



R A F F L E S   S P A

## RAFFLES WELLNESS PROGRAMME

Our Raffles Wellness Programme is specially curated for your complete wellbeing, developed to achieve a healthy and purposeful life.

TIME	WEDNESDAY	FRIDAY	SUNDAY
9.30AM TO 10.30AM			MINDFUL TAI CHI* LAWN \$50
3.30PM TO 4.15PM			
6.30PM TO 7.15PM	WELLNESS WEDNESDAY YOGA WITH SOUND HEALING LAWN \$30	SUNSET YOGA LAWN \$30	

\*MINIMUM GROUP SIZE OF 4

For reservation and availability, kindly approach Raffles Spa or call +65 6412 1377

[RAFFLESSPA.COM.SG](http://RAFFLESSPA.COM.SG)