

BDMS Wellness “Sleep Retreat”

With Three Specific
Types of Sleep Tests
(2 Days 1 Night)



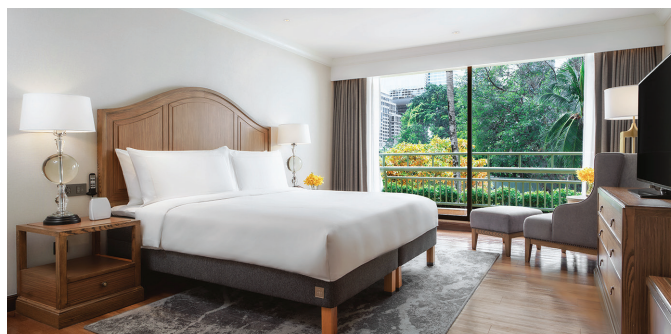
LINE: @movenpickbdms

Program	TYPE 3		WATCH PAT		TYPE 2	
	Deluxe Room	Wellness Sleep Suite	Deluxe Room	Wellness Sleep Suite	Deluxe Room	Wellness Sleep Suite
Package for 1 person	THB 21,000 net	THB 25,700 net	THB 25,000 net	THB 26,500 net	THB 29,000 net	THB 30,500 net
Package for 2 persons (same room)	THB 37,500 net	THB 42,200 net	THB 45,000 net	THB 47,700 net	THB 52,200 net	THB 54,900 net

Are you tired of feeling exhausted every morning because of a restless night's sleep? Our sleep retreat package can help determine the cause of your snoring and provide solutions to get you the restful sleep you deserve.

Package includes:

- BDMS Wellness “Sleep Retreat” with three specific types of sleep test. For the best result and personalized to your sleep profile, you will be recommended by a medicine specialist to receive appropriate treatment based on your physical condition and individual needs. A suitable type of device is subject to the doctor's discretion.
- Doctor consultation at BDMS Wellness Clinic
- Private nutritional consultation
- One time 60-minute spa treatment
- Wellness breakfast
- Chocolate hour
- One time healthy minibar
- Extra choice of pillow menu collection
- iHome sound therapy speaker in room
- Access to wellness class
- 20% Discount of food & beverages and spa treatment
- Early check in at 11:00 am and late check out at 2:00 pm
- Club Lounge benefits (applicable for Wellness Sleep Suite only)



*Terms and conditions apply

*Advance reservation is required prior to arrival and subject to availability

*All above prices are inclusive of government tax and service charge

*There will be additional charge for the follower if stay in the same room with sleep test person

*For proper result of sleep test, pre-consultation by BDMS Wellness Clinic's doctor is recommended for all guests.