WAKE UP TREATMENTS... 
THE BEST WAY TO START THE DAY

**DETOX**
- **Coffee Body Exfoliation** 45 mins 1,700 THB 
  A firming coffee body scrub combines apricot, jojoba and coffee seed powder to stimulate blood flow, smooth and firming skin.

**ENERGY**
- **Tonic Aroma Massage** 
  60 mins 2,600 THB
  90 mins 3,600 THB
  Combining techniques forearms, elbows and palms, using medium to strong pressure to stimulate blood circulation, release tension and generate vitality.

**BALANCE**
- **Traditional Thai Massage** 60 mins 1,800 THB
  90 mins 2,400 THB
  Combining acupressure and stretching techniques using the palms, elbows and thumbs.

DAY TIME TREATMENTS... 
TO REGENERATE

**DETOX**
- **Thai Herbal Compress Massage** 90 mins 2,800 THB
  Heated aromatic herb poultices to improve blood circulation, soothe tired and aching muscles.

**ENERGY**
- **Signature Massage** 
  60 mins 2,800 THB
  90 mins 3,800 THB
  Combining Shiatsu, Swedish, Aromatherapy and Thai massage techniques, using medium to strong pressure. Your treatment will be completed by a face cleansing and scalp massage to relieve tension.

**BALANCE**
- **Oriental Foot Massage** 45 mins 1,500 THB
  Aromatherapy oils and acupressure points stimulating and restoring the body balance.
- **Hammam Experience** 90 mins 4,200 THB
  Improves blood circulation and detoxifies your skin with a steam bath, a black soap scrub with Kessa glove and Argan oil massage to relax and balance the body.

**AGE DEFENSE**
- **Coconut Body Exfoliation** 45 mins 1,700 THB
  Moisturizes and refreshes with the use of exfoliating coconut husks and ground coconut shells.

EVENING TREATMENTS... 
TO RELAX & UNWIND

**DETOX**
- **Thai Herbal Steam** 30 mins 800 THB
  An ancient recipe using more than 10 different Thai herbs.
- **Jasmine Rice Body Exfoliation** 45 mins 1,700 THB
  Ground organic jasmine rice with a mixed fruit extract and Aloe Vela powder regenerates skin cells and adds softness and moisturize.

**ENERGY**
- **Relaxing Aroma Massage** 
  60 mins 2,600 THB
  90 mins 3,600 THB
  Gentle to medium pressure of the hand to the body. You will experience a deep relaxation, stimulate circulation and boost energy.

**BALANCE**
- **Exotic Rose Milk Bath** 30 mins 1,200 THB
  This concentrated milk bath oil is ideal for stiff joints and muscles.
- **Jasmine Milk Bath** 30 mins 1,200 THB
  A jasmine and Grape seed oil bath nourishes your skin and boost your mood.

**AGE DEFENSE**
- **Aloe Vera Treatment** 60 mins 2,200 THB
  Aloe Vera with snow lotus is natural remedy for skin care.

EXPRESS TREATMENTS... 
FOR A WELNESS MOMENT ON THE GO

**The Unwind Massage** 30 mins 1,000 THB
This relaxing massage concentrated on the back, neck and shoulder.

**Hammam Experience** 30 mins 1,800 THB
A steam bath following by an application of black soap and skin scrub with a Kessa glove.

**Hands or Feet Essential** 30 mins 1,000 THB
An exfoliation and massage using aromatherapy oils for relief of muscular tension.

SENSORIAL PACKAGES... 
TO UNWIND

**Siamese Treatment** 2 hrs. 3,000 THB, Duo 5,500 THB
Begin with a sea salt foot bath, followed by a Thai herbal steam, traditional Thai massage to balance your energy flow for the ultimate sense of relaxation. Your treatment is complemented by a refreshing blended herbal tea.

**Ultimate Retreat** 2.5 hrs. 5,500 THB, Duo 10,000 THB
A complete body rejuvenation experience which starts with an exotic rose milk bath followed by a full body scrub, a deep relaxing aroma massage with warm oils and a refreshing blended herbal tea.

**Deep Relax** 3 hrs. 6,500 THB, Duo 12,000 THB
Start your spa experience with a sea salt foot bath and Thai herbal steam followed by a deep relaxing aroma massage with warm oils before ending with a Filorga Brightening facial treatment for radiant skin and a refreshing blended herbal tea.

**Double the Decadence** 3.5 hrs. 7,500 THB, Duo 14,000 THB
Begin with an exotic rose milk bath and refreshing body with Coffee Body Exfoliation followed by a deep relaxation of a relaxing aroma massage with warm oil and Filorga Brightening facial treatment for radiant skin. Then end your spa journey with a refreshing blended herbal tea.

LIFESTYLE EXPERIENCE FROM SUNRISE TO SUNSET

*24 hours advance reservation is required.

**Energy**
- **60 mins - 2,990 THB**
  30 minute Private Fitness coaching, 30 minute Hammam treatment before enjoying active culinary including Granola Yoghurt, Fresh Fruit Platte and Vegetable juice by the Pool

**Balance**
- **90 mins - 4,500 THB**
  Specialized Breathing techniques followed by a 30 minute Private Yoga session, 60 minute relaxing massage and including active breakfast by the pool.

**Detox**
- **100 mins - 4,700 THB**
  Start by warm lime juice with 30 minute Private Fitness coaching, 20 minute steam, 20 minute body scrub, 30 minute muscle massage and cereal bar with 3 shots healthy drink (Ginger, Turmeric, Coconut juice) by the Pool.
HOW TO SPA

- All the treatments offered are non-therapeutic procedures for a feeling of well-being. The term "massage" may also be used to refer to body sculpture. All our massages are performed by professionally-trained therapists.

- The spa is open every day of the week. Advance booking is recommended. Please call or visit to discuss your treatment.

- Please arrive for your appointment at least 15 minutes in advance.

- We recommend you come to the spa dressed in a bathing costume and robe.

- Admission to the spa is only for adults and persons over 16 years of age.

- Please refrain from smoking or using your mobile phone inside the spa.

CANCELLATION POLICY

- Please cancel your appointment at least 4 hours in advance to avoid a 50% penalty charge.

- Regrettably should you arrive late your treatment time may have to be curtailed depending on availability.

- Please complete a spa consultation form to ensure that any allergies or medical concerns are known to us. This will prevent any unexpected reactions to the products or treatments.

Pullman Hotels & Resorts are helping to create a healthier generation of travellers.

An ACCORHOTELS brand

ACCORHOTELS IS COMMITTED TO YOUR WELLBEING

Our Hospitality is designed with 4 pillars of wellbeing in mind. We’re looking after you in the way that you deserve.

PULLMAN BANGKOK KING POWER
8/2 Rangnam Road, Thanon Phaya Thai, Ratchathewi, Bangkok 10400, Thailand
T. +66(0) 680 9999, E-mail: H6323-TH@accor.com
www.pullmanbangkokkingpower.com
**REJUVENATION: SLIMMING & ANTI-AGING TREATMENTS**

LPG Cellu M6 Integral machine from France stimulates the skin to reactivate cellular function and blood circulation with micro pulsations.

**Face:** cell stimulation helps fibroblasts (rejuvenating cells) to boost their production of collagen (firmness), elastin (suppleness), and hyaluronic acid (volume and hydration), naturally present in our skin.

**Body:** Acting directly on the adipocytes present in our hypodermis (slimming cells) and on the fibroblasts present in our dermis (rejuvenating cells).

Consulting and focusing on your concerned areas with our team. 100% Natural, Painless, Result Proven

<table>
<thead>
<tr>
<th>BODY TREATMENTS</th>
<th>MINS</th>
<th>THB</th>
</tr>
</thead>
<tbody>
<tr>
<td>Android Body (Upper body back &amp; front)</td>
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<tr>
<td>Gynoid Body (Lower body back &amp; front)</td>
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<tr>
<td>Shorty (belly, hips, buttocks, thighs)</td>
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<tr>
<td>Total Care (Full body back &amp; front)</td>
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<tr>
<td>Cellulite Smoothing (Slimming &amp; Smooth skin)</td>
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<tr>
<td>Aqueous Cellulite (Lymphatic drainage)</td>
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<tr>
<td>Skin Toning (Firming whole body front and back)</td>
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<tr>
<td>Fluid Mobilization (Detox and Stimulation)</td>
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<table>
<thead>
<tr>
<th>FACE TREATMENTS</th>
<th>MINS</th>
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<tbody>
<tr>
<td>Fluid Mobilization and Eyes &amp; Lips</td>
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<tr>
<td>Glow and Total Eyes</td>
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<td>Anti-Aging Replumping</td>
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<td>Anti-Aging Resculpting</td>
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<tr>
<td>Cellular Stimulation</td>
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**ENDERMOLOGIE®**

Different, by nature!
### ADDITIONAL FACIAL TARGET TREATMENTS

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<tr>
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<th>MINS</th>
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<tbody>
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<td>Forehead</td>
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<td>Eye Wrinkle</td>
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<tr>
<td>Eye circles &amp; Puffs</td>
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<tr>
<td>Jaw line</td>
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<td>Mouth Area</td>
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<tr>
<td>Neck</td>
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### ADDITIONAL BODY TARGET TREATMENTS

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<tr>
<td>Arm Skin Toning - Firm</td>
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<tr>
<td>Stomach Slimming</td>
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<tr>
<td>Stomach Skin Toning - Firm</td>
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<tr>
<td>Tight Slimming</td>
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<tr>
<td>Tight Skin Toning - Firm</td>
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<tr>
<td>Tight Cellulite</td>
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<td>Knees</td>
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<tr>
<td>Back Slimming</td>
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<td>Back Skin Toning - Firm</td>
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<td>Saddlebag Slimming</td>
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<tr>
<td>Calves Slimming</td>
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**Brightening Facial Treatment**  
60 mins  
3,200 THB  
Reduce dark spot and give smooth skin.

**Anti-Wrinkle Facial Treatment**  
60 mins  
3,900 THB  
Reduce wrinkles and leave your skin smooth.

**Signature Facial Treatment**  
90 mins  
4,200 THB  
Total repair: Firming, smoothing your skin care and reduce dark spot.

**Firmness Facial Treatment**  
60 mins  
3,900 THB  
Restore volume and firmness of your skin.

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All prices are inclusive of service charge and government tax.