

# Weekly Activities



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 am	<b>SUNRISE BIKE TOUR</b> THB 350++ / PERSON MEETING AREA: FITNESS	<b>FAMILY NATURE HIKE</b> MEETING AREA: FITNESS	<b>SUNRISE BIKE TOUR</b> THB 350++ / PERSON MEETING AREA: FITNESS	<b>SUNRISE BIKE TOUR</b> THB 350++ / PERSON MEETING AREA: FITNESS	<b>FAMILY NATURE HIKE</b> MEETING AREA: FITNESS	<b>SUNRISE BIKE TOUR</b> THB 350++ / PERSON MEETING AREA: FITNESS	<b>SUNRISE BIKE TOUR</b> THB 350++ / PERSON MEETING AREA: FITNESS
8:15 am	<b>HATHA YOGA</b> MEETING AREA: SPA						
10:00 am	<b>SAILING LESSON</b> MEETING AREA: BEACH	<b>STAND-UP PADDLE BOARD LESSON</b> MEETING AREA: POOLSIDE	<b>SAILING LESSON</b> MEETING AREA: BEACH	<b>STAND-UP PADDLE BOARD LESSON</b> MEETING AREA: POOLSIDE	<b>SAILING LESSON</b> MEETING AREA: BEACH	<b>STAND-UP PADDLE BOARD LESSON</b> MEETING AREA: POOLSIDE	<b>SAILING LESSON</b> MEETING AREA: BEACH
10:30 am	<b>GOLF LESSON</b> MEETING AREA: GOLF COURSE (MAXIMUM 8 PEOPLE)	<b>PADEL TENNIS LESSON</b> MEETING AREA: PADEL COURT (MAXIMUM 8 PEOPLE)	<b>GOLF LESSON</b> MEETING AREA: GOLF COURSE (MAXIMUM 8 PEOPLE)	<b>TENNIS LESSON</b> MEETING AREA: FITNESS (MAXIMUM 8 PEOPLE)	<b>GOLF LESSON</b> MEETING AREA: GOLF COURSE (MAXIMUM 8 PEOPLE)	<b>TENNIS LESSON</b> MEETING AREA: FITNESS (MAXIMUM 8 PEOPLE)	<b>PADEL TENNIS LESSON</b> MEETING AREA: PADEL COURT (MAXIMUM 8 PEOPLE)
11:00 am	← <b>UNDERWATER SCOOTER DEMO</b> MEETING AREA: POOLSIDE		<b>UNDERWATER SCOOTER DEMO</b> MEETING AREA: POOLSIDE			→ <b>UNDERWATER SCOOTER DEMO</b> MEETING AREA: POOLSIDE	
11:45 am	← <b>AQUA AEROBICS CLASS</b> MEETING AREA: POOLSIDE		<b>AQUA AEROBICS CLASS</b> MEETING AREA: POOLSIDE			→ <b>AQUA AEROBICS CLASS</b> MEETING AREA: POOLSIDE	
12:30 pm	<b>WATER POLO GAMES</b> MEETING AREA: POOLSIDE	<b>OLYMPIC GAMES</b> MEETING AREA: POOLSIDE	<b>CRAZY WATER VOLLEYBALL</b> MEETING AREA: POOLSIDE	<b>WATER VOLLEYBALL GAMES</b> MEETING AREA: POOLSIDE	<b>CRAZY WATER VOLLEYBALL</b> MEETING AREA: POOLSIDE	<b>OLYMPIC GAMES</b> MEETING AREA: POOLSIDE	<b>WATER VOLLEYBALL GAMES</b> MEETING AREA: POOLSIDE
2:15 pm	<b>PICKLE BALL TOURNAMENT</b> MEETING AREA: TENNIS COURT	<b>PING PONG TOURNAMENT</b> MEETING AREA: SALA MAPRAO	<b>PADEL TENNIS TOURNAMENT</b> MEETING AREA: PADEL COURT	<b>PING PONG TOURNAMENT</b> MEETING AREA: SALA MAPRAO	<b>PICKLE BALL TOURNAMENT</b> MEETING AREA: TENNIS COURT	<b>PADEL TENNIS TOURNAMENT</b> MEETING AREA: PADEL COURT	<b>PING PONG TOURNAMENT</b> MEETING AREA: SALA MAPRAO
3:00 pm	<b>THAI BOXING CLASS</b> MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	<b>THAI BOXING CLASS</b> MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	<b>THAI BOXING CLASS</b> MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	<b>THAI BOXING CLASS</b> MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	<b>THAI BOXING CLASS</b> MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	<b>THAI BOXING CLASS</b> MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	<b>THAI BOXING CLASS</b> MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE
4:00 pm	<b>THAI LANGUAGE LESSON</b> MEETING AREA: EXPLORER BAR		<b>FAMILY NATURE HIKE</b> MEETING AREA: CONCIERGE DESK	<b>THAI LANGUAGE LESSON</b> MEETING AREA: EXPLORER BAR	<b>THAI LANGUAGE LESSON</b> MEETING AREA: EXPLORER BAR		<b>FAMILY NATURE HIKE</b> MEETING AREA: CONCIERGE DESK
4:30 pm	<b>SOCCER</b> MEETING AREA: MAYA GARDEN	<b>H2O SUNSET FOAM PARTY</b> MEETING AREA: POOLSIDE	<b>DART SOCCER COMPETITION</b> MEETING AREA: MAYA GARDEN	<b>BOCCE TOURNAMENT</b> MEETING AREA: MAYA GARDEN	<b>DART SOCCER COMPETITION</b> MEETING AREA: MAYA GARDEN	<b>H2O SUNSET FOAM PARTY</b> MEETING AREA: POOLSIDE	<b>SOCCER</b> MEETING AREA: MAYA GARDEN
5:15 pm	<b>SUNSET BIKE TOUR</b> THB 350++ / PERSON MEETING AREA: FITNESS		<b>SUNSET BIKE TOUR</b> THB 350++ / PERSON MEETING AREA: FITNESS	<b>SUNSET BIKE TOUR</b> THB 350++ / PERSON MEETING AREA: FITNESS	<b>SUNSET BIKE TOUR</b> THB 350++ / PERSON MEETING AREA: FITNESS		<b>SUNSET BIKE TOUR</b> THB 350++ / PERSON MEETING AREA: FITNESS
6:15 pm	← <b>CANDLE RITUAL DANCE</b> MEETING AREA: LOBBY		<b>CANDLE RITUAL DANCE</b> MEETING AREA: LOBBY			→ <b>CANDLE RITUAL DANCE</b> MEETING AREA: LOBBY	

\*Subject to weather conditions.\* If rain contact Leisure Concierge for liquid sunshine program.

For more information, please contact #6118.

