
THE SUN AND SPIRIT IN BALANCE

We rise with the sun at dawn; we rest with it at dusk. All through the day, it illuminates the Maldives like nowhere else on Earth, pushing our bodies to play, urging us to explore the trails and beaches.

At Fairmont Spa Maldives, we channel this fundamental energy to you through treatments designed to enliven your skin, restore your muscles and soothe your spirit. Here, we unite ancient modalities of movement with sophisticated technologies to transform our awareness of what our bodies can achieve. We invite you to share this space with us and begin your own story of connection—to the grandeur of our island paradise and the elemental brilliance of the sun, but most of all, to yourself.





PRODUCT PHILOSOPHY

Fairmont Spa places emphasis on many aspects when choosing spa products for each of our Spas around the world. With luxury in mind, each brand selected demands quality and result-driven treatments, which are personalized to suit the needs of our valued guests. Environmental sustainability is considered whenever and wherever possible, which reflects our social responsibility. Our relationships with the product houses are important to ensure that we have premium spa products and training available for every encounter with our guests.

DR. LEVY, ESSE,
AND ZENTS COLLECTION

DR. LEVY

Developed by Switzerland's number 1 Botox® doctor Based on the 2012 Nobel Prize-winning research: skin ageing is reversible. Protected by a global patent and supported by clinical studies. Dedicated to surprising with the unexpected WOW's A brand that really works. Never satisfied with the status quo Creators that go beyond today's "wants" to answer tomorrow's "needs" Setting a new standard for non-prescription cosmeceuticals Leaders in stem cell and epigenetic biotechnologies Committed to infusing "perfection" into the finest details Designed for the discerning consumer

The medi-luxe® at-home rituals and professional treatments have core pillars that include: • Medical grade cosmeceuticals • Expertly crafted massages mimicking injectable techniques • Integration of clinical technologies, hand-held devices and skincare tools As time is considered a luxury, a range of rituals and professional treatments have been designed to meet the needs of: • At-home consumer "how to self-apply" techniques • Dynamic retail and urban spa environments with 15-minute targeted or 30–45-minute express treatments • Premium hotel spa settings with experiential 60- and 90-minute treatments or Immersive programs such as The Time ReverCell™ Capsule.

ZENTS COLLECTION

The ZENTS collection is a full range of deeply hydrating, healing and age-defying body care in 10 different gentle and compatible aromas. Each aroma is designed to be beautiful alone, but a guest can also combine their two or three favorites to create a bespoke aroma. The aromas are gentle and great for those that are scent-sensitive. The ZENTS collection merges two unique worlds that are usually kept separate - high-end sophisticated aromas with results-driven body care. This collection focuses on retail as well as beautiful Bespoke Rituals; Romance Rituals; Manicures & Pedicures; and Shower Room Amenities.

The UNZENTED Collection is a beautiful, luxury unscented line that is great for pregnant women, people with sensitivities or women who love perfume and are looking for a clean body care line that won't clash with their favourite fragrance. The UNZENTED collection focuses on retail and Wellness Rituals; Prenatal Rituals; Vibrant Living (cancer care); Enhancements (probiotic, age defy, stress relief) for massages; and In-Room Amenities.

ESSE

The brand uses organic biotechnology to create an environment on the skin that allows your natural microbial biodiversity to return. Probiotics and prebiotics in organic formulations help to restore the balance. Rewild your skin. Since its inception in 2002, Esse has remained true to its core principles: certified organic, vegan, and cruelty-free.

DR. LEVY

THE MEDI-LUXE® EXPERIENCE

90 min

Reawaken your skin's own youth. A comprehensive hero treatment combining age-reversing plant stem cells, plumping hyaluronic acid, microcurrent therapy, and the signature Levy-Tate lift massage. A powerful three-level peel, regenerating LED red light therapy, and cryo drainage result in visibly firmer, more youthful, and radiant-looking skin. Customized enhancers: micro roller

TIME REVERCELL™

TRANSFORMATIVE + EXPERIENTIAL

60 min

SHEER BRILLIANCE

Your best skin is reborn. Designed to gently resurface and regenerate the skin, this treatment blends an effective three-level peel, cryo therapy, micro skin roller, and the signature Levy-Tate lift massage to reboot your skin and leave it looking vibrant and youthful.

MEDI-SCULPT

Visibly lifted skin. Harnessing the power of age-reversing plant stem cells, this treatment uses the signature Levy-Tate lift massage designed to stimulate and tone the neck, jawline, forehead, lips, and eyes, combined with micro-current therapy for deep muscle activation. Emerge with a lifted, sculpted facial contour.

POWER LIFT (FOR HIM)

60 min

Perfectly primed skin. This carefully crafted treatment deep cleanses and revitalizes the skin and is targeted toward male-centric skincare needs. Your eyes are treated to a depuffing and wrinkle-reducing enhancer, while age-reversing plant stem cells are infused with a toning microcurrent for visibly refreshed skin.

INTENSIFYE™

15 min

DEPUFF + AWAKEN

Described as "the best thing since Botox", Dr. Levy's Eye Booster Concentrate harnesses powerful plant stem cells and hyaluronic acid, combined with microcurrent and cryo therapy, to diminish puffiness and decrease wrinkle depth. Enjoy visibly lifted eyes within minutes.

PERFECT POUT™

15 min

PLUMP + LIFT

Aimed at plumping and lifting, this treatment utilizes age-reversing plant stem cells to target the lines around the lips and mouth. Microcurrent therapy is used to tone muscles, while hyaluronic acid levels are boosted using penetrative technology. Enjoy an instantly plumped, perfect pout.

FLASH FIRMING EXPRESS LIFTING

30 min

Aimed at express lifting, this treatment animates your skin with the Levy-Tate lift massage, an up-tempo technique specifically designed to stimulate and tone. Microcurrent is used for deep muscle activation while age-reversing plant stem cells are infused to stimulate collagen and elastin production.

ESSE

ESSE LIVE PROBIOTICS

90 min

This world-class standard live probiotic experience is designed to reduce inflammation, enhance barrier function and address signs of ageing by restoring microbial balance and rewilding the skin.

ESSE RECONNECT EXPERIENCES

90 min

A bespoke facial that harnesses the power of advanced pre and probiotics to improve the microbial balance on the skin. Tailored to address your specific skin concerns with added pure enhancements to reconnect the senses. Experience benefits that include stress relief, boosted collagen production, reduced inflammation, and strengthened skin barrier function.

SIGNATURE EXPRESS FACIAL

30 min

An express 30-minute treatment using a cocktail of solution serums customized to your specific skin needs, infused with a heated tourmaline gemstone for an instant lift.

SUN BOOST OF THE ISLAND

Using indigenous coconut-pink rose-frangipani-tropical almond-sea hibiscus.

PRE-SUN EXPERIENCE

30 min Zest Sugar Body Scrub

30 min Sea Salt Scrub

30 min Back Massage

POST-SUN EXPERIENCE

30 min Kombucha Infusion Facial

30 min Soothing Body Cocoon (rose cream)

30 min ESSE Anti-inflammatory mini facial with a cold stone facial massage

YOGA SALUTATION

Mindful ritual to connect and balance the senses. Specialized breathing techniques combined with aromatherapy inhalations heighten the inner mind and body connection. Restoring energy and connecting the body's elements.

SPA POOL PREP

30 min

Back Massage

Foot Massage

Scalp Massage

Anti-Inflammatory Cooling Facial Massage

Hair and Scalp Treatment

BUTLER'S CONNECT

Elemental Immersion (bathing rituals)

Pure and natural powers of essential oils transform and strengthen the skin, balance the mind, and revitalize the senses. Enjoy a bathing experience in the comfort of your room and take in the spectacular views of Maldivian nature.

BE YOUR ELEMENT

Connect with your element through your body, mind, and skin. Aromatherapy bathing ritual with your selected elemental oil. Hydration therapy for the face through cleansing, exfoliation, and kombucha-infused mask application. Leaving the skin hydrated and balanced.

SIGNATURE EXPERIENCES

SIGNATURE CONNECT

180 min

This ritual seeks to attune, revitalize and reconnect the body and mind with the earth element. An infusion of vitamins, minerals, and antioxidants combined with an AHA exfoliation, extensive lymphatic massage, and acupressure help to feed the skin an abundance of nutrients. This ritual includes a full body exfoliation to revive and promote vitality, followed by a prescriptive Five Elements Aroma massage. It then concludes with a brightening facial to boost your natural radiance. The whole ritual helps to relieve fatigue and rejuvenate dull, dry, and undernourished skin.

SIGNATURE BALANCE

180 min

The ritual begins with a luxurious foot soak followed by a warming and invigorating massage that integrates Thai herbal compresses, hands-on massage, stretches, and acupressure techniques to help balance the body and mind. It will then be concluded with a balancing Five Element aroma facial.

NATURE'S CONNECTION

180 min

Connect and revitalize the body and mind while rejuvenating your complexion. An infusion of vitamins, minerals, and antioxidants combined with an AHA exfoliation, extensive lymphatic massage, and acupressure to help feed the skin an abundance of nutrients. This ritual includes a foot ritual to eliminate toxins and promote vitality, followed by a prescriptive Five Elemental Aroma massage. It then concludes with a hand and foot mud application and brightening facial using cooling cryo globes to brighten skin and reconnect to the earth's elements.

ULTIMATE ZEN

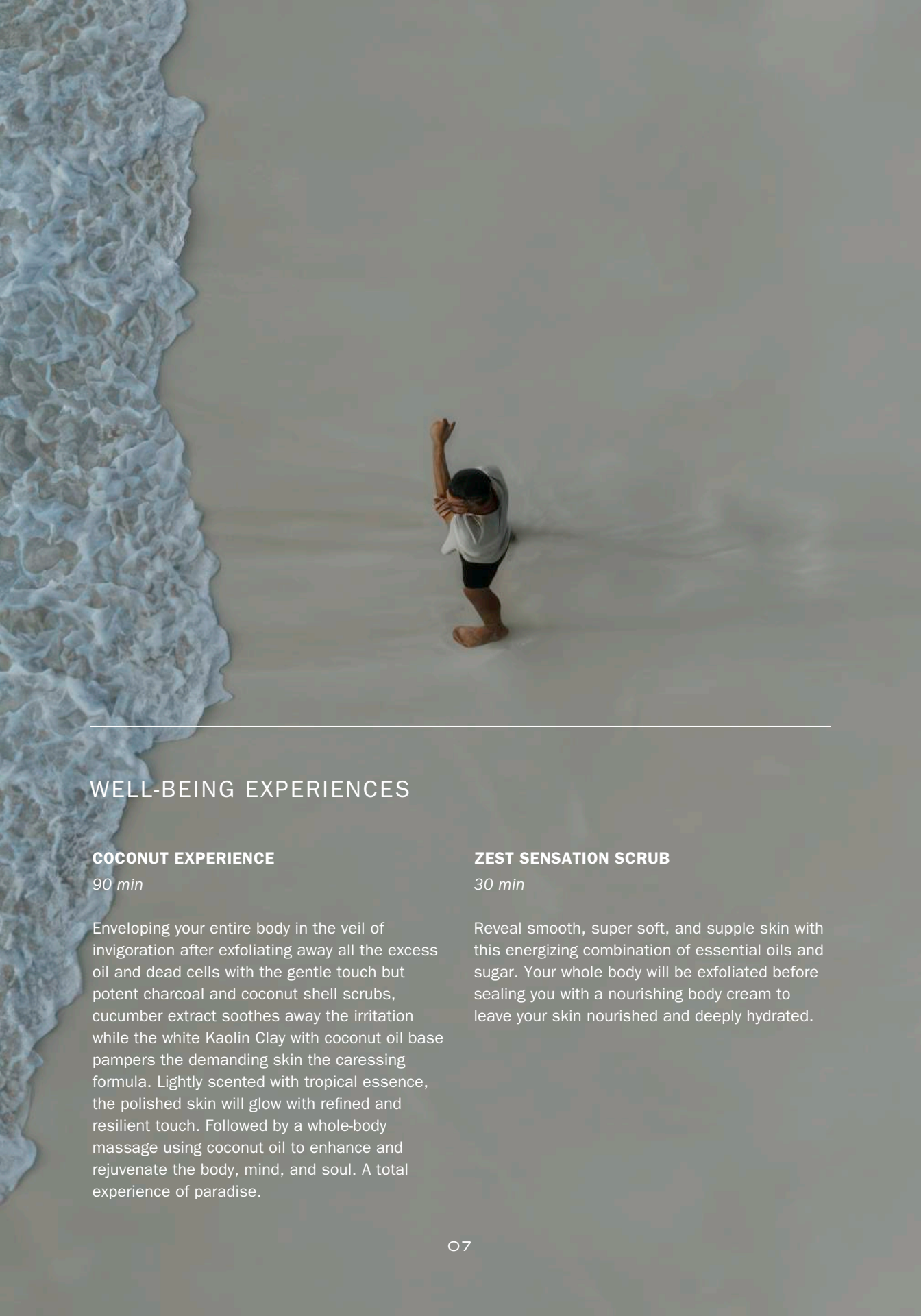
120 min

Find your ultimate zen with this scent-sory head-to-toe ritual. Begin your treatment with a powerfully healing Epsom and amica foot soak followed by the signature bespoke massage, harnessing your selected gentle aroma. Your soles are treated to a therapeutic massage, and a luxurious blend of warm coconut oil is rhythmically massaged into the scalp to induce a sense of physical and emotional tension relief. Emerge feeling balanced and revived.

SIGNATURE IMMERSE

180 min

Immerse yourself in a warm aroma bath before a comforting rose wrap cocoons the body. This is followed by a tension-releasing and soothing Chamomile and Rose Damask body massage. The ritual concludes with a nourishing moisture-boosting facial, soothing aromatherapy scalp massage, and stress-releasing foot massage to leave your mind still, centered, content, and with nourished, soft, and radiant skin.



WELL-BEING EXPERIENCES

COCONUT EXPERIENCE

90 min

Enveloping your entire body in the veil of invigoration after exfoliating away all the excess oil and dead cells with the gentle touch but potent charcoal and coconut shell scrubs, cucumber extract soothes away the irritation while the white Kaolin Clay with coconut oil base pampers the demanding skin the caressing formula. Lightly scented with tropical essence, the polished skin will glow with refined and resilient touch. Followed by a whole-body massage using coconut oil to enhance and rejuvenate the body, mind, and soul. A total experience of paradise.

ZEST SENSATION SCRUB

30 min

Reveal smooth, super soft, and supple skin with this energizing combination of essential oils and sugar. Your whole body will be exfoliated before sealing you with a nourishing body cream to leave your skin nourished and deeply hydrated.

HIMALAYAN AND DEAD SEA SALT SCRUB

30 min

Reveal velvet-soft skin with this bespoke aromatherapy exfoliation experience. Himalayan detox salt is mixed with your chosen five-element oil and applied to leave silky smooth skin. After showering, we will apply your chosen body cream to deeply nourish and hydrate.

BESPOKE POLISH

30 min

Unveil your glow with this sensory full-body exfoliation. Select your gentle mindful aroma during a guided aroma journey ritual carried through your treatment experience. A warm oil effleurage and infusion of sugar, salt, and shea are used to gently buff and condition your skin. Your treatment is completed with a luxurious application of a pro-biotic-infused cashmere lotion.

DETOX WRAP

30 min

To reduce fluid retention, invigorate circulation, and shift toxins, we apply a warm purifying Kaolin Clay infused with Rosemary, Grapefruit, and Jenifer Berry before cocooning you in a warming blanket. While the natural botanicals are activated, we massage your scalp and feet to release tension. After showering, we will apply a warming body cream leaving you feeling warm, purified, and revived.

BESPOKE WRAP

30 min

This indulgent envelopment treatment harnesses your selected gentle aroma while hydrating shea butter is melted and painted in long strokes onto the body. Your treatment is concluded with a mind-full warm oil scalp massage.



MASSAGE

Originating with ancient practitioners in cultures all around the world, and perfected over the centuries, massage has become an essential modality of today's well-being—to promote relaxation, improve circulation, aid in muscle recovery and boost immunity. From preparing for a day on the trails to taking in the glamour of the neighborhood to simply unwinding with a loved one. Our experiences target specific moods and muscles, leading to results that linger long after you have left our spa.

SIGNATURE MASSAGES

BESPOKE

90 min

Evoke a healing imprint with this scent-sory fully tailored body massage. Select a gentle mindful aroma during a guided aroma journey ritual that is carried through your entire treatment experience. Combining a warm oil scalp massage and therapeutic foot massage, your are elevated to a total sense of bliss.

AGE DEFENCE

90 min

Defend against ageing with a deeply nourishing organic shea butter. Lotus, ginkgo, and clinically proven paracress plant extract firm and plump, for smooth youthful skin. This indulgent treatment includees a warm oil scap massage and therapeutic foot massage.

IMMUNE SUPPORT

90 min

This super charged immune supporting treatment begins with an upper body dry body brushing followed by a full body massage to ease tension a naturally strengthening immunity. The treatment includes a warm oil scalp massage, therapeutic foot massage and is completed with a luxurious application of a probiotic cashmere lotion.

MASSAGES

FIVE ELEMENTS AROMA MASSAGE

60/90 min

This aromatherapy massage blends customized essential oil infusions with warm steam towels, heated stone, and skillful therapeutic to deliver the ultimate massage experience.

MANDARIN MUSCLE MELT

60/90 min

A full-body deep-tissue massage designed to ease muscle tension and aid recovery. Infused with warming and exotic mandarin, base notes of ginger, nutmeg, cardamom, and saffron create a deeply comforting sensation to melt away physical and emotional tension.

LIME BLOSSOM AND AMBER

60/90 min

This beautifully scent-sory calming massage combines two gentle aromas to bring you into a tranquil space. Lime blossom works to ground and balance, while amber works to calm the mind.

AROMA ENERGY FLOW

60/90 min

This traditional Balinese massage uses a combination of gentle stretches and acupressure to encourage the flow of chi energy around your body, bringing about a sense of balanced well-being. Euphoric notes of ylang-ylang and orris are infused to ignite the senses.

TRADITIONAL THAI MASSAGE

60/90 min

An ancient Thai Bodywork incorporates deep yoga-style stretches, including the use of thumb, elbow, and forearm pressure to relieve sore and back pain by tense muscles. This massage also increases flexibility in muscle and joint and improves blood circulation.

Introducing choreographed breathing movements will allow the free flow of energy throughout the body to enhance emotional and physical equilibrium. As a result, a better immune system is built for healthier living.

HEALING STONE MASSAGE

60/90 min

This unique treatment begins with placing healing volcanic stones on seven chakras from the head's crown to the spine's base. Chakras are energy centers that correlate with the glands of the endocrine system. Hot stones are then used in this medium-to-firm pressure massage to help release tension and soothe aching muscles.

Healing volcanic stones absorbs negative energy and toxins from the physical body and calms the mental state leading to deep relaxation. This remarkably relaxing treatment helps bring the body, mind, and spirit into a beautiful harmony.

MIND-FULL MASSAGE

60/90 min

A luxurious blend of warm coconut oil is rhythmically massaged into the scalp to relieve physical and emotional tension. This nourishing treatment soothes sensitivities and supports shiny, healthy hair.

MASSAGES

REFLEXOLOGY

60 min

One of the world's oldest healing methods, reflexology is a unique massage technique — performed on the feet and hands—that brings all of the body's organs back into balance and creates an all-over sense of relaxation.

MOTHER TO BE MESSAGE

60 min

Is therapeutic bodywork that focuses on the special needs of the mother-to-be as her body goes through the dramatic changes of pregnancy. It enhances the function of muscles and joints, improves circulation and general body tone, and relieves mental and physical fatigue. We utilize specific techniques and bolstering to help relax and ease the tired muscles of moms-to-be.

ENERGIZING CONTOUR MESSAGE

60/90 min

Rosemary and Grapefruit are both very invigorating to the physical and emotional mind. They are effective for detoxifying and lymphatic stimulants to rid the body of excess water retention and are ideal for treating cellulite.

ORGANIC VIRGIN COCONUT MESSAGE

60/90 min

It helps to improve skin elasticity and collagen production. Organic Virgin Coconut Oil is also known for its anti-aging properties. Organic Virgin Coconut Oil has antioxidants such as Vitamin E and Vitamin A, which help slow the aging process and may help to reduce the damage from free radicals and the sun.

AFTER SUN MESSAGE

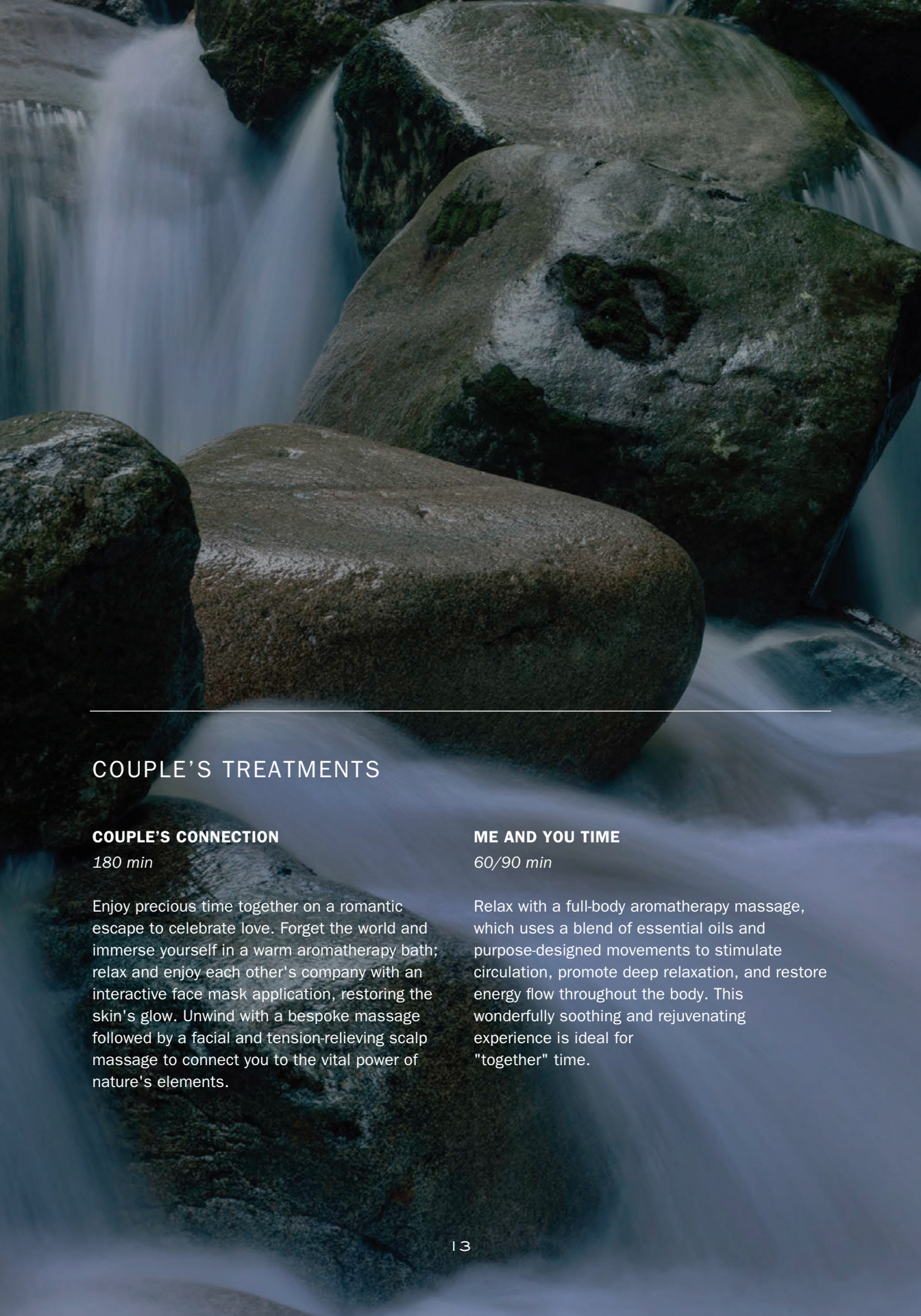
60/90 min

Feel the softly healing and pampering effects of this moisturizing and soothing product. After Sun Message is a perfect source for sunburn therapy. The base oils are Prickly Pear Seed Oil, containing vitamin E, and Inca Oil has Omega 3. This signature blend increases synthesis and strengthens skin, while our unique essential oil blend promotes relaxation.

SCENT-SENSITIVE MESSAGE

60/90 min

This deeply indulgent massage harnesses a beautifully unscented collection of products ideal for those who suffer from scent sensitivities, migraines, or eczema. The age-defying formulas are highly effective yet gentle enough for all ages.



COUPLE'S TREATMENTS

COUPLE'S CONNECTION

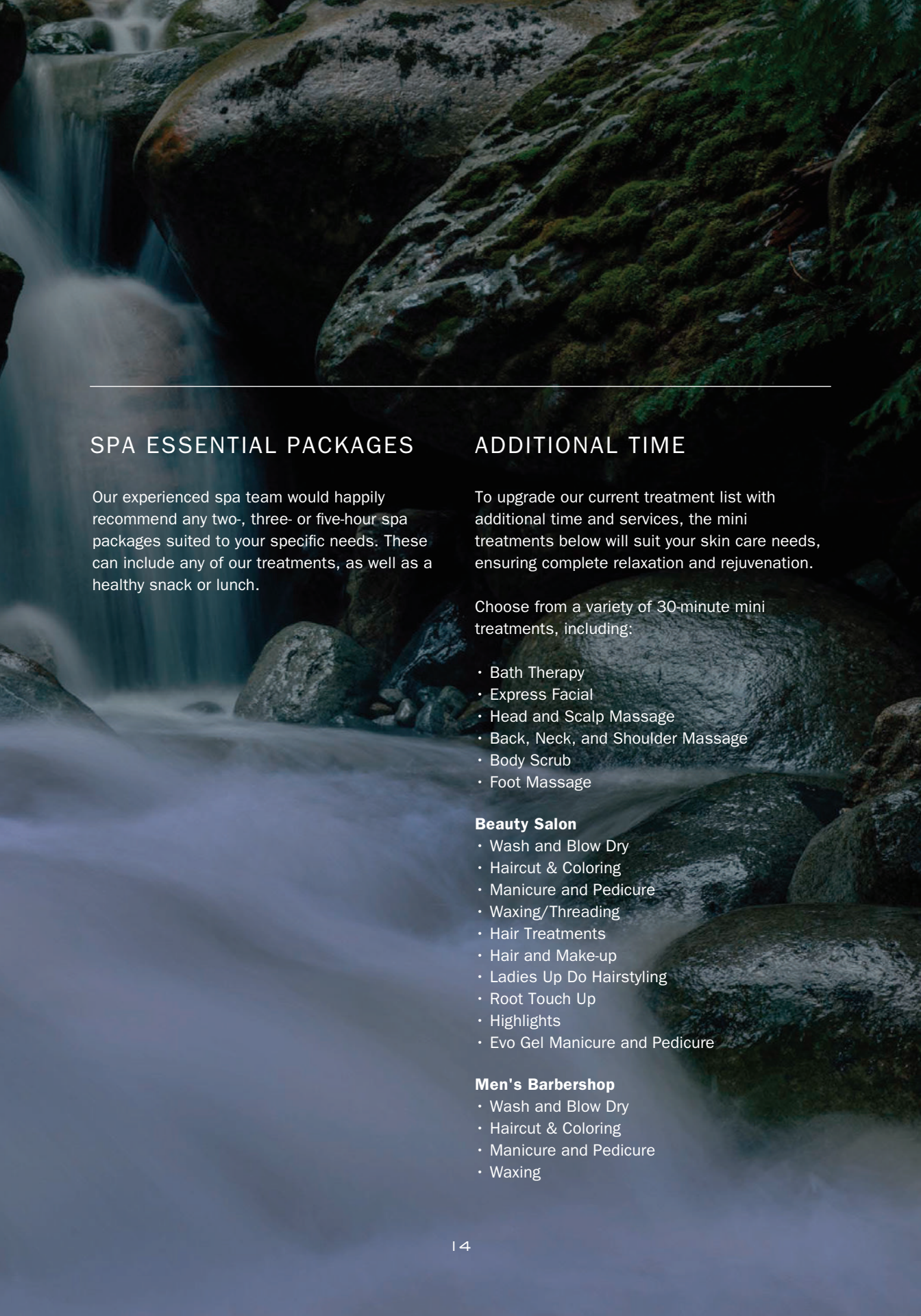
180 min

Enjoy precious time together on a romantic escape to celebrate love. Forget the world and immerse yourself in a warm aromatherapy bath; relax and enjoy each other's company with an interactive face mask application, restoring the skin's glow. Unwind with a bespoke massage followed by a facial and tension-relieving scalp massage to connect you to the vital power of nature's elements.

ME AND YOU TIME

60/90 min

Relax with a full-body aromatherapy massage, which uses a blend of essential oils and purpose-designed movements to stimulate circulation, promote deep relaxation, and restore energy flow throughout the body. This wonderfully soothing and rejuvenating experience is ideal for "together" time.



SPA ESSENTIAL PACKAGES

Our experienced spa team would happily recommend any two-, three- or five-hour spa packages suited to your specific needs. These can include any of our treatments, as well as a healthy snack or lunch.

ADDITIONAL TIME

To upgrade our current treatment list with additional time and services, the mini treatments below will suit your skin care needs, ensuring complete relaxation and rejuvenation.

Choose from a variety of 30-minute mini treatments, including:

- Bath Therapy
- Express Facial
- Head and Scalp Massage
- Back, Neck, and Shoulder Massage
- Body Scrub
- Foot Massage

Beauty Salon

- Wash and Blow Dry
- Haircut & Coloring
- Manicure and Pedicure
- Waxing/Threading
- Hair Treatments
- Hair and Make-up
- Ladies Up Do Hairstyling
- Root Touch Up
- Highlights
- Evo Gel Manicure and Pedicure

Men's Barbershop

- Wash and Blow Dry
- Haircut & Coloring
- Manicure and Pedicure
- Waxing





ABOUT



FAIRMONT SPA MALDIVES

Whether you are visiting from the other side of the world or taking some time for yourself out of your busy schedule, we wholeheartedly welcome you to Fairmont Spa Maldives.

Our spa experiences combine authentic and effective treatments with a place for you to spend time alone or with your friends. Social spaces by the pool and yoga and fitness areas — all are designed to stir our passion for living with abundant energy.

SPA ETIQUETTE

ENVIRONMENT

Fairmont Spa Maldives is a place to restore your energy and relax. Cellphones and other electronic devices are not permitted for your peace and privacy. If you would like to receive messages during your time with us, please let one of our colleagues know, and we would be happy to assist.

ARRIVAL AND ETIQUETTE

We recommend you arrive 45 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction in your treatment experience. To make any changes to your booking, please contact the Spa on:

PERSONAL MATTERS

Please inform us of any health conditions at the time of booking. Upon arrival, you will also be asked to complete a medical history form, so we can better customize your experience to your needs.

ATTIRE

You will receive a robe and slippers to wear between treatments and a locker for your personal belongings. For your comfort, undergarments are provided to be worn during treatments.

GIFT VOUCHERS

Gift Vouchers for all Fairmont Spa services and packages are available for purchase. Please contact our Spa Experience Coordinators for further information.

MAKING APPOINTMENTS

To book an appointment or discuss suitable experiences, please call +960 654 8888, contact your Villa Host, or via the Staytus App. Consult our Spa Team to select treatments that fulfil your personal requirements. Advanced reservations are recommended to ensure availability.

CANCELLATION POLICY

If you wish to reschedule or cancel any spa appointments, please notify the Spa four hours in advance. Cancellation or rescheduling of a package requires 24 hours' notice. Missed appointments without proper notice are subject to a 100% charge for reserved services.

TAXES AND SERVICE CHARGES

For your convenience, GST, 16% service charge, and 10% VAT is included in the treatment price.

HOURS OF OPERATION

Fairmont Spa: 9:00 AM to 9:00 PM, daily

A SPACE FOR THE SENSES

Duality lies at the heart of all we do here—the natural and the technological, movement and stillness, sunrise and sunset. And much like the iconic hotel that we call home, Fairmont Spa Maldives blends timeless mid-century modern interiors with thoughtful contemporary touches to situate every guest in the present moment. Warm, welcoming woods complement stately marble and brass amid soaring ceilings, supporting mindfulness and well-being before treatment begins.

Through our doors lie eight beautifully designed treatment rooms as well as a range of experiential spaces that we encourage you to explore at your leisure.

Beyond our traditional spa services, you can also enjoy our fitness center, featuring state-of-the-art exercise equipment and a dedicated space for yoga, movement and meditation classes. And for those looking to raise their heartrate outdoors, we also offer bicycles and workout apparel. No matter where you are on your well-being journey, you can take the next step here at Fairmont Spa Maldives.



