



LIFESTYLE

ACTIVITIES



pullman
HOTELS AND RESORTS

PHUKET PANWA BEACH RESORT

ACTIVITIES FOR KIDS

MONDAY



10.00AM – 11.00AM	BRACELET MAKING
11.00AM – 12.00PM	OUTDOOR ACTIVITY
01.00PM – 02.00PM	3D PAPER ART
02.00PM – 03.00PM	LEARN THAI WRITING/BALLOON ART
03.00PM – 04.00PM	PLASTER DOLL PAINTING*
04.00PM – 05.00PM	CREATIVE CARD

TUESDAY



10.00AM – 11.00AM	ORIGAMI
11.00AM – 12.00PM	OUTDOOR ACTIVITY
01.00PM – 02.00PM	VOLLEY BALLOON
02.00PM – 03.00PM	LEARN THAI WRITING/FUN GAMES
03.00PM – 04.00PM	BATIK PAINTING**
04.00PM – 05.00PM	DREAM CATCHER MAKING

WEDNESDAY



10.00AM – 11.00AM	BALLOON ART
11.00AM – 12.00PM	OUTDOOR ACTIVITY
01.00PM – 02.00PM	BRACELET MAKING
02.00PM – 03.00PM	LEARNING THAI WRITING/COMPUTER GAME
03.00PM – 04.00PM	UMBRELLA PAINTING*
04.00PM – 05.00PM	NATURE ART

THURSDAY



10.00AM – 11.00AM	3D DRAWING
11.00AM – 12.00PM	OUTDOOR ACTIVITY
01.00PM – 02.00PM	PAPER MACHE
02.00PM – 03.00PM	LEARNING THAI WRITING/3D PAPER ART
03.00PM – 04.00PM	SAND & GEL CANDLE**
04.00PM – 05.00PM	SWAN ORIGAMI

FRIDAY



10.00AM – 11.00AM	BRACELET MAKING
11.00AM – 12.00PM	OUTDOOR ACTIVITY
01.00PM – 02.00PM	DRAWING & COLOURING
02.00PM – 03.00PM	LEARNING THAI WRITING/COMPUTER GAME
03.00PM – 04.00PM	NAIL PAINTING**
04.00PM – 05.00PM	DREAM CATCHER MAKING

SATURDAY



10.00AM – 11.00AM	ORIGAMI
11.00AM – 12.00PM	OUTDOOR ACTIVITY
01.00PM – 02.00PM	LEARN THAI WRITING
02.00PM – 03.00PM	3D DRAWING
03.00PM – 04.00PM	CLAY ART*
04.00PM – 05.00PM	PHOTO FRAMING MAKING

SUNDAY



10.00AM – 11.00AM	BALLOON ART
11.00AM – 12.00PM	OUTDOOR ACTIVITY
01.00PM – 02.00PM	BRACELET MAKING
02.00PM – 03.00PM	LEARN THAI WRITING/3D DRAWING
03.00PM – 04.00PM	FAN PAINTING**
04.00PM – 05.00PM	TREASURE HUNT



Terms and Conditions:

- Kids Club activities are available for kids ages 4 – 12.
- These are current activities. The hotel has the right to change any activities without prior notice.
- For baby sitting service, reservation should be made at least 1 day in advance with a Kids Club attendant or please dial 0 for more information.
- Bracelet making for kid over 10 years old.

KIDS CLUB

Location : next to Pullman Fit & Garden View Pool
Open hours : 09.00AM – 06.00PM

**THB150 per kid

**THB200 per kid

ACTIVITIES FOR ADULTS

MONDAY

08.00AM – 09.00AM YOGA CLASS FOR BEGINNER @THE JUNCTION NEST
11.00AM – 12.00PM AQUA GYM @SEA VIEW POOL
01.30PM – 02.00PM PING PONG COMPETITION @SEA VIEW POOL
02.00PM – 02.30PM POOL TABLE COMPETITION @THE JUNCTION
02.30PM – 03.00PM GROUP THAI BOXING @BEACH
03.00PM – 04.00PM BEACH VOLLEYBALL COMPETITION @BEACH
04.00PM – 05.00PM PÉTANQUE COMPETITION @BEACH

TUESDAY

08.00AM – 09.00AM YOGA CLASS FOR BEGINNER @THE JUNCTION NEST
11.00AM – 12.00PM AQUA GYM @SEA VIEW POOL
01.30PM – 02.00PM PING PONG COMPETITION @SEA VIEW POOL
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02.30PM – 03.00PM GROUP THAI BOXING @BEACH
03.00PM – 04.00PM BEACH VOLLEYBALL COMPETITION @BEACH
04.00PM – 05.00PM PÉTANQUE COMPETITION @BEACH
FROM 08.00PM ONWARD MOVIE NIGHT @THE JUNCTION

SATURDAY

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FROM 08.00PM ONWARD MOVIE NIGHT @THE JUNCTION



Terms and Conditions:

- The above classes are provided for all in-house guests with our compliments.
- Activity charge: Advance Thai Boxing THB500 with Thai Boxing Master certificate.
- Please see the tide table next to Edge Beach Club for the teenager activities.
- Booking is required at least one day in advance.
- All activities are subject to change based on weather conditions.



JOIN THE MOVEMENT

PULLMANFIT



pullman
HOTELS AND RESORTS