



LE SPA

S O F I T E L
LUANG PRABANG



Le Spa

In the serene embrace of our traditional Lao haven, surrounded by nature's opulent beauty, guests are invited to relax and rejuvenate, renewing their body, mind, and spirit in a symphony of tranquility and grace.

At Le SPA, ancient Lao healing traditions intertwine with local organic essences and the latest innovations in skincare.

S O F I T E L
LUANG PRABANG

Signature Experiences (2-hours treatment)

BOUNJOUR EXPERIENCE



\$110

Awaken your senses and tone your body with this rich coffee and coconut treatment, followed by a relaxing bath and an aromatic massage. Locally grown coffee beans gently exfoliate your skin, while the caffeine boosts circulation, leaving you feeling refreshed and revitalized.

SOUL PAMPERING



\$100

Aromatherapy and graceful long-stroke oil massages soothe the body, enhancing lymphatic flow and circulation. Conclude this indulgent experience with a 30-minute foot massage, offering total body pampering and renewal.

HIN HON HOT STONE MASSAGE



\$100

Utilizing an ancient technique from *The Ayurveda Bible*, stones and minerals are applied to precise points on the body. This treatment is complemented by a rejuvenating Le SPA Tropical Facial.

Zen Moment (1-hour treatment)

LE TROPICAL FACIAL



\$60

Indulge in a rejuvenating facial journey crafted to unveil the beauty and radiance within, embracing local treasures and techniques. This exquisite facial experience is adorned with the caress of pampering hand massages, inviting you to bask in moments of serenity and grace.

INDIAN HEAD MASSAGE



\$60

Harnessing the wisdom of Ayurvedic massage, this divine treatment lavishes attention on the face, head, neck, shoulders, and upper back. Experience a harmonious fusion of ancient healing techniques and modern relaxation, enveloping you in a blissful oasis of tranquility and rejuvenation.

HIN HON HOT STONE MASSAGE



\$60

Utilizing an ancient technique from *The Ayurveda Bible*, stones and minerals are applied to precise points on the body. This treatment is complemented by a rejuvenating Le SPA Tropical Facial.



FACE BODY

All prices are in US Dollars, inclusive of a 10% service charge and 10% tax

Blissful Journey

LAO WISDOM MASSAGE EXPERIENCE

Embrace the ancient wisdom of Traditional Lao acupressure, gently easing muscle tension and dissolving energy blockages along meridian pathways. Feel the rhythm of vitality as each precise touch sets your spirit free, leaving you renewed and embraced by timeless healing.

60' - \$50
90' - \$60
120' - \$70

LAO COFFEE BODY WRAP

From the sunny realms of southern Luang Prabang, this coffee boasts detoxifying powers and luxurious moisturizing properties. Enriched with antioxidants, it unveils radiant, healthy skin, a testament to its pure origins.

60' - \$60

FRENCH SILHOUTTE BODY SCRUB

Revel in the revitalizing embrace of this natural exfoliating scrub, enhancing blood circulation and rejuvenating both skin and muscle tissue. Perfect for those adjusting to temperature changes, it offers a comforting renewal.

60' - \$60

FRENCH SILHOUTTE BODY SCRUB

Revel in the revitalizing embrace of this natural exfoliating scrub, enhancing blood circulation and rejuvenating both skin and muscle tissue. Perfect for those adjusting to temperature changes, it offers a comforting renewal.

60' - \$60

LE SPA HERBAL COMPRESS

Soothe away discomforts and awaken your circulation with a harmonious blend of Royal Healing Massage techniques and the comforting warmth of an Indochina Herbal Compress.

90' - \$70

SWEDISH MASSAGE

Step into serenity, Swedish-inspired. Let the gentle hands of our oil massage dissolve stress and tension, leaving muscles and soft tissues renewed. Customized pressure ensures your tranquil escape is perfectly tailored to you.

60' - \$60

AROMATHERAPY MASSAGE

Immerse yourself in our fragrant, therapeutic oil massage, crafted to harness the healing power of plant oils and herbs. Each stroke is tailored to elevate relaxation and nurture your well-being, inviting you into a bespoke journey of rejuvenation.

60' - \$60



FACE

BODY

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Refresh Ritual

Experience our Refresh Ritual, designed to enhance your natural beauty with luxurious treatments. Revitalize your skin and feel refreshed and radiant.

BEAUTY TREATMENTS

MANICURE	60' - \$35
PEDICURE	60' - \$50
MANICURE & PEDICURE	90' - \$75

WAXING

ARMS	\$20
BIKINI	\$20
LEGS	\$25

Tranquil Escape (Available on request, please book 48-hours in advance)

BLIND MASSAGE	60' - \$50
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Experience a serene tranquility with the Blind Massage by the Lao Blind Association. Guided by the skilled hands of visually impaired masseurs, each touch tells a tale of empathy and expertise. Join us on a path of rejuvenation and empowerment, supporting our community with every embrace.

PILATES BY EMI MASSAGE

Experience the exclusive Pilates sessions by Emu, available only at Sofitel Luang Prabang. Arrange your appointment and immerse yourself in this unique wellness activity that enhances flexibility, strengthens core muscles, improves posture, and reduces stress.

MEDITATION & REIKI BY YOUR MIND RETREAT

Schedule your personalized session and unlock the profound benefits of these ancient practices. Meditation fosters mental clarity, reduces stress, and promotes emotional balance, while Reiki enhances energy flow, encourages deep relaxation, and supports holistic healing.



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Information

LE SPA MEMBERSHIP CARD

A thoughtful gift that suits every occasion. Please inquire at reception for more information.

CANCELLATION POLICY

For outside guests, cancellation is free of charge if made 24 hours before the treatment. Hotel guests can cancel free of charge up to 4 hours before the treatment. Late cancellations will incur the full cost of the treatment.

RESERVATIONS

Bookings made by hotel clients directly with Le SPA must include a signed reservation card or credit card printout. Bookings made by outside clients directly with Le SPA must be secured by a credit card printout or cash payment. Changes to treatments and appointment times are possible without charge, depending on availability.

ARRIVAL AT LE SPA

Guests are encouraged to arrive at Le SPA 15 minutes before a scheduled treatment.

HEALTH ISSUES OR MEDICAL CONDITIONS

Please notify our Spa Manager or Receptionist before booking your treatment if you have high blood pressure, a heart problem, allergies, are pregnant, or have any other medical complications so that proper care can be taken.

VALUABLES

We recommend that no jewellery or valuables be worn at the spa. Management accepts no responsibility for loss of money or valuables of any kind brought into the spa.

ETIQUETTE

We remind our guests that the services provided at Le SPA are strictly professional. Any unusual behavior toward our staff will automatically result in the termination of the treatment, and full payment will be due immediately.



LE SPA

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