



R A F F L E S S P A

WE ARE COMMITTED
TO PROVIDING DEDICATED
PERSONAL SERVICE IN
AN OASIS OF REFINED LUXURY



The magnificence and beauty of the lotus is admired by cultures across the world. Elegantly delicate at first glance, the flower's daily transformation is an inspiring symbol of revitalisation and raw natural strength. It begins as a bud of pure vitality beneath the water's surface. At sunrise, it breaks through into the fresh air, radiant in full bloom, then retires once more to the calm stillness of the water when night falls. It is this regenerative rise and retreat following the natural rhythm of the day that influences our vision for a Raffles Spa. We believe that a balance between exertion and relaxation is the key to achieving a feeling of inner tranquillity and rejuvenation. We are committed to providing dedicated personal service in an oasis of refined luxury.

Raffles Spa Journeys are a considered mix between traditional and local methods, each ready to be expertly personalised to ensure that your sensory escape is everything you hoped for and more. Our thoughtful and knowledgeable therapists will guide you on a journey to rediscover mental, physical and spiritual harmony, leaving you feeling enlivened and transformed.

Escape. Indulge. Transform.

This is Raffles Spa.

OUR SPA

Imagine a revitalising oasis, right in the heart of Siem Reap, where every element is carefully considered and authentic treatments offered with charming and graceful finishing touches. Connected to Cambodia and the world, we offer a range of traditional Khmer and modern treatments.

Our spa features male and female wet areas with saunas, steam rooms and a Jacuzzi, as well as six comfortably appointed treatment rooms. While spending time at the spa, take time to renew your energy with a swim in our outdoor swimming pool or a workout in our fitness centre.



A Unique Oasis of Relaxation





OUR PRODUCT PHILOSOPHY

When choosing products for each of the Raffles Spas around the world, we place careful emphasis on many aspects. With luxury in mind, each chosen brand is proven to deliver results-driven treatments which are tailor-made to suit the needs of our valued travellers. Environmental sustainability is considered whenever and wherever possible, reflecting our social responsibility as a brand. Our relationships with the product houses are important to ensure we have the finest spa products and training available for each and every encounter with our guests.

DERMALOGICA

Dermalogica is a pioneer in standards for product performance. Dermalogica's laboratories use only the finest ingredients available. Its products are non-comedogenic, containing no occlusive mineral oil or lanolin, no irritating artificial colors or fragrance, and no S.D alcohol or formaldehyde.





RAFFLES WELLNESS

We know that exercise is a vital component to daily life, especially for travellers on the go, and we appreciate the desire for high-quality, well-equipped fitness facilities. We provide spacious, customised, wellness areas and fitness facilities to meet all your needs.

Raffles Spa is the perfect environment for living well, with access available exclusively to hotel guests and private members, offering the following facilities and services:

- Outdoor swimming pool
- Fitness centre
- Wet areas, complete with sauna, steam room and Jacuzzi
- Relaxation areas
- Shower and locker area
- Tennis court

MEMBERSHIP

Raffles Spa offers exclusive one-year full memberships, giving you access to our comprehensive spa and wellness facilities at our properties in Cambodia.

As a valued member, you will enjoy the following benefits:

- One complimentary 60 minutes 'Just for you - Customised Facial' per year
- Family membership allows for a maximum of two children only, limited to children under the age of 12
- Spa treatments are not applicable to children
- One night complimentary stay at Raffles Grand Hotel d'Angkor inclusive of breakfast
- Privileged pricing on food and beverage and spa treatments at Raffles Grand Hotel d'Angkor
- Upon presentation of membership card, enjoy full use of the spa facilities at Raffles Grand Hotel d'Angkor and Raffles Hotel Le Royal, Phnom Penh (subject to availability)

HYDROTHERAPY WELLNESS EXPERIENCES

Steam Room

Maintained at 42-45°C, the humid aromatic heat experience is highly beneficial for those who suffer from asthma and bronchitis, as it opens up the breathing passages and alleviates congestion. We recommend that a session lasts 10-15 minutes and that you keep your body well-hydrated afterwards. Humid heats are especially beneficial before or after a massage treatment to increase circulation.

Sauna

Maintained between 85-110°C this dry heat soothes and warms the muscles, relieving tension from your body and minimising joint pain. This is especially beneficial for those who suffer from illnesses such as arthritis, painful migraines and headaches, or as a way of warming the body after an intense workout or treating a common cold. Dry heat is recommended for 10-15 minutes daily and it is important to ensure that your body is kept well-hydrated afterwards.

Jacuzzi Wellness

Maintained at 38-40°C, warm water, or "hydro" therapy can promote relaxation, pain relief and improved sleeping habits as the heat, buoyancy and massage work together to clear your mind, reduce stress and soothe overworked muscles. Heat improves circulation and warms muscles and joints. Buoyancy lifts the pressure of weight from joints and muscles. Hydromassage stimulates muscles, healing and soothing soreness, which also helps to ease pain surrounding joints.

Outdoor Pool

Our 35-metre long outdoor pool provides a peaceful environment in which to revitalise yourself with an energising swim or to simply relax with a refreshing drink.

SPA ETIQUETTE

SPA EXPERIENCE

Raffles Spa offers a variety of locally-inspired spa experiences. Choose from a variety of massages, body treatments, facials and spa day packages.

SPA ENVIRONMENT

Raffles Spa is a quiet sanctuary. For your peace and privacy, phones and other electronic devices are not permitted. If you wish to receive messages during your time with us, please let our staff know.

FEES AND SERVICE CHARGE

All prices are in USD and exclusive of 10% specific tax. For your convenience a 7% service charge and 10% government tax will be added to your final bill for each service. Additional gratuities are at your discretion.

SPA CANCELLATION POLICY

If you must reschedule or cancel any spa appointments or packages, please notify the spa two hours in advance. Missed appointments without proper notice are subject to a 100% charge for reserved services. The same applies for no shows.

SPA ARRIVAL AND ETIQUETTE

We recommend you arrive 30 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience.

To make any changes to your booking, please contact spa reception at
T +855 63 963 888 or ext. 4

PERSONAL MATTERS

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we may better customise the experience to your needs.

SPA ATTIRE

You will receive a robe and sandals to wear between treatments and a locker for your personal belongings. We request that you please leave jewellery and valuables in your hotel room or the safe provided for you.

MAKING SPA APPOINTMENTS

T +855 63 963 888 or ext. 4
E spa.siemreap@raffles.com

The spa is located next to the swimming pool.

Advanced reservations are recommended to ensure availability.

Our spa hosts will be delighted to guide you to select your spa experience.

TO BOOK YOUR SPA JOURNEY

T +855 63 963 888 or ext 4

E spa.siemreap@raffles.com

OPENING HOURS

Pool: 7am – 7pm, open daily

Spa Treatments: 9am – 10pm, open daily

Spa Facility & Fitness Centre: 6am – 10pm, open daily

RAFFLES SPA

Raffles Grand Hotel d'Angkor

1 Vithei Charles de Gaulle, Khum Svay Dangkum,

Siem Reap, Kingdom of Cambodia

T +855 63 963 888

E spa.siemreap@raffles.com

raffles.com/siem-reap

TREATMENT MENU

RAFFLES SPA JOURNEY

Raffles Spa Journeys assure the act of inner and outer transformation by travelling from one place to another through sensory pleasures, unique surroundings and rejuvenating sensations. Leave feeling well-rested and on your journey to living well.

RAFFLES SPA RETREAT

120 mins.....USD169
This pampering face and body retreat promises full mind and body relaxation and rejuvenation. Your journey begins with a full body exfoliation using a mineral salt glow, followed by a full body massage using a heated herbal oil. Finish the journey with a hydrating facial tailored to your skin's needs, leaving you feeling healthy and looking youthful.

ANGKOR ESCAPE

150 mins.....USD 199
Renew your skin with this deluxe facial based on your specific skincare needs promoting healing and skin repair. Hydrate fine lines, reduce discomfort associated with acne and cool inflammation and redness. This facial imparts complete vitality and relaxation, and includes a specially developed scalp and foot massage.

TRADITIONAL KHMER BRIDAL EXPERIENCE

150 mins.....USD190
Take a journey with one of the Khmer bridal traditions, the ultimate experience created exclusively for you. Your treatment will include a tropical herbal polish combined with a traditional Khmer oil massage to tone and revitalize your skin. Healing and rejuvenating properties of plant essences are used to stimulate circulation, muscular energizing and detoxification of your skin. The treatment is concluded with a customized facial to refresh your skin.

For your convenience a 7% service charge and 10% government tax will be added to your final bill for each service.

MULTI-VITAMIN LUMINESCENCE FACIAL

90 mins.....USD 125
 This specific treatment delivers brightening and clarity for immediate luminosity. With this results-driven facial using multi-vitamin skin exfoliation containing fruit enzymes and hydroxyl acids, your skin will appear lighter, brighter and more refined. Included in this facial is a foot ritual, as well as a head, neck, shoulder, hand and foot massage.

NOURISHING FRESH SKIN

60 mins.....USD 79
 A luxurious skincare treatment specifically tailored to soothe, restore and purify your skin, leaving it conditioned and nourished. This includes a face massage and scalp pressure point to ease tension away.

CUSTOMISED CLASSIC FACIAL

60 mins.....USD 69
 Renew your skin with this deluxe facial based on your specific skincare needs promoting healing and skin repair. Hydrate fine lines, reduce discomfort associated with acne, and cool inflammation and redness. This facial imparts complete vitality and relaxation, and includes a specially developed scalp and foot massage.

EYE WRINKLE TREATMENT

60 mins.....USD 69
 Premature aging, sun exposure and environment elements can strip your delicate eye area of its youthfulness and radiance. This potent treatment, containing Collagen Cryo, smooths away wrinkles, while tightening your eye contour for youthful, vibrant eyes.

For your convenience a 7% service charge and 10% government tax will be added to your final bill for each service.

RAFFLES GRAND SIGNATURE MASSAGE

90 mins.....USD 135
 Inspired by the healing powers of Ayurveda therapy, this rare and unique technique originates from India. Warm coconut oil is applied all over the body by two trained therapists in a special rhythmic way, easing you into a total relaxation. This treatment is especially good for rheumatic diseases like arthritis, paralysis, reproductive weakness and nervous disorders.

MINERALIZED STONE THERAPY MASSAGE

90 mins.....USD 125
 Exhale and relax as your therapist administers an advanced tri-phase stone massage therapy – far exceeding traditional stone massage. The Mineralized Stone’s therapeutic massage, using nourishing essential oils and warm volcanic stones to penetrate tired, aching muscles, combined with gentle stretching techniques, will de-stress your entire being... mind, body and spirit.

KHMER BORAN MASSAGE

60/90 mins.....USD 79/USD 115
 This massage is based upon the concept of meridians or visible lines of energy running along the body. Using a combination of stretching and bending, this massage is ideal for easing sore muscles and for restoring blood circulation, balance and conveys a renewed feeling of vitality.

MUSCLE TENSION RELEASE MASSAGE

60/90 mins.....USD 79/USD 115
 Derived from traditional Swedish massage techniques to renew, strengthen and heal the body, this full massage applies stretching, long strokes, along with palm and thumb pressure techniques to relieve tension, improve circulation and create a feeling of well-being.

AROMATHERAPY RELAXATION MASSAGE

60/90 mins.....USD 69/USD 105
 Using the art of movement combined with ancient aromatherapy oils, this Swedish-style full body massage uses gentle techniques to help restore harmony, and relaxes the mind and body.

HERBAL HOT COMPRESS

90 mins.....USD 125
 The ancient art of healing begins with applying pressure to the body’s energy meridians, followed by warm herbal compresses holding precious herbs such as turmeric, ginger and lemongrass, compressed on the body to relieve stress, boost energy and improve blood circulation.

ORIENTAL FOOT REVIVER*

60 mins.....USD 69
 Experience holistic revitalisation and deep relaxation as your therapist applies specific thumb and finger techniques to various reflex points on the feet, which effectively stimulate corresponding organs in the upper body. *This is not a reflexology treatment

Prices are exclusive of 10% specific tax. For your convenience a 7% service charge and 10% government tax will be added to your final bill for each service.

TOXI-CLEANSE BODY WRAP
90 mins.....USD 115
Experience the healing benefits of the earth’s elements as your skin is exfoliated and your body is cocooned in a thermal mineral body pack. Sooth tired, achy muscles and surrender to a deeply relaxing scalp massage, mini facial and body massage. This sensory experience reduces cellulite and water retention by removing impurities and toxins. Leave feeling weightless and full of energy.

SOOTHING ALOE BODY WRAP
60 mins.....USD 69
The healing, moisturising properties of Aloe Vera provide nourishing and soothing relaxation in this hydrating body wrap. The treatment includes a luxurious scalp and neck massage, followed by a foot massage using an invigorating foot balm.

TROPICAL ESCAPE WRAP
60 mins.....USD 69
Using mango and papaya,, this tropical wrap is also enriched with creme fraiche natural butter, calcium, a high content of Vitamin A, and pomegranate extract. It will leave your skin deeply nourished and rejuvenated, while soothing away wrinkles..

NATURAL KHMER HERBAL SCRUB
60 mins.....USD 79
This luxurious treatment starts with a gentle Khmer body scrub, using unique herbs to cleanse your skin, relax the muscles and release impurities. A moisturiser is applied to the body for smoother, softer skin.

AROMA SALT GLOW
60 mins.....USD 69
A salt scrub rich in minerals, dried seaweed and fruit enzymes are combined to smooth and silken the skin as well as remove rough skin. This also includes a dry body brushing and lymphatic massage to stimulate energy flow, leaving you feeling refreshed and revitalised.

TROPICAL MANGO & PAPAYA SCRUB
60 mins.....USD 69
Tropical aromatic de-aging salt mousse delivers an aroma-sensory experience. Its fluffy lather removes impurities and toxins by gently polishing your skin. As the salt dissolves, negative ions and repairing tropical fruit are quickly absorbed. The skin emerges smooth to touch and visibly brightened.

For your convenience a 7% service charge and 10% government tax will be added to your final bill for each service.

In case you would like to upgrade any of our present treatment listings with additional time and services, or in the event that you don’t have the time to stay and indulge, we have created mini treatments to suit all your skincare needs, ensuring complete relaxation and rejuvenation. Choose from a variety of 30-minute mini treatments including:

REVIVING FOOT TREATMENT.....USD 39
BACK, NECK AND SHOULDER MASSAGEUSD 39
EXPRESS SALT SCRUB.....USD 39
EXPRESS FACIALUSD 39
EXPRESS MANICUREUSD 39
EXPRESS PEDICUREUSD 39

Price are exclusive of 10% specific tax.
For your convenience a 7% service charge and 10% government tax will be added to your final bill for each service.