservations are highly recommended. To make your appointment, in-house guests can either call Emerald Spa by pressing Spa hot key on your room telephone or visiting us in person. Emerald Spa is open daily from 9:00 a.m. – 10:00 p.m.

### **Customer Requests**

You may request a specific Massage Therapist while booking an appointment. We cannot guarantee that we will have your request available at all times. All Spa employees are trained to respect the privacy of our guests and to create a comfortable, relaxing environment for all.

### **What To Wear During A Treatment**

It is recommended during a body treatment or massage that those treatments are enjoyed with disposable undergarments. Professional draping is performed throughout the duration of the service for privacy. We request that all guests take a shower prior to arrival. We will provide robes and slippers for your convenience.

### **Health Matter and Comfort Level**

Please notify our Receptionist before booking treatments if you are pregnant, have allergies, high blood pressure, any physical ailments, or disabilities. This will prepare our staff far in advance to provide the best possible spa treatment or therapy for you. When receiving your treatment, the Technician will address your needs based on your personal assessment. They will speak to you about the temperature, pressure, music, product, and sequence of service they are providing. You may also communicate to us how you are feeling during your service, and if there is anything specific you would like us to address, please inform the Technician.

### **Guest Timeliness**

We ask that you arrive 15 minutes prior to your scheduled appointment time. Arriving late will possibly interfere with your treatment, making it not as effective or therapeutic for you. All appointments will end at their scheduled time so that the next guest will not be delayed. Treatment times are not extended based on late arrivals.

### **Cancellation Policy**

Please notify the Spa two hours prior to your appointment time if you need to cancel or reschedule. If we do not receive a call, you will be charged 100% full payment for services not cancelled in the time allotted. Services and prices are subject to change. A credit card is required at the time of booking.

### **Spa Use and Admission**

Spa services are available to guests age 16 and older. There are specific treatments offered in the Beauty Salon for those younger.

### **Spa Payment Inquiries**

If you have posted a credit card to your room, this will allow you to charge services to your room. Any additional guests using Emerald Spa must be added to your room as a "share with" in order to charge to your room account. We accept all major credit cards, cash and gift cards purchased through the resort. Gift cards may be purchased at the Emerald Spa reception desk.