



WAKE UP TREATMENTS...THE BEST WAY TO START THE DAY

DETOX

Body Detox Exfoliation - 60 mins - 2,200 Baht

A firming coffee body scrub combines apricot, jojoba and coffee seed powder to stimulate circulation and smooth skin

ENERGY

**Traditional Thai Massage - 60 mins - 1,800 Baht,
90 mins - 2,400 Baht, 120 mins - 3,000 Baht**

Combine acupressure and stretching technique using the palms, elbows and thumbs

BALANCE

**Relaxing Aroma - 60 mins - 2,800 Baht,
90 mins - 3,800 Baht, 120 mins - 4,800 Baht**

With the essential oil of your choice you will experience a deep relaxation and relief from tension to restore the balance of your body and soul.

AGE DEFENSE

**Tonic Aroma Massage - 60 mins - 2,800 Baht,
90 mins - 3,800 Baht, 120 mins - 4,800 Baht**

With the essential oil of your choice for pain relief.

Brightening Facial Treatment - 60 mins - 3,200 Baht

Reduce dark spot and give smooth skin

DAY TIME TREATMENTS...TO REGENERATE

DETOX

Signature Massage -90/120 mins -4,200/5,200 Baht

Combining Shiatsu, Swedish, Aromatherapy and Thai massage techniques, using medium to strong pressure. Your treatment will be completed by a face cleansing and scalp massage to relieve tension.

ENERGY

Thai Herbal Compress Massage - 90 mins - 3,000 Baht

Heated aromatic herb poultices to improve blood circulation, soothe tired and aching muscles.

BALANCE

Oriental Foot Massage - 60 mins - 1,800 Baht

Aromatherapy oils and acupressure points stimulating and restoring the body balance.

Volcanic Hot Stone Massage - 90 mins - 4,000 Baht

Smooth hot basalt stones rebalance your body, mind and spirit.

Hamamm Experience - 90 mins - 4,500 Baht

Improves blood circulation and detoxifies your skin with a steam bath, a black soap scrub with Kessa glove and Argan oil massage to relax and balance the body.

AGE DEFENSE

Coconut Body Exfoliation - 60 mins - 2,200 Baht

Moisturizes and refreshes with the use of exfoliating coconut husks and ground coconut shells.

Anti Wrinkle Facial - 60 mins - 4,500 Baht

Reduce wrinkles and leave your skin smooth.

Manicure / French - 60 mins - 800 / 1,000 Baht

Pedicure / French - 60 mins - 1000/ 1,200 Baht



Hamamm Ritual



A SPECIAL TEA SERVICE IS SERVED WITH THESE PACKAGES.

Siamese Treatment- 2 hrs.- 3,000 Baht, 2 Guests 5,500 Baht

Begin with a sea salt foot bath, followed by a Thai herbal steam, traditional Thai massage to balance your energy flow for the ultimate sense of relaxation. Your treatment is complemented by a refreshing blended herbal Tea.

Ultimate Retreat-3 hrs.-6,600 Baht, 2 Guests 12,800 Baht

A complete body rejuvenation experience which starts with an exotic rose milk bath followed by a full body scrub, a deep relaxing aroma massage with warm oils and a refreshing blended herbal tea.

Deep Relax-3 hrs. -7,500 Baht, 2 Guests 14,000 Baht

Start your spa experience with a sea salt foot bath and Thai herbal steam followed by a deep relaxing aroma massage with warm oils before ending with a Brightening facial treatment for smooth skin and a refreshing blended herbal tea.

Perfect Beauty -3.5 hrs. -8,000 Baht, 2 Guests 15,000 Baht

Begin with an Exotic Rose Milk bath then a choice of Body Scrub to remove dead skin followed by Brightening Facial Treatment and Nail Polish for the hands & Feet

Double the Decadence - 4 hrs. - 9,000 Baht, 2 Guests 18,500 baht

Begin with an exotic rose milk bath and refreshing body with Coffee Body Exfoliation followed by a deep relaxation of a relaxing aroma massage with warm oil and Brightening facial treatment for smooth skin. Then end your spa journey with a refreshing blended herbal tea.

LIFESTYLE EXPERIENCE FROM SUNRISE TO SUNSET

* 24 hours advance reservation is required.

**Guests can select more than one activity and we can divide a wellness program on other days during your stay. Book more than 2 activities and receive 10% discount.

ENERGY - 60 mins - 2,990 Baht

30 minutes private fitness coaching, 30 minutes Hammam treatment and culinary options by the pool plus mixed fruit and vegetable juice.

BALANCE - 90 mins - 4,500 Baht

Specialized breathing techniques followed by a 30 minute private yoga session, 60 minute relaxing massage and including active breakfast by the pool.

DETOX - 100 mins - 4,700 Baht

Start by warm lime juice with 30 minute private fitness coaching, 20 minutes in the steam room, 20 minute body scrub, 30 minute muscle massage and cereal bar which 3 shots healthy drink (Ginger, Turmeric, Coconut juice) by the Pool

FIRMNESS

Firmness facial - 60 mins - 4,500 Baht

Restore volume and firmness of your skin

EVENING TREATMENTS...TO RELAX & UNWIND

DETOX

Thai Herbal Steam - 30 mins - 800 Baht

An ancient recipe using more than 10 different Thai herbs.

Jasmine Rice Body Exfoliation - 60 mins - 2,200 Baht

Ground organic jasmine rice with a mixed fruit extract and Aloe Vera powder regenerates skin cells and adds softness and moisturize.

ENERGY

Exotic Rose Milk Bath - 30 mins - 1,200 Baht

This concentrated milk bath oil is ideal for stiff joints and muscles.

BALANCE

Jasmine Milk Bath - 30 mins - 1,200 Baht

A jasmine and Grape seed oil bath nourishes your skin and boost your mood.

AGE DEFENSE

Aloe Vera & Sunburn Treatment - 60 mins - 2,500 Baht

With snow lotus to reduce inflammation, rehydrate and cool the skin.

Signature Facial - 90 mins - 4,750 Baht

Premium Global treatment which rejuvenate your skin by improving the firmness, smoothing your skin and reducing dark spot

EXPRESS TREATMENTS...FOR A WELLNESS MOMENT ON THE GO

The Unwind Massage - 30 mins - 1,000 Baht

This relaxing massage concentrated on the back, neck and shoulder.

Hamamm Experience - 45 mins -3,500 Baht

A steam bath following by an application of black soap and skin scrub with a Kessa glove.

Exclusive Pullman Facial - 45 mins - 3,500 Baht

A unique relaxing combination of products to give a radiance and hydrate skin.

Hands or Feet Essential - 45 mins 1,500 Baht

An exfoliation and massage using aromatherapy oils for relief of muscular tension.

HOW TO SPA

- All the treatments offered are non-therapeutic procedures for a feeling of well-being. The term "massage" may also be used to refer to body sculpture. All our massages are performed by professionally-trained therapists.
- The spa is open every day of the week. Advance booking is recommended. Please call or visit to discuss your treatment.
- Please arrive for your appointment at least 15 minutes in advance.
- We recommend you come to the spa dressed in a bathing costume and robe.
- Admission to the spa is only for adults and persons over 16 years of age.
- Please refrain from smoking or using your mobile phone inside the spa.

CANCELLATION POLICY

- Please cancel your appointment at least 4 hours in advance to avoid a 50% penalty charge.
- Regrettably should you arrive late your treatment time may have to be curtailed depending on availability.
- Please complete a spa consultation form to ensure that any allergies or medical concerns are known to us. This will prevent any unexpected reactions to the products or treatments.



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