



# SAILS

OPEN DAILY FROM  
7.00 PM - 11.00 AM

## Menu



**CHEF RECOMMENDED**  
*Signature Dishes*



**SIGN UP  
FOR FREE  
NOW!**  
Reservations  
All-inclusive Dining

**All**  
ACCOR - LIVE LIMITLESS



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**pullman**  
HOTELS AND RESORTS

PHUKET KAKON BEACH RESORT





### Organic Acai Bowl

THB 350

Smooth Amazonian Acai Berries with Greek Yoghurt, Honey, Fresh Berries, Banana & Kiwi

ORGANIC: KRUU LACCA 88888888 10 0000 000000



### Seared Tuna Tataki

THB 380

Sliced Avocado, Citrus & Soy

ORGANIC: KRUU LACCA 888888 10 0000 000000



### Phuket Seafood

THB 600

Prawn, Squid, Mussels, San Marzano Tomato & Fresh Basil

ORGANIC: KRUU LACCA 888888 10 0000 000000



### Croque Monsieur

THB 280

French Toast Style Ham & Gruyere Sandwich with Pineapple Mostarda, Served with French Fries

ORGANIC: KRUU LACCA 888888 10 0000 000000

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**Grain Fed  
Beef Prime Ribeye**

THB 2,200  
200 Gram 熟度 5 熟度 7 熟度 8



**Black Angus  
Beef Tenderloin (M-5)**

THB 1,900  
200 Gram 熟度 5 熟度 7 熟度 8

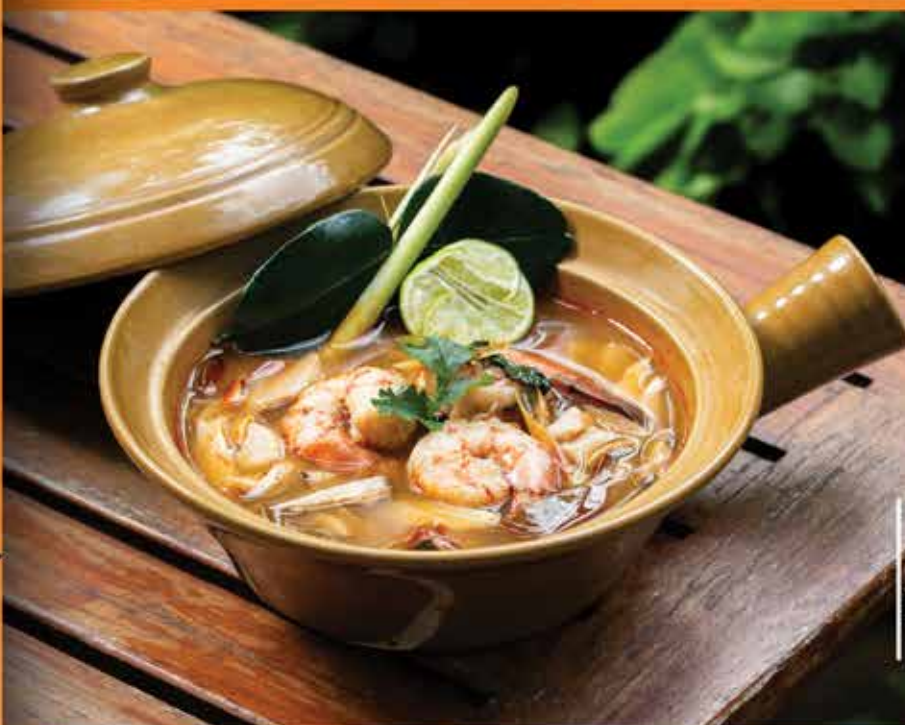


**CHEF RECOMMENDED**  
*Signature Dishes*



**Butter Chicken**

**THB 400**  
Succulent Chicken Simmered  
in a Spiced Tomato and Butter Gravy  
\*ราคา: 911-9888111 | 7-8:30PM-11:30PM



**Tom Yam Goong**

**THB 500**  
Thai Hot & Sour Shrimp Soup,  
Lime, Lemongrass, Chili  
\*ราคา: 911-9888111 | 7-8:30PM-11:30PM



**Mango Sticky Rice**

**THB 250**  
Fresh Mango, Sticky Rice,  
Sweet Coconut Milk, Sesame  
\*ราคา: 911-9888111 | 7-8:30PM-11:30PM



# Sails Restaurant ALL DAY DINING



## EAST & WEST SOUP 东&西汤

**Tom Yam Pla Krapong** 380

Thai Hot and Sour Sea Bass Soup with Lime, Lemon Grass, Hot Basil and Chili

冬阴鱼汤：泰式酸辣味海鲈鱼汤配青柠、柠檬草、罗勒和辣椒  
Calories: 500 Protein: 40 grams Fat: 20 grams Carbs: 40 grams Fiber: 5-10 grams

**San Marzano Tomato Bisque** 250

Thai Basil & Crème Fraiche

圣马扎诺番茄浓汤：泰式罗勒&法式罗勒

Calories: 350 Protein: 20 grams Fat: 30 grams Carbs: 40 grams Fiber: 10 grams

## SMALL BITES 小食

**Marinated Thai Chicken Satay** 250

Lemon Grass, Spicy Peanut Sauce

泰式鸡肉沙爹 坚果：柠檬草，辣味花生酱

Calories: 400 Protein: 40 grams Fat: 40 grams Carbs: 20 grams Fiber: 5-10

**Seared Tuna Tataki** 380

Sliced Avocado, Citrus & Soy

烤金枪鱼烧：切片鳄梨，柑橘和大豆

Calories: 300 Protein: 40 grams Fat: 10-30 grams Carbs: 20 grams Fiber: 5-10 grams

**Cauliflower Gratin** 350

Roasted Garlic, Manchego Cheese & Almond Milk

焗花椰菜：烤大蒜，格乳酪芝士和杏仁奶

350 Calories, 10g Protein, 25g Fat, 20g Carbohydrates

**Crispy Vegetable Spring Rolls** 300

Thai Chili Sauce

脆皮蔬菜春卷：泰式辣酱

300 Calories, 6-Gram Protein, 15 Grams Fat, 10 Grams Carbohydrates

**Goong Hob Pang Thod** 300

Fried Shrimp & Thai Herbs with Plum Sauce

脆皮蔬菜春卷：泰式辣酱

300 Calories, 6-Gram Protein, 15 Grams Fat, 10 Grams Carbohydrates

**Crispy Calamari** 350

Lightly Breaded Andaman Squid with Garlic Aioli and Pomodoro Sauce

脆炸鱿鱼：轻裹麵包屑的安达曼鱿鱼佐大蒜蒜泥蛋黄酱和番茄酱

Calories: 350 Protein: 25 grams Fat: 15-25 Carbohydrates: 30 grams Fiber: less than 1 gram

## ORGANIC WHENEVER POSSIBLE 巨有机

**A Salad of Organic Super Food** 320

Baby Kale, Blueberries, Grapes, Dried Cranberries, Quinoa, Sunflower Seeds, Walnuts, Edamame, Oranges, Baby Greens & Garlic Greek Yoghurt Dressing

超级有机沙拉：小羽衣甘蓝，蓝莓，葡萄，干蔓越莓，藜麦，葵花籽，核桃，毛豆，橙子，菜心&大蒜希腊酸奶酱

Estimated 500 calories, 25g fat, 50g carbs, 20g protein

**Som Tam Salad** 400

Phuket Blue Crab Meat, Bean Sprout, Green Papaya, Sweet & Sour Sauce

青木瓜沙拉：普吉岛青蟹肉，豆芽，青木瓜，甜酸酱

Calories: 250 Protein: 30 grams Fat: 15 grams Carbs 30 grams Sugar: 5-10 grams Fiber: 5-10 grams

**Caesar Salad** 300

Local Romain Lettuce, Aged Parmesan,

Sour Dough Croutons & Anchovies

凯撒沙拉：本地长叶莴苣，陈年帕尔玛干酪，酸种面包丁和凤尾鱼

Calories: 450 Protein: 15-20 grams Fat: 35 grams Carbohydrates: 30 Fiber: 5-10 grams

**Organic Acai Bowl** 350

Smooth Amazonian Acai Berries with Greek Yoghurt, Honey, Fresh Berries, Banana & Kiwi

有机巴西莓碗：丝滑亚马逊巴西莓配希腊酸奶，蜂蜜，新鲜浆果，香蕉和猕猴桃

Calories: 350 Protein: 20 grams Fat: 10 grams Carbohydrates: 40 grams Fiber: 5 grams

## ORGANIC WHENEVER POSSIBLE 巨有机

**Baby Arugula Salad** 300

Sun Dried Strawberries, Mango, Pickled Onion, Feta Cheese & Lemon Vinaigrette

芝麻菜沙拉：晒干草莓，芒果，腌洋葱，菲达奶酪和柠檬醋

400 calories, 15g fat, 40g carbs, 15g protein

**Ocean Trout Salad Niçoise** 700

Long Beans, Baby Potato, Tomato, Niçoise Olive,

Mixed Field Greens, Quail Egg & Sherry Vinaigrette

海洋鳟鱼尼斯沙拉：长豆，小土豆，番茄，墨西哥橄榄，混合蔬菜，鹌鹑蛋和雪利酒醋汁

550 calories, 30g fat, 40g carbs, 30g protein

**ADD TO ANY SALAD** 250 EACH

请君任选添沙拉

Grilled Boneless Chicken Breast 烤鸡胸肉

Smoked Scottish Salmon 烟熏苏格兰三文鱼

Grilled Andaman Tiger Prawns 烤安达曼虎虾

Crumbled Lump Crab Meat 碎蟹肉

Grilled Pacific Salmon 烤太平洋鲑鱼

Seared Tuna Loin 烤金枪鱼里脊

Tandoori Chicken Tikka 印度烤鸡

## BURGERS & SANDWICH 汉堡 & 三明治

**Club Sandwich** 450

Multi Grain Bread, Shaved Chicken, Avocado, Lettuce Tomato & white Cheddar Cheese

俱乐部三明治：杂粮面包，烟熏火鸡，牛油果，生菜，西红柿和白切达奶酪

551 Protein: 40-50 grams Fat: 40 grams Carbohydrates: 100 Fiber: 10 grams

**Grilled Chicken Sandwich** 350

Sour Dough, Pickles, Gouda Cheese, Honey Mustard

烤鸡肉三明治：酸种面包，泡菜，豪达奶酪，蜂蜜芥末

651 Protein: 40-50 grams Fat: 35 grams Carbohydrates: 100 Fiber: 10 grams

**Wagyu Beef Burger & Fries** 450

Brioche Bun, Smoked Bacon, Tomato & Onion Jam & White Cheddar Cheese

和牛汉堡和薯条：奶油面包，烟熏培根，番茄洋葱酱，白切达芝士

Calories: 1200 Protein: 40-50 grams Fat: 40-60 grams Carbohydrates: 100 Fiber: 10 grams

**Impossible Burger** 450

Avocado, Spicy Tomato Jam, French Fries

不可能汉堡：牛油果，辣味番茄酱，薯条

Calories: 800 Protein: 30-40 grams Fat: 30-50 grams Carbohydrates: 80 grams Fiber: 10-15 grams

**Smoked Salmon Panini** 550

Multi-grain Bread, Cucumber, Tomato & Lemon Caper Cream Cheese

烟熏三文鱼帕尼尼：杂粮面包，黄瓜，番茄和柠檬酸豆奶油芝士

450 calories, 20g fat, 40g carbs, 20g protein

**Croque Monsieur** 280

French Toast Style Ham & Gruyere Sandwich

with Pineapple Mostarda, Served with French Fries

火腿芝士三明治：法式吐司火腿格鲁耶尔三明治配菠萝莫斯塔达，配炸薯条

Calories: 500 Protein: 30 Fat: 20-30 grams Carbohydrates: 50 grams Fiber: 5-10

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Vegetarian Shellfish Fish Nut Pork Spicy Gluten Free Signature Celery Seafood  
Contains Dairy Eggs Healthy Lactose Free Mustard Alcohol Local Product Vegan Sustainably Farmed

# Sails Restaurant ALL DAY DINING



## OVEN BAKED PIZZA 烤箱制烤披萨

**Phuket Seafood** 🐠 600

Prawn, Squid, Mussels, San Marzano Tomato & Fresh Basil  
普吉岛海鲜披萨: 对虾, 鱿鱼, 贻贝, 圣马扎诺番茄和新鲜罗勒  
Calories: 500 Protein: 30 Fat: 20-30 grams Carbohydrates: 50 grams Fiber: 5-10

**Diavola** 🍷 550

Dry Cured Salami, Black Olives, Thai Chili Flakes  
帝沃拉猪肉披萨: 干熏腊肠, 黑橄榄, 泰国辣椒片  
Calories: 350 Protein: 20 grams Fat: 30 grams Carbs: 40 grams Fiber: 10 grams

**Margherita** 🍷 450

Mozzarella, Tomato & Basil  
玛格丽塔披萨: 马苏里拉奶酪, 番茄和罗勒  
Calories: 600 Protein: 20 Fat: 25 grams Carbohydrates: 50 grams Fiber: 10 grams

**Quattro Formaggi** 🍷 600

Gorgonzola, Fresh Milk Mozzarella, Fontina Aged Parmesan  
芝士披萨: 戈尔根佐拉干酪, 新鲜牛奶马苏里拉干酪, Fontina陈年帕尔马干酪  
Calories: 700 Protein: 50 grams Fat: 40 grams Carbohydrates: 50 grams Fiber: 5-10 grams

**Pizza Capricciosa** 🍷 550

Mozzarella c, Italian Ham, Mushroom, Artichoke & San Marzano tomato  
卡布里乔披萨: 马苏里拉奶酪, 意大利火腿, 蘑菇, 洋蓟和圣马萨诺番茄  
Calories: 800 Protein: 50 grams Fat: 40 grams Carbohydrates: 50 grams Fiber: 5-10 grams

## PASTA 意面

**Spaghetti Alla Puttanesca** 🍷 350

Black Olives, Sundried Tomatoes, Capers & Extra Virgin Olive Oil  
普塔内斯卡鳀鱼茄酱意面: 黑橄榄, 干番茄, 刺山柑和特级初榨橄榄油  
Calories: 600 Protein: 20 grams Fat: 20-30 grams Carbohydrates: 70 grams Fiber: 10 grams

**Island Seafood Linguini** 🍷🐠 650

Baby Scallop, Tiger Prawn, Spinach, Cherry Tomato & Vodka Lemon Crema  
海鲜意大利扁面: 小扇贝, 虎虾, 菠菜, 樱桃番茄, 伏特加柠檬奶油  
Calories: 700 Protein: 40 grams Fat: 30 grams Carbohydrates: 50-Fiber: 5-10 grams

**Spaghetti Bolognese** 500

Beef Ragu with San Marzano Tomatoes & Parmesan Cheese  
意大利肉酱米娜面: 牛肉酱配圣马萨诺番茄和帕尔玛干酪  
Calories: 400-600 Cal, Protein: 20-30 g, Fat: 15-25 g Saturated Fat: 5-10 g, Carbohydrates: 40-60 g

**Spinach & Ricotta Ravioli** 🍷🌿 450

Pomodoro, Basil & Shaved Reggiano Parmesan  
菠菜干酪意大利小方饺: 番茄, 罗勒和雷吉亚诺帕尔玛干酪  
Calories: 300-400, Cal Protein: 15-20 g, Fat: 10-15 g, Saturated Fat: 5-7 g, Carbohydrates: 30-40 g

**Maine Lobster Fettuccine** 🍷🍤 650

Roasted Coldwater Lobster, Fettuccini Pasta, Baby Spinach, Lobster Velouté  
缅因州龙虾意式宽面: 烤冷水龙虾, 意大利宽面, 小菠菜, 龙虾  
Calories: 650. Protein: 40 grams. Fat: 35 grams. Carbohydrates: 50 grams Fiber: 5 grams

## SIGNATURE CUISINE FROM THAILAND

### 泰国特色美食

**Gang Kaew Wan Gai** 300

Thai Green Curry with Eggplant & Chicken  
绿咖喱鸡: 泰式绿咖喱配茄子和鸡肉  
340 calories, 20g fat, 20g carbs, 22g protein

**Gaeng Phed Ped Yang** 320

Red Curry Roasted Duck with Phuket Pineapple & Coconut Milk  
红咖喱烤鸭: 红咖喱烤鸭配普吉岛菠萝 & 椰奶  
400 calories, 20g fat, 20g carbs, 26g protein

**Pla Murk Pad Prik Pow** 🍷🐠 350

Stir-fried Andaman Squid with Vegetables & Thai Chili  
泰式炒鱿鱼: 蔬菜 & 泰国辣椒炒安达曼鱿鱼  
320 calories, 25g fat, 20g carbs, 20g protein

**Phad Thai Goong Sod** 🍷🍤 450

Traditional Thai Style Fried Noodles, Local Shrimp, Bean Curd, Sprouts, Preserved Radish & Crusted Peanut  
虾炒河粉: 传统泰式炒面, 本地虾, 豆腐, 豆芽, 菜脯和花生碎  
Calories 700 Protein 40 grams Fat: 20-30 grams Carbohydrates: 50-60 grams Fiber: 5-10 grams

**Phad Thai Jae** 🍷 350

Fried Rice Noodle with Tamarind Sauce & Tofu  
素炒河粉: 罗望子酱 & 豆腐炒米粉  
Calories 600 Protein: 30 grams Fat: 25 grams oi Carbohydrates: 60 grams Fiber: 10 grams

**Phad Pak Ruam Mirt** 🍷 330

Stir-fried Mixed Vegetables in Soya Sauce 炒什锦: 红烧什锦菜  
Calories: 200 Protein: 10 grams Fat: 10-15 grams Carbohydrates: 30 grams Fiber: 5-10 grams

## TASTES FROM CHINA 中国味道

**Kung Pao Chicken** 350

Crispy Chicken with Capsicum and Hot & Sour Sauce, Served with Steamed Rice 宫保鸡丁: 辣炒香脆鸡  
425 calories, 25g fat, 40g carbs, 30g protein

**Ma Po Tofu** 🍷 300

Hot and Spicy Tofu, Bean Paste, Chili Oil & Sichuan Peppercorns, Served with Steamed Rice 麻辣豆腐: 麻辣豆腐, 豆瓣酱, 辣椒油, 花椒  
325 calories, 15g fat, 25g carbs, 35g protein

**5 Spiced Pork Spare Ribs** 🍷🐷 380

Hoisin, Oyster Sauce & Dark Soy, Served with Steamed Rice  
五香猪排骨: 海鲜酱, 蚝油和老抽  
425 calories, 35g fat, 30g carbs, 25g protein

**Vegetable Chow Mein** 🍷 300

Stir Fry Noodles with Boc Choy, Broccoli, Ginger, Soy & Sesame  
蔬菜炒面: 白菜, 花椰菜, 姜, 酱油, 芝麻炒面  
375 calories, 20g fat, 45g carbs, 10g protein

**Add Chicken** 添加鸡肉 180

**Add Beef** 添加牛肉 250

**Add Tiger Prawn** 添加虎虾 280



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🍷 Vegetarian 🍤 Shellfish 🐠 Fish 🥜 Nut 🐷 Pork 🌶️ Spicy 🍷 Gluten Free 🍷 Signature 🍷 Halal 🍷 Seafood  
🍷 Contains Dairy 🍷 Eggs 🍷 Healthy 🍷 Lactose Free 🍷 Mustard 🍷 Alcohol 🍷 Local Product 🍷 Vegan 🍷 Sustainably Farmed



**SAILS RESTAURANT ALL DAY DINING**  
Open Daily 11:00 am to 11:00 pm

# Sails Restaurant ALL DAY DINING



## STEAKS & CHOPS 牛排 & 排骨

**WE WORK WITH SMALL FARMS THAT PRODUCE M5 GRADE GRAIN FED PREMIUM CUTS OF BEEF AND LAMB**

ALL STEAKS ARE SERVED WITH CRYING TIGER AND HICKORY BBQ SAUCES. SERVED WITH GRILLED ASPARAGUS & TUFFLE FRIES

所有海洋海滩俱乐部的牛排均配有哭泣的老虎和山核桃烧烤酱, 可选择烤芦笋、糙米或松露薯条

**Center Cut New York Strip Steak 990**  
220 Gram 中切纽约牛排220克

**Black Angus Beef Tenderloin (M-5) 1,900**  
200 Gram 黑安格斯牛里脊 (M-5) 200克

**New Zealand Lamb Rack 4 Chops 2,000**  
新西兰羊排 4排

**Grain Fed Beef Prime Ribeye 2,200**  
250 Gram 谷物饲养牛肉250克

## FRESH & HEALTHY CATCH

新鲜健康的渔获

**WE SUPPORT FISHMONGERS THAT PROMOTE SUSTAINABLE FISHING PRACTICES**

我们支持推广可持续捕鱼方法的鱼贩

**Pan-seared Black Cod 650**  
Crushed Edamame, Gai Lan, Ginger & Citrus  
煎黑鳕鱼: 毛豆碎、盖兰碎、姜碎、柑橘碎  
450 calories, 30g fat, 20g carbs, 30g protein

**Fish & Chips 500**  
Wild Cod, Lemon, French Fries & Tartare Sauce  
儿童炸鱼薯条 鸡蛋: 野鳕鱼, 柠檬, 炸薯条和鞣艇酱  
Calories: 350 Protein 20 grams Fat: 20 grams. Carbohydrates 20-Fiber: 5 grams

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**@pullmankaronbeach**



## TASTE OF INDIA – NORTH TO SOUTH

印度味道 - 从北到南

### VEGETARIAN STARTERS 素食开胃菜

Served With Coriander & Mint Chutney, Tamarind Sauce And Mango Chutney  
配香菜薄荷酸辣酱、罗望子酱和芒果酸辣酱

**Hara Bara Kebab 280**  
Spinach, Potato Patties Filled With Bursts Of Indian Flavors  
哈拉巴拉饼: 菠菜, 土豆馅印度风味加满  
Calories: 240-260 per 150g Serving Pro Around 10-12Fat: 10-12g Carb: Around 30-35g

**Pani Puri – 8 pcs 280**  
Immensely Popular Indian Street Food of Crispy, Hollow, Fried Dough Balls (Puri) Stuffed With Boiled Potatoes  
空心炸球 8个: 印度人气街头小吃, 煮熟的土豆塞进酥脆中空的油炸面团球  
Cal 240-260 Pro 4-6g Fat: 12-14g Carbs 30-35g

### NON-VEGETARIAN STARTERS 荤食开胃菜

**Achari Murgh Tikka 300**  
Boneless Chicken Marinated in A Blend of Yogurt & Tangy Achari Masala Spices.  
阿查里默烤鸡: 用酸奶和浓郁的阿查里马沙拉香料腌制的无骨鸡肉  
Moderate - 20g, moderate fat 15 gm, yogurt marinade, low carbs.

**Tandoori Chicken Half/Full 300/550**  
Chicken marinated in yogurt, and Indian spices & roasted in our tandoor oven.  
印度烤鸡 全/半只: 在厨师的焗炉中烤炙浸泡在酸奶&印度香料的鸡肉  
300/550 cal. - 25g/50g est. moderate fat from marinade, low carbs.

### VEGETARIAN MAINS 素食主菜

Served with Basmati Rice and Buttered Naan 配印度香米和黄油馕饼

**Dal Makhani 280**  
Lack Lentils Slow-Cooked with Cream and Butter, Enriched with Aromatic Spices.  
印度咖喱豆: 小扁豆和奶油与黄油一起慢煮, 富含芳香香料。  
280 cal, High carbs - 40g, high fat from cream & butter 20g., moderate protein lentils 10g

**Dal Tadka 280**  
Yellow Lentils Tempered with Ghee and Spices  
印度黄扁豆: 用酥油和香料调制的黄扁豆  
280 Cal. High carbs 40g, moderate fat from ghee 15g est., moderate protein lentils - 10g

**Sabzi Handi 280**  
Fresh Vegetables Cooked with Garlic, Onions, Tomatoes, and Traditional Indian Spices in A Savory Gravy.  
印度蔬菜烩饼: 新鲜蔬菜与大蒜、洋葱、西红柿和传统的印度香料一起煮成美味结合  
280 Cal, Moderate carbs 25g, moderate fat 10g., low protein (minimal from vegetables)

**Paneer Lababdar 320**  
Creamy Paneer Cooked in A Spicy Cashew, Tomato, and Onion Gravy.  
印度奶酪咖喱: 用辛辣的腰果、番茄和洋葱肉汁烹制的奶油奶酪。  
320 Cal Moderate protein from paneer 25g, high fat from cream & cashews 20g, moderate carbs 20g

### NON-VEGETARIAN MAINS 非素食主菜

All Served with Basmati Rice and Buttered Naan 配印度香米和黄油馕饼

**Keema Mattar 450**  
Lamb Mince & English Pea Kabab  
咖喱炖菜: 羊肉&英式豌豆烤肉  
450 Cal High protein from lamb 30g fat 15g, moderate carbs rice - 30g

**Butter Chicken 400**  
Succulent Chicken Simmered in a Spiced Tomato and Butter Gravy  
黄油鸡: 多汁鸡肉炖与加了香料的西红柿和黄油肉汁  
380 Cal Moderate protein from chicken 25g, high fat from butter 20g moderate carbs, rice - 30g

Vegetarian Shellfish Fish Nut Pork Spicy Gluten Free Signature Celery Seafood  
Contains Dairy Eggs Healthy Lactose Free Mustard Alcohol Local Product Vegan Sustainably Farmed

Please let us know if you have any allergies or dietary requirements | Prices are in Thai Baht and exclude 7% VAT and 10% service charge.

# Sails Restaurant ALL DAY DINING



## DESSERTS 甜点

**Traditional Tiramisu** (O) (V) 280

Classic Tiramisu with Coffee Glace, lady Finger & Organic Cocoa Powder  
传统提拉米苏：经典提拉米苏搭配咖啡糖霜，手指饼干和有机可可粉

Calories: 410 Protein: 10 grams Fat: 20 grams Carbs: 20 grams Fiber: 10 grams

**Phuket Lemon Mille Feuille** (O) (V) 280

Crispy Filo Pastry, Lemon Curd, Madagascar Vanilla Ice Cream  
普吉岛柠檬千层：脆皮酥皮，柠檬凝乳，马达加斯加香草冰淇淋

Calories: 548 Protein: 10 grams Fat: 20 grams Carbs: 20 grams Fiber: 10 grams

**Blueberry Cheese Cake** (O) (V) 300

Blueberry Filled & Fresh Blue Berries

蓝莓奶酪蛋糕：蓝莓馅&新鲜蓝莓

Calories: 581 Protein: 20 grams Fat: 20 grams Carbs: 20 grams Fiber: 10 grams

**Mango Sticky Rice** (V) 250

Fresh Mango, Sticky Rice, Sweet Coconut Milk, Sesame

芒果糯米饭：鲜芒果，糯米，甜椰浆，芝麻

Calories: 429 Protein: 20 grams Fat: 20 grams Carbs: 20 grams Fiber: 10 grams

**Tropical Fruit Montage** 250

热带水果蒙太奇

**Ice Cream 冰淇淋** 150

Madagascar Vanilla Beans 马达加斯加香子兰豆

Dark 72% Belgian Chocolate 比利时72% 黑巧克力

Strawberry 草莓

"Nam Dok Mai" Mango 水仙芒果

Thai Tea 泰式奶茶















# Sails Restaurant ALL DAY DINING



## KIDS CUISINE 儿童菜单



<b>Breaded Chicken Nuggets</b> 	<b>250</b>
Hickory BBQ Sauce & French Fries 炸鸡块：山胡桃烧烤酱&炸薯条 <small>Calories: 250 Protein: 15 grams. Fat: High 15 Carbohydrates: 25 Fiber: 10 grams</small>	
<b>Kids Cheese Burger</b> 	<b>280</b>
Cheddar Cheese, Lettuce & Tomato. Comes with a Choice of Salad or French Fries 儿童芝士汉堡：切达奶酪，生菜和西红柿。可选择沙拉或炸薯条 <small>Calories: 280 Protein 20 grams Fat 10 Carbohydrates: 25 Fiber 5 grams</small>	
<b>Poached Pink Snapper</b> 	<b>400</b>
Brown Rice, Steamed Asparagus & Citrus Vinaigrette 清蒸粉红鲷鱼 健康食品：糙米，蒸芦笋和柑橘油沙司 <small>Calories: 250 Protein: 30 grams Fat 5 grams Carbohydrates: 20 Fiber 5 grams</small>	
<b>Cheesy Ravioli</b>  	<b>260</b>
Parmesan Cheese, Basil Tomato Sauce 意大利芝士水饺 麸质 鸡蛋：帕尔马干酪，罗勒番茄酱 <small>Calories 260 Protein 15 grams. Fat: 15 grams Carbohydrates: 30 grams Fiber: 5 grams</small>	
<b>Classic Spaghetti Bolognese</b> 	<b>280</b>
Premium Ground Beef in Tomato Sauce, Basil & Parmesan Cheese 经典肉酱面：优质碎牛肉配番茄酱，罗勒和帕尔马干酪 <small>Calories 280 Protein 20 grams. Fat: 15 grams. Carbohydrates: 30 grams. Fiber: 5 grams</small>	
<b>Kids Fish &amp; Chips</b>  	<b>450</b>
Wild Cod, Lemon, French Fries & Tartare Sauce 儿童炸鱼薯条麸质：野鲮鱼，柠檬，炸薯条和鞣靶酱 <small>Calories: 350 Protein 20 grams Fat: 20 grams. Carbohydrates 20 Fiber: 5 grams</small>	
<b>Margherita Pizza</b> 	<b>300</b>
Mozzarella Cheese Basil & Tomato Sauce 玛格丽塔披萨：马苏里拉芝士罗勒和番茄酱 <small>Calories 300 Protein: 15 grams Fat: Moderate 15 grams Carbohydrates: 30 grams Fiber: 5 grams</small>	
<b>Garden Vegetable Fried Rice</b>	<b>250</b>
Kids-Friendly Vegetables with Crispy Local Rice 园蔬炒饭：适合儿童的蔬菜配脆脆的本地风味大米 <small>Calories: 250 Protein 10 grams Fat: 10 grams</small>	
<b>Kid Pad Thai</b> 	<b>300</b>
Chicken & Baby Shrimp, Tamarind, Bean Sprouts & Peanuts 炒河粉：鸡肉&小虾，罗望子，豆芽&花生 <small>Calories 300 Protein 15 grams Fat 10 grams. Carbohydrates: 30 grams Fiber: 5 grams</small>	



 Vegetarian 
  Shellfish 
  Fish 
  Nut 
  Pork 
  Spicy 
  Gluten Free 
  Signature 
  Celery 
  Seafood  
 Contains Dairy 
  Eggs 
  Healthy 
  Lactose Free 
  Mustard 
  Alcohol 
  Local Product 
  Vegan 
  Sustainably Farmed



# Sails Restaurant

## WINE LIST



### WINES BY THE GLASS

#### SPARKLING

**Belleville Brut**  
Australia

**Bottega Prosecco DOC Rosé**  
Veneto, Italy

#### WHITE

**Belleville**  
Chardonnay, Viognier – Rhone Valley, France

**Wither Hill**  
Sauvignon Blanc – Marlborough, New Zealand

**Paolo E Noemia D'amico**  
Seiano Bianco Lazio I.g.p. 2021, Italy

**Bottega**  
Pinot Grigio – Venezia, Italy

#### ROSÉ

**Le Rosé de la Chapelle**  
Shiraz, Grenache, Mourvedre – Pays d'Oc, France

#### RED

**Belleville**  
Grenache, Shiraz – Rhone Valley, France

**Hardys**  
Shiraz – South-Eastern, Australia

**Luccarelli Primitivo**  
Primitivo – Puglia, Italy

**Velenosi Montepulciano d'Abruzzo Prope**  
Montepulciano – Abruzzo, Italy



325 1,450

375 1,800

325 1,450

375 1,725

395 1,825

395 1,825

395 1,695

325 1,450

350 1,575

375 1,750

395 1,895





# Sails Restaurant

## WINE LIST



### WINES BY THE BOTTLE

#### CHAMPAGNE & SPARKLING

	
<b>Bottega Brut Rosé</b> Pinot Noir - Lombardia, Italy	1,700
<b>Torresella Prosecco Extra Dry</b> Glera, Pinot Nero - Veneto, Italy	1,890
<b>Chandon Brut</b> Pinot Noir, Pinot Meunier – Victoria, Australia	1,990
<b>Breton &amp; Fils Traditon Brut</b> Champagne, France	3,590
<b>Lombard Extra Brut</b> Champagne, France	4,290
<b>Lombard Extra Brut, Premier Cru Rose</b> Champagne, France	4,590
<b>G.H. Mumm Cordon Rouge</b> Pinot Noir, Pinot Meunier, Chardonnay – Champagne, France	5,900
<b>G.H. Mumm Cordon Rosé</b> Pinot Noir, Pinot Meunier, Chardonnay – Champagne, France	5,900
<b>Moet Chandon Imperial Brut</b> France	7,900
<b>Dom Perignon – NV</b> France	19,000

#### ROSÉ WINE

<b>L'Ostal Rosé - Domaines Cazes</b> France	1,750
<b>Jacob's Creek Le Petit Rosé</b> Pinot Noir, Mataro, Grenache - South-Eastern, Australia	1,790
<b>Domaine Tropez Crazy Rose</b> France	1,850
<b>Whispering Angel Rosé, 750ml</b> France	2,625
<b>Whispering Angel Rosé, 1.5 L Magnum</b> France	4,995
<b>Whispering Angel Rosé 3l, Double Magnum Jeroboam</b> France	10,195



# Sails Restaurant

## WINE LIST



### WINES BY THE BOTTLE

#### WHITE WINE

<b>Trebbiano, Grechtto</b> Orvieto Classico Doc La Piuma, Italy	1,550
<b>Verdicchio Dei Castelli</b> Verdicchio - Staffolo, Italy	1,650
<b>Hardys</b> Chardonnay – South-Eastern, Australia	1,690
<b>San Pedro Gato Negro</b> Sauvignon Blanc – Central Valley, Chile	1,690
<b>Michel Lynch Sauv Blanc Bordeaux</b> France	1,750
<b>Reservado</b> Chardonnay – Central Valley, Chile	1,790
<b>PunTi Ferrer</b> Sauvignon Blanc – Central Valley, Chile	1,890
<b>Costamolino Vermentino di Sardegna</b> Vermentino - Sardinia, Italy	1,990
<b>Montes Classic</b> Chardonnay – Central Valley, Chile	1,990
<b>Cape Mentelle Georgiana</b> Sauvignon Blanc – Margaret River, Australia	2,090
<b>Pa Road</b> Sauvignon Blanc - Marlborough, New Zealand	2,090
<b>Pighin Collio Pinot Grigio Doc</b> Italy	2,390
<b>Paolo E Noemia D'amico</b> Calanchi Di Vaiano Lazio I.g.p. 2018 Italy	2,525
<b>Gavi Di Gavi Doc</b> Monchiero Carbone, Italy	2,525
<b>D.DU Pre Semele Sancerre Blanc,</b> France	2,525
<b>Jean Marc Brocard Petit Chablis 2022 Organic,</b> France	2,775
<b>Gustave Lorentz Gewurztraminer Evidence Organic</b> France	2,875
<b>Arneis Langhe Doc</b> Cordero Di Montezemolo, Italy	2,890
<b>Domaine Tinel-blondelet Pouilly Fume-genetin</b> France	2,890
<b>Domaine Tinel-blondelet Sancerre</b> France	2,990
<b>Domaine Natalie Fevre Chablis</b> France	3,295



# Sails Restaurant

## WINE LIST



### WINES BY THE BOTTLE

#### RED WINE

<b>Chianti, La Piuma</b> Sangiovese – Toscana, Italy	1,650
<b>San Pedro Gato Negro</b> Cabernet Sauvignon – Central Valley, Chile	1,690
<b>Renmano, Chairman's Selection</b> Shiraz – Sout-Eastern, Australia	1,890
<b>Cape Mentelle</b> Cabernet, Shiraz - Margaret River, Australia	1,990
<b>Costera Cannonau di Sardegna</b> Cannonau – Sardinia, Italy	2,090
<b>Montes</b> Merlot – Valle de Colchagua, Chile	2,090
<b>Pa Road</b> Pinot Noir - Marlborough, New Zealand	2,090
<b>PunTi Ferrer</b> Cabernet Sauvignon– Central Valley, Chile	2,090
<b>Amarone Farina 2020</b> Veneto France	2,695
<b>Chianti Classico</b> Brolio Docg Ricasoli, Italy	2,890
<b>Barbera D'alba Doc Cordero</b> Di Montezemolo, Italy	3,390
<b>Chateau Fonroque Cote De Fonroque Bordeaux</b> Saint - Emilion Bio, France	3,590
<b>Paolo E Noemia D'amico</b> Notturmo Dei Calanchi Umbria I.g.p, Italy	4,290
<b>Amarone Della</b> Valpolicella Doc Bottega, Italy	4,890
<b>Bruello Di Montalcino</b> La Mannella Cortonesi, Italy	5,090
<b>Domaine De Senechaux</b> Chateauneuf - Du - Pape, France	5,590



# Sails Restaurant DRINK LIST



## SIGNATURE COCKTAILS

280

### OBC Sangria

Red Wine, Mekhong Rum, Orange Juice and Sliced Fruits

### Arcadia Twilight

Absolut Vodka, Lemonade, Cranberry Juice, Lime Juice, Fresh Lime, Soda

### Karon Beach House

Mekhong Thai Rum, Fresh Mangoes, Fresh Lime, Syrup, Topped with Soda

### Andaman Wave

Mekhong Thai Rum, Blue Curacao, Pineapple Juice, Apple Juice, Lime Juice, Fresh Lemon

### Phuket Smile

Absolut Vodka, Chalong Bay Rum, Passion Fruit Juice, Syrup, and Fresh Lime Juice, Topped with Soda

## CLASSIC COCKTAILS THE LATIN WAY

280

### Piña Colada

Havana Club 3YRS, Malibu, Coconut Milk & Pineapple Juice

### Mai Tai

Havana Club 3YRS, Captain Morgan Rum, Orange Curacao, Pineapple Juice, Grenadine & Orange, Lemon Juice

### Mojito

Havana Club 3YRS, Peppermint Leaves, Lemon Twist & Soda

### Strawberry or Mango Daiquiri

Havana Club 3YRS, Triple Sec, Lemon Juice, Strawberry Syrup

## AND IF YOU'RE BRITISH

280

### Singapore Sling

Beefeater Dry Gin, Cherry Herring, Grenadine, Sweet & Sour, Topped With Soda

### Gin Fizz

Beefeater Dry Gin, Lemon Juice, Sugar & Soda

### Long Island Ice Tea

Beefeater Dry Gin, Absolute Vodka, Rum, Triple Sec, Lemon Juice Topped With Coke

## SOME MEXICAN FAVORITES

280

### Margarita

Tequila, Triple Sec, Lemon Juice & Salt

### Tequila Sunrise

Tequila, Orange Juice, Grenadine & Lemon Juice

### Strawberry Margarita

Tequila, Strawberry Monin Syrup

## MOCKTAILS

150

### Virgin Mojito

Mint Leaves, Raw Sugar, Lime Juice, Topped with Ginger Ale

### Safe Sex on the Beach

Cranberry Juice, Grapefruit Juice & Peach Juice

### Virgin Piña Colada

Pineapple Juice, Coconut Milk, Lemon Juice & Syrup

## SHOOT'EM!

280

### B-52

Kahlua, Baileys, Cointreau

### Tequilazo

Tequila, Lemon Soda

### Lemon Drop

Absolut Citron Vodka, Fresh Lemon

## BEERS

Singha / Tiger / Chang

170

Heineken

175

Menabrea Bionda, Italy

290

Corona Extra, Mexico

290

## APERITIFS

Pimm's No 1

190

Campari

190

Martini Bianco

190

Martini Rosso

190

## GINS

Beefeater

30ml

1,900

Gordon's

190

1,990

Beefeater Pink

190

2,100

Bombay Sapphire

210

2,900

Tanqueray

210

2,900

Beefeater 24

220

3,000





# SAILS RESTAURANT DRINK LIST

Open Daily 11:00 am to 11:00 pm

## Sails Restaurant DRINK LIST



### VODKAS

	30ml	Bottle
Smirnoff	190	1,800
Absolut	190	1,900
Absolut Raspberry	190	2,200
Absolut Citron	190	2,200
Absolut Vanilla	190	2,200
Absolut Mandarin	190	2,200
Absolut Berri Açai	190	2,200
Cîroc	190	4,200
Ketel One	250	3,700
Belvedere	250	4,200
Absolut Elyx Single Estate Handcrafted	280	4,500

### RUMS

	30ml	Bottle
Meakhong Thai Rum	120	1,200
Havana Club 3YRS Blond	190	1,900
Bacardi Bianco	190	2,100
Chalong Bay Craft 'Pure'	190	2,200
Captain Morgan Dark	190	2,500
Chalong Bay Craft	190	2,700
Havana Club 7YRS	210	2,700
Ron Zacapa Gran Reserva 23YRS	290	4,700

### TEQUILAS

	30ml	Bottle
OSierra Bianco or Gold	190	1,900
Olmecca Reposado	210	2,500
Don Julio	295	4,500

### COGNACS

	30ml	Bottle
Martell VSOP	295	3,500
Hennessy VSOP	295	3,500
Martell XO	650	15,000
Martell Cordon Bleu	650	15,000
Hennessy XO	650	15,000

### PORT & SHERRY

	30ml	Bottle
Tio Pepe Sherry	190	2,100
Fine Tawny Port	190	3,200

### WHISKEYS

	30ml	Bottle
Ballantines	190	1,900
Johnnie Walker Red Label	190	1,900
Jim Beam	190	2,200
Canadian Club	190	2,700
Southern Comfort	190	2,700
John Jameson	190	2,900
Jack Daniels	210	2,900
Chivas Regal 12YRS	190	3,500
Johnnie Walker Black Label	210	3,500
Glenfiddich 12YRS Single Malt	255	3,800
Singleton 12YRS Single Malt	235	4,200
Glenmorangie 10YRS Single Malt	190	4,500
Johnnie Walker Gold Label	250	4,500
Glenlivet Founders Reserve Single Malt	320	5,000
Glenlivet 15YRS Single Malt	380	5,500
Chivas Regal 18YRS	390	5,700
Glenlivet 18YRS Single Malt	520	12,000
Glenlivet 21YRS Single Malt	650	15,000
Royal Salute 21YRS	600	15,000
Johnnie Walker Blue Label	600	15,000
Chivas Regal 25YRS	750	17,000

### LIQUEURS

	30ml	Bottle
Malibu	190	2,100
Kahlua	190	2,700
Grand Marnier	190	2,700
D.O.M. Benedictine	170	2,700
Cointreau	190	2,700
Grappa	190	2,700
Amaretto	190	2,700
Baileys Irish Cream	190	2,700
Sambucca	190	2,700
Tia Maria	190	2,700
Drambuie	190	3,200

### DIGESTIVES

	30ml	Bottle
Pernod	190	
Ricard	190	
Fernet Branca	190	2,700
Jagermeister	190	2,700



# SAILS RESTAURANT DRINK LIST

Open Daily 11:00 am to 11:00 pm

## Sails Restaurant DRINK LIST



### FRESH FRUIT SHAKES

Raspberry	130	With Yoghurt	150
Mixed Berry	130		150
Strawberry	130		150
Orange	130		150
Blueberry	130		150
Peach	130		150
Mango	130		150
Lychee	130		150
Watermelon	130		
Lemon or Pineapple	130		
Fresh young coconut	130		
Banana Oreo	130		
Banana Choco	130		

### FRUIT JUICES

Chilled Orange Juice	105
Chilled Pineapple Juice	105
Chilled Lemon Juice	105
Chilled Mango Juice	105
Chilled Apple Juice	105
Fresh Young Coconut	110
Fresh Orange Juice	180

### SOFT DRINKS

Red Bull	200
Krating Daeng ( Thai Original Red Bull)	80
Coke, Coke Light, Coke Zero, Fanta, Sprite	80
Tonic, Bitter Lemon, Ginger Ale	80

### MINERAL WATERS

Singha Still Water	50
Soda Water	80
Aqua Panna Still 500 ml	190
San Pellegrino Sparkling 500 ml	190
Aqua Panna Still 1000ml	295
San Pellegrino Sparkling 1000 ml	295

### COFFEES

	Hot	Iced
Espresso	115	
Americano	115	125
Cappuccino	115	135
Tea	115	125
Café Latte	125	135
Mocha	125	135
Chocolate	125	135
Irish Coffee	290	

### DILMAH GOURMET TEAS

Black Tea	115
English Breakfast	
Darjeeling	
Oolong	
Flavoured Black Tea	
Earl Grey Tea	
Peach	
Lemon	
Strawberry	
Green Tea	
Green Tea with Jasmine	
Sencha Green	
Herbal Infusion Tea	
Chamomile Flowers	
Peppermint Leaves	

## YOUR NEXT MEAL COULD BE FREE.\*

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Sign up for free now and receive a scoop of ice cream or a cup of coffee on the house!



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# Sails Restaurant

## DRINK LIST

### NON-ALCOHOLIC



#### SIGNATURE PULLMAN KARON NON-ALCOHOLIC COCKTAILS

- Rebels Aperol & Tonic Spritz 350
- Signature Sober Yupa's Gin & Tonic 350
- Rebels Classic Amaretto Sour 350
- Rebels Old Fashioned 350
- Sober Thai's Mojito 350

#### NON-ALCOHOLIC SPIRITS

- Sober Gin 0.0% 320
- Sober Rum 0.0% 320
- Rebels Malt Blend Whiskey 0.0% 250
- Rebels Amaretto 0.0% 250

#### IT'S NOT WINE O'CLOCK!

- Alcohol-Free Sparkling Wine Rimuss Bianco Dry, Switzerland 1,990
- Alcohol-Free White Wine Chavin Chardonnay, France 2,850
- Alcohol-Free Red Wine Chavin Syrah, France 2,850

#### NON-ALCOHOLIC BEERS

- Heineken 0.0% 170
- Bundaberg Root Beer 170
- Bundaberg Ginger Beer 170

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