

# PULLMAN Spa

**Veikau Spa** celebrates the Fijian culture. Comprising of six spa treatment rooms, the melody of the birds chirping and the gentle breath of our garden soothes all who come to Veikau Spa. Spa treatments use natural products made with ingredients from well known Pure Fiji botanical nut extracts, namely Dilo, Macadamia, Sikeci and Coconuts.

Rooted in the timeless healing traditions of Fiji, Veikau Spa is designed to restore balance and harmony to your body and mind. Relax in an oasis of beauty, grace and tranquillity. Intoxicating aromas of the world's most exotic elixirs and oils are used in treatments designed to deliver radiance, healing and a quiet sense of inner and outer well-being.

Choose to have treatments in our air-conditioned individual spa treatment rooms. Please contact our Spa Team at EXT 8027 to make a reservation or have a consultation.

## Feel relax with our signature therapies...

### Duavata Couples Retreat

120mins

FJD\$475

Experience a signature treatment of Veikau Spa totally finest ingredient from nature with a combining of scrub, wrap and massage using Pure Fiji sugar scrub to gently remove dead skin cells and help to promote your skin. A luxurious blend of therapeutic healing techniques East meet West experience will balance energy flow and enhance relaxation throughout the entire body. Truly invigorating experience which leaves you feel relaxed and rejuvenated..

\*Treatments can be booked as couples' treatments. Please speak with our Spa Reception team for details

### Malumu Head Massage

50mins

FJD\$100

Travel back in time to find your inner balance. An invigorating pressure point scalp, neck, shoulder and face massage using energizing oils to open up the pores and refresh you.

### Domo Neck, Back & Shoulder

45mins

FJD\$95

Release those tensions from neck, back and shoulders. Our qualified therapist incorporates specific techniques to ease all tensions. Specifically targeting back, neck and shoulder areas where you need it most.



## Stay Longer – Feel better...

### Coconut Cream Scrub

60mins

FJD\$ 180

Healthy blended from nature, the recipe for coconut cream scrub which is good for dry and sensitive skin. The exfoliating effects help to make your skin look fairer, smoother and softer and also good for pre-sun and after sun it helps to keep your tan skin. A body milk further seals in moisture, allowing your skin to glow.

## Aromatic Massages...

### Veikau Stone Therapy

90mins

FJD\$240

Hot stones are tenderly applied to your meridian points to ensure the smooth flow of energy throughout your body. Restore inner well-being and spiritual harmony with the aid of warm river stones.

### Wararasa Deep Tissue

60/90mins

FJD\$180/\$235

A firm, deep therapeutic massage that relieves aches and eases and pampers tired muscles. Well-being treatment using massage techniques of Effleurage, vibration, tapotement and Petrisage movements combined with aromatic oils to ease tension, increase the level of oxygen in the blood and improve circulation.

### Vakacegu Relaxing Massage

60/90mins

FJD\$170/\$230

Stimulate blood circulation with a light to medium pressure massage using Pure Fiji Aromatherapy Essential oil namely "Island Bliss" that highlights the lymphatic lines. This treatment combines Oriental and Western styles and is known for its pure pampering pleasure.

### Foot Refl

45mins

FJD\$175

Experience energy re-balancing and enhance your immunity with a pressure point massage with a warm stone massage and finishing with a body butter wrap. Your soles will feel stimulated with positive glowing energy.

### Vuanikau Body Wrap

90mins

FJD\$210

This will energizes and rejuvenates you while your body is sugar scrubbed, cleansed with papaya, watermelon and white clay wrap followed by a luxurious hydrating facial leaves your skin with a youthful island glow.

### After Sun Treat

45mins

FJD\$160

A tropical dilo nut oil and aloe vera offer exceptional healing, comforting and rehydrating effects. Calm, comfort and hydrate sun-exposed holiday skin with this restorative treatment. During the wrap, a gentle facial cleanse and massage soothes the face and scalp.

### Pure Detox Experience

90mins

FJD\$290

Detox your skin with our coffee scrub to remove dry surface skin cells, whilst the caffeine found in the coffee scrub typically increases blood flow, redistributes the fat cells and decreases the formation of cellulite. Further detoxify in a ginger root masque wrap which boosts metabolism, whilst an aromatic relaxing massage seals suppleness into your skin.

### Face to toe

120mins

FJD\$350

Spoil yourself today from "face to toe" and let nature's glowing sugar crystal rub smoothes away dead cells for soft, supple and silky feel leave your skin glowing. Enhance and relax your glowing body with a Vakacegu Relaxing massage that stimulate blood circulation. Continue the spoiling facial treatment producing a smooth and radiant skin.

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It is all about the face...

Pure Fiji Anti-Ageing Facial  
75mins FJD\$190

This treatment is suitable to all skin types, particularly for those in search of anti-ageing results. It's this mix of botanical ingredients that helps to stimulate collagen production and reduce appearance of signs of ageing. This facial results in firmed and tightened skin with a natural and more radiant glow.

Pure Fiji Exfoliating Facial  
60mins FJD\$170

One of the most elaborate, complete facials, this is deep exfoliating treatment. Active papaya fruit enzymes gently remove the build up of dead skin cells, resulting in purified skin, toned complexion and optimum relaxation.

Pure Fiji Deep Pore Facial  
60mins FJD\$170

Veikau Spa's purifying facial is perfect for anyone looking for a skin-deep cleaning for their face. Overtime, dirt, oil, and toxins can build up within your pores leading to dull, blemished, and rough skin. Our purifying facial is true to its name: it cleans deep within your pores and hydrates your skin to leave you with a pure and fresh complexion. Our purifying facial is perfect for all ages and skin types, and can even be a part of your normal skin care regimen

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Tips and Toes...

Pedicure Enhancer  
45mins FJD\$100

Nails Shaped, cuticles perfected and cleaned, buffed and afresh nail enamel is applied of your choice.

Manicure Enhancer  
45mins FJD\$90

Nails Shaped, cuticles perfected and cleaned, buffed and afresh nail enamel is applied of your choice.

Pedicure Detox  
60mins FJD\$130

A refreshing foot cleanse is followed with a refreshing exfoliating scrub. Meticulous nail care and a stimulating massage to relieve soreness and tension. An enveloping warm paraffin mask completes the journey. Nail polish, a colour enamel of your choice will be correlated.

Manicure Detox  
60mins FJD\$110

A decadent island experience that pampers your hands with esthetic shaping, buffing and luxurious polishes from scrubs. Feel relaxed and tension disappears as they release through your finger tips, and relish a cocooned warm paraffin mask for hands finishing with a choice of colour enamel will be correlated.

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How to Spa

OPENING HOURS  
Mon - Sun 8.00am - 8.00pm

RESERVATIONS

It is recommended that you reserve your Spa well-being experience in advance to avoid disappointment. Please contact us at the Veikau Spa reception by dialling EXT: 8027 visit us in person at our spa reception desk. Our Spa Receptionist will request your full name with your guest room number at time of booking to secure your reservation.

CANCELLATIONS

We require a cancellation notice of minimum of 4 hours. Any cancellations and no show will incur cancellation fee of 50%. Arriving late for service may also shorten the length of your treatment, with full charges applied.

SPA ATTIRE

We will provide robes and slippers for you to use during treatments.

ARRIVAL

Arrive 20 minutes prior to your scheduled treatment time. If you have booked a Facial experience, please have your face free of cosmetics and for men, please shave one hour prior to your treatment. Please note that arriving late for your appointment will decrease your actual treatment time.

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Pure Fiji Moisturizing Facial  
60mins FJD\$170

This treatment delivers a powerful hydration boost to skin with high performance, plant derived naturals - rich in Dilo oil and Ngi grass, which will rejuvenate skin and reduce the appearance of fine lines. Skin is deeply nourished and repaired, hydration of the epidermis significantly improved which results in firmer, hydrated skin.

Refreshing Organic Facial  
45mins FJD\$160

This treatment will boost your complexion with a facial cleanse, gentle exfoliation and the unique facial massage. Your facial is complete with the nourishing benefits of the finest organic ingredients used such as honey, yoghurt and sugar. This treatment release facial tension, increase the clarity of the skin and eye and improve skin texture.



Enhancements...

Shellac Nail Polishing or Removal  
20mins FJD\$20

Refresh Polish  
15mins FJD\$20

Hair Up Style  
Make Up FJD\$145

Blow Dry  
Hair Straightening FJD\$100

FJD\$80

FJD\$40

Hair Waxing Services...

Waxing is considered to be the most effect method for removing unwanted hairs from practically any part of the body. Waxing is also one of the long lasting temporary hair removal methods.

Waxing Services

Full Leg Waxing 45min FJD\$60  
Brazilian Waxing 45mins FJD\$65  
Full Arms Waxing 30mins FJD\$60  
Half Legs Waxing 30mins FJD\$55  
Bikini Waxing 25mins FJD\$60  
Half Arms Waxing 20mins FJD\$40  
Underarms Waxing 20mins FJD\$25  
Upper Lip / Chin 20mins FJD\$30

For Mens

Chest wax FJD\$50  
Back Wax FJD\$50

Eyes...

Eye Brow Shape FJD\$25  
Eyebrow Or Lash Tint FJD\$20

VALUABLES

For your safety and comfort, we suggest you leave your valuables in the safety deposit box located in your room.

TRANQUIL TIME

To ensure a serene experience at the Veikau Spa, please switch off your mobile phone and other electronic devices.

PAYMENT METHODS

Veikau Spa accepts all major credit cards. Resort guests may charge their treatments to their room or cash payment is also accepted.

PRIVACY

The Spa is designed to provide the ultimate in comfort, privacy and relaxation. Services are performed in private rooms and your privacy is respected at all times. For massages, facials, and body treatments it is best to remove jewellery and store in a secure place. We regret that we cannot be responsible for loss and damage of personal belongings.

Treatments

All treatments are inclusive of Herbal Tea with energy balls and Detox drink as part of pre and post experience for every guest who visits Veikau Spa.



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