

FITNESS MEMBERSHIP

A Heaven of Fitness and Well-being, where everything has been engineered to maximize your well-being, from fully equipped gym to outdoor spacious pool and garden's jogging track. Workouts for all body types and all moods.

DISCOVER - 1 MONTH THB 7,062 net	BEYOND - 3 MONTHS THB 17,655 net	PRESTIGE – 12 MONTHS THB 58,850 net
<ul style="list-style-type: none"> • Access to the fitness center, steam room, swimming pool and fitness classes 7:00 am - 9:00 pm • One Guest Day pass • One Personal Training Session • 10% discount on all private and chargeable wellness activities 	<ul style="list-style-type: none"> • Access to the fitness center, steam room, swimming pool and fitness classes 7:00 am - 9:00 pm • Three Guest Day pass • Three Personal Training Session • 15% discount on all private and chargeable wellness activities 	<ul style="list-style-type: none"> • Access to the fitness center, steam room, swimming pool and fitness classes 7:00 am - 9:00 pm • Six Guest Day pass • Six Personal Training Session • 20% discount on all private and chargeable wellness activities
<ul style="list-style-type: none"> • One 30-minutes Dry Floatation experience • One credit voucher valued THB 1,000 for spa treatments at Be Well SPA. • One Thermal and Ice Room pass at Be Well SPA. • 10% discount on a la carte spa treatments. The offer cannot be combined with any other discounts or promotions. 	<ul style="list-style-type: none"> • One 30-minutes Dry Floatation experience • One 60-minutes Body Massage at Be Well SPA • Two credit voucher valued THB 1,000 for spa treatments at Be Well SPA. • Two Thermal and Ice Room pass at Be Well SPA. • 15% discount on a la carte spa treatments. The offer cannot be combined with any other discounts or promotions. 	<ul style="list-style-type: none"> • Two 30-minutes Dry Floatation experience • Two 60-minutes Body Massage at Be Well SPA • Two credit voucher valued THB 1,000 for spa treatments at Be Well SPA. • Six Thermal and Ice Room pass at Be Well SPA. • 15% discount on a la carte spa treatments. • 50% discount a la carte spa treatments in the birthday month of member. • One month complimentary membership extension
<ul style="list-style-type: none"> • Consultation 15-minutes with Preventive Medicine Doctor • One Wellness Body Compositions Analysis • One credit voucher valued THB 500 for BDMS Wellness Clinic services 	<ul style="list-style-type: none"> • Consultation 15-minutes with Preventive Medicine Doctor • One Wellness Body Compositions Analysis • One credit voucher valued THB 500 for BDMS Wellness Clinic services • Complimentary access to Wellness Talks by BDMS doctors 	<ul style="list-style-type: none"> • Consultation 15-minutes with Preventive Medicine Doctor • One Wellness Body Compositions Analysis • One IV Drips of your choice (choose from Hangover Remedy, Beauty Booster, Metabolism Booster) • Two credit voucher valued THB 500 for BDMS Wellness Clinic services • Complimentary access to Wellness Talks by BDMS doctors
<ul style="list-style-type: none"> • 15% discount on food and beverage excluding alcohol. The offer cannot be combined with any other discounts or promotions. • Free 4 hours parking 	<ul style="list-style-type: none"> • 15% discount on food and beverage excluding alcohol. The offer cannot be combined with any other discounts or promotions. • Free 4 hours parking 	<ul style="list-style-type: none"> • 15% discount on food and beverage excluding alcohol. The offer cannot be combined with any other discounts or promotions. • Free 4 hours parking

Day Pass

- Adults THB 1,166 net per person
- Kids (3-12 years old)
THB 589 net per person

Personal Training Fee

- 1 session THB 1,413 net
- 5 sessions THB 5,885 net
- 10 sessions THB 10,593 net
- 20 sessions THB 18,832 net

Terms and Conditions:

- Membership is non-transferable and non-refundable.
- Access of the gym workout area is restricted to the minimum 16 years old.
- All prices are subject to change without prior notice.