



ADMIRAL SPA



# SERVICES



# EVALUATION STAGE

## **Analyse the specific needs of your Skin Instant®**

Prior to every treatment, the Biologique Recherche expert conducts an in-depth dermatological and cosmetic diagnosis to identify changes in the Skin Instant®. This assessment, made using the Skin Instant® Lab system is supplemented with a visual analysis, measurements and a questionnaire used to define the most appropriate treatment protocol. The use of the VisioLab® technique, with its high-definition image and scientific analysis of the face, helps obtain even more accurate results.



# INITIALIZATION STAGE

## **Prepare and balance the epidermis**

The treatment protocol begins with an individual preparation of the epidermis, the ultimate shield providing protection against harsh external factors.

It follows a precise, strict ritual based on:

- In-depth cleansing of the skin, combined with a massage
- Skin preparation using in particular Lotion P50, the brand's iconic product, and the application of a mask





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## TREATMENT STAGE

### **Target every issue and address it in depth**

This step includes products with the highest concentration of active ingredients that “recondition” the epidermis to enhance its self-regeneration properties.

When applied in accordance with the Biologique Recherche methodology, they balance, moisturize and revitalize the epidermis to suit every Skin Instant<sup>®</sup>.

As active ingredients take progressive action, skin quality improves and the complexion becomes

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# THE SKIN INSTANT<sup>®</sup>

To sum up the skin, Dr. Philippe Allouche often uses the allegory of the house: “if the roof is poorly constructed and provides no protection against external attack, all the elements inside will be subject to stressful situations and will become vulnerable.” To achieve conclusive results, it is essential to take a look at the epidermis.

No two individuals have the same skin, and everyone has different Skin Instants<sup>®</sup> which themselves can vary within a single day, depending on the different parts of the face. Artificial classification into normal, dry or oily skin is only loosely based on physiological reality, and paints an inaccurate picture of the cosmetic imbalances of the epidemic.

The Biologique Recherche Methodology draws from fifty years of experience and is based on unique and personalized treatment protocols depending on everyone’s Skin Instant<sup>®</sup>. Biologique Recherche treatments always consist of three core stages: the Evaluation Stage, the Initialization Stage, and the Treatment Stage.





# FACIAL TREATMENTS

SOINS POUR LE VISAGE

## Targeted Express Facial

Recommended for all Skin Instant®  
60 Minutes | Php 4,850

Each skincare protocol and products they are to use, according to your particular Skin Instant®.



## Soin Booster VIP 02

For more radiant skin  
60 Minutes | Php 8,000

A treatment to detoxify and stimulate the epidermis, and re-oxygenate the skin tissue for dull Skin Instants that are choked by urban pollution. The complexion gains an incredible glow, skin is more luminous and bursting with radiance.

## Soin Brightening PIGM 400 Treatment

To lessen pigmentation spots  
60 Minutes | Php 10,880

A complexion-evening treatment to prevent and reduce the visibility of pigmentation spots for uneven and dull Skin Instants®. The skin of your face, neck and décolleté looks more uniform.





# FACIAL TREATMENTS

SOINS POUR LE VISAGE

## Soin Restructurant et Lissant

Restructuring and Smoothing  
60 Minutes | Php 12,500

A reconditioning treatment that redefines and restructures the contours of the face leaving your face, neck and décolletage lifted, smooth, soft and hydrated.



## Soin Lift C.V.S

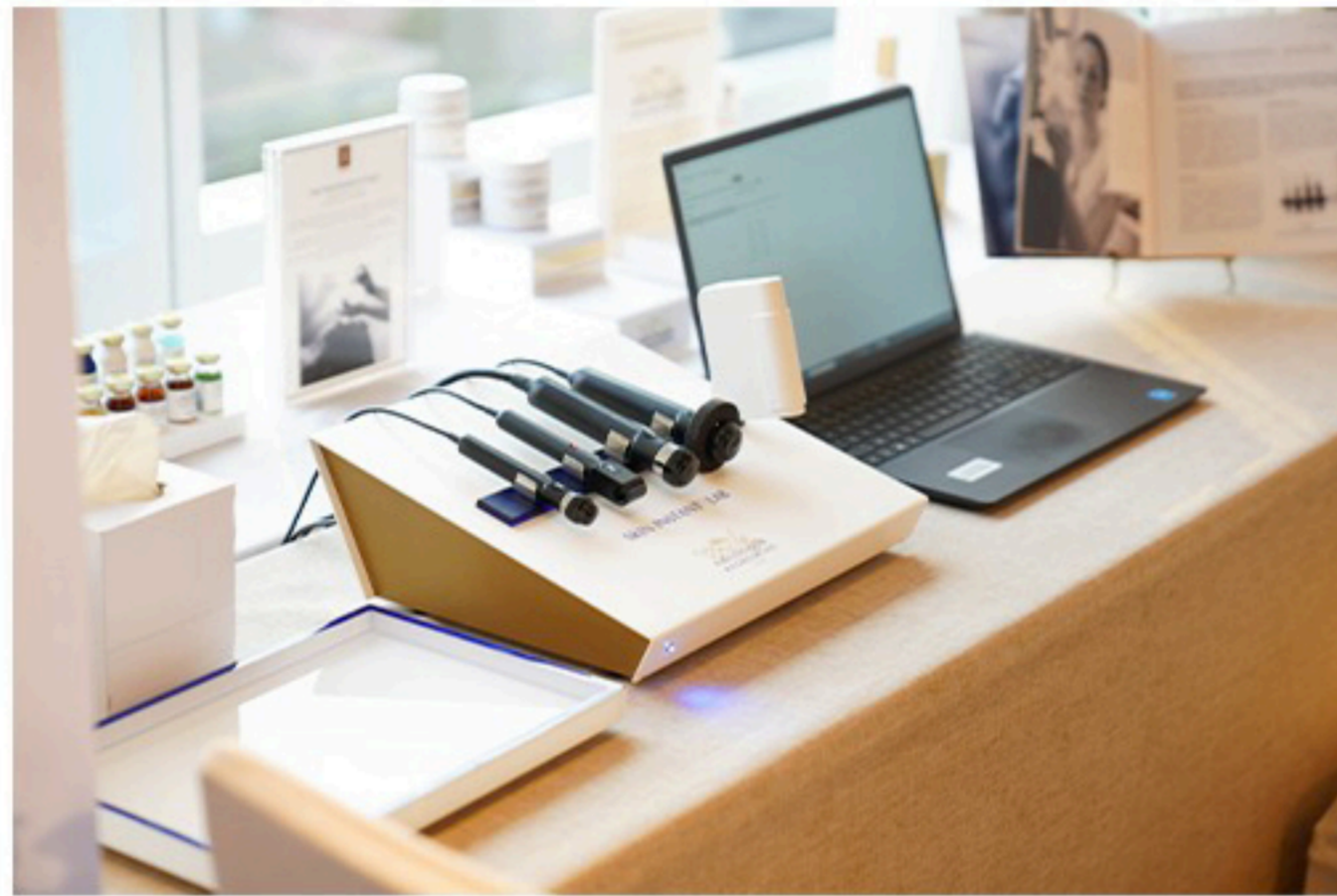
For lifted, better toned skin  
60 Minutes | Php 15,200

An exfoliating and lifting treatment combined with massage techniques for mature Skin Instants©. Skin is smoothed, toned and refined.





# THE EVALUATION STAGE



## Diagnosis

Skin Instant<sup>®</sup> Lab | 30 Minutes | Php 3,500

*Discover the Skin Instant<sup>®</sup>*

This first stage of the Biologique Recherche Methodology is a unique diagnostic tool that identifies your Skin Instant<sup>®</sup>. The Skin Instant<sup>®</sup> Lab consists of 5 scientific measurement probes (hydration, insensible water loss, elasticity, pigmentation, sebumetry).



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# **BODY TREATMENTS**

## **POUR LE CORPS**

### **Bespoke Body Massage Treatment**

60 Minutes | Php 5,300

A Biologique Recherche personalized multi-benefit treatment, tailored to address precise areas of your body through targeted massage techniques. This rejuvenating treatment is designed to bring you a feeling of equilibrium and overall well-being. Enjoy the therapeutic benefits of a comprehensive massage, which both reconditions and relaxes your body.

### **P50 "New Skin" Treatment**

For softer, more hydrated skin

30 Minutes | Php 5,300

An exfoliating and revitalizing treatment. It leaves the skin on your body softer, more even and moisturized.

### **Treatment for Tired, Swollen Legs**

For a sensation of lightness

30 Minutes | Php 3,680

A Biologique Recherche draining and decongestant treatment designed to stimulate circulation and helps give a sensation of lightness.







# BODY TREATMENTS

## POUR LE CORPS

### **Slimming Booster Treatment**

To refine your bodily contours  
90 Minutes | Php 12,500

A draining treatment that refines your bodily contours and reduces cellulite.

### **Body Lift Treatment**

For a sculpted and toned body  
90 Minutes | Php 12,500

A Biologique Recherche firming and toning treatment, designed to refine skin texture and sculpt your body.

### **Reharmonizing and Draining Treatment**

To feel better in your body  
60 Minutes | Php 8,000

A treatment that begins with deep massaging of the stomach and body. This treatment brings you a feeling of balance and wellbeing.



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## **BODY TREATMENTS**

### POUR LE CORPS

### **Spa Taster**

90 Minutes | Php P8,800

The perfect combination of relaxation and skincare. Soothe your muscles and ease away tension, with our body massage followed by a facial that will provide a nourishing and revitalizing treatment for your skin.

### **Pamana**

60 Minutes | Php 3,800

90 minutes | P5,600

“Pamana” is a Tagalog word that means “Legacy.” This Exquisite, unique relaxation combines the pamana of Asian traditional massages and the Tibetan ancient art of sound healing. It alleviates posture discomfort through full-body stretching, followed by the Filipino hilot acupressure technique and heated pillow. This treatment will enhance your physical balance and well-being.

### **Hot Stone Massage**

90 Minutes | Php 6,500

This holistic deep relaxing massage helps encourage balance, comfort and well-being. Combine with the healing power of hot stones, known for their energizing properties will penetrate deep into the body, giving a calming and relaxing experience.



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# HAND AND FOOT TREATMENTS

## Revitalizing Treatment

For rehydrated hands  
30 Minutes | Php 1,880

A personalized treatment for hands that feel damaged and dry. Skin regains its suppleness thanks to the Cold Mask combined with the virtues of our Emulsion Renovatrice Mains.

## PIGM 400 Treatment

30 Minutes | Php 1,880

A hand treatment that reduces the appearance of pigmentations spots and makes them less visible; skin is more even and radiant.

## Revitalizing Footcare Treatment

For dry and damaged feet  
60 Minutes | Php 3,800

Skin is hydrated and nourished, and regains its suppleness.

## Foot Reflexology

For a sense of inner wellbeing  
60 Minutes | Php 3,800

A therapeutic practice using massage. The manipulation of reflex points in the feet - which connect to all the nerve endings - leaves you with a sense of inner wellbeing.







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## BIOLOGIQUE RECHERCHE PHILIPPINES

### **Admiral Spa**

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