

TAKE TIME TO RELAX AND DISCONNECT

at In Balance Spa

TREATMENT HOURS

In Balance Spa is open from 10:00am to 20:00pm. Reservations are highly recommended to ensure your preferred treatment time is available.

PRE-ARRIVAL INFORMATION

Please book in advance and arrive at the spa reception at least 10 minutes prior to your scheduled appointment. Kindly understand that if you are delayed, your treatment time will be limited as a courtesy to the next guest. Upon arrival, please switch off your mobile phone.

SPECIAL REQUESTS

Our Spa therapist will make every effort to accommodate your personal preferences. Prior to starting your treatment you may fill in a preference form to make these known to our team.

WHAT TO WEAR

Maintaining your sense of comfort is extremely important to us. Most body treatments at the spa are enjoyed without clothing and you will be discreetly draped at all times. Disposable underwear, robes and slippers are available for your use at the Spa.

SPA RECOMMENDATIONS

If you are under supervision of a doctor or medical specialist, please obtain permission from your doctor before scheduling services at the Spa. It is your responsibility to inform the therapists of any medical conditions or physical limitations you may have.

CANCELLATIONS

All treatments can be canceled at no charge up to 4 hours before the appointment. Where cancellations take place less than 4 hours prior to the scheduled treatment time, the client will be charged 50% of the price of the treatment. Where clients fail to attend at the time of appointment without any prior notification, payment for all treatments shall become due, with 100% of the treatment being charged.

*All prices are in Thai Baht Nett (inclusive 10% service charge and applicable government tax).
The management reserves the right to amend these rates without prior notification.
Prior reservation is highly recommended. For more information please contact NOVOTEL TOUCH: Dial "0"*





MASSAGE & SPA

Calm your mind and draw in the serenity of your surroundings as our professional massage therapists provide you with a moment to leave the cares of the world behind.

IN BALANCE SIGNATURE

In Balance Scrub (30 mins)	90 mins
Fusion Massage (60 mins)	

KAMALA SIGNATURE

Coconut Scrub (30 mins)	120 mins
Warm Pouch Massage with Coconut Oil (90 mins)	

MASSAGES

Designed to soothe the body and relieve muscle tension, leaving you completely refreshed and rejuvenated.

Thai Massage with Herbal Compress	90 mins
Aromatherapy Massage	60 mins
Deep Tissue Massage	60 mins
Sport Massage	60 mins
Thai Body Massage (no oil)	60 mins
Head & Shoulder Massage	30 mins
Back Massage	30 mins
Foot Massage	30 mins

BODY SCRUB

Complete your spa package with a body polish made from natural ingredients, freshly concocted before your treatment. Please note that body scrubs must be combined with a massage and are not available on their own.

Asian Sense	30 mins
Sun Sand	30 mins
Tropical Fruit	30 mins

BODY WRAP

Complete your spa package with a body conditioner to nourish your skin, leaving it soft and supple. Please note that body wraps must be combined with a massage and are not available individually on their own.

Aloe Sunless	30 mins
Detoxifying	30 mins
Thai Essence	30 mins

FACIAL

Indulge in our revitalizing facial treatments that leave your skin glowing with refreshed vitality.

Balancing Facial	60 mins
Express Facial (no massage)	30 mins

HAND AND FEET TREATMENTS

Get your hands and feet in tip top condition with a relaxing manicure or pedicure

Manicure
Pedicure

SPA PACKAGES

In balance Spa presents a selection of packages specially designed to refresh and rejuvenate the mind, body and spirit.

PACKAGE A:

Choice of Body Scrub & Body Massage	90 mins
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PACKAGE B:

Choice of Body Scrub, Body Wrap, & Body Massage	120 mins
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PACKAGE C:

Choice of Body Scrub, Body Massage, & Facial	150 mins
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PACKAGE D:

Choice of Body Scrub, Body Wrap, Body Massage & Facial	180 mins
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PACKAGE E:

Choice of Body Scrub, Body Wrap, Body Massage, Facial & Jacuzzi	210 mins
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NOVOTEL & FAMILY

Available for children between ages 8-12 (under 8 must accompanied by a parent)

Kids Massage	50 mins
Kids Body Scrub or Wrap	30 mins
Aromatherapy Jacuzzi Bath	30 mins

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