

INBALANCE

SPA BY NOVOTEL

TREASURE
YOUR WELL-BEING
AT NOVOTEL

SPA ETIQUETTES

To maintain a peaceful and serene atmosphere at the spa, please turn off your mobile phone while you are inside the premises. Please be respectful and considerate of the privacy of other guests. We request that all guests keep noise level to a minimum.

BOOKINGS

We strongly recommend that you book your treatment in advance to reserve your preferred time. You must arrive at least 10 minutes prior to your appointment time. Treatment times are strictly adhered to and if you arrive late, the treatment will still be completed at the scheduled time.

CANCELLATION

A cancellation within 3 hours of appointed treatment schedule will incur a 50% charge of the treatment price, whilst full payment will be imposed for a NO SHOW

VALUABLES

We recommend that no jewellery should be worn during your visit to the spa. Please keep your belongings in the safe in your room. The management will not be responsible for the loss of money or valuables of any kind brought into the spa premises.

MEDICAL CONDITION

If you have a history of a medical condition such as hypertension, heart condition, pregnancy, recent surgery, we recommend you consult with a doctor prior treatment service. Alcohol and smoking are not permitted into spa premises.

SPA HAND & FEET

This deluxe treatment includes an aromatherapy hand and foot soak, spa nail service, nail polish and a wonderful relaxing arms or lower leg massage.

Spa manicure polish (60min)	Rp 269
Spa manicure gel (90min)	Rp 368
Spa pedicure polish (60min)	Rp 297
Spa pedicure gel (90min)	Rp 396
Spa manicure & pedicure polish (120min)	Rp 489
Spa manicure & pedicure gel (150min)	Rp 588
Nail polish only (finger/toes)	Rp 126
Gel polish only (finger/toes)	Rp 198
Gel remove (finger & toes)	Rp 99

JUNIOR SPA 5-10 years old

Treatment is done with the utmost care and comfort for our youngest guests. We require parents/guardians to remain in the spa during the service.

Pampering Massage (30 min)	Rp 176
Pretty Fingers (30 min)	Rp 148
Terrific Toes (30 min)	Rp 121

GIRL'S DAY OUT (5-10 years old) 90min Rp 412

Get all the Junior Spa treatments for your lovely angel

3 Days Sacred Time Rp 1.170

Day 1: Ginger Healing Massage 75 minutes
Day 2: Nutritional Facial 75 minutes
Day 3: Spa Manicure & Pedicure 120 minutes

5 Days Sacred Time Rp 2.600

Day 1: Hot Stone Massage 90 minutes
Day 2: Full Body Sasak Massage 90 minutes
Day 3: Nutrition facial 75min & Body scrub/Body Mask 40min
Day 4: Spa Manicure & Pedicure 120 minutes
Day 5: Exotic Coconut 120 minutes

*Exclude Royal Honeymoon

AROMATIC HERBAL RETREAT 105min Rp 660

Nourish and hydrate your skin with our Herbal Body Mask, which helps detoxify, improves skin texture, and leaves you feeling refreshed and rejuvenated.

Foot wash ritual - Aromatherapy massage - Herbal body wrap

FACIALS & BODY SCRUB

NUTRITIONAL 75 min Rp 429

Suitable for all skin types, deep cleanses, and exfoliates while at the same time retightens and refreshes your skin.

DRY SKIN FACIAL by Latulipe 60 min Rp 352

This facial uses a cucumber lotion to cool down and calm your skin and will have to reduce pigmentation.

OILY SKIN FACIAL by Latulipe 60 min Rp 352

This facial uses an astringent to close the pores of your skin and reduce oil on your face.

NORMAL SKIN FACIAL by Latulipe 60 min Rp 352

This facial uses a skin tonic to refresh and brighten your face

BODY SCRUB 40 min Rp 360

Gentle cleansing body scrubs that exfoliate dead skin cells.

Body scrub - Yogurt body conditioning

Choice of :	Coconut
	Sea Salt yogurt
	Coffee
	Milk
	Vanilla
	Argan oil & Shea
	Green Tea

BODY MASK 40 min Rp 313 / Aloe Vera Rp 324

Help to get rid the body of toxins through metabolic stimulation and soothing of the skin.

Choice of :	Aloevera
	Avocado
	Merapi Volcano

SINGLE TREATMENT

SENSES OF HAVEN SIGNATURE MASSAGE 90 min Rp 500

Our signature massage is inspired by the movement of the waves; combined with point pressure and long strokes, this massage gently stimulates energy flow, restores balance and harmony for mind, body and spirit

TRADITIONAL SASAK MASSAGE 60min Rp 413/90min Rp 478

This deep tissue traditional Sasak massage relieves muscle tension, improves blood circulation, eases stress and calms the mind.

GINGER HEALING MASSAGE 75 min Rp 467

Shredded fresh ginger mixed with sun flower based oil are applied to your body for a warming effect to reduce your muscle tension.

HOT STONE MASSAGE 90 min Rp 517

Heated basalt stones gently touching your body, creating a detoxifying deep tissue massage.

AROMA THERAPY MASSAGE 60min Rp 495 / 90min Rp 533

Massage with warm oil helps relax tense muscles, reduces stress, improves blood flow, hydrates the skin, and supports muscle recovery.

RELAXING MASSAGE 60min Rp 440 / 90min Rp 506

Gentle techniques to release tension and promote calmness while improving circulation, relieving muscle tightness, enhancing mood, and encouraging better sleep.

ALOE BLISS HAIR TREATMENT 45min Rp 385

This treatment nourishes and hydrates your hair, enhances shine, refreshes your scalp, and promotes relaxation and circulation for vibrant, healthy-looking hair.

UPPER BACK MASSAGE 45 min Rp 343

A back massage emphasising your back, neck and shoulder, followed by a relaxing scalp massage.

FOOT MASSAGE 45 min Rp 326

Either you are mountain hiker or hill lover, this massage will help you to soften and relieve your foot muscle soreness.

FOOT REFLEXOLOGY 45 min Rp 346

Massage using pressure on this reflex points aiming to improve well being by restoring the natural flow of your body energy.

IN BALANCE HEAD MASSAGE 30 min Rp 297

The treatment focuses on the head, neck and shoulder. Helps to reduce headache, migraine and insomnia as well as strengthens hair roots.

INDONESIAN BATH 30min Rp 148/1 person or Rp 247/2 person

Choice of: Herbal bath or Flower bath or Bubble/Milk bath.

PACKAGE

QUICK ESCAPE 75min Rp 522

If you are short on time, enjoy this special package of your choice

Choice of :
Upper body massage + foot massage
Upper body massage + body scrub
Foot massage + aloe bliss hair treatment

GINGER AROMATHERAPY BATH 105min Rp 522

The warming effect of ginger massage will reduce your muscle tension, tiredness and lethargy with a relaxing aromatherapy bath.

LOMBOK BODY GLOW 105 min Rp 599

Yogurt scrub will be used to exfoliate dead skin and stimulate cells regeneration. This treatment will leave your skin velvety smooth and moist. Foot wash ritual – Sasak massage – Yogurt salt body scrub

ROYAL HONEY MOON 180min Rp 2.100/couple

Celebrate your love with this special spa package. Feet wash ritual – Sasak massage – nutritional facial – Milk and honey body mask – Milk bath

BOREH HEALING 105 min Rp 599

Balinese herbs will work to release the muscle stiffness with its rheumatic healing remedies that are used by Balinese people as a traditional healing treatment.

Foot wash ritual – Sasak massage – Balinese body wrap

SUNBURN SOOTHER 105 min Rp 616

Fresh aloe vera will help your skin healing process by minimizing pain and inflammation, stimulate skin growth and repair. Foot wash ritual - Sasak massage - Aloevera body mask.

EXOTIC COCONUT BODY SCRUB 120min Rp 671

Coconut scrub is suitable for skin care, especially for those who have dry skin. Coconut has lots of nutrients to leave the skin smooth and moist. Foot wash ritual - Sasak massage - Coconut scrub - Flower bath

RINJANI INDULGENCE 150min Rp 742

This treatment promotes healing and brings you into deep relaxation. Minerals used from volcanic mud are good against skin disease and protect you from rheumatic stiffness. Feet wash ritual - Hot stone massage - Volcano mud body mask - Herbal bath.

HAIR AND BODY BLISS 105min Rp 660

Experience both hair and body rejuvenation through a nourishing hair mask and full body massage. Foot wash ritual - Sasak massage - Hair and scalp treatment.

ALOE HARMONY 60min Rp 627

Refreshing package that combines a hydrating hair mask and rejuvenating body mask for ultimate relaxation. Foot wash ritual - Aloe bliss hair treatment - Aloe vera body mask.

All prices above are in Thousand Indonesia Rupiah and subject to 21% tax & service charge