



SPA MENU

SO/ SPA

YOUR ESCAPE FROM

Say 'hello' to the last word in urban wellness.

Experience an exceptional collection of facial,
body and beauty treatments
that transcends the corners of science,
fashion and lifestyle with SO/'s unique sociable vibe.

Brought to you in collaboration with:

/skin
regimen/
modern plant chemistry™

A modern skincare system, clinically proven to reduce the effects of stress and lifestyle ageing on both skin and mind. Totally functional, this Modern Plant Chemistry™ skincare contains high concentrations of botanicals, high-tech molecules and superfood extracts to effectively counteract the effects of stress on the skin. Its 100% natural aroma, paired with cooling massageable textures and speciality techniques, are clinically proven to reduce the production of cortisol over time, leaving you feeling rebalanced, reenergised and empowered to face your busy day.

Each journey begins with an exclusive natural aromatic Welcome Ritual, favouring mind-body relaxation, and combines innovative, rich in natural-origin and high-tech ingredients with bespoke application techniques and massages.

www.skinregimen.com

THE ORDINARY BEGINS HERE



EXPLORE
A NEW
KIND
OF SPA
EXPERI-
ENCE

SO/ SPA welcomes
you from
10:00a.m to 8:00p.m.
every day

Offbeat pricing
available Monday-Friday
10:00a.m-4:00p.m

SENSATIONAL SKIN SESSIONS

LET'S TAKE THIS FACE ON

LET'S TAKE IT TO THE NEXT LEVEL

BOOST YOUR BODY

GET SET AND GLOW

HEAVEN ON EARTH

SENSATIONAL SKIN SESSIONS

Feel real good
from the inside
out. Take your
choice. Change
the game.

SPA MENU

URBAN LONGEVITY FACIAL™

60 minutes |
\$170 on the pulse |
\$160 offbeat |

The perfect antidote to modern fatigue and urban lifestyle. This facial is ideal for when you feel your skin is stressed and showing the first signs of ageing. Customisable to correct dullness, dehydration and the first expression of wrinkles, to deeply renew the skin, leaving it exceptionally glowing and protected.

URBAN DETOX FACIAL

60 minutes |
\$170 on the pulse |
\$160 offbeat |

Featuring a unique peel-off mask made-up of Chlorella, the famous superfood extract. This treatment deeply cleanses and detoxifies the skin, purifies the pores and counteracts the effects of daily environmental pollution which toxify the skin and accelerate the ageing process.

FREQUENT FLYER RECOVERY TREATMENT

60 minutes |
\$190 on the pulse |
\$180 offbeat |

An innovative body treatment acting on three different sensorial pathways to deliver a complete holistic well-being experience, resulting in a quieter and more peaceful mind and body state.

EXPERIENTIAL VOLCANIC STONE TREATMENT

90 minutes |
\$220 on the pulse |
\$210 offbeat |

Surrender to the ambient warmth and healing energy of this deeply relaxing treatment. Sourced from mineral-rich lava flow; heated basalt stones are used to massage the body in long soothing movements releasing muscular aches and pains, balancing the mind and spirit.

ICONIC TIBETAN BEATS

75 minutes |
\$200 on the pulse |
\$190 offbeat |

This healing ritual is inspired by Ku Nye, an ancient indigenous tradition that belongs to the Tibetan Medical Tradition which originated over 3,900 years ago. Vibrations resonate through the body and reset at a cellular level. Find harmonious alignment as the body is melted and moulded into a state of pure relaxation leaving you feeling positively blissful.

LET'S TAKE THIS FACE ON

See that face
in the mirror.
Your face?
Put a smile on it.
Naturally.

SPA MENU

Give your skin the boost of radiance and plumpness it needs with this innovative re-densifying treatment. Intensive yet luxurious, this anti-ageing treatment lifts your skin and brings immediate rejuvenation.

Designed especially for your skin's needs. This power-packed treatment is formulated with advanced natural ingredients and potent high-tech molecules to regenerate the skin at the deepest levels, leaving it refreshed, radiant with a youthful glow.

Nurture your skin and recover from the damage caused by party excess, over-indulgence, lack of sleep and sun exposure with this innovative treatment. Decadent and deeply relaxing, let the antioxidant power of Goji berry antioxidants married to Macadamia oil intensively replenish your skin, leaving it soft, protected and deeply nourished.

Restore your skins natural luminosity with this revitalising anti-ageing journey. New Zealand crafted organic and natural botanicals including precious Imperatoria from the Swiss Alps and rich Manuka honey to brighten, tighten and hydrate the skin.

A personalised facial to suit the specific needs of men's skin. Age protection, re-hydration, deep-cleansing, detoxification or merely to calm inflamed skin, this treatment will have your skin feeling vibrant, energised and packed full of vitamins and minerals.

SUBLIME SKIN LIFTING FACIAL

| 75 minutes
| \$205 on the pulse
| \$195 offbeat

YOUR FACIAL, YOUR WAY

| 75 minutes
| \$185 on the pulse
| \$175 offbeat

RENIGHT ANTIOXIDANT RECOVERY FACIAL

| 60 minutes
| \$170 on the pulse
| \$160 offbeat

SKIN DEFENSE LUMINESCENCE FACIAL

| 90 minutes
| \$220 on the pulse
| \$210 offbeat

URBAN VALOUR FOR MEN FACIAL

| 60 minutes
| \$170 on the pulse
| \$160 offbeat

LET'S TAKE IT TO THE NEXT LEVEL

Good isn't
enough.
Go one better.
Your body
deserves it.

SPA MENU

EYE ADD-ON

Included in
service time |

\$80 |

An exquisitely refreshing, hydrating and plumping eye treatment using the Comfort Zone™ sublime skin cooling and calming eye patches, offering a triple action against dark circles, puffiness and wrinkles, while providing immediate lifting and luminosity. Ideal for tired and fatigued eyes.

SECOND LIFE PEEL ADD-ON

15 minutes |

\$60 |

Excellent addition to any facial treatments this glycolic peel enhancement helps to exfoliate and renew the skin, leaving it soft, smooth and free of dead skin cells. This allows subsequent products to work better and to deliver more optimal hydration to the skin.

SOAK ADD-ON

30 minutes |

\$80 |

De-tense and relax with an aromatic bath to purify the body, soothe and relax tired muscles.

MICRO-DERM ADD-ON

15 minutes |

\$60 |

The perfect add-on solution to reveal healthy smooth skin. A deep cleansing mechanical exfoliation resurfaces a dull complexion and stimulates collagen growth for a fresh, youthful appearance.

BOOST

YOUR

BODY

There's
feeling good.
And there's
OH YEAAHHH.

SPA MENU

Body Strategist is a complete professional selection of targeted treatments to reshape the body, improving circulation and loss of tone. Choose from:

BODY FIRING THERAPY

Increase elasticity, tone and quench skin.

BODY REVITALISING THERAPY

Reduce fluid retention and redefine your silhouette.

BODY DETOX THERAPY

Improve circulation and diminish the appearance of cellulite..

Targeting the prime areas of stress and providing profound tension relief with a warm marine massage mud, accompanied by scalp and back massage this express session will surely de-stress your muscles and release all tensions.

Surrender to complete relaxation. A bespoke aromatic blend of organic essential oils is applied using soothing hand movements to relieve stress and tension leaving you feeling relaxed and realigned from head to toe. Light to medium pressure.

Rejuvenate and invigorate the senses. A combination of advanced massage techniques designed to work the deeper levels of the body tailored to your individual needs as indicated to your expert therapist. Light to firm pressure.

A relaxing full body pregnancy massage to treat the common discomforts of pregnancy, reduce tension and anxiety. Along with Pure Fiji's nourishing oils, this will also improve skin elasticity, hydrate and nourish the skin. Transport you and your bump to a tropical island paradise.

Renew depleted energy levels with this deeply nourishing body wrap and massage. The combination of invigorating body brushing, a mineral-rich immune boosting body wrap and an energising massage encourage healthy circulation and lymph flow leaving you with a renewed sense of energy and vitality.

BODY STRATEGIST THERAPIES

| 60 minutes
| \$190 on the pulse
| \$180 offbeat

DE-STRESS BACK & SHOULDER RESCUE

| 45 minutes
| \$120 on the pulse
| \$110 offbeat

RELAX, TAKE IT EASY

| 60 minutes
| \$160 on the pulse
| \$150 off beat
| 90 minutes
| \$210 on the pulse
| \$200 off beat

EXPERT NEEDED

| 75 minutes
| \$200 on the pulse
| \$190 off beat
| 90 minutes
| \$220 on the pulse
| \$210 off beat

TROPICAL MAMMA

| 60 minutes
| \$170 on the pulse
| \$160 off beat

IMMUNE BOOSTING REJUVENATION

| 90 minutes
| \$230 on the pulse
| \$220 offbeat

GET SET AND GLOW

Perfect that
pout. Mystify
those eyes.
Feel the touch
Do it.

SPA MENU

SMOKEY EYE, THE MORNING-AFTER

30 minutes |
\$90 on the pulse |
\$80 off beat |

EXPRESS HANDS

30 minutes |
\$90 on the pulse |
\$80 off beat |

EXPRESS FEET

30 minutes |
\$90 on the pulse |
\$80 off beat |

THE MASK BAR

30 minutes |
\$90 on the pulse |
\$80 off beat |

PARADISE MANICURE

75 minutes |
\$120 on the pulse |
\$110 off beat |

PARADISE PEDICURE

75 minutes |
\$120 on the pulse |
\$110 off beat |

Great before going out, but definitely required the morning-after, this refreshing eye treatment will instantaneously reduce puffiness, lighten up dark circles and plump out fine lines and wrinkles, giving your fatigued eyes more luminosity and glow.

A rejuvenating, protective treatment rich in Vitamin E and Karité Butter, restoring nourishment and beauty to the hands.

Revitalising foot ritual with Neem extract to reveal polished and smoother feet. A must before any pool-party, or when wearing your most luxurious or scandalous open-toe shoes.

Following a gentle cleanse and exfoliation, an instant hydrating bio-cellulose mask is applied on your skin to illuminate; deeply hydrate and plump out wrinkles and fine lines, or to even firm up your skin and redefine facial contours. Once removed, an express lift massage is performed, and a light moisturiser is applied to leave your skin hydrated, illuminated and youthful looking in just minutes. Ideal before applying your makeup, an evening out or to simply stay in and recover in preparation for the next day.

Bring back a youthful glow to the hands. This treatment starts with a relaxing soak in a coconut milk bath. Followed by an exfoliation and a warm body butter wrap for your hands that will deliver moisture to revive skin instantly. Finishing the treatment, breathe deeply and relax as a rich lotion is applied and gently massaged into your arms.

Sit back, relax and be pampered from soul to sole. Starting with a cleansing including an exfoliation, a warm body butter wrap is then applied to the feet. Floating in paradise your legs are massaged with warm exotic massage oil. Finally, your choice of colour is applied to your nails to remind you daily of your excursion to paradise.

HEAVEN ON EARTH

Be enlightened.
Head in the
clouds. Feet on
the ground.

SPA MENU

AROHA GODDESS RITUAL

120 minutes |
\$280 on the pulse |
\$270 offbeat |

This is a truly beautiful experience, honouring the goddess within. Feel the aroha (love) through this full body aromatic massage with a back scrub and mini facial that will leave you feeling balanced, nourished and glowing. Rose quartz crystals balance the heart chakra, encouraging peace, healing and comfort to reawaken the heart to its own innate love.

LAVA LOVER

120 minutes |
\$530 on the pulse |
\$520 offbeat |

Let the experience of relaxation connect you and your partner with an indulgent chocolate body scrub, full body massage and mini facial. Bringing you to a mutual level of bliss for the rest of your spa day. Treatment includes a glass of bubbles and take-home gift enabling you to continue your spa experience at home.

TENSION TAMER

135 minutes |
\$350 on the pulse |
\$340 offbeat |

Work through to the deeper layers of muscle tissue with a massage that targets deep-set tension caused through overwork or over-exercising. Our therapist will focus on your body's muscular discomfort, releasing over-stressed areas before applying a tailor-made facial to reverse the impact daily life stresses and weather conditions has had on your skin. Leave feeling relaxed, revitalised and ready to conquer the day.

POLISH & SHINE

150 minutes |
\$380 on the pulse |
\$370 offbeat |

Get the total spa experience with a treatment that combines the benefits of a gentle Aroma Soul body scrub with the relaxation of a tailored massage and nourishing Urban Longevity facial. Feel your skin embrace a new level of vitality during this spa journey and leave feeling purified, toned and rejuvenated.

DETOX

165 minutes |
\$410 on the pulse |
\$400 offbeat |

Let go of environmental toxins and kick start your wellbeing program with our Skin Regimen™ and Comfort Zone™ revitalising journey. Encourage your body's natural detoxification process through our unique Himalayan salt detox wrap before purifying inside and out with a deep cleansing facial, relaxation massage and post-cleanse juice.

SOY AUCKLAND

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