



So | SPA MENU
SOFITEL



REJUVENATING
TRADITIONS FROM
AROUND THE WORLD WITH
FRENCH COSMETOLOGY

Worldwide ancient traditions meet the refinement and skills of the latest in French cosmetology to create SoSPA: an exhilarating and rejuvenating experience.

Awake your senses and feel re-energized with a selection of health and beauty treatments. Explore a new kind of spa experience with a wide range of poetic and surprising treatments following the forces of earth and inspiration of the Mystical Thai forest.

Discover all the ingredients to sublime your natural glow and make the stresses and strains of daily life fade away with our menu inspired by gastronomy.

SoSPA SO Sofitel Bangkok invites you to experience exclusive treatments in our seven SoSPA treatment rooms and three SO Suite Spa rooms combining contemporary Thai mystical forest thematic with French touch for an unforgettable moment of Well-being and Beauty.

Discover the benefits of Hammam traditions to complete your journey and achieve complete rejuvenation for your body and soul.

Cinq Mondes expresses French refinement and beauty expertise while **Ytsara** combines the most of beauty Asian traditions with ultimate refinement.



SoSPA welcomes you from 10:00am to 10:00pm everyday

(F) Facial

(B) Body

SO | SPA



À LA CARTE

SIGNATURE TREATMENTS

60 to 90 minutes

Price from 3,200 to 4,200 THB

SO Exhilarating Body Massage (B)

60 minutes THB 3,200

An euphoric and soothing Body Massage combines a rocking and tasteful experience that will shape and tone up your silhouette.

SO Rejuvenating Facial (F)

60 minutes THB 3,500

This refreshing and tasteful facial care harmoniously combines the benefits of honey and cucumber with the best of French beauty technique to revitalize and bring back youth to your skin.

Serenity of Five Elements (B)

90 minutes THB 4,200

Feel vital energy flowing back to your whole body. Deep vibrations are spread into meridians and muscles to free stuck energy. Herbal compresses and oils are massaged onto your body for a complete stress relief.

STARTERS

30 minutes

Price from 900 to 1,900 THB

Aromatic Hammam (B)

30 minutes THB 900

Relaxation in an aromatic steam bath, to favor the relaxation of the body and spirit. An ideal preparation before a treatment or massage.

Beldi Black Soap Scrub (B)

30 minutes THB 1,900

Discover this body purification process inherited from the oriental Hammam tradition. The Moroccan Beldi black soap is an ancient recipe that deeply exfoliates while satisfying skin hunger for silkiness once applied with an authentic Kassa Mitt.

Hom Mali Jasmine Body Scrub (B)

30 minutes THB 1,900

Reveals the body's hidden glow with ingredients known to purify and refine the skin. Jasmine Rice removes dullness and brightens, while Jojoba Oil and Shea Butter provide deep nourishment.

Marine Wave Bath Ritual (B)

30 minutes THB 900

Invigorating or Soothing bath rituals providing a delicious and softening prelude that leaves the skin - and the mind - truly receptive to the benefits of following treatments.

Papaya Radiance Scrub (B)

30 minutes THB 1,900

A delicate yet effective body polishing practice born of a Siamese ritual with an unctuous and finely grained "papaya purée" of an inviting dark tangerine color. Deliciously perfumed, skin is buffed to perfection to unveil the most superb radiance.

Pink Himalaya Scrub (B)

30 minutes THB 1,900

Millions of years ago, pristine seawater was crystallized and covered by lava, protecting it from modern-day pollution to create Pink Salt. Infused with 80 minerals, the Himalayan salt delivers its pure nutrients while gently smoothing your skin.

Rassoul Cream Wrap (B)

30 minutes THB 1,900

A purifying and detoxifying wrap, using a therapeutic recipe of Moroccan Rhassoul Cream. This natural clay promotes visible toning, silkiness and global detox to the skin. You feel transported to the magic universe of the Hammam.

Skin Reveal Wrap (B)

30 minutes THB 1,900

An exceptional multifaceted body wrap using powerful black mulberry extract combined with essential oils to detox, firm, rejuvenate and brighten. Symptoms of dull complexion, dehydration and aging skin are all treated at once.

MAIN - BODY

60 to 90 minutes

Price from 1,700 to 4,200 THB

A Clarity of Mind Head Massage (B)

45 minutes THB 1,900

A massage that targets the head's pressure points with warm virgin coconut oil and poultice to clear your mind, improve concentration and sleep quality.

Aromatherapy Massage (B)

60 minutes THB 3,200 | 90 minutes THB 4,200

A relaxing oil massage focusing on systematic manipulation of soft tissue to release overworked muscles while promoting whole body energy flow. Clears and sharpens the mind.

Ayurvedic Jet Lag Massage (B)

60 minutes THB 3,200 | 90 minutes THB 4,200

This hot oil tonifying massage, from the Indian tradition, relies on a combination of invigorating strokes that help to relieve muscle tension area in order to restore energy and vitality.

Balinese Massage (B)

60 minutes THB 3,200 | 90 minutes THB 4,200

Massage with « Tropical Nuts Melting Balm » very relaxing following a ritual from Bali with combines gentle Thai pulling and traditional smooth movements.

Coffee Cream Slimming Treatment (B)

60 minutes THB 3,500

Following a Brazilian ritual, a slimming treatment with our slimming « Crème de Café® » which combines caffeine, well-known as the most powerful slimming ingredient, and a sculpting body massage completed with a draining and toning wrap with clay.

Express Massage (B)

30 minutes THB 1,700

Relieves stiffness and soreness on the back, shoulder, neck and head to help relieve tension in the upper body.

Relaxing Foot Massage (B)

60 minutes THB 2,700

An invigorating foot massage to improve overall energy balance and enhance well-being.

Shop Aholic Massage (B)

60 minutes THB 2,700

An invigorating draining and circulation stimulating leg and foot massage following an Ayurvedic tradition to help regain lightness and vitality.

Stimulating Swedish Massage (B)

60 minutes THB 3,200 | 90 minutes THB 4,200

An invigorating oil massage focusing on systematic manipulation of soft tissue to promote good health using five techniques: effleurages, kneading, frictions, tapping and vibrations.

Silence of the Forest (B)

60 minutes THB 2,400

Release energy flow and balance energy in meridians with relaxing back massage and chakra balancing treatment.

Thai Wisdom Massage (B)

60 minutes THB 2,400 | 90 minutes THB 3,200

A famous marvelously none oil application massage combine the rhythms of firm acupuncture and muscular stretching for rebalancing your energies.

Warm Coconut Soother (B)

90 minutes THB 4,200

A relaxing massage using virgin coconut oil and coconut poultice to focus on the body's pressure points to nourish, soothe and condition your body.

MAIN - FACIAL

30 to 60 minutes

Price from 1,900 to 4,500 THB

Pure Light Mini Facial (F)

30 minutes THB 1,900

An « express radiance » couple with a face, nape of the neck and scalp massage according to a Bali Ritual – skin cleanliness well-being and beauty rolled into one.

Bali Flowers and Fruits Facial (F)

60 minutes THB 3,500

Deep cleansing treatment, skin perfector and “radiance booster” inspired by Balinese beauty rituals. Take full advantage of the benefits of the natural tropical flowers and natural AHA fruit acids active ingredients to restore purified and smoothed skin for a radiant complexion.

Beaute Original Haute Couture Facial (F)

75 minutes THB 3,900

As skin changes over time, so does what keeps it gorgeous. Treat yourself to customized French massage techniques combined with an unequaled products selection for skin that is glowing, luminous and healthy.

Five Flowers Facial (F)

60 minutes THB 3,500

Based on an ancestral Balinese ritual, this treatment includes a purifying face cleansing and blends the extracts of five tropical flowers and a skin glowing patented ingredient, the Kombuchka®. A mesmerizing massage of the face, nape and shoulder muscles awakens skin vitality.

Ko Bi Do Facial (F)

60 minutes THB 3,500 | 90 minutes THB 4,500

A luxury anti-wrinkle or anti-aging facial from the ancestral Japanese Ko Bi Do Ritual is associated with a unique anti-ageing active complex. Enjoy this holistic approach to lift and notify your facial contours and effectively renew smooth and plump lines on the face and neckline.

Skin Drink Fluid Facial (F)
60 minutes THB 3,500

Moisture is essential for preserving a youthful glow. Sacred lotus has been used for its powerful properties to combat the effects of aging so that the skin stays firm and dewy.

Urban Shield Facial (F)
60 minutes THB 3,500

Detox the skin and combat environmental aggressors that cause premature aging. Preserves skin ecosystem by replenishing the skin water reservoir essential to a flawless appearance.

DESSERTS

30 to 90 minutes

Price from 800 to 2,200 THB

Manicure or Pedicure (B)

75 minutes THB 1,500

Pamper and refresh the tired hands or feet while giving them all the attention by soaking, scrub, moisturize then absolute finished by file and paint.

Smooth as Silk (B)

30 to 90 minutes

Regain a clear and perfectly soft skin thank to this treatment combine skin preparation, waxing on the zone of your choice.

Eyebrow	THB 800	Lips	THB 800
Under Arms	THB 1,000	Full Arm	THB 1,500
Half Leg	THB 1,500	Full Legs	THB 1,900
Bikini Line	THB 1,500	Brazilian	THB 2,200
Chest	THB 2,200	Whole Back	THB 2,200

MALE ON THE GO

60 to 90 minutes

Price from 3,200 to 4,200 THB

Absolute Control & Focus Facial (F)

60 minutes THB 3,500

A potent blend to keep complexion matte, clear and balanced around the clock. By reducing pore size and blemishes, skin is soothed and radiates with health.

FIT Body Massage (B)

60 minutes THB 3,200 | 90 minutes THB 4,200

Designed to encourage blood flow, stretch muscles and ease joints, this stimulating massage conditions the body to detoxify the muscles and relieve pains. Ideal before an intense work out.

Mohom Indigo Massage (B)

60 minutes THB 3,200 | 90 minutes THB 4,200

Relieve stiff and sore muscles with a deep muscular treatment that combines steamed therapeutic herbs. After an intense work out, you are soothed, relaxed and free of sores.

MENU SUGGESTIONS

Duo (F) (B)

120 minutes THB 11,000 for 2 persons

Enjoy a romantic moment in a private couple treatment room for your “his and her” spa journey.

For Her

SO Exhilarating Massage and Ko Bi Do Facial Treatment

For Him

SO Exhilarating Massage and Absolute Control & Focus Facial

Siam Himalaya Healing (B)

150 minutes THB 6,400

Begin your journey with a soothing head and scalp treatment before receiving a Pink Salt scrub which delivers pure nutrients while gently smoothing your skin. Thunder-struck wooden tool delivers deep slow pressures to sooth body and mind for a feel great effect.

A Clarity of Mind Head Massage • Pink Himalaya Scrub •
Siam Healing Massage

SO Hammam (B)

150 minutes THB 6,400

The ultimate experience combining detoxifying hot steam followed by a body scrub performed with Kassa glove, a brightening black soap scrub and exceptional multifaceted body wrap follow with gentle hot oil massage.

Aromatic Hammam • Beldi Black Soap Scrub • Skin Reveal Wrap •
Relaxing Massage

SO Well (F) (B)

120 minutes THB 5,900

This ritual combines two of our most successful treatment to provide you an ultimate memory. Begin with So Exhilarating body massage to soothe your body and mind, following by a rejuvenating facial for a smooth and radiance complexion.

SO Exhilarating Body Massage • SO Rejuvenating Facial

SoSPA SPECIAL TREATS

아로마테라피 마사지 (B)

60분 3,200บาท / 90분 4,200บาท

온몸의 에너지의 흐름을 자극하며 피로한 근육의 세포를 체계적으로 집중하는 편안한 오일마사지입니다. 마음을 깨끗하고 맑게 합니다.

타이위즈덤 마사지 (B)

60분 2,400บาท / 90분 3,200บาท

에너지의 발란스를 위해 근육 스트레칭과 견고한 압력이 함해진 오일이 들어가지 않는 마사지입니다.

소- 리쥬베네이팅 페이스 (F)

60분 3,500บาท

젊음과 생기를 되찾아줄 꿀과 오이의 이로운 점과 최고의 프렌치 뷰티 테크닉이 혼합된 상쾌한 페이스 케어입니다.

웜 코코넛 수더 (B)

90분 4,200บาท

버진 코코넛오일과 코코넛 껍질을 이용해 몸의 압력 포인트를 자극하여 바디의 영양과 부드러움에 집중한 릴렉싱 마사지입니다.

PLEASE TAKE A MOMENT TO READ THIS

Gift Voucher

A perfect gift for any occasion. Enjoy SoSPA treatment from an hour to an entire day of pampering experience.

For more information, please contact our SoSPA

Advanced Booking and Reservations

We encourage our guests to schedule their appointments in advance, to ensure your preferred treatment or appointment time is available. Bookings that are made on the day of service and walk-in appointments are always welcome, based upon availability. All reservations must be secured with a major credit card and telephone number. To schedule your appointment(s), please call SoSPA at +66 2624 0000 or email at H6835-TH2@SOFITEL.COM

Changes in relation to treatments and times are possible without penalties being charged depending on availability.

Arrival at SoSPA

We encourage you to arrive at SoSPA 10 minutes before your scheduled treatment. You will be able to enjoy the relaxation area afterwards. You will be supplied with dressing gowns, towels and slippers in a private changing area being provided in your spa treatment room for your personal belongings.

Lateness and Cancellation Policy

We value your business and appreciate your cooperation with our cancellation policy. A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Cancellation with less than 4-hour notice will incur a 50% penalty charge. A "no show" will be charged at the full value of the scheduled treatment.

*Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied. We regret that late arrivals will not receive extension of the scheduled appointments.

SoSPA Ethics

- For the courtesy of our guests, all mobile phones and electronic devices should be switched off / in silent mode within the spa premises.
- For the comfort and privacy of other spa guests, photography is strictly not allowed and noise levels should be kept to a minimum.
- Consumption of alcohol inside the spa premises is strictly prohibited. Alcohol consumption is not recommended prior to any spa treatment.
- SoSPA is a non-smoking environment.

*We remind to our guests that services provided in our SoSPA are strictly professional. Any unusual behavior towards our staff will automatically result in ending the treatment and be handled by the SoSPA and Hotel Direction. Full payment of the treatment will automatically be due.

SoSPA reserves the right to deny entry to anyone who is in breach of our rules & regulations or whose conduct is offensive to other user / guest /employees or who presents a health and safety issue.

Special Considerations

- Your health and safety comes first. Please help us to provide you with the best possible spa experience by completing the guest consultation form.
- In house guests are welcome to visit the spa dressed in their robes and slippers

Health Conditions

All treatments and services will have varying effects on the individual. Please kindly advise us of any health conditions, allergies or injuries when making your spa reservation.

Pregnancy

Please inform us in advance if you are pregnant so we can guide you in selecting the treatment that is most suitable for you during this special time. Body massage is strictly not advisable during your pregnancy.

