

AISAWAN SPA

RELAX & REJUVENATE

OPEN DAILY, FROM 9.00 - 18.00 HRS.

Aisawan
SPA

FOR ADVANCE RESERVATION



aisawanspa@pullmanpattayahotelg.com



+66 38 411 940-8



SOOTHING MASSAGE

TRADITIONAL THAI

60 MINS	900
90 MINS	1,200
120 MINS	1,500

This ancient massage technique has been handed down through centuries. Based on the application of pressure along the energy lines of the body, using slow, gentle rocking movements, the therapist applies compressions with thumbs, palms, elbows, to harmonize vital life energies. Sometimes described as yoga massage, the Thai massage replaces tension and stress with a feeling of energy and vitality.

ALL PRICES ARE IN THAI BAHT,
SUBJECT TO 10% SERVICE CHARGE
AND 7% GOVERNMENTAL TAX

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AROMA MASSAGE

60 MINS	1,600
90 MINS	1,900
120 MINS	2,200

Aroma massage offers a deeply relaxing experience, rejuvenating both mind and body. The soothing essential oils nourish your skin, ease tension, and dissolve stress, while their natural scents uplift your spirit, promoting overall well-being and tranquility.

- Tones the muscles along with the whole physiology.
- Helps to keep the joints flexible.
- Relieves fatigue, aches and pain in the body.
- Calms the nerves.
- Increases the circulation.
- Improves the complexion of the skin by adding luster to it.

WARM OIL MASSAGE

60 MINS	1,600
90 MINS	1,900
120 MINS	2,200

Warm oil massage provides a soothing and comforting experience, revitalizing your body and mind. The gentle warmth softens the skin, relaxes muscles, and helps release built-up tension and toxins, enhancing your overall sense of calm and wellness.

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CLASSIC SWEDISH MASSAGE

60 MINS	1,600
90 MINS	1,900
120 MINS	2,200

One of the most popular types of massage, this technique uses oils and five different movements: long strokes (Effleurage), kneading of individual muscles, tapping movements, rolling of the fingers and vibration. Designed to improve blood circulation, relieve tension, ease stress and calm the mind and body.

FIT & FIRMING MASSAGE

60 MINS	1,800
90 MINS	2,300

Younger-looking tight skin with a powerful, soothing combination of grapeseed oil, for your skin includes anti-aging benefits, supple skin, and an even skin tone. While it works well for most skin types, green tea help shed cells and create new healthy skin that will become much more collagen abundant with longer collagen and elastin fibers resulting in younger looking, tighter skin, black pepper promotes urination, has an anti-bacterial effect, anti-oxidant effect and helps stimulate the breakdown of fat cells.

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SPORT MASSAGE

60 MINS	1,600
90 MINS	1,900
120 MINS	2,200

Sports massage is effective because of the beneficial physiological and psychological effects that are derived from the massage. Specifically, sports massage enable the athlete in training to work out and recover faster and more efficiently.

During any exercise, as a muscle contracts to do the work, it's fibers shorten and glide together allowing the muscle and tendon to broaden. In sports massage, compression and friction techniques imitate this broadening to help create more pliability of the connective tissues and eliminating restrictions in the broadening of the muscle.

- Maintaining and increasing flexibility.
- Improves alignment of the body to optimize performance and eliminate wear and tear.
- Speeds recovery of muscle and tendons after hard workouts and competitions.
- Reduces stiffness and soreness of training.
- Increases the circulation.

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AISAWAN HOT STONE

90 MINS **2,200**

120 MINS **2,600**

The application of hot marble stone gliding through vital points of the body helps extract toxic substance, improve calcium intake to the body and strengthen the bones. Mentally, it helps opens up new perspectives and stimulates creative problem solving. Emotionally it helps restore our senses while spiritually; it helps create wholeness of mind and spirit.

GOLFER GETAWAY MASSAGE

90 MINS **1,600**

120 MINS **1,900**

Golfer get away massage that focuses on the main muscles, including the leg and back muscles, it will help restore and strengthen muscle pain and focus on the arm and wrist muscles to relieve and restore tendonitis following inflammation and there is also a hot herbal compress to relax muscles and stimulate better blood circulation. Come experience the ultimate relaxation with the Golfer Getaway Massage

FOOT MASSAGE

30 MINS **500**

60 MINS **900**

Reflexology is based on the principle that the whole body contains “chi” or energy, constantly flowing through channels which unite to form the reflex points on the feet. Activating these reflex points can help improve blood circulation and restore the body’s natural state of equilibrium.

AYURVEDA HEAD MASSAGE

60 MINS **1,500**

An ayurvedic therapy in which medicated oils are used in a vigorous head and scalp massage. This uplifting experience is designed to improve blood circulation, exfoliate the scalp and nourish the hair.

OFFICE SYNDROME RELIEF MASSAGE

60 MINS **1,600**

Office Syndrome Massage Is Designed To Relax And Ease The Tension Around The Areas Of The Back, Neck And Shoulder Muscles

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DETOX REJUVENATION

BODY WRAP 40 MINS 1,200

Formulated according to a unique procedure, its detoxification effect activates blood circulation, tones and reduces the toxic in your body. Ingredients can be selected from the followings:

- Mineral Mud Spa powder
- Sculpture Moor
- Aloe Vera & Cucumber

BODY BATH 30 MINS 1,200

Underwater in the bath consisting ingredients which hydrates the skin, stimulates circulation, tones muscle tissue, leaving your skin, smooth, moisturized and lightly scented providing complete relaxation throughout the body. Ingredients for selection are:

- Milky Bath
- Mud Bath

BODY SCRUB 60 MINS 1,600

These full-body exfoliating treatments leave your skin feeling soft and velvety smooth. Also designed to desquamation the skin, warm the muscles and improve blood circulation.

Complete with the application of Aisawan body moisturisers from the following selection:

- Arabica Coffee
- Mangosteen sugar
- Rice & Oat milk

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SPA PACKAGE

THAI ROYAL PACKAGE

120 MINS **2,000**

The Thai Royal package is a combination of traditional Thai healing, perfect for tired and aching muscles. Our traditional Thai massage soothes and stretches the muscles while gentle pressure is applied on the vital points to stimulate the nerve meridians of the body. Specially blended Thai herbal compress harmonize the massage, consisting of an array of unique therapeutic Thai herbs & spices that will certainly relieve aches and pains. It promotes healthy blood circulation and tone of skin.

ASIAN HARMONY

120 MINS **2,200**

This delightful and exotic package will leave you fully refreshed and rejuvenated.

- **Body Bath (30mins)**
- **Thai and Oil massage (90 mins)**

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BODY SMOOTHER

120 MINS

2,400

Pamper your skin and body with this enthralling package.

- Mangoteen sugar scrub (30 mins)
- Aromatherapy massage (90 mins)

AISAWAN ULTIMATE

150 MINS

3,800

Our most exquisite and sumptuous package is an ultimate indulgence that will make your stay at the Aisawan an unforgettable and memorable celebration.

- Mangosteen sugar Scrub (30 mins)
- Aromatherapy massage (60 mins)
- Care & Repair Treatment (60 mins)

AISAWAN BLISS

150 MINS

3,800

This enchanting and luxurious package is a truly uplifting, revitalizing and refreshing experience.

- Mud bath (30 mins)
- Rice & Oat milk body scrub (30 mins)
- Aromatherapy massage (60 mins)
- Indian head massage (30 mins)

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FACIAL RADIANCE

CARE & REPAIR FACIAL 60 MINS 1,800

Protect the skin against environmental stress. Balances moisture and lipid deficits.

For sun-damaged, moisture-deficient skin Prevents photo-aging from sunlight or artificial light. Protects the skin against oxidative stress. An effective first line of defense.

PROPOLIS FACIAL 60 MINS 2,200

Balances the skin flora when hormone levels fluctuate. Reduces blemishes and support skin regeneration.

For blemished and oily skin.

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ALOE VERA LIFTING FACIAL
75 MINS **2,200**

The personalized mask and ampoule program that can be combined with any other skin care.

An “Extra” assortment of product with highly differentiated mechanisms of effect that can be added skin care systems to meet specific, current needs.

For all skin types: Lift, hydrate and balance the skin.

REVITALIZING AND RELAXING INTENSIVE FACIAL
75 MINS **2,200**

Problem-solver for complexions damaged by life stages, seasonal weather, exceptional situations other factors. Allows you to fine-tune our skin care systems by using these products short-or long-term or as an intensive treatment, depending on the skin concern.

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AISAWAN HOT STONE

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120 MINS	2,700

GOLFER GETAWAY MASSAGE

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FIT & FIRMING MASSAGE

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