

# Weekly Activities



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:15 am	HATHA YOGA MEETING AREA: SPA	HATHA YOGA MEETING AREA: SPA	HATHA YOGA MEETING AREA: SPA	HATHA YOGA MEETING AREA: SPA	HATHA YOGA MEETING AREA: SPA	HATHA YOGA MEETING AREA: SPA	HATHA YOGA MEETING AREA: SPA
10:00 am	STAND-UP PADDLE BOARD LESSON MEETING AREA: POOLSIDE	STAND-UP PADDLE BOARD LESSON MEETING AREA: POOLSIDE	STAND-UP PADDLE BOARD LESSON MEETING AREA: POOLSIDE	STAND-UP PADDLE BOARD LESSON MEETING AREA: POOLSIDE	STAND-UP PADDLE BOARD LESSON MEETING AREA: POOLSIDE	STAND-UP PADDLE BOARD LESSON MEETING AREA: POOLSIDE	STAND-UP PADDLE BOARD LESSON MEETING AREA: POOLSIDE
10:30 am	GOLF LESSON MEETING AREA: GOLF COURSE (MAXIMUM 8 PEOPLE)	PADEL TENNIS LESSON MEETING AREA: PADEL COURT (MAXIMUM 8 PEOPLE)	GOLF LESSON MEETING AREA: GOLF COURSE (MAXIMUM 8 PEOPLE)	TENNIS LESSON MEETING AREA: FITNESS (MAXIMUM 8 PEOPLE)	GOLF LESSON MEETING AREA: GOLF COURSE (MAXIMUM 8 PEOPLE)	TENNIS LESSON MEETING AREA: FITNESS (MAXIMUM 8 PEOPLE)	PADEL TENNIS LESSON MEETING AREA: PADEL COURT (MAXIMUM 8 PEOPLE)
11:00 am	← UNDERWATER SCOOTER DEMO MEETING AREA: POOLSIDE		UNDERWATER SCOOTER DEMO MEETING AREA: POOLSIDE		UNDERWATER SCOOTER DEMO MEETING AREA: POOLSIDE →		
11:45 am	← AQUA AEROBICS CLASS MEETING AREA: POOLSIDE		AQUA AEROBICS CLASS MEETING AREA: POOLSIDE		AQUA AEROBICS CLASS MEETING AREA: POOLSIDE →		
3:00 pm	THAI BOXING CLASS MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	THAI BOXING CLASS MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	THAI BOXING CLASS MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	THAI BOXING CLASS MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	THAI BOXING CLASS MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	THAI BOXING CLASS MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE	THAI BOXING CLASS MEETING AREA: SALA MAPRAO AGES 13 YEARS & ABOVE
4:00 pm	THAI LANGUAGE LESSON MEETING AREA: EXPLORER BAR	THAI LANGUAGE LESSON MEETING AREA: EXPLORER BAR	FAMILY NATURE HIKE MEETING AREA: CONCIERGE DESK	THAI LANGUAGE LESSON MEETING AREA: EXPLORER BAR	THAI LANGUAGE LESSON MEETING AREA: EXPLORER BAR		FAMILY NATURE HIKE MEETING AREA: CONCIERGE DESK
4:30 pm	PADEL TENNIS TOURNAMENT MEETING AREA: PADEL COURT	PADEL TENNIS TOURNAMENT MEETING AREA: PADEL COURT	PADEL TENNIS TOURNAMENT MEETING AREA: PADEL COURT	PADEL TENNIS TOURNAMENT MEETING AREA: PADEL COURT	PADEL TENNIS TOURNAMENT MEETING AREA: PADEL COURT	H2O SUNSET FOAM PARTY MEETING AREA: POOLSIDE	PADEL TENNIS TOURNAMENT MEETING AREA: PADEL COURT
6:15 pm	← CANDLE RITUAL DANCE MEETING AREA: LOBBY		CANDLE RITUAL DANCE MEETING AREA: LOBBY		CANDLE RITUAL DANCE MEETING AREA: LOBBY →		
7:30 pm		TRIVIA NIGHT MEETING AREA: LOBBY		TRIVIA NIGHT MEETING AREA: LOBBY			MUSIC TRIVIA NIGHT MEETING AREA: LOBBY

\*Subject to weather conditions.\* If rain contact Leisure Concierge for liquid sunshine program.

For more information, please contact #6118.

