

BODY MASSAGE

1. Aromatherapy massage	60"	600
	90"	850
	120"	1150

It is type of Swedish massage that uses essential oil. Its main focus is relaxation and mindfulness.

2. Deep tissue massage	60"	700
	90"	950
	120"	1250

Targets chronic tension in muscles that lie far below the body's surface. The techniques involve slow strokes, using forearm, elbow direct pressure or friction movements that go across the muscle grain.

3. Hot stones massage	60"	700
	90"	950

The hot stones are placed along the spinal column and on specific energy points, slowly release warmth which travels deeply into muscles, providing a moment of total relaxation.

4. Thai massage	90"	950
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The hot stones are placed along the spinal column and on specific energy points, slowly release warmth which travels deeply into muscles, providing a moment of total relaxation.

5. Vietnam Cupping Therapy	90"	1200
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An ancient form of alternative medicine, that special cups are placed on skin for several minutes to create suction. This therapy helps relieve pain, reduce inflammation, improve blood circulation, increasing tissue elasticity and reducing muscle tension.

6. Sport massage	90"	950
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Deep tissue massage just so muscles are put under great pressure to be treated. Focuses on enhancing circulation, increasing tissue elasticity and reducing muscle tension.

7. Neck and shoulder massage	45"	550
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Deep tissue massage just so muscles are put under great pressure to be treated. Focuses on enhancing circulation, increasing tissue elasticity and reducing muscle tension.

Tip is not included !

FOOT CARE

Heels Scrub	30"	400
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Removes cracked heels, callus, dead skin, rough skin.

Foot Massage	60"	600
	90"	850

A gentle technique that combines massage and acupressure to provide real well-being, leading to a state of deep relaxation.

Spa Pedicure	90"	850
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Includes heels scrub, through exfoliation, pedicure and foot massage.

Hand, Foot Paraffin	60"	850
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Hot paraffin helps soften the skin of hands and feet, treats joint diseases, helps relieve pain and improve blood circulation.

BODY CARE

Body Scrub	45"	700
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Uses a rich exfoliating cream containing extracts of red sea salt to scrub and leave the skin smooth and deeply cleansed.

Body nourishing skin	60"	850
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A gentle technique that combines massage and acupressure to provide real well-being, leading to a state of deep relaxation.

HAIR TREATMENT

Hair shampoo & blow dry	45"	250
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Hair clinic	75"	750
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Including scalp scrub, head – neck and shoulder massage, facial mask, herbal hair shampoo & blowdry

SKIN CARE

1. Balance skin care	60"	700
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The perfect facial for "city-living" skin. Using a facial steam bath for deep cleaning, this detox treatment restore purity and balance to the skin's flora.

2. Intensive eye care	60"	700
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The perfect facial for "city-living" skin. Using a facial steam bath for deep cleaning, this detox treatment restore purity and balance to the skin's flora.

3. Brightening facial care	90"	1200
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With a powerful effect, it removes blemishes and promotes collagen synthesis to maintain skin elasticity. Pure vitamin C inhibits melanin activity in the skin to make the skin bright and radiant.

4. Premium care	90"	1500
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Elastic lifting, whitening anti-aging plus moisturizing and regeneration care together. The best treatment that maintains skin elasticity. Inclusive Ultrasonic machine and MTC additional management concurrently.

PACKAGES

1. Refreshing package	90"	1150
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Start with detox massage then follow with refreshing facial which will help rebalance the body and calm the mind.

2. Nourishing package	100"	1150
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Full body scrub removes toxins and builds-up from your body skin, that revitalizes skin texture, provides clear skin tone then completed by a body massage.

3. Intensive package	180"	1650
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Choice of any body massage, refreshing facial treatment and additional a choice of hair shampoo or pedicure and manicure.

4. Tapas package	180"	2050
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Body polish (45 min) and choice of any body massage (90 min), refreshing facial treatment (30 min) and hair shampoo (45 min).