

Body Release Massage

Massage is a treatment that uses different kinds of physical contact to relax, revive and heal the body. It is used to treat a wide range of emotional and physical health problems and is one of the most popular treatments on a spa menu.

| | Time | Price |
|-----------------------------------|---------------|---------------------|
| InBalance Signature Massage | 60 / 90 | 1,700 / 2,200 |
| Aromatherapy Massage | 60 / 90 | 1,500 / 1,900 |
| Sports Massage | 60 / 90 | 1,900 / 2,500 |
| Hot Stone Massage | 90 | 2,900 |
| Relaxing Foot Massage | 60 | 800 |
| Traditional Thai Massage | 60 / 90 / 120 | 900 / 1,200 / 1,500 |
| Thai Herbal Compress | 90 | 1,800 |
| Indian Head Massage | 60 | 1,200 |
| De - Stress Back, Neck & Shoulder | 60 | 800 |

Enter a place of clam and serenity and embark on a personal wellness

Discover of relaxation and rejuvenation within a delightful at In Balance spa

Wellness therapy, whether you would like to detox, relax, energize or simply

Recharge. A truly rejuvenating stay with us is made complete by taking a little time

To enjoy a healing spa therapy.

Relaxation, with a range of facial, massage and body treatment.

THE HEALING POWER OF PERSONAL BALANCE

IN BALANCE

SPA BY **NOVOTEL**

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IN BALANCE

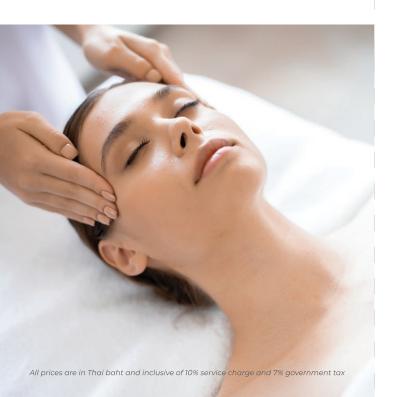
SPA BY **NOVOTEL**

SPA MENU

The Wellness Journey

Wellness treatments at a spa can be facials, body treatments or massages, as long as they feature one or more of the elements featured above, and that the aim is holistic rather than targeted.

| | Time | Price |
|--|--------|---------------------------------------|
| Siamese Pampering Treatment Foot Bath· Thai Massage · Herbal Compress | 2 h | 2,300 |
| Good Bye Jet lag Foot Bath •,Aroma Massage Indian Head Massage • Foot Relaxing | 2 h | 3,000 |
| In Balance Signature Body Therapy Foot Bath- Body scrub - Body Wrap Signature Massage | 2 h 30 | 3,900 |
| De-stress Detoxifying Treatment Foot Bath • Body Scrub • Bath Aroma Massage • Mini Facial | 3 h | 4,500 |
| Honeymoon Sweet / Couple Foot Bath· Body Scrub· Body Mask· Bath Aroma Massage· Mini Facial | 3 h 30 | 5,000 / 1 person 8,500 / 2 persons |





Regenerate Skin Treatment

Body scrubs and body wrap are a type of body care product used to help exfoliate your skin and nourishing.

| | Time | Price |
|---------------------------|------|-------|
| Jasmine Rice Scrub | 60 | 1,250 |
| Invigorating Coffee Scrub | 60 | 1,250 |
| Rejuvenating Body Scrub | 60 | 1,500 |
| Green Clay Body Mask | 60 | 1,850 |

Pampering Facial Treatment

A facial is a beautifying skin treatment that cleanses pores, exfoliates dead skin cells, hydrates and moisturizes the skin, and treats common skin concerns with a custom regime.

Facial treatments are one of the most popular treatments for spa.

| | Time | Price |
|-------------------------------------|------|-------|
| Hydration Facial Treatment | 60 | 1,800 |
| Classical Soothing Facial Treatment | 60 | 1,800 |
| Anti-Wrinkle Facial Treatment | 60 | 2,600 |
| Rejuvenating Facial for Men | 60 | 1,800 |
| Eye Lift Treatment | 40 | 1,200 |

All prices are in Thai baht and inclusive of 10% service charge and 7% government tax

Additional Service Treatment

Kids Spa Speciials

Children-Young- Adult (5-12 Years)

| | Time | Price |
|-----------------|------|-------|
| Mini Me Massage | 30 | 800 |
| Mini Me Facial | 30 | 800 |

Bath & Jacuzzi

Hydrotherapy is the use of water in the one of an original spa treatment to eliminate ease many kinds of illnesses. There are several techniques, including baths and Jacuzzi.

| | Time | Price |
|---------------------------------|------|-------|
| Relaxing Aromatic Milky Bath | 30 | 600 |
| Refreshing Mineral Foaming Bath | 30 | 600 |
| Detoxing Bath | 30 | 600 |

*A bath can be booked as an individual or additional treatment.

