

S O F I T E L

LE SPA

In the serene heart of our traditional Lao sanctuary, where tropical gardens whisper and time gently slows, guests are invited to unwind in a setting designed for deep restoration.

At Le SPA, ancient Lao healing arts are reimagined with locally harvested botanicals and advanced skincare techniques, offering a holistic journey that nurtures the body, calms the mind, and uplifts the spirit.

SOFITEL

LUANG PRABANG

Signature Experiences (2-hours treatment)

LAIT DE LAO RITUAL b a two-hour treatment inspired by Lao tradition. Using locally grown	\$140
coffee, creamy coconut, and water buffalo milk, this ritual begins with a gentle scrub to renew the skin, followed by a full-body aromatic massage that deeply hydrates, softens, and restores from head to toe.	
*Advance booking of at least one day is required for this treatment.	
BOUNJOUR EXPERIENCE b	\$130
Awaken your senses and tone your body with this rich coffee and coconut treatment, followed by a relaxing bath and an aromatic massage. Locally grown coffee beans gently exfoliate your skin, while the caffeine boosts circulation, leaving you feeling refreshed and revitalized.	
SOUL PAMPERING b	\$120
Aromatherapy and graceful long-stroke oil massages soothe the body, enhancing lymphatic flow and circulation. Conclude this indulgent experience with a 30-minute foot massage, offering total body pampering and renewal.	
Zen Moment (1-hour treatment)	
LE TROPICAL FACIAL f	\$60
Indulge in a rejuvenating facial journey crafted to unveil the beauty and radiance within, embracing local treasures and techniques. This exquisite facial experience is adorned with the caress of pampering hand massages, inviting you to bask in moments of serenity and grace.	
INDIAN HEAD MASSAGE b	\$60
Harnessing the wisdom of Ayurvedic massage, this divine treatment lavishes attention on the face, head, neck, shoulders, and upper back. Experience a harmonious fusion of ancient healing techniques and modern relaxation, enveloping you in a blissful oasis of tranquility and rejuvenation.	
HIN HON HOT STONE MASSAGE $\ f\ b$	\$60
Utilizing an ancient technique from The Ayurveda Bible, stones and minerals are applied to precise points on the body.	

Blissful Journey

LAO WISDOM MASSAGE EXPERIENCE b Embrace the ancient wisdom of Traditional Lao acupressure, gently easing muscle tension and dissolving energy blockages along meridian pathways. Feel the rhythm of vitality as each precise touch sets your spirit free, leaving you renewed and embraced by timeless healing.	60' - \$60 90' - \$80 120' - \$100
LAO COFFEE BODY WRAP b From the sunny realms of southern Luang Prabang, this coffee boasts detoxifying powers and luxurious moisturizing properties. Enriched with antioxidants, it unveils radiant, healthy skin, a testament to its pure origins.	60' - \$70
FRENCH SILHOUTTE BODY SCRUB b Revel in the revitalizing embrace of this natural exfoliating scrub, enhancing blood circulation and rejuvenating both skin and muscle tissue. Perfect for those adjusting to temperature changes, it offers a comforting renewal.	60' - \$70
FOOT MASSAGE b This traditional Lao foot massage applies focused pressure to key points, helping to restore energy flow throughout the body while easing muscle tension and bringing deep relaxation to the legs.	60' - \$50
LE SPA HERBAL COMPRESS b Soothe away discomforts and awaken your circulation with a harmonious blend of Royal Healing Massage techniques and the comforting warmth of an Indochina Herbal Compress.	90' - \$85
SWEDISH MASSAGE b Step into serenity, Swedish-inspired. Let the gentle hands of our oil massage dissolve stress and tension, leaving muscles and soft tissues renewed. Customized pressure ensures your tranquil escape is perfectly tailored to you.	60' - \$75
AROMATHERAPY MASSAGE b Immerse yourself in our fragrant, therapeutic oil massage, crafted to harness the healing power of plant oils and herbs. Each stroke is tailored to elevate relaxation and nurture your well-being, inviting you into a bespoke journey of rejuvenation.	60' - \$75

Information

LE SPA MEMBERSHIP CARD

A thoughtful gift that suits every occasion. Please inquire at reception for more information.

CANCELLATION POLICY

For outside guests, cancellation is free of charge if made 24 hours before the treatment. Hotel guests can cancel free of charge up to 4 hours before the treatment. Late cancellations will incur the full cost of the treatment.

RESERVATIONS

Bookings made by hotel clients directly with Le SPA must include a signed reservation card or credit card printout. Bookings made by outside clients directly with Le SPA must be secured by a credit card printout or cash payment. Changes to treatments and appointment times are possible without charge, depending on availability.

ARRIVAL AT LE SPA

Guests are encouraged to arrive at Le SPA 15 minutes before a scheduled treatment.

HEALTH ISSUES OR MEDICAL CONDITIONS

Please notify our Spa Manager or Receptionist before booking your treatment if you have high blood pressure, a heart problem, allergies, are pregnant, or have any other medical complications so that proper care can be taken.

VALUABLES

We recommended that no jewellery or valuables be worn at the spa. Management accepts no responsibility for loss of money or valuables of any kind brought into the spa.

ETIQUETTE

We remind our guests that the services provided at Le SPA are strictly professional. Any unusual behavior toward our staff will automatically result in the termination of the treatment, and full payment will be due immediately.







SOFITEL LUANG PRABANG

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