

# SPECIAL OFFERS

**INBALANCE**  
SPA BY NOVOTEL

**TRADITIONAL SASAK MASSAGE 60min Rp 375.000/90min Rp 485.000**

This deep tissue traditional Sasak massage relieves muscle tension, improves blood circulation, eases stress and calms the mind.

**GINGER HEALING MASSAGE 75 min Rp 395.000**

Shredded fresh ginger mixed with sun flower based oil are applied to your body for a warming effect to reduce your muscle tension.

**HOT STONE MASSAGE 90 min Rp 495.000**

Heated basalt stones gently touching your body, creating a detoxifying deep tissue massage.

**UPPER BACK MASSAGE 45 min Rp 295.000**

A back massage emphasising your back, neck and shoulder.

**JUNIOR SPA 5-12 years old**

Treatment is done with the utmost care and comfort for our youngest guests. We require parents/guardians to remain in the spa during the service.

- » Pampering Massage 30 min RP 150.000
- » Pretty Fingers 30 min Rp 125.000
- » Terrific Toes 30 min RP 125.000

**GIRL'S DAY OUT (5-12 years old) 90min Rp 350.000**

Get all the Junior Spa treatments for your lovely angel

**QUICK ESCAPE 75min Rp 520.000**

If you are short on time, enjoy this special package of your choice.

- Choice of:
- Upper body massage + foot massage
  - Upper body massage + body scrub

**BALINESE HERBS HEALING 105 min Rp 600.000**

Balinese herbs will work to release the muscle stiffness with its rheumatic healing remedies that are used by Balinese people as a traditional healing treatment.  
*Foot wash ritual – Sasak massage – Balinese body wrap*

**SUNBURN SOOTHER 105 min Rp 620.000**

Fresh aloe vera will help your skin healing process by minimizing pain and inflammation, stimulate skin growth and repair.  
*Foot wash ritual - Sasak massage - Aloevera body mask.*

**RINJANI INDULGENCE 150min Rp 740.000**

This treatment promotes healing and brings you into deep relaxation. Minerals used from volcanic mud are good against skin disease and protect you from rheumatic stiffness.  
Feet wash ritual-Hot stone massage-Volcano mud body mask-Herbal bath

**FOOT MASSAGE 45 min Rp 285.000**

Either you are mountain hiker or hill lover, this massage will help you to soften and relieve your foot muscle soreness.

**FOOT REFLEXOLOGY 45 min Rp 295.000**

Massage using pressure on this reflex points aiming to improve well being by restoring the natural flow of your body energy

**SPA HAND & FEET**

This deluxe treatment includes an aromatherapy hand and foot soak, spa nail service, nail polish and a wonderful relaxing arms or lower leg massage.

Spa Manicure	60 min	RP 270.000
Spa Pedicure	60 min	Rp 295.000
Spa Manicure & Pedicure	120 min	Rp 490.000
Spa Nail Polish only (finger/toes)		RP 125.000

**INDONESIAN BATH**

- Choice of:
- Herbal bath
  - Flower bath
  - Bubble/Milk bath

**30min Rp 150.000/1 person or Rp 250.000/2 person**

**BODY SCRUB 40 min Rp 285.000,-**

Gentle cleansing body scrubs that exfoliate dead skin cells.

- Body scrub - Yogurt body conditioning
- Choice of:
- Coconut & Vanilla
  - Sea Salt yogurt Coffee
  - Cocoa

**BODY MASK 40 min Rp 285.000,- Aloe Vera Rp 300.000,-**

Help to get rid the body of toxins through metabolic stimulation and soothing of the skin.

- Choice of:
- Aloevera
  - Avocado
  - Merapi Volcano
  - Cocoa

**LOMBOK BODY GLOW 105 min Rp 600.000**

Yogurt scrub will be used to exfoliate dead skin and stimulate cells regeneration. This treatment will leave your skin velvety smooth and moist.  
*Foot wash ritual – Sasak massage – Yogurt salt body scrub*

**EXCOTIC COCONUT BODY SCRUB 120min Rp670.000**

Coconut scrub is suitable for skin care, especially for those who have dry skin. Coconut has lots of nutrients to leave the skin smooth and moist.  
*Foot wash ritual - Sasak massage - Coconut scrub - Flower bath*

**SENSES OF HAVEN SIGNATURE MASSAGE 90 min Rp 495.000**

Our signature massage is inspired by the movement of the waves; combined with point pressure and long strokes, this massage gently stimulates energy flow, restores balance and harmony for mind, body and spirit

**NOVOTEL LOMBOK RESORT & VILLAS**

Mandalika Resort - Pantai Putri Nyale  
Kuta Pujut, Lombok Tengah NTB Indonesia

Tel. +62 (0)370 6153 333

Email: [Hotel@novotellombok.com](mailto:Hotel@novotellombok.com)