



SPA HAND & FEET

This deluxe treatment includes an aromatherapy hand and foot soak, spa nail service, nail polish and a wonderful relaxing arms or lower leg massage.

Spa manicure polish	60min	Rp 270.000
Spa manicure gel	90min	Rp 370.000
Spa pedicure polish	60min	Rp 295.000
Spa pedicure gel	90min	Rp 395.000
Spa manicure & pedicure polish	120min	Rp 490.000
Spa manicure & pedicure gel	150min	Rp 590.000
Nail polish only (finger/toes)		Rp 125.000
Gel polish only (finger/toes)		Rp 200.000
Gel remove (finger & toes)		Rp 100.000

JUNIOR SPA 5-12 years old

Treatment is done with the utmost care and comfort for our youngest guests. We require parents/guardians to remain in the spa during the service.

Pampering Massage	30 min	Rp 150.000
Pretty Fingers	30 min	Rp 125.000
Terrific Toes	30 min	Rp 100.000

GIRL'S DAY OUT (5-12 years old)

Get all the Junior Spa treatments for your lovely angel

3 Days Sacred Time Rp 1.170.000

- Day 1 : Ginger Healing Massage 75 minutes
- Day 2 : Nutritional Facial 75 minutes
- Day 3 : Spa Manicure & Pedicure 120 minutes

5 Days Sacred Time Rp 2.600.000

- Day 1 : Hot Stone Massage 90 minutes
- Day 2 : Full Body Sasak Massage 90 minutes
- Day 3 : Nutrition facial 75min & Body scrub/Body Mask 40min
- Day 4 : Spa Manicure & Pedicure 120 minutes
- Day 5 : Exotic Coconut 120 minutes

*Exclude Royal Honeymoon

All price are inclusive of 21% government tax and service charge

SPA ETIQUETTES

To maintain a peaceful and serene atmosphere at the spa, please turn off your mobile phone while you are inside the premises. Please be respectful and considerate of the privacy of other guests. We request that all guests keep noise level to a minimum.

BOOKINGS

We strongly recommend that you book your treatment in advance to reserve your preferred time. You must arrive at least 10 minutes prior to your appointment time. Treatment times are strictly adhered to and if you arrive late, the treatment will still be completed at the scheduled time.

CANCELLATION

A cancellation within 3 hours of appointed treatment schedule will incur a 50% charge of the treatment price, whilst full payment will be imposed for a NO SHOW

VALUABLES

We recommend that no jewellery should be worn during your visit to the spa. Please keep your belongings in the safe in your room. The management will not be responsible for the loss of money or valuables of any kind brought into the spa premises.

MEDICAL CONDITION

If you have a history of a medical condition such as hypertension, heart condition, pregnancy, recent surgery, we recommend you consult with a doctor prior treatment service. Alcohol and smoking are not permitted into spa premises.



INBALANCE
SPA @ NOVOTEL

NOVOTEL
Lombok Resort & Villas

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SINGLE TREATMENT

SENSES OF HAVEN SIGNATURE MASSAGE 90 min Rp 495.000

Our signature massage is inspired by the movement of the waves; combined with point pressure and long strokes, this massage gently stimulates energy flow, restores balance and harmony for mind, body and spirit

TRADITIONAL SASAK MASSAGE 60min Rp 375.000/90min Rp 485.000

This deep tissue traditional Sasak massage relieves muscle tension, improves blood circulation, eases stress and calms the mind.

GINGER HEALING MASSAGE 75 min Rp 395.000

Shredded fresh ginger mixed with sun flower based oil are applied to your body for a warming effect to reduce your muscle tension.

HOT STONE MASSAGE 90 min Rp 495.000

Heated basalt stones gently touching your body, creating a detoxifying deep tissue massage.

UPPER BACK MASSAGE 45 min Rp 295.000

A back massage emphasising your back, neck and shoulder, followed by a relaxing scalp massage.

FOOT MASSAGE 45 min Rp 285.000

Either you are mountain hiker or hill lover, this massage will help you to soften and reliev your foot muscle soreness.

FOOT REFLEXOLOGY 45 min Rp 295.000

Massage using pressure on this reflex points aiming to improve well being by restoring the natural flow of your body energy.

IN BALANCE HEAD MASSAGE 40 min Rp 285.000

The treatment focuses on the head, neck and shoulder. Helps to reduce headache, migraine and insomnia as well as strengthens hair roots.

PACKAGE

QUICK ESCAPE 75min Rp 520.000

If your are short on time, enjoy this special package of your choice

- Choice of : Upper body massage + foot massage
Upper body massage + body scrub

GINGER AROMATHERAPY BATH 105min Rp 520.000

The warming effect of ginger massage will reduces your muscle tension, tiredness and lethargy with a relaxing aromatherapy bath.

LOMBOK BODY GLOW 105 min Rp 600.000

Yogurt scrub will be used to exfoliate dead skin and stimulate cells regeneration.

This treatment will leave your skin velvety smooth and moist.

Foot wash ritual – Sasak massage – Yogurt salt body scrub

ROYAL HONEY MOON 180min Rp 2.100.000/couple

Celebrate your love with this special spa package.

Feet wash ritual – Sasak massage – nutritional facial – Milk and honey body mask – Milk bath

BOREH HEALING 105 min Rp 600.000

Balinese herbs will work to release the muscle stiffness with its rheumatic healing remedies that are used by Balinese people as a traditional healing treatment.

Foot wash ritual – Sasak massage – Balinese body wrap

SUNBURN SOOTHER 105 min RP 620.000

Fresh aloe vera will help your skin healing process by minimizing pain and inflammation, stimulate skin growth and repair. Foot wash ritual - Sasak massage - Aloevera body mask.

EXOTIC COCONUT BODY SCRUB 120min Rp 670.000

Coconut scrub is suitable for skin care, especially for those who have dry skin. Coconut has lots of nutrients to leave the skin smooth and moist.

Foot wash ritual - Sasak massage - Coconut scrub - Flower bath

RINJANI INDULGENCE 150min Rp 740.000

This treatment promotes healing and brings you into deep relaxation. Minerals used from volcanic mud are good against skin disease and protect you from rheumatic stiffness.

Feet wash ritual - Hot stone massage - Volcano mud body mask - Herbal bath

INDONESIAN BATH 30min Rp 150.000/1 person or Rp 250.000/2 person

- Choice of: Herbal bath
Flower bath
Bubble/Milk bath

FACIALS & BODY SCRUB

NUTRITIONAL 75 min Rp 395.000

Suitable for all skin types, deep cleanses, and exfoliates while at the same time retightens and refreshes your skin.

DRY SKIN FACIAL by Latulipe 60 min Rp 325 .000

This facial uses a cucumber lotion to cool down and calm your skin and will have to reduce pigmentation.

OILY SKIN FACIAL by Latulipe 60 min Rp 325.000

This facial uses an astrigent to close the pored of your skin and reduce oil on your face.

NORMAL SKIN FACIAL by Latulipe 60 min Rp 325.000

This facial uses a skin tonic to refresh and brighten your face

BODY SCRUB 40 min Rp 285.000

Gentle cleansing body scrubs that exfoliate dead skin cells.

Body scrub - Yogurt body conditioning

- Choice of : Coconut & Vanilla
Sea Salt yogurt
Coffee
Batak
Mangosten
Milk

BODY MASK 40 min Rp 285.000 Aloe Vera Rp 300.000

Help to get rid the body of toxins through metabolic stimulation and soothing of the skin.

- Choice of : Aloevera
Avocado
Merapi Volcano

