





EGG PREPARATIONS

Eggs Benedict  26
English Muffins, Poached Egg, Hollandaise
Choice of Beef bacon, Turkey Ham,
Pork Bacon or Smoked Salmon


Eggs Florentine  26
English Muffins, Poached Egg, Hollandaise, Spinach
Choice of Beef bacon, Turkey Ham, Pork Bacon, Smoked Salmon

Fresh Farm Eggs  24
Boiled, Poached, Scrambled, Fried
Served with Hash Brown, Grilled Roma Tomato

Three Eggs Omelette  24
Three Eggs Omelet or Egg White
Served with Mixed Mushrooms, Ham, Cheese, Onion,
Tomato, Bell Pepper, Chili, Hash Brown and Grilled Tomato

Avocado Toast  34
Guacamole, Poached Egg, Cherry Tomatoes,
Feta crumble, Frisée Lettuce

SWEET TEMPTATIONS

Pancakes  22
Maple Syrup, Vanilla Cream served with Preserved
Strawberry Compote

Brioche French Toast  22
Whipped Cream, Orange Hazelnut Syrup

Crepes  22
Maple Syrup, Nutella, Whipped Cream

Belgian Waffles  24
Maple Syrup, Berry Compote and Whipped Cream

BREAKFAST BEVERAGE

Fresh Fruit Juice 12
Orange, Grapefruit, Pineapple, Watermelon,
Mango and Apple Juice

Heathy Juices 15

Vitamin Boosters
High in Vitamin C Energy, Orange, Guava and Strawberry
Nutrients: Beta-carotene, Folic Acid, Vitamins B3, C, Calcium,
Magnesium, Biotin
Energy ★★★★★ Detox ★★★★★ Skin ★★★★★
Immunity ★★★★★ Digestion ★★★★★

Pineapple Detox
Pineapple blended with Spirulina Nutrients: Beta-carotene, Folic Acid,
Vitamin B5 and C, Calcium, Magnesium, Phosphorus, Potassium,
Sodium and Fiber
Energy ★★★★★ Detox ★★★★★ Skin ★★★★★
Immunity ★★★★★ Digestion ★★★★★

Papaya Boost
Papaya, Pineapple, Watermelon and Banana Nutrients: Beta-carotene,
Folic Acid, Vitamin B1, B3, B5, B6 and C, Calcium, Magnesium,
Manganese Phosphorus, Potassium, Sodium and Sulphur
Energy ★★★★★ Detox ★★★★★ Skin ★★★★★
Immunity ★★★★★ Digestion ★★★★★

Healthy Skin
Watermelon and Strawberry Nutrients: Beta-carotene, Folic Acid,
Vitamins B3 and C, Calcium, Magnesium, Phosphorous, Potassium,
Sodium and Sulphur
Energy ★★★★★ Detox ★★★★★ Skin ★★★★★
Immunity ★★★★★ Digestion ★★★★★

Smoothies 12
Blueberry Smoothie
Served with Blueberry, Yoghurt and Honey

Banana Strawberry Soya Smoothie
Served with Banana, Soya Milk, Strawberry Yoghurt and Honey

Blueberry Antioxidant Smoothie
Served with Blueberry, Banana, Spinach, Yoghurt and Honey

Jumping Smoothie
Served with Avocado, Baby Spinach, Cucumber, Spirulina Powder,
Yoghurt and Honey

Green Spirulina Smoothie
Served with Apple Juice, Avocado, Baby Spinach, Cucumber,
Spirulina Powder, Yoghurt and Honey

Choice of Coffee 9
Latte, Latte Macchiato, Americano, French Press Coffee
served with Full Cream Milk, Skimmed Milk, Soya, Almond

Choice of Tea 9
The Original Earl Grey, Moroccan Mint Green Tea, Single Estate
Darjeeling, Green Tea with Jasmine Flowers, Mango, Strawberry, Purple
Peppermint Leaves, Rose with French Vanilla, Pure Chamomile Flowers,
Italian Almond, Ceylon Cinnamon Spice Tea, Brilliant Breakfast

Vegetarian:  Pork:  Gluten:  Gluten Free:  Dairy:  Spicy:  Nuts:  Fish: 
Mollusca:  Crustacean:  Sustainably Sourced:  Vegan: 

Should you have any dietary restrictions or allergies, please inform your order taker.