



EMERALD
Spa

MOMENTS OF BLISS

Xin chào!

Situated just few steps away from the beach and inspired by the perfect emerald color of Khem Beach, Emerald Spa's concept, is designed to offer moments of bliss that embrace three elements of life: Balance, Bliss and Renewal.



BALANCE: Emerald Spa is created to offer a right balance between relaxation and detoxifying.



BLISS: From the minute you step into Emerald Spa, we offer the feeling of well-being and joy where you can simply treat yourself some moments of papering, rejuvenate and rewind.



RENEWAL: Emerald green and Pink together symbolized youth, good health and playfulness that give you the power to soothe the soul and creates a space of feeling joy, refreshing and happiness.

Emerald Spa offers a full set of therapeutic and rejuvenating facial and body care treatment as well as a complete array of beauty services for total glamour.

At Emerald Spa, we believe that health, wellness and beauty are intricately linked. From the beginning to end, our dedicated spa team and our signature treatment ensures your journey enhances your well-being and enlivens your spirit.

Moments of bliss



BALANCE

Facial Care

ACTIVE BIOTIC

70 minutes | **1,500,000**

The comprehensive treatment which gives anti-bacterial, antiseptic effects and tightens the pores for a healthy, smooth and shiny skin.

Suitable for oily and acne-prone skin with white & black spots

BIO OXYGEN

70 minutes | **1,500,000**

To fight against pollution on the skin, purify the skin and improve cell breathing, energy and glowing complexion

SENSITIVE PRO

70 minutes | **1,500,000**

The solution for sensitive, reactive stressed skin caused by skin irritation, itchy and redness. It provides nutrients that ease the irritation and burning sensation

DAILY HYDRATION

70 minutes | **1,500,000**

To provide water and optimal nutrients for dry & dehydrated skins that lack oil and water

JUST FOR HIM

70 minutes | **1,500,000**

An active deep cleansing treatment for men. Deeply hydrate the skin, remove impurities, rebalance excessive oil production and leave the skin with a matte finish

WHITE PERFECTION

70 minutes | **1,700,000**

A treatment to improve the appearance of dark spots and hyperpigmentation. Soothing, revitalizing action due to the alpha acids used

SUPREME ANTI-AGING

70 minutes | **1,700,000**

Boost youth cutaneous mechanism, intensive regenerating action to improve skin conditions with wrinkles and visible loss of tone & volume

Body Care

BODY SCRUB

50 minutes | **990,000**

Slimming action for tired, aging and slacking skin (reduce cellulite skin). Improve blood circulation, remove dead cells and keep your skin young and glowy for longer

02 options for your choice:

- Coffee ground & essential oil: good for dry skin
- Lemongrass & lime salt: good for oily skin

MINERAL MUD WRAP

50 minutes | **1,200,000**

Provide nature mineral in mud to remove toxins, regenerate a new smooth skin from top to toe and clean deeply the pores

SUNBURN TREATMENT

50 minutes | **1,200,000**

This gentle treatment is special for sunburned and sensitive skin which help to draw heat from the skin, soothes the pain and discomfort of sunburn





Body Therapy

EMERALD SIGNATURE

60 minutes | **1,200,000**

90 minutes | **1,600,000**

Come with medium pressure to loosen tight muscles, increase flexibility & lymphatic drainage. Focus more on upper body, back, shoulders and neck

HERBAL TREATMENT

90 minutes | **1,800,000**

Using Vietnamese acupressure techniques which are combined with long strokes, to relax muscle tension and improve blood circulation

AROMA THERAPY

60 minutes | **1,200,000**

90 minutes | **1,600,000**

A fully relaxing combination of aromatic oils and gentle soft massage, to bring a sense of intense relaxation. Personalize your spa journey with your own choice of essential oils

HAPPY FEET

60 minutes | **990,000**

90 minutes | **1,200,000**

The combination of acupressure techniques & ginger essential oil will relax your tired feet, support blood circulation and prevent swelling

THAI MASSAGE

60 minutes | **1,200,000**

90 minutes | **1,600,000**

A unique “No Oil” therapy using gentle rocking, deep stretching Yoga techniques to help promote physical strength & joint flexibility

ENERGISING BODY POLISH

90 minutes | **1,800,000**

Focus on the deeper layers of muscles with firm pressure from elbows and arms. Help to boost oxygen and release deep muscle tensions. This treatment is designed for those who prefer a more intense pressure

HOT STONE

90 minutes | **1,800,000**

Therapy to help you relax and ease tense muscles and damaged soft tissues throughout your body. During the hot stone massage, smooth, flat, heated stones are placed on specific parts of your body to boost blood flow and revitalize yourself

PAMPERING MOM

60 minutes | **1,200,000**

The treatment has a draining effect and relieves joint tension by reducing swelling and pain in the feet and the lower back. This treatment is safe for clients who are from 12 weeks pregnant or more

BLISSFUL





RENEWAL

Hair Care

BASIC HAIR WASH & BLOW DRY

30 minutes | 450,000

Express Treatment

BACK & SHOULDER THERAPY

30 minutes | 800,000

HEAD THERAPY

15 minutes | 450,000

Packages

JUST LET GO

120 minutes | **1,900,000**

* Foot reflexology – 60 minutes

*Choice of Body therapy – 60 minutes

Inhale calm, exhale stress. Calm every cell of your body by acupressure technique to feet, hands and soothe body sore muscle with warm herbal compress

CRYSTAL TONIC

130 minutes | **2,200,000**

* Choice of Body therapy – 60 minutes

* Choice of Basic facial care – 70 minutes

Rejuvenate and awaken your glow face via a journey of removing dead skin, deep cleanse and hydration, followed by gentle massage from skilled therapist's palm and fingers over your body

PURE FOREST

160 minutes | **2,800,000**

* Body scrub – 50 minutes

* Choice of Body wrap – 50 minutes

* Choice of Body therapy – 60 minutes

Fall in love with your smoothed and moisture skin from organic coffee ground, essential oil and Aloe Vera, followed by releasing tensed muscles focusing on back, shoulder and neck

OCEAN MELODY

180 minutes | **5,900,000**

* Body scrub – 50 minutes

* Choice of Body therapy – 60 minutes

* Choice of Facial care – 70 minutes

Package for 02 people

Leave all day long behind your door and taking a break from a busy life with complete package of full body treatment from head to toe

**All prices are net and quoted in VND*





Others

**PRIVATE TREATMENT ROOM
USE FEE PER HOUR
200,000**

Reserved private room with full-equipped facilities of Sauna,
Steam bath & personal bathtub to maximize your privacy &
personal experiences

**HERBAL COMPRESS ADD ON
FEE PER BALL
120,000**

Spa Etiquette Guide

Tour Philosophy

To protect the privacy of our guests while using the Spa, we must limit the number of people we tour through our facilities

Spa Appointment

Please consult our Spa receptionist for assistance in selecting the treatments that fulfill your requirements. To ensure availability, advanced reservations are highly recommended.

To make your appointment, in-house guests can either call Emerald Spa at No 5502 or Hotel reception. Emerald Spa is opened daily from 11:00 to 22:00

Customer Requests

You may request a specific Therapist while making an appointment. Your request is not guaranteed to be implemented at all times due to the availability of the therapist. All Spa employees are trained to respect the privacy of guests and to create a comfortable, relaxing environment for all

What To Wear During A Treatment

During the Spa treatment of Body Therapy and Body Care, guests are requested to wear disposable undergarments. Professional draping is performed throughout the duration of service for privacy. There are bathrobes, slippers, towels and amenities available at the changing area

Health Matter and Comfort Level

Please notify our Spa Receptionist about your health matter if any (pregnancy, itchy, blood pressure, disability, ...). This will prepare our staff far in advance to provide the best possible spa treatment or therapy for you. The Therapist will address your needs based on your personal assessment about room temperature, pressure, music, light and treatment techniques. You may also communicate to the Therapist if there is anything specific you would like to address

Treatment Timeline

We ask that you arrive 15 minutes prior to your scheduled appointment time. Arriving late will possibly interfere with your treatment. All appointments will end at their scheduled time so that the next guest will not be delayed. Treatment times are not extended based on late arrivals

Cancellation Policy

Please notify the Spa 02 hours prior to your appointment time if you need to cancel or rescheduled to avoid any delay for the next guests. The charge of 100% full payment for the reserved treatments will be applied for all services which are not informed in the time allotted

Spa Use and Admission

Spa services are available to guests age 16 and older. There are specific treatments of Hair & Nail Care offered for those younger

Spa Payment Inquiries

If you have a deposit to your room, this will allow you to charge Spa services to your room. We accept all major credit cards, cash and gift cards. Gift cards may be purchased at Emerald Spa or Resort Reception Desk



Moments of bliss



PREMIER RESIDENCES
PHU QUOC EMERALD BAY

Managed by  ACCOR

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