

BOWLS & MORE

homemade ice cream



THB 85++ per scoop

mango sorbet (118 kcal)

strawberry sorbet (115 kcal)

coconut ice cream (135 kcal)

caramel sea salt ice cream (175 kcal)

chocolate ice cream (155 kcal)

vanilla ice cream (145 kcal)

all prices are quoted in thai baht, subject to 10% service charge and 7% tax.

Frozen smoothies



1

THB 200++

1. crazy berry in love (210 kcal)
mixed berries / banana / apple juice / yogurt



2

2. go banana nuts (198 kcal)
banana / walnuts / ground cinnamon / nutmeg / thai organic honey / yogurt



3

3. the mango tango (296 kcal)
mango / green apple / apple juice / pineapple juice

4. greenology (117 kcal)
spinach / celery / green apple / cucumber / kale / lemon juice



4

5. beet it! (168 kcal)
beetroot / carrot / mixed berries / mint / passion fruit juice

add more:

- * 25 grams protein powder mass gainer vanilla flavor (215 kcal) 100++
- * 25 grams protein powder lean muscle vanilla flavor (128 kcal) 100++
- * thai organic honey (65 kcal) 40++
- * Fresh ginger (65 kcal) 20++
- * Flax seeds (13 kcal) 20++
- * pumpkin seeds (56 kcal) 20++
- * chia seeds (9 kcal) 20++
- * sunflower seeds (42 kcal) 20++
- * dark chocolate (54 kcal) 20++



5

BOWLS & MORE

other beverages



bowls & more cocktails

margarita

don julio blanco tequila / triple sec / lime juice / sugar syrup

360++

premium mojito

pampero blanco rum / lime / brown sugar / mint leave / soda

340++

long island ice tea

pampero blanco rum / ketel one vodka / tanqueray gin / don julio tequila / triple sec / sweet & sour / coca cola

360++

piña colada

pampero blanco rum / malibu liqueur / pineapple juice / coconut cream / sugar syrup

340++

mai tai

pampero blanco rum / captain morgan dark rum / orange curacao / pineapple juice / orange juice / lime juice / grenadine syrup

340++

caipirinha

abelha organic cachaça / lime / brown sugar

320++

other beverages



local beers

singha

150++

chang

150++

imported beers

asahi

190++

heineken

190++

chilled juice

orange

240++

apple

240++

mango

240++

pink guava

240++

kiwi

240++

soft drinks/water

coca cola/coca cola light

100++

fanta orange

100++

sprite

100++

schweppes tonic

100++

schweppes ginger ale

100++

soda water

100++

acqua panna still 500 ml

220++

acqua panna still 1,000 ml

350++

san pellegrino sparkling 500 ml

220++

san pellegrino sparkling 1,000 ml

350++



other beverages

coffee (hot or iced)

americano	120++	cappuccino	145++
ristretto	120++	latte	145++
espresso	120++	macchiato	145++
decaffeinated espresso	120++	mocha	145++
lungo	145++		

harney & sons tea

earl grey Flavored black tea with natural oil of bergamot	135++
english breakFast black tea 100% chinese keemun	135++
organic peppermint herbal caffeine-free herbal with 100% organic peppermint	135++
jasmine green tea with jasmine	135++
japanese sencha pouchong tea (chinese green tea) Flavoring with jasmine flower	135++
paris Flavored black tea with vanilla caramel and lemony bergamot	135++
lemon herbal caffeine-free herbal with 100% organic lemon	135++
decaffeinated earl grey decaf Flavored black tea with natural oil of bergamot	135++